

- 2023 -

DECEMBER

FRIDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

Forest Park Breakfast & Lunch Menu

Weekly Options

Dec. 4th thru 15th

Salad Bar

Cheese Pizza

or Uncrustable Meal

Dec. 18th thru 21st

Salad Bar

Hamburger

or Uncrustable Meal

Uncrustable Meal

uncrustable, cheese stick or
yogurt, goldfish, fruit &
vegetables of the day

4

B: Mini Donuts
L: Biscuits & Gravy
w/ Sausage Patty
Hash Brown Rounds
Pineapple Tidbits
Side Kick (v)

5

B: Mini Pancake &
Sausage Wrap
L: Chicken Alfredo
w/garlic breadstick
Caesar Salad
Red peppers
Blueberries & Strawberries

6

B: Biscuits w/gravy
L: Hamburger or
Cheeseburger
w/lettuce & pickle
French Fries
grape Tomatoes
Pears (sliced)

7

B: Cinnamon Roll
L: Beef Soft Taco
w/fix-ins
Refried Beans
Corn
Tortilla Chips w/Salsa
Applesauce

8

B: Mini Waffles
L: Pepperoni Calzone
buffalo Cauliflower
Cucumbers
Fruit Medley

11

B: French Toast sticks
L: Reg or Spicy
Chicken Tenders
Mac & Cheese
Red Peppers
ranch roasted Broccoli
Cinnamon Apples

12

B: Fruit & Yogurt Parfait
w/granola
L: Fiestada Stuffed
Sandwich
seasoned Black Beans
Corn
Orange Slices

13

B: Muffins
L: Salisbury Steak
w/gravy
Biscuit
Mashed Potatoes
Celery (sticks) w/dip
Peaches (diced)

14

B: Sausage Biscuit
L: Grilled Cheese
Chicken Noodle Soup
Grape Tomatoes
Peas
Pears (diced)

15

B: Donut Holes
L: French bread pizza
Green Beans
Baby Carrots w/dip
Tropical fruit
Froot Jooce

18

B: Cinnamon Roll
L: Chicken & Cheese
Quesadilla w/salsa
Refried Beans
Southwest Cheese Dip
w/ tortilla chips
Strawberry cup

19

B: Mini Waffles
L: Country Fried Steak
w/gravy & roll
Mashed potatoes
Green Beans
Banana

20

B: Donut Holes
L: Chicken Parmesan
w/Spaghetti
Garlic Breadstick
Mixed Veggies
Broccoli
Fruit Medley

21

B: Mini Pancake
Sausage Wrap
L: Pizza crunchers
w/marinara
cheesy Cauliflower
Mandarin Oranges
Cookie

22

Winter Break
No school
Dec. 22 - Jan. 3



26

No School

27

No School

28

No School

29

No School