Mill Creek Cross Country 2023

AUGUST 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	**2**	**3**	**4**	5
6	**7**	**8**	**9**	**10**	**11**	12
13	**14** First Practice 3:30-4:15 PM Subject to change	**15** Practice 3:30-4:15 PM Subject to change	**16** 6th Grade ½ Day Practice 3:15-4:15 PM	**17** First Day of School Practice 3:15-4:15 PM	**18** Practice 6-7:15 AM	19
20	**21** Practice 3:15-4:15 PM **Parent Meeting 4:30-5PM**	**22** Practice 6:00-7:15 AM	**23** Practice 3:15-4:15 PM	**24** Practice 6:00-7:15 AM	**25** Practice 6-7:15 AM	26
27	**28** Practice 3:15-4:15 PM	**29** Practice 6-7:15 AM	**30** Practice 3:15-4:15 PM	31 **Meet - Wyandotte County Park @3:30 PM**	1	

*All dates and times are subject to change

Last Edit: 7/19/2023

Mill Creek Cross Country 2023

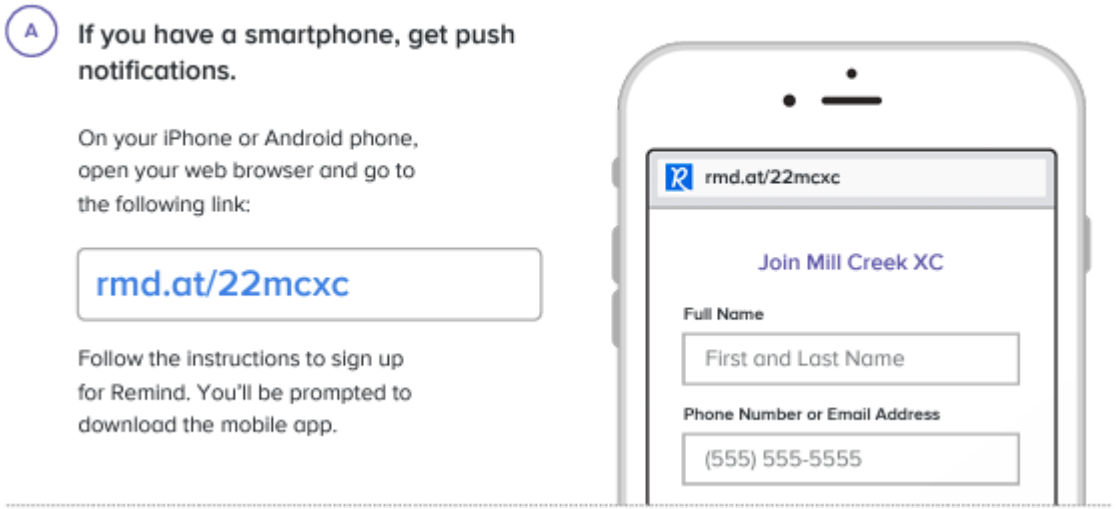
SEPTEMBER 2023						
Sunday	**Monday**	**Tuesday**	**Wednesday**	**Thursday**	**Friday**	**Saturday**
				31 **Meet - Wyandotte County Park @3:30 PM**	**1** OFF Recovery Run on your own	2
3	**4** Labor Day No School/No Practice	**5** Practice 3:15-4:15 PM	**6** Practice 6-7:15 AM	**7** Practice 3:15-4:15 PM	**8** Practice 6-7:15 AM	9 **Meet (optional) Olathe Twilight Classic** Girls 5:00PM Boys 5:30PM
10	**11** Practice 3:15-4:15 PM	**12** Practice 6-7:15 AM	**13** **Meet - Blue Valley Southwest @4pm**	**14** Practice 3:15-4:15 PM	**15** Practice 6-7:15 AM	16 **Meet - Trailridge MS (Gardner) @9AM**
17	**18** Practice 3:15-4:15PM	**19** Practice 6-7:15 AM	**20** **Meet - Lexington Lake Park @4PM**	**21** OFF Recovery Run on your own	**22** Practice 6-7:15 AM	23
24	**25** Practice 3:15-4:15 PM	**26** Practice 6-7:15 AM	**27** PTC - No Practice Run on your own	**28** PTC - No School/No Practice Run on your own	**29** No School/No Practice Run on your own	30

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OCTOBER 2023						
Sunday	**Monday**	**Tuesday**	**Wednesday**	**Thursday**	**Friday**	**Saturday**
1	**2** Practice 3:15-4:15 PM	**3** Practice 6-7:15 AM	**4** **Meet - Shawnee Mission Park @4PM**	**5** OFF Recovery Run on your own	**6** Practice 6-7:15 AM	7
8	**9** Practice 3:15-4:15 PM	**10** **KVL Meet - Turner @3:30PM**	**11**	**12** Uniform Check-in during ELT	**13**	14



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