

October 2023

All meals served with 1% white milk and either chocolate or strawberry non-fat



Fridays

Important School Dates for October:

October 3rd October Opening Assembly

October 9th Portland Opera @ Paterson – Sponsored by our PTO

October 13th Adventure Friday

October 16th - 20th -- Fall Parent-Teacher-Student Conferences

October 23rd –October 26th Spirit Week

October 26th Fall Harvest Festival

Paterson School is an equal opportunity provider and employer. Menu subject to change due to vailability of food.

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Patty Sandwiches, Cheese Slice, Fries, Veggies, and Fruit	3 WG Pizza, Fresh Salad, Corn, Fruit	4 Chicken Nuggets Baked Beans, French Fries Salad, Fruit	5 Burritos, Brown Rice, Beans, Salsa, Salad, and Fruit	6
Taco Soup, Whole Grain Roll, veggies, and Fruit	Corn Dogs, Veggies, French fries, fruit	11 Hamburgers, Tater Tots, Veggies, Fruit	Tacos, brown rice, beans, veggies, and Fresh Fruit	13 Adventure Friday Cook's Choice
Spaghetti, Whole WG Garlic Toast, veggies, and Fruit	17 Hot Dogs, Chips, Fruit, Veggies	18 Nachos, veggies, Fresh Fruit	Chicken Patty Sandwiches, cheese slice, french-fries, carrots, fruit	20
23 WG Pizza, Fresh Salad, Corn, Fruit	24 Chicken Nuggets Baked Beans, WG garlic toast, Salad, Fruit	25 Burritos, Brown Rice, Beans, Salsa, Salad, and Fruit	26 Taco Soup, Whole Grain Roll, veggies, and Fruit	27
30 Corn Dogs, Veggies, French fries. fruit	31 Hamburgers, Tater Tots, Veagies. Fruit	Breakfast-All breakfasts come with milk-1% or chocolate non-fat		
Mondays WG breakfast pizza, cereal, yogurt, fruit	Tuesdays W G pretzel, cheese stick, HB egg, cereal, yogurt, fruit	Wednesdays egg sandwich cereal, yogurt, fruit	Thursdays cereal, biscuits and gravy, yogurt, fruit	Fridays Cooks Choice will be served on regular school days reset to