



Student Health Advisory Council

Meeting Notes

Jan. 18, 2023

Special Programs Director Cheryl Manchester called the meeting to order and introduced Amy Waiser, Safe and Supportive Schools Program Coordinator

Mrs. Waiser shares her background in counseling and KISD.

Certifications: Certified School Counselor; Licensed Professional Counselor, National Certified Counselor

Reviewed Support Systems

Shared data from CDC's Youth Risk Behavior Surveillance Data Summary and Trends Report 2009-2019

Good news: schools can support student mental health wellness and help connect students to prevent a range of negative experiences

Senate Bill 11 – Names the Safe and Supportive Schools Program position for school districts

House Bill 18 – Spells out best practices for school districts to follow

Senate Bill 123 – Gives guidelines for Positive Character Trait Instruction

House Bill 159 – Gives guidelines for training on Mental Health, Substance Use, Youth Suicide

Senate Bill 11 – Trauma-Informed Practices

- Calls for development of statewide school mental health plan → this is where Waiser assists the district in making sure this is developed and implemented here at KISD to help our students
- Strategic coordination of school mental and behavioral supports

Multi-Tiered System of Supports

- Framework for enhancing the implementation of evidence-based practice to achieve important outcomes for every student
- Builds on public health approach that focuses on organizing the efforts of adults within systems to be more effective
- Tier 1 – Universal, all students

- Tier 2 – Selected, Some At-Risk Students
- Tier 3 – Targeted/Intervention

Increase availability of effective school-connected mental health interventions and resources

T-Chat option provided by State for districts to refer students to if local help isn't readily available

Increase availability of referrals for student and families to specialized services

Assistant Superintendent Wade Ivy: this position folds into a larger umbrella of school safety.

Lot of work to be done, but in the context of safe schools and making sure we have safe supports for students and can respond to students in crisis

Question: T-Chat is free to students?

- Yes, no matter what, no cost to our students
- 2nd year for KISD to participate in the program, third overall
- Waiser has seen the process and supports increase from this resource

Mrs. Manchester adjourns the meeting.