

# Lunch Menu

## Killingly Good Year ECC

December  
2023

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES  
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday



- 1 French Bread Pizza   
Garden Salad  
Organic Applesauce

### Alternate Lunch: Nacho Fun Lunch

- 4 Cheesy Stuffed Bread Sticks   
Tomato Sauce Dip  
Mixed Vegetable Blend

- 5 Cheeseburger  
Oven Baked Fries  
Berry Cup  
Green Beans

- 6 Nachos Grande   
Sour Cream  
Sauteed Corn & Black  
Bean Salsa

- 7 Ham & Cheese Bagel Melt   
Sliced Peaches  
Sauteed Potatoes,  
Peppers & Onions

- 8 American Combo Sandwich   
Caesar Salad  
Applesauce

ERD

### Alternate Lunch: Bagel Fun Lunch

- 11 Baked Chicken Tenders  
Oven Baked Fries  
Cinnamon & Honey  
Roasted Beans  
Fresh Orange

- 12 Meatball Hero  
Homemade Lite Veggie  
Pasta Salad

- 13 Homemade Mac & Cheese   
Broccoli Bites  
Diced Pear Cup

- 14 Whole Grain Pancakes  
with Sausage  
Syrup  
Crispy Potato Puffs  
Fresh Orange

- 15 Pepperoni Pizza   
Garden Salad  
Homemade Peach  
Cobbler



### Alternate Lunch: Sunbutter and Jelly

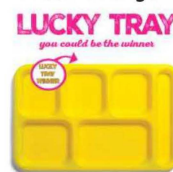
- 18 Chicken Nugget & Mozzarella Stick Combo  
Cauliflower  
Pineapple Cup

- 19 Crispy Chicken Sandwich  
Sweet Potato Fries  
Baked Beans

- 20 Cheeseburger Mac & Cheese   
Steamed Peas  
Sliced Peaches

- 21 Sausage, Egg and Cheese Sandwich  
Crispy Potato Puffs  
Fresh Orange

- 22 Cheese Pizza   
Spinach Salad  
Fresh Red Delicious Apple



### Alternate Lunch: Bagel Fun Lunch



26 WINTER RECESS!  
SCHOOL CLOSED

27 WINTER RECESS!  
SCHOOL CLOSED

28 WINTER RECESS!  
SCHOOL CLOSED

29 WINTER RECESS!  
SCHOOL CLOSED

Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful. View this menu on the mobile app, FDMealPlanner, or on the web at [www.FDMealPlanner.com](http://www.FDMealPlanner.com).

\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

\*\*Menu is subject to change, notice posted when available.

\*\*\*In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



#### Lunch Prices

Free & Reduced Status Students are Free  
Paid Students \$2.75  
Ala Carte Milk \$.50  
Manage your Child's Account Online!

[www.myschoolbucks.com](http://www.myschoolbucks.com)

#### ALL STUDENT LUNCH INCLUDE CHOICE OF

1% Milk or Low-Fat Chocolate Milk with a Vegetable Choice and or Fruit Choice Daily Fruits offerings: Apples, Bananas, Oranges, half cup of assorted canned fruit.  
Assorted Condiments Available

