

## **Upcoming Events**

- NO SCHOOL- Friday Feb. 14th & Monday Feb. 17th
- Boys Basketball v. BLMS—Feb. 18th
- Boys Basketball v. Warren—Feb. 20
- Track meeting—Feb. 21st
- Pubs meeting—Feb. 27th
- Cheer tryout meeting—Feb. 28th
- Cheer clinics—March 10-11th
- Cheer tryouts—March 12th

Want to know what is happening at The Creek? Visit the calendar on our webpage!

Calendar Link

# Enter to Learn Go Forth to Serve

## Mill Creek Middle School

8001 Mize Blvd Lenexa, KS 66227

Main Number 913-667-3512

Attendance Line 913-422-9698

Website <u>www.usd232.org</u>

# Mustang Messenger

# February 13, 2020

# Summer Camp Opportunities

If you are an incoming freshman, there are a variety of summer camp opportunities available to you at Fort Hays State University. There will be four exciting, four-day camps focused on STEM disciplines this year:

- Engineering Design & Art: 3D Printing, Digital Manipulation, Lost Wax Casting—May 31-June 4
- Math, Code & Magic—June 7-11
- EcoTech: Birds & Bytes—June 14-18
- Faster than the Speed of Sight—June 21-25

These camps will be hosted at Fort Hays State University and led by FHSU faculty members. There is a cost of \$100 to attend a camp session. Each camp is limited to 20 students and priority will be on a first come, first served basis. Maximum of one camp per student.

If you are interested in participating in one of the listed summer camps, you may refer to the website: <u>www.fhsu.edu/kams/summer-camps/</u> or you may contact MCMS Counselor Beth Fisher for more information, **efisher@usd23.org**.

# Mill Valley Athletic Opportunities

We will have a weight program going for middle school athletes on Monday and Wednesday from 3:45-4:45 starting Monday, March 2 through May. We would encourage those that are planning on going out for track to do so, but they are welcome to come the two weeks before spring break. They will get some good work in those two weeks and it will prep them for our summer program. This program is FREE

We are having a parent meeting for all incoming freshman football parents on Wednesday, Feb. 26th at 7 pm in the MVHS commons. This is an important meeting for a parent of a potential football player to attend. We will be handing out summer camp and summer calendar information among other things.

SIGN-UP	INFO	<b>RMA</b>	TION

NAME.			
ADDRESS:			
	Z1P:		
	2020-21 GRADE:		
MOTHERS WORK/CELL PHONE:			
FATHERS WORK/CELL PHONE:			
EMERGENCY CONTACT NAME & NUMBER:			
INSURANCE CO:	POLICY #		
T-SHIRT SIZE (CIRCLE ONE) - S, M, L, XL, 2XL, 3XL			

#### **DISCLAIMER**

MY CHILD, HAS MY PERMISSION TO PARTICIPATE IN THE JAGUAR IRON SUMMER PROGRAM. I UNDERSTAND THAT MY CHILD WILL PARTICIPATE IN ACTIVITIES THAT MAY INVOLVE PHYSICAL CONTACT WITH THE GROUND AND/OR OTHER PEOPLE. I HEREBY RELEASE THE INSTRUCTORS, PROGRAM AND SCHOOL DISTRICT FROM ANY AND ALL CLAIMS AND/OR FINANCIAL RESPONSIBILITIES THAT MY CHILD MAY SUSTAIN AT OR TRAVELING TO AND/OR FROM THE JAGUAR IRON SUMMER PROGRAM.

In the event of an emergency in which my child requires Medical attention, I authorize the staff to act for me and to obtain whatever medical treatment the staff Deems necessary. I further agree to be responsible for any medical and/or other charges in conjunction with his participation at the JAGUAR IRON SUMMER PROGRAM.

F YOUR CHILD HAS ANY RESTRICTIONS, PHYSICAL LIMITATIONS OR IMPAIRMENTS OF WHICH WE NEED TO BE ADVISED OF PLEASE LIST THEM BELOW.

Parent's Signature Date
ALL athletes MUST have a physical on file before the start of camp!

# JAG IRON SUMMER 2020



## JUNE 8 – JULY 30

GROUP 1 - 10<sup>™</sup>-12<sup>™</sup> GRADE FOOTBALL ATHLETES MON/TUES/WED/THUR 6:30-8:30 AM

GROUP 2 - 9<sup>TH</sup> GRADE MALE ATHLETES MON/TUES/THUR 7:00-8:00 AM

**GROUP 3 – 10<sup>TH</sup>-12<sup>TH</sup> GRADE MALE ATHLETES** MON/TUES/THUR 8:30-9:30 AM

GROUP 4 - 7<sup>™</sup>-8<sup>™</sup> GRADE MALE ATHLETES MON/TUES/THUR 9:30-10:30 AM

GROUP 5 -10<sup>™</sup>-12<sup>™</sup> GRADE FEMALE ATHLETES MON/TUES/THUR 10:15-11:15 AM

GROUP 6 - 7<sup>™</sup>-9<sup>™</sup> GRADE FEMALE ATHLETES MON/TUES/THUR 11:00 AM-12:00 PM

NAME.

# Mill Valley Athletic Opportunities

# More Info on JAG IRON

## <u>What is The JAG</u> IRON Summer <u>Program</u>?

HE JAGUAR IRON SUMMER PROGRAM IS A WEIGHT AND SPEED DEVELOPMENT PROGRAM SPONSORED BY THE ATHLETIC STAFF. THIS PROGRAM IS DESIGNED TO INCREASE YOUR SPEED, STRENGTH, AGILITY AND FLEXIBILITY. IT HAS A PROVEN TRACK RECORD THAT INVOLVES WEIGHT TRAINING, FORM RUNNING, AGILITY, PLYOMETRICS, AEROBICS AND FLEXIBILITY TRAINING. YOUR ATHLETE CAN AND SHOULD EXPECT IMPROVEMENT IN EACH OF THESE AREAS AND IN OVERALL CONDITIONING.

#### <u>When is The Program?</u>

HE JAGUAR IRON PROGRAM STARTS MONDAY, JUNE 8 AND CONTINUES THROUGH THURSDAY JULY 30.

\*\*\* SESSIONS WILL BE HELD EACH WEEK STARTING JUNE & AND ENDING JULY 30 EXCEPT FOR THE FOLLOWING DATES: JULY 2 - JULY & (4<sup>TR</sup> OF JULY BREAK/KSHSAA BREAK) JULY 20 - JULY 24 (SUMMER BREAK)

## <u>Who can attend?</u>

NY ATHLETE, MALE OR FEMALE, 7° GRADE AND UP WHO WANTS TO IMPROVE THEIR PHYSICAL ABILITIES THROUGH HARD WORK AND DEDICATION WHILE HAVING FUN MAY ATTEND.

## What is the COST?

75.00 (CHECK MADE PAYABLE TO **JAGUAR STRENGTH PROGRAM**)

### Where is the program held?



t the <u>Mill Valley high school</u> weight room (fieldhouse), Jaguar stadium, and gyms.

\*\*IMPORTANT NOTE: OUR WEIGHT ROOM IS TEMPORARILY BEING MOVED TO THE FIELDHOUSE AT THE NORTH END OF THE STADIUM FOR THE 2020 SUMMER. PLEASE DROP YOUR STUDENT-ATHLETE OFF AT THE STADIUM FIELDHOUSE.

# What Now?

MAKE THE DECISION TO ENROLL YOUR ATHLETE TODAY!

- 1. Make checks payable to: JAGUAR STRENGTH PROGRAM
- 2. Attach check to the sign up information sheet on the back of the brochure. Please send information in before June 1, 2020
- 3. SEND MONEY AND INFORMATION SHEET TO THE FOLLOWING ADDRESS:

MILL VALLEY HIGH SCHOOL ATTN: JOEL APPLEBEE 5900 MONTICELLO RD SHAWNEE, KS 66226

∜IF YOU HAVE QUESTIONS FEEL FREE TO CONTACT COACH HUDGINS @ <u>AHUDGINS@USD232.ORG</u>

REGISTRATION FORMS FOUND ON <u>WWW.MVJAGUAR.COM</u> AND <u>WWW.USD232.ORG</u>.

# **Bulletin Board**

# For Information on the following please click the link below:

<u>Cell Phone Policy</u>

Black and Gold Calendar

Lunch Menu for the Week

Daily Schedule



MCMS Website

# SPED Department Event

Parents and Guardians,

If you are a parent of a child with special needs and are preparing to transition your student to a new school setting within our school district for the 2020-21 school year, the USD 232 Special Services Advisory Committee (SSAC) would like to invite you to attend our Parent Forum on Transition on **Tues.**, 2/25/2020 at 6:30 pm at Mill Creek Middle School.

Our families play an important role in supporting their child with special needs as they navigate different transitions throughout their school careers. At this forum, we will have staff available to share information and answer questions parents may have pertaining to transitions. If you are interested in attending on forum on Feb. 25, please register <u>HERE</u>.



"Looking for a President's Day Sale? What could be more Presidential than a pencil? Why stop at just mattresses and electronics when there could be some excellent prices on pencils! Your student will thank you for this awesome and inexpensive (when not buying 500 at a time) gift!"

# Recognition

Mill Creek Volleyball would like to thank Marylee Battaglia for coming to receive this year's Pink Out donation for the Susan G. Komen Foundation of Kansas City. She spoke to the students at the assembly on Wednesday. We thank the Mill Creek Community for their generous participation in our annual Pink Out fundraiser and we are proud to announce that we raised \$1800.

Thank you! We look forward to seeing you at our event in October 2020!

The Volleyball Staff, Walters, Banuelos, North, and Lenfestey



# #GoodNewsCallOfTheDay



## COWs from February 7th



# **School Procedures**

## **Attendance**

#### Report an Absence:

A 24 hour voicemail phone line (422-9698) is available to report an absence. If you need to speak with someone in person, our office opens at 7:30 am. We ask that you call on the day of the absence of before if possible. Please include the following information:

- Leave your name, relationship
- Student's name
- Date and hours missed
- Reason for absence

Students are expected to attend school and to be present and punctual for all classes each day that school is in session from 7:55 am – 3:05 pm. Regular attendance is basic to the educational process.

#### Excused Absence:

The only acceptable reasons for absence or tardies are: illness, medical/dental appointments, court appearance, family emergencies (funerals, critical illness), religious holidays, and school sponsored events.

## **Bus Pass**

If you are enrolled as a bus rider and you need to ride home on the bus with another student the office needs the following:

- A note/email from BOTH parents involved giving permission along with bus and phone information. Emails can be sent to amasilionis@usd232.org and thiggins@usd232.org.
- This option should only be used when other arrangements can't be made. Students should not be changing buses daily or every week.
- The office needs to have these changes <u>**BY 1:30**</u>. Requests after that will be denied.
- We will do our best to accommodate all requests but some may not be able to be filled.
- Please have your student <u>check in with the office at the end of the day</u> if they have not received their but pass for the day.
- If your student needs to change a bus for more than one occasion, please contact First Student at (913) 422-8501.
- Bus drivers are NOT part of the approval process. All communications need to be with the office.

## **Forgotten Items Policy**

It is each students responsibility to bring to school their classroom supplies, homework, P.E. clothes, uniforms, lunch, lunch money and anything else they need at school. It is important for students to learn how to handle their responsibilities. If you decide to bring forgotten items to school, please leave them CLEAR-LY LABELED at the Students Drop-Off Table in the front office. The office will NOT interrupt classroom instruction to notify your child of a forgotten item(s). Students can pick up their forgotten item between classes, during lunch or after school. Thank you for your cooperation!

#### After School/Event Code of Conduct

Please join us to spread some Mustang spirit at our after school events at Mill Creek Middle School. Athletic events (except cross country and track ) at Mill Creek are \$3 for adults, \$1 for school aged children and free for 59 and over.

If a student wants to stay for a game those arrangements need to be made BEFORE school. We will NO longer allow students to call home AFTER school to see if they can stay for a games, due to our bus schedule. Please make arrangements for post-game transportation BEFORE arriving at school the day of the game. Students should be picked up from game around 5:30 and should not expect to use the school phone to call home for a ride. Students who consistently fail to make previous arrangements may be required to bring a note in order to stay or not be allowed to stay for future games.

#### MCMS Students expectations:

MCMS students who plan to stay for a game must report to the cafeteria at 3:05 on game days. Students may use this time after school as study hall, to talk quietly or play a game. Mandatory quiet time may be assigned at the discretion of the supervisor and they must ask for permission to leave the cafeteria for any reason. Any student who chooses to leave after school can ONLY attend the game with supervision of a parent/legal guardian. Students who stay after school are expected to follow the MCMS After School Athletic Events Code of Conduct and abide by the following guidelines:

- Stay in the building or at the football game during the entire course of the game. Any student who leaves the building or field during the game will be required to lave school grounds and will not be allowed to return.
- Be sitting in the bleachers in the student section while the game is in play. Students will be given the opportunity at all
  game breaks, such as quarter breaks, match breaks and half-time to get concessions and use the restroom. If a
  students misbehaves, engages in unsafe behavior, or displays poor sportsmanship, the student will be given an
  assigned seat, asked to leave or have additional school consequences.