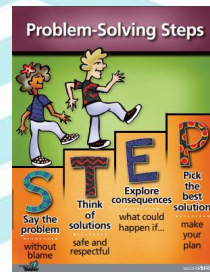




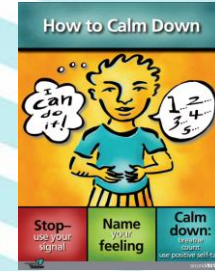
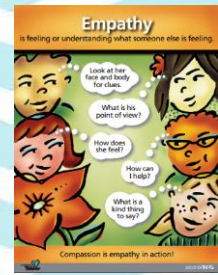
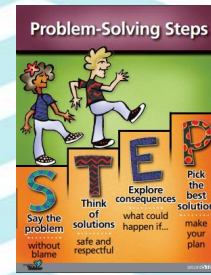
Lesson 1 VIDEO





[Lesson 2 VIDEO Part 1](#)

[Lesson 2 VIDEO Part 2](#)





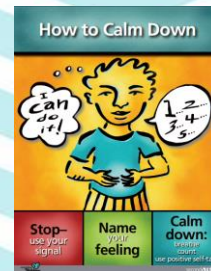
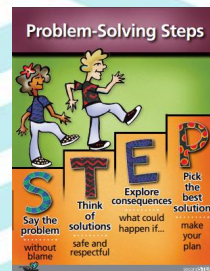
Lesson 3 VIDEO Part 1

Lesson 3 VIDEO Part 2



WELCOME

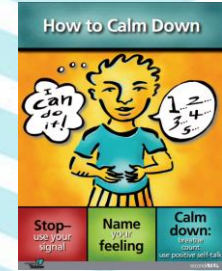
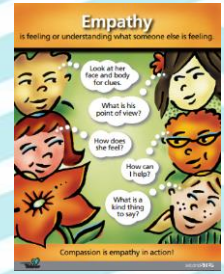
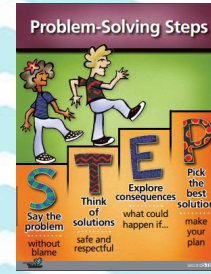
4th Grade
Second Step
Lesson 3





WELCOME

4th Grade Second Step Lesson 4



Lesson 4 VIDEO 1







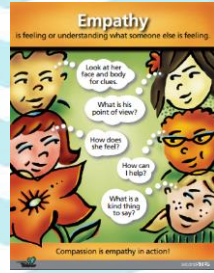
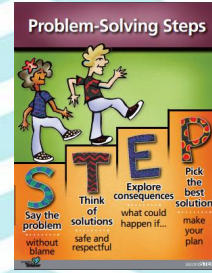
second step

© Committee for Children, All Rights Reserved.



Lesson 5 VIDEO Part 1

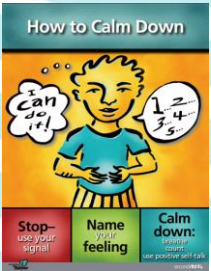
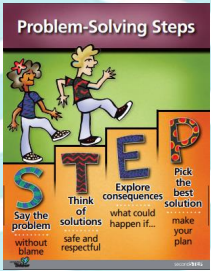
Lesson 5 VIDEO Part 2





Lesson 6 VIDEO

Let's
Practice



[Click HERE to watch a short video about the importance of Social Awareness](#)





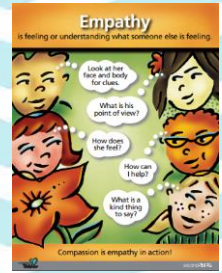
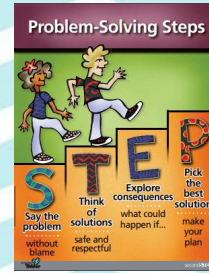
© Committee for Children, All Rights Reserved.



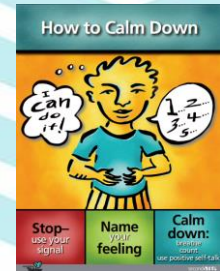
[Lesson 7 VIDEO Part 1](#)

[Lesson 7 VIDEO Part 2](#)

[Lesson 7 VIDEO Part 3](#)



[The Empathy Song](#)



[Click HERE to see tips for Reciprocal Conversations](#)

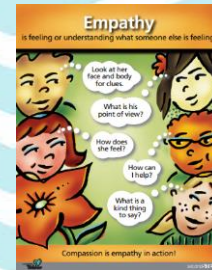
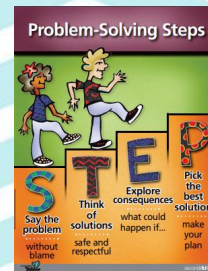




[Lesson 8 VIDEO Part 1](#)

[Lesson 8 VIDEO Part 2](#)

[Lesson 8 VIDEO Part 3](#)



[The Empathy Song](#)

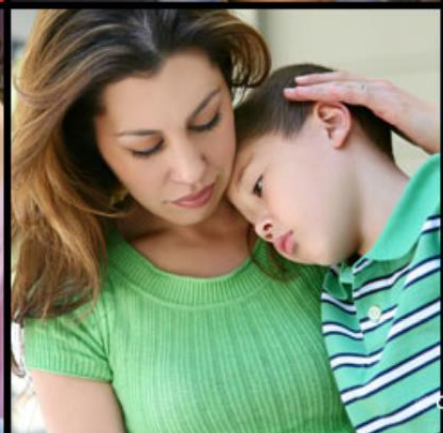


[Click HERE to learn helpful tips about joining in](#)



Joining-In Skills

- Stand nearby, watch, and listen
- Give a compliment, ask a question, or offer help
- Assertively ask to join in



secondstep

Committee for Children. All Rights Reserved.

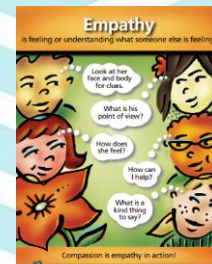
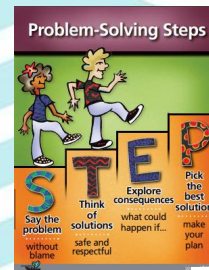


Lesson 9 VIDEO Part 1

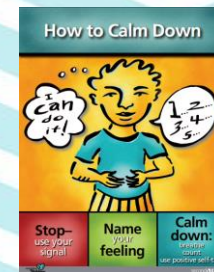
Lesson 9 VIDEO Part 1



Compassion is empathy in ACTION



The Empathy Song



What is the
CIRCLE OF
COMPASSION?





Introducing Emotion Management

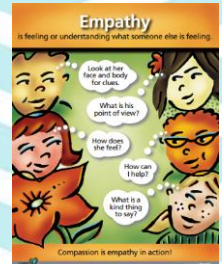
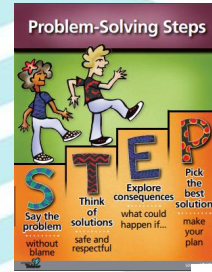
© Committee for Children. All Rights Reserved.

Lesson 10 VIDEO Part 1

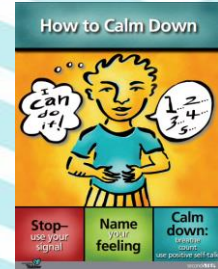
Lesson 10 VIDEO Part 2

WELCOME

4th Grade
Second Step
Lesson 10



The Empathy Song



The Calm Down Song





Managing Strong Feelings

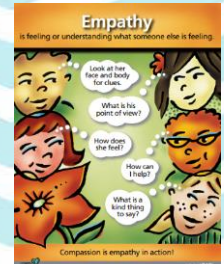
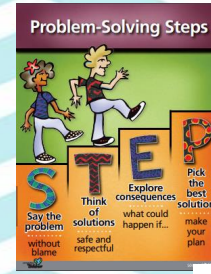
© Committee for Children. All Rights Reserved.

Lesson 11 VIDEO

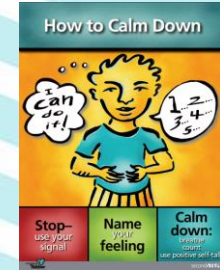


WELCOME

4th Grade
Second Step
Lesson 11



The Empathy Song

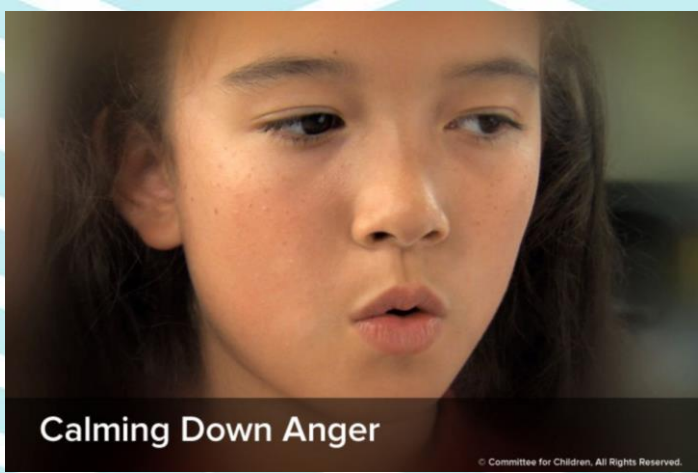


The Calm Down Song



Why do we lose
CONTROL
of our
emotions?



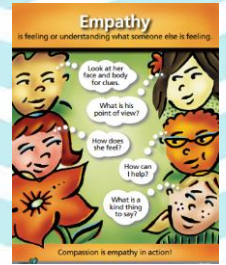
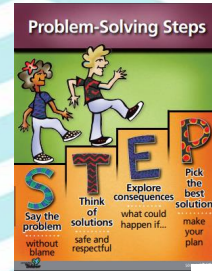


Calming Down Anger

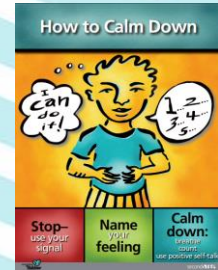
© Committee for Children. All Rights Reserved.

Lesson 12 VIDEO Part 1

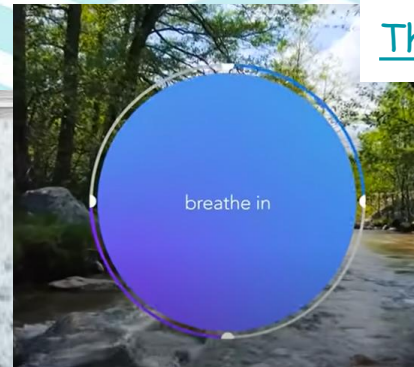
Lesson 12 VIDEO Part 2



The Empathy Song



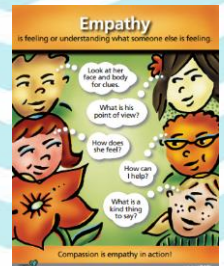
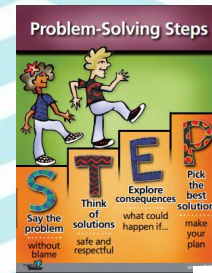
The Calm Down Song



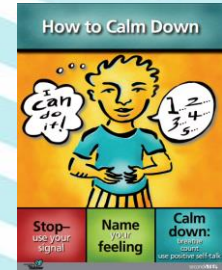


Lesson 13 VIDEO Part 1

Lesson 13 VIDEO Part 2



The Empathy Song



The Calm Down Song





Avoiding Jumping to Conclusions

© Committee for Children. All Rights Reserved.

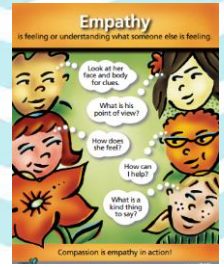
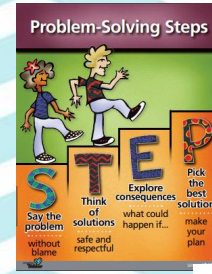
Lesson 14 VIDEO Part 1

Lesson 14 VIDEO Part 2

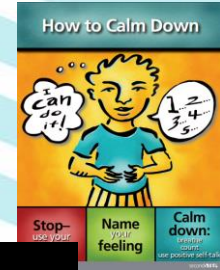


WELCOME

4th Grade
Second Step
Lesson 14



The Empathy Song



The Calm Down Song

"Don't be too quick to judge"





Handling Put-Downs

© Committee for Children. All Rights Reserved.

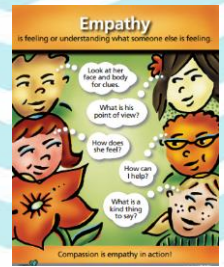
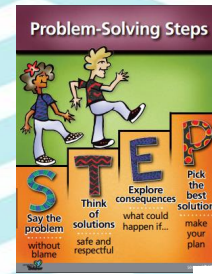
Lesson 15 VIDEO Part 1

Lesson 15 VIDEO Part 2

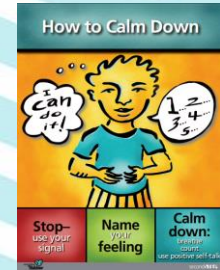


WELCOME

4th Grade
Second Step
Lesson 15



The Empathy Song



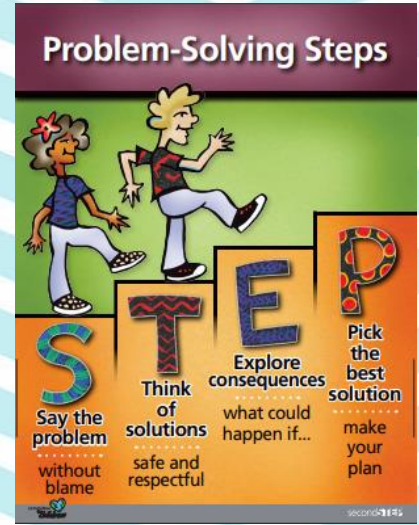
The Calm Down Song

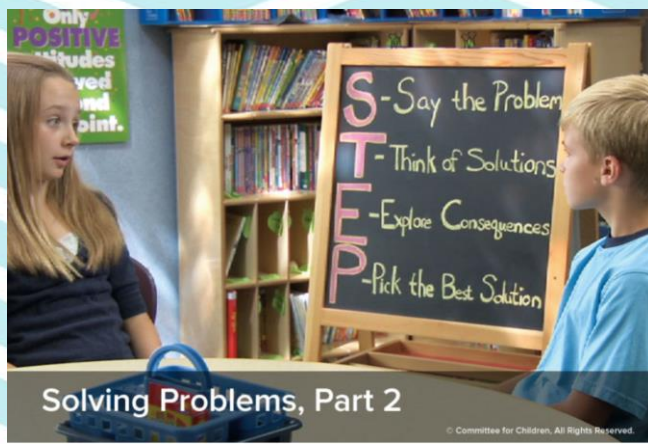
The Power
of
WORDS





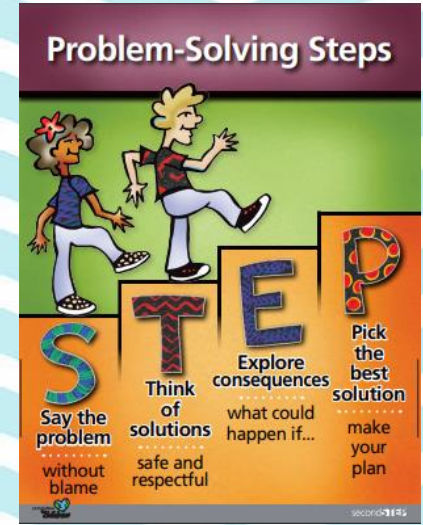
Lesson 16 VIDEO





Lesson 17 VIDEO Part 1

Lesson 17 VIDEO Part 2





Making a Plan

© Committee for Children. All Rights Reserved.

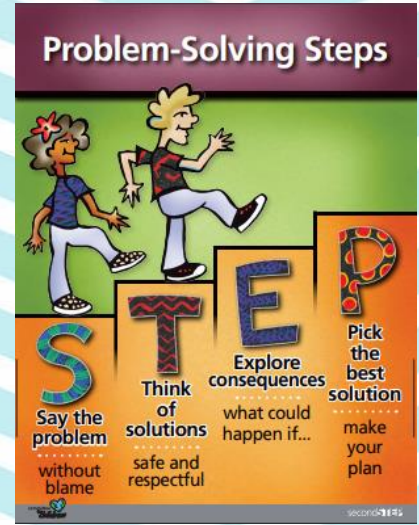
Lesson 18 VIDEO Part 1

Lesson 18 VIDEO Part 2



WELCOME

4th Grade
Second Step
Lesson 18





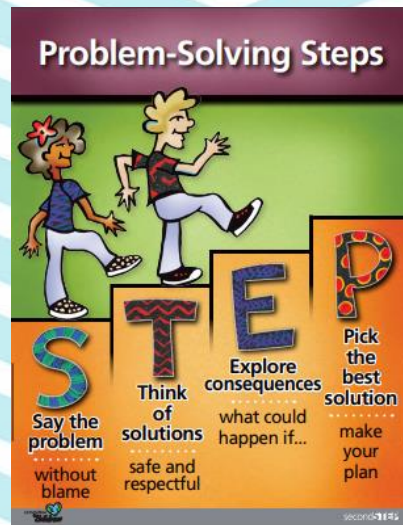
Lesson 19 VIDEO Part 1

Lesson 19 VIDEO Part 2



WELCOME

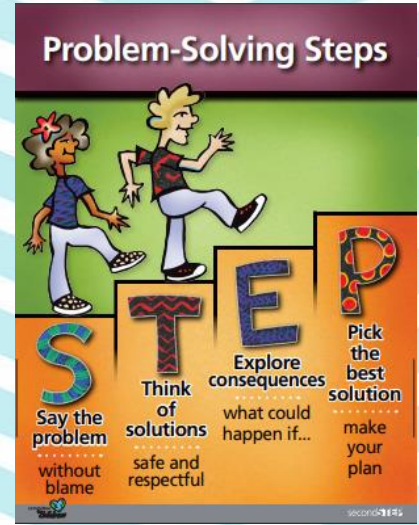
4th Grade
Second Step
Lesson 19





Lesson 20 VIDEO Part 1

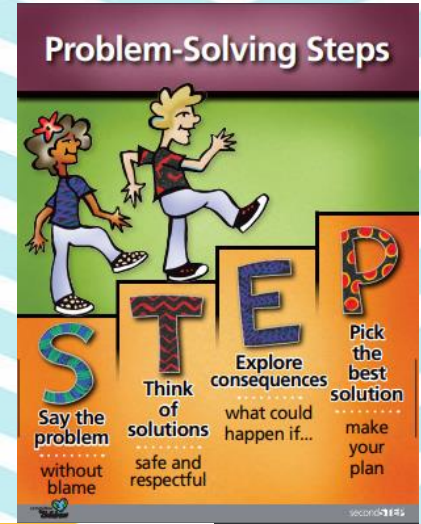
Lesson 20 VIDEO Part 2





Lesson 21 VIDEO Part 1

Lesson 21 VIDEO Part 2





Lesson 22 VIDEO



- Self-Check & Reflect
- ✓ Skills for Learning
 - ✓ Empathy
 - ✓ Emotion Management
 - ✓ Problem- Solving

