Mustang Messenger

Volume 12, Issue 22 | January 25, 2019

Upcoming Events

- Jan. 29-Boys Basketball vs. Tongie
  7th Grade: Away; 8th Grade: Home
- Jan. 31-8th Grade visiting High Schools
- Jan. 31-Boys Basketball vs. LTMS
  7th Grade: Home; 8th Grade: Away
- Feb. 2-Boys Basketball Tournament
  "A" Team at Topeka Seaman
  Boys Basketball Tournament "B" Teams
  7th Grade: LTMS; 8th Grade: Home

Enter to Learn
Go Forth to Serve

Mill Creek Middle School
8001 Mize Blvd
Lenexa, KS 66227
Main Number
913-667-3512
Attendance Line
913-422-9698
Website
www.usd232.org

Attention 8th grade parents: You should've received an email from Mrs. Fisher regarding upcoming high school enrollment activities. Please take some time to review that email or click on the link here to retrieve the information. If you have any questions, please contact Mrs. Fisher at efisher@usd232.org.

Restroom/Water breaks

Parents, you may have heard that Mill Creek is working on reducing the number of tardies as well as being more cautious about allowing students to leave class. This allows us to maximize teaching time and keep our students safe and accounted for. Students with medical needs that require free access to the restroom or the drinking fountain will continue to be allowed to follow their medical plan. Please reassure your student that staff are committed to meeting their needs.

Anxiety Small Group

This semester I would like to start a small group for students that struggle with anxiety. This group would be made up of 6-8 students and would meet once or twice a week for 6 sessions. During this time we would discuss anxiety in general and ways to combat anxiety. If this is something you think your student would benefit from please encourage them to use the QR code on the attached page to sign up. If you have any questions about the group please feel free to email or call me (Annie Hessenflow) at ahessenflow@usd232.org.

Anxiety Small Group for Students

- Do you have frequent or excessive worry about school, friends, following rules, or about getting the approval of teachers and parents?

- Do you have physical problems such as headaches, stomachaches, or tiredness with no physical cause?

- Do you have problems sleeping like having a hard time falling asleep, waking up throughout the night or waking up early?

- If you answered yes to one or all of these you may be suffering from anxiety. If you would like to learn more about anxiety in general and how to best deal with your anxiety this small group may be for you. Scan the QR code below to sign up or to get more information. You may also ask Mrs. Hessenflow for more information ahessenflow@usd232.org .

All responses will be confidential.

The group will start after winter break.

Bulletin Board

8th Grade: New quarters mean new AR goals! Accelerated Reader is due in ELA on March 7th.

Eighth Graders need to have a calculator for math. TI -30 is recommended and it's about $12 at many stores and Amazon. https://smile.amazon.com/Texas-Instruments-Scientific-Calculator-Accents/dp/B00000JBNX/ref=sr_1_1?s=office-electronics&ie=UTF8&qid=1542119022&sr=1-1&keywords=ti-30

De Soto USD 232 cares about our students and their families. In light of the current government shutdown, we want to make you aware of some resources. The link below includes several companies who are offering assistance for those impacted by the shutdown. If you have any additional questions, needs or concerns, please feel free to contact Debbie Landis, Mill Creek Middle Social Worker.

http://www.211.org/services/govshutdown

Dear 7th grade parents and guardians,

The week of February 4-8th your student will be receiving the Signs of Suicide (SOS) prevention program during their PE class. The program highlights the relationship between mental health and suicide, teaching that suicide is, most often, a fatal response to a treatable disorder—depression. While encouraging individual help-seeking, the program uses peer-to-peer messaging that encourages students to ACT® (Acknowledge, Care, Tell) when concerned about themselves or a friend. The school counselors and school social worker will be delivering the curriculum over two class periods to each 7th grade PE class. During the lesson students will watch a video discussing signs of suicide and then they will discuss with their peers and as a group what they have watched and their reactions. Additional resources can be found on the Counseling page on the Mill Creek Middle School website or by clicking this link. If you have any questions please feel free to reach out to the school counselors or school social worker.

Bulletin Board

Congratulations to the following students for making the Regional Science Olympiad Team:

Alex Boresow
Caiden Dobosz
Eli LeBar
Lauren Fandre
Will Lawson
Zach Myers
Andrew Barber
Bridgit Duffin
Griffin Marschall
Myles Gragg
Nathan Anderson
Sam Vogel
Cameron Ferrell
Shubh Patel

Upcoming Science Olympiad Tournaments:
Northeast Kansas Regional Tournament February 23
Kansas State Tournament April 6

SCIENCE OLYMPIAD™
Exploring the World of Science

Boys Basketball

January 26: "A" Team Tournament Topeka Seaman
January 29: vs. Tonganoxie 7th Grade: Away; 8th Grade: Home
January 31: vs. Lexington Trails 7th Grade: Home; 8th Grade: Away
February 2: "A" Team Tournament Topeka Seaman
"B" Team Tournament 7th Grade: LTMS; 8th Grade: Home
February 4: vs. Lansing 7th Grade Away; 8th Grade: Home
February 7: vs. Warren 7th Grade: Home; 8th Grade: Away





Penny Wars!!

January 28 – February 1

POSITIVE POINTS	NEGATIVE POINTS
Pennies, dollars	Silver Coins

Put pennies and dollars in YOUR team bucket for positive points.

Put silver coins in OTHER team buckets for negative points.

Team Competition – Winning team gets DONUTS.

Drop your money in the buckets before school or in the library during school.

If you donate, your name will be put in a raffle for great prizes!!

Sponsored by Student Council, benefitting

LEUKEMIA & LYMPHOMA SOCIETY

BEATING CANCER IS IN OUR BLOOD.

Valentine Grams

All Proceeds Benefit MCMS STUCO!

Suckers will be delivered to students Tuesday, February 12th during MELT.



$1.00

Quantities Limited!!!
Be sure to get yours today!

Questions? Contact Jill Church jchurch@usd232.org or Katie Taylor ktaylor@usd232.org

Student Name: _____

Parent Name: _____

Quantity: _____

Payment must be sent with order. Last day for orders is February 8th.

Please return to Student Services, Jill Church (Room 203) or Katie Taylor (Room 106).

The Mustang Citizen



Citizens of the Week
For the Week of January 18



6th grade: Carter Kaifes & Joe Bassi
7th Grade: Taylor Curry, Colton Clark, Joe Hoelting & Tenley Moss
8th Grade: Sam Torline & Abbie Megee

Procedures

Student Sign out Procedure

Students will not be called out of class until the parent or person picking them up comes into the office to sign them out. If a parent is sending another adult or older sibling to pick up a student, the parent must notify the office that this person has permission to pick up the student. Please make sure you are allowing yourself enough time to wait for your student to be called out of class. If they are in PE, lunch or between classes, it could take a few minutes longer. If you are taking your child after morning practice, the office needs to be notified of the absence.

We appreciate your patience in this matter.

Reporting an Absence

A 24-hour voicemail phone line is available to report an absence (including appointments). If you need to speak with someone in person, our office opens at 7:30 a.m. We ask that you call on the day of the absence or before if possible. If you are notifying your child's teacher about an absence, the office needs to be included on this as well. All absences are recorded by the office, not teachers.

Please include the following information: your name, relationship to the student, student's name, date & hours missed and the reason for absence. If the absence is due to illness, please leave your child's symptoms.

Students are expected to attend school and to be present and punctual for all classes each day that school is in session. Regular attendance is basic to the educational process. Students are required to be in attendance each school day from 7:55 a.m. - 3:05 p.m.

Excused Absence

The only acceptable reasons for absence or tardies are: illness, medical/dental appointments, court appearance, family emergencies (funerals, critical illness), religious holidays, and school sponsored events.

ATTENDANCE LINE: (913) 422-9698

Bus Pass:

If you are enrolled as a bus rider and you need to ride home on the bus with another student the office needs the following…

- A note/email from **BOTH** parents involved giving permission along with bus and phone information. Emails sent to stennis@usd232.org and thiggins@usd232.org.
- This option should only be used when other arrangements **can't** be made. **Students should not be changing buses daily or every week.**
- The office needs to have these changes **BY 1:30**. Request after 1:30 will be denied.
- We will do our best to accommodate all requests but some may not be able to be filled.
- Please have your student check in with the office at the end of the day if they have not received their bus pass for the day.
- If your student needs to change a bus for more than one occasion, please contact First Student at (913) 422-8501.
- Bus Drivers are NOT part of the approval process. All communications need to be with the office.

Lunch Information

Parents, grandparents and/or other legal guardians are welcome to join their students for lunch. In addition to specific building procedures, all visitors must respect the following guidelines established to maintain a safe and orderly cafeteria:

- All visitors must check-in at the office and wear a visitor's badge.
- Once in the cafeteria, visitors must check in with one of the lunch room supervisors.
- Staff cannot pre-arrange or guarantee specific students to be seated together.
- At the conclusion of lunch, visitors should check-out in the office.



Lunch Menu for the Week of

January 28-February 1

Monday	Tuesday	Wednesday	Thursday	Friday
Sausage Breakfast Bites Roasted Potatoes Spiced Peaches Garden Salad Milk/Juice Selection	Cheese Quesadilla Black Beans Steamed Corn Garden Bar Milk/Juice Selection	Chicken Strips Honey Wheat Roll Mashed Potatoes/Gravy Steamed Green Beans Garden Bar Milk/Juice Selection	BBQ Ribette Sandwich Baked Beans Peas & Carrots Garden Bar Milk/Juice Selection	Toasted Cheese Sandwich Tomato Soup Mixed Veggies Garden Bar Milk/Juice Selection

