

















CAROLINA DAY SCHOOL ALUMNI & FAMILY BUSINESS DIRECTORY
Highlighting CDS family-owned businesses, private practices, and professional services

The CDS Family-Owned Business Directory was created to support and highlight our current Carolina Day School families and alumni who own small businesses, have private practices, or offer professional services. Our CDS community touts many talented entrepreneurs, business owners, and practitioners, and most members of our community are eager to know where they can patronize other families for goods and professional services. We encourage you to support our affiliated business owners, practitioners, and professionals by checking this list to see if they can serve your needs!

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	FAMILY-OWNED	
	Businesses will be listed as International, National, Regional, or Local.	



ARTS & CRAFTSMANSHIP

Jesse Kitt Photography

Professional Photography

www.photokitt.com

@jessekittphotography on Instagram and find her on [Facebook](#)

828.582.4190 or [Email](#)

*National

Mark Leet Photography

Commercial Photography

www.markleet.com

415.378.4436

*National

Open Hearts Art Center (Jessie Francis)

Non-Profit Arts Program and Agency for Artists with Disabilities

www.openheartsartcenter.org

828.505.8428

*Local



AUTOMOTIVE

Harry's on the Hill (Patricia Grimes SGP '70, Anna Stanfield Grimes '04)

Carolina Day School Community Partner

Buick/GMC Franchise. Pre-Owned Automotive Sales & Service and Collision Repair.

www.harrysonthehill.com

828.252.3821

*Regional

Hunter Subaru (Tom Hunter)

Carolina Day School Community Partner

Subaru Franchise and Pre-Owned Automotive Sales and Service.

www.huntersubaru.com

828.786.3291

*Regional



BUSINESS AND PROFESSIONAL SERVICES

A. Arthur & Company, LLC  (Lexi Morgan Arthur CDS '08)

Lobbying and government relations consulting

www.aarthurco.com

828.674.6116

*National


Baley Law Firm PLLC  (James Baley '00)

Legal Services

www.baleylawfirm.com

828.552.4008

*Regional

Bailey & Ciochina, LLP  (Derrick Bailey GH/ACDS '75)

Legal Services

828.257.2777

*Regional

Cloud for Good  (Tal Frankfurt)

Consultation firm helping nonprofit organizations and higher education institutions create and accelerate their transformational value with technology.

www.cloud4good.com

855.536.1251

*National

Communication Mark  (Mark Goldstein, CFRE)

Grant Writing

www.communicationmark.com

828.650.0902

*National


Conservation Ecology LLC  (Christopher Wilson)


Ecological inventory, analysis, planning & expert testimony for private land conservation


www.conservationecologyllc.com


828.772.9007



*National


Custer Melnyk LLP  (Rich Melnyk)
Legal Services focused on adoption, assisted reproduction, and real estate law
www.custermelnyk.com
828.348.6156
*National


DealCloud  (Ben Harrison CDS '03)
All Inclusive Financial Services Software
www.dealcloud.com
919.452.6901
*International

Forvis LLP  (Dennis Theodossis)
Certified Public Accountant Firm
www.forvis.com
828.236.5732
*National



Fox Rothschild LLP  (Catherine Mitchell)
Legal Services - Commercial Real Estate
www.foxrothschild.com/catherine-b-mitchell
704.384.2675
*National


Goosman Rose Colvard & Cramer, P.A.  
(George F. Goosmann, IV SG-GH '81 and Veronica Colvard)
Carolina Day School Community Partner
Attorneys at Law - Biltmore Park Office
www.grcclaw.com
828.258.0150
*Regional


Groce Funeral Home & Cremation  (Scott Groce '95)
Complete Range of Quality Services from Funerals to Cremation (3 Locations)
www.grocefuneralhome.com
828.687.3530
*Regional


InsightMed Communications, LLC  (DeLene Beeland)
Professional Medical Writing and Communications
www.insightmed-comms.com
828.575.4435
*National


Kyte Centrifuge, LLC  (Dave Kyte)
Industrial Centrifuge Sales, Repairs and Parts
www.kytecenrifuge.com
832-368-2667
*International

McKinney Insurance Services   (Chad McKinney CDS '00)
Carolina Day School Community Partner
Serving all Insurance Needs
www.McKinneyAgency.com
@mckinney_insurance on Instagram and find them on [Facebook](#)
828.684.5020
*Regional

Melrose Law, PLLC  (Mark Melrose)
Personal Injury and Civil Litigation Law Firm
www.mountainverdict.com
800.222.2430
*Regional

Mindful Career and Life Transitions  (Michelle Baker)
Career and Life Transition Support and Coaching
505.690.2540
*National

Mindset Coaching  (Jennifer Hall)
Executive coaching and leadership development services
www.drjenhall.com
727.501.5854
*International

Rescue Connect Animal Rescue  (Ava Whalen Werstlein '97)
Non-Profit Dedicated to Saving Lives of Homeless Dogs and Cats in Eastern NC
RescueConnectNC.com
704.560.9517
*Regional - Wilmington, NC



Sola Salons (Elizabeth Mailander)

Salon and Spa Services (2 locations - Downtown and South Asheville)

www.solasalons.com

@sola_asheville & @sola_southavl on Instagram

828.708.7652

*Regional

White Oak Financial Management, Inc.

(Priestley Cummings Ford ACDS '79 & Laura McCue ACDS '77)

Registered Investment Advisor for Individuals and Small Businesses

www.WhiteOakFinancialManagement.com

828.274.784

*National



CONSTRUCTION AND HOME IMPROVEMENT



Blinds and Design (Jamie Hartzog)

Custom Window Coverings

www.blindsanddesignsnc.com

828.687.7882

*Local



BUILD Carolina (Jay Howard)

Complete Construction Management Company - Asheville, NC & Naples, FL

www.build-gh.com

239.571.1677

*National



Compact Cottages (Barry Bialik)

Homebuilder Specializing in Small Footprint Homes

www.compactcottages.com

828.712.3781

*Regional




CWG Design (Cate Walker Gutter '05)


Interior Design

@cwg.design on Instagram


617.794.2142

*National


Energy Home Inspection  (Jonathan Gach '05)
Building Science Consulting & Real Estate Inspections
www.energyhomeinspection.com
@energyinspection on Instagram
828.222.0620
*Regional

Glennwood Custom Builders  (Bret Hartzog)
Luxury Custom Home Builder
www.glennwoodcustombuildersnc.com
828.692.8191
*Local

Grateful Dad  (Christian Davis)
Handyman and Home Renovation
845.274.2130
*Regional

French Broad Craftsman  (Josh Carter '05)
Residential Construction
www.frenchbroadcraftsman.com
828.230.5085
*Regional


South Slope Builders  (Luke Miller)
Handcrafted Homes, Renovations, Restorations, and Additions
828.230.8910
*Regional


Triskele Construction  (John Bowen)
Construction, Remodeling, Handyman, and Estate Management
828.551.3859
*Regional


Viridien Luxury Outdoor Furniture  (Grant W. Henegan)
Premier Destination for High End Patio Furniture and Luxury Fireplace Design
www.viridien.com
954.610.6815
*Regional


Vista Home Builders, LLC  (Ed Nunez)
New Home Construction
www.vistahomebuilders.com
828.698.2400
*Regional


 **ENRICHMENT & EDUCATION**


Camp Arrowhead  (Max and Alli King)
Summer Camp for Boys
www.camparrowhead.com
@camparrowheadforboys on Instagram
828.435.0591
*National

Habits of Discourse  (Alan Yarborough '09)
Civil Discourse and Political Engagement Training & Consultation
www.habitsofdiscourse.com
@habitsofdiscourse on Instagram and find him on [Facebook](#)
828.776.2536
*National


Rockbrook Camp for Girls  (Dr. Jeff Carter)
Overnight Summer Camp for Girls Ages 6-16
www.rockbrookcamp.com
828.884.6151
*National

Southwings  (Meredith Dowling)
Conservation Through Aviation
www.southwings.org
828.225.5949
*Regional

Tom Daley, Writing Coach  (Tom Daley GH '67)
Workshops in Poetry and Creative Prose
Find him on [Facebook](#)
617.256.8242
*National


Bridge and Tunnel Coffee Co.  (Greg Fulcher)
Single-Estate, Directly-Traded Coffee, Espresso, Nitro & Teas
www.bridgetunnel.coffee
828.222.0831
*Regional


Posana Inc  (Peter Pollay)
Casual/Fine Dining Farm-to-Table Restaurant
www.posanaavl.com
@posanarestaurant on Instagram
828.505.3969
*Regional


Root Down  (Dano Holcomb)
Local Food Truck Service Featuring Creole, Southern, Soul Food.
www.rootdownfoodtruck.com
@eatrootdown on Instagram
828.808.5312
*Local


Royal Food Import Corporation  (Collin Tuthill)
Importer and National Food Distributor
www.royalfoodimport.com
917.213.6517
*National

Shannie Mitrovich Cakes  (Shannie Mitrovich)
Custom cakes, designed and made to order; wedding and event cakes
www.shanniemitrovich.com
917.409.7614
*Regional


TendWell Farm  (Steven Beltram and Becca Nestler)
Organic Produce Distributor
www.tendwell-farm.com
@tendwellfarm on Instagram
828.713.0450
*Regional


Terra Nova Beer Co.  (Julie and Ed Ransdell)
Craft Beer Taproom & Eatery
@terranovabeerco on Instagram
828.301.3337
*Local

Thirsty Monk  (Barry Bialik)
Local Brewery and Pub (2 Locations - Downtown & Biltmore Park)
www.monkpub.com
828.712.3781
*Regional

Weinhaus - Cork & Keg Wine Bar  (Hunt Mallet ACDS '73)
Retail sales for Wine and Beer. Wine Bar and Event Venue.
www.weinhaus.com
@wienhausavl on Instagram and Find them on [Facebook](#)
828.254.6453
*Local


HEALTH & WELLNESS


Advanced Dermatology and Skin Surgery, PA  (Dr. Daniel Zivony)
General Dermatology, Mohs Surgery, Aesthetic Dermatology
www.advancedskindoctor.com
828.779.7790
*Regional


Aeroflow Health  (Casey Hite)
Consumer Healthcare Products and Services
www.aeroflowinc.com
888-345-1789
*International

Aesthetic Dermatology Center  (Dr. Daniel Zivony)
Plastic Surgery and General Dermatology
aestheticdermatologycenter.com
828.779.7790
*Regional


Alchemy Coaching & Counseling  (Joanna Cross)
Individual, couples, and family counseling and coaching
www.alchemycoachingllc.com
404.276.1736
*Regional


Asheville Alternative Wellness Center  (Dr. Tatianna Sanabria and Dr. Zachari Cahn)
Integrative Medical Practice
www.ashevillealternativewellnesscenter.com
828.242.0990
*Regional


Asheville Lactation Consulting  (Julie Holcomb)
Experienced Consulting for your Lactation Needs
www.ashevillelactation.com
828.373.3345
*Local


Asheville Pediatric Associates, P.A.  (Dr. Eleanor Martin)
Comprehensive Pediatric Care for Children Aged Birth to Twenty-One
www.ashevillepediatrics.com
828.254.5326
*Regional


Carolina Hand and Sports Medicine  (Adam Starr, MD)
Asheville's premier Orthopedic Surgery group
www.carolinahand.com
828.253.7521
*Regional


Coastal Behavioral Health  (Dr. Toni Richardi)
Psychological and Psychoeducational Evaluations
www.cbhflorida.com
954.271.3397
*Regional


Evergreen Veterinary Hospital  (Audrey Ulke '01)
Family Owned Veterinary Hospital serving Small Animals in WNC
www.evergreenvetavl.com
@evergreenvetavl on Instagram and Find them on [Facebook](#)
828.220.5720
*Regional

Fleeman Services LLC  (Edie Plimpton Fleeman ACDS '70)
Private Duty In-Home Senior Care
919.389.9710
*Regional - Raleigh/Durham Area


Goodlife Relationship and Life Coaching  (Shaneka Haynes)
Relationship and Life Coaching
www.shanekascoaching.com
828.571.0437
*Regional


Grace Counseling  (Lisa Lavelle Bowen ACDS '87)
Counseling for Children, Adults, and Families
[Psychology Today Link](#)
828.551.8144
*Regional


Jacqueline Schatz, MA EdM LMFT: Asheville Relationship Center 
Concierge Psychotherapy and Dating Coaching
www.jacquelineschatz.com
212.579.6531
*Regional


Landon A. Poteat DDS PA 
General Dentistry
www.poteatdentistry.net
828.274.2265
*Local


Marks Family Dentistry  (Jennifer and Jason Marks)
General Dentistry
www.northashevilledentist.com
828.255.8447
*Local


Milkweed Mental Health  (Teresa Fisher, Ph.D.)
Individual Psychotherapy and Consultation for Adults.
828.276.2290
*Regional (NC and MA)

Restor Metabolix of Asheville  (Adam Starr, MD)
Exciting, novel treatment for metabolic disorders such as Diabetes
www.restormetabolix.com
828.767.9022
*Regional

Rockcliff Oral and Facial Surgery  (Jenny Lane)
Oral and Maxillofacial Surgery
www.Rockclifforalsurgery.com
828.505.1960
*Regional

Senior Oral Health Services  (Kelly (West) Flanders '06)
Oral Care Services for Elderly in Residence Facilities
www.sosavl.com
828.775.2180
*Regional

Southeastern Sports Medicine & Orthopedics  (Erik Olsson, MD)
Specializing in Disorders of the Cervical, Thoracic, and Lumbar Spine
www.southeasternsportsmedicine.com
828.274.4555
*Regional

The Islands Massage  (Steven Reid ACDS '75)
Healing Massage
336.529.1177
*Regional - Wilkesboro, NC

Transform with Maggi  (Maggi Carroll '90)
Health Coach
[Health Assessment Form](#)
828.989.9426
*Regional

Waynesville Pilates  (Erin Owen '95)

Pilates and Gyrotonic Instruction

www.waynesvillepilates.com

[Email](#)

*Local - Waynesville, NC

HOSPITALITY AND LODGING

Black Mountain Lake House  (Ariel Haas)

Luxury Vacation Rental

Www.BlackMountainLakeHouse.com

858.775.7821

*International

Glassy Stays  (Ariel Haas)

Luxury Vacation Rental (Mars Hill)

@glassystays on Instagram

858.775.7821

*International

Golden Day Travel LLC  (Alycia Petrone)

Unique Vacation Experiences

www.goldendaytravel.com

865.247.3627

*National

Gracing the Globe Travels  (Charlene Lowery '07)

Customized Trips Bringing Dreams to Life

Gracingtheglobe.com

@gracingtheglobe on Instagram and find them on [Facebook](#)

828.423.9628 or [Email](#)

*Regional


The Huntly Estate  (Zoe Spalding)



Luxury Vacation Rental Property

@thehuntlyestate on Instagram


914.229.1505

*National

Pilot Cove Adventure Resort  (Collin O'Berry)
Hospitality Development and Events Venue Bordering Pisgah National Forest
www.pilotcove.com
866.758.2683
*National


Virtelle Hospitality   (Swati Patel '92 and Himanshu Karvir)
Hotels with Banquet and Catering
www.virtelle.com
828.713.7180
*International


MEDIA & ENTERTAINMENT


Artisan Studios  (Tim Mitrovich)
Digital Innovation Consultancy
www.artisan-studios.com
828.276.2440
*National


Electronic Office  (Kemper W. Brown, Jr. '04)
IT Services and Consulting
www.electronicoffice.net
828.274.1196
*Regional


I Think Studios  (Chris Irving)
Marketing, Media & Video Production
www.ithinkstudios.com
305.924.0716
*National


Stephen Nadeau Color  (Stephen Nadeau '10)
Digital Intermediate Colorists for Commercials and Films
www.stephennadeaucolor.com
323.310.2644
*National



AccuAppraisal of NC, LLC  (Laura Gourlay ACDS/CDS '88)
Commercial Appraisal Services
828.712.8517
*Regional

Altamont Property Group  (Collin O'Berry)
Real Estate Brokerage - Residential, Land Tract, Commercial, and Investment
www.altamontpropertygroup.com
828.772.1667
*Regional

Dave Cash, Realtor/Broker 
Broker Asheville
www.brokerasheville.com
704.840.4865 or [Email](#)
*Regional

Grady Bradshaw, Realtor/Broker  ('13)
Preferred Properties of Asheville
[Find him online](#)
@gradybradshaw_realtor on Instagram and find him on [Facebook](#)
828.455.9630 or [Email](#)
*Regional

Grimsley Development  (Bob Grimsley ACDS '75)
Commercial Real Estate
215.378.7744
*Regional - Southeastern US

Holly Martin, Realtor/Broker   (ACDS '92)
Premier Sotheby's International Realty
[Find her online](#)
828.768.3282
*Regional

Jeff Stewart, Realtor/Broker  ('94)

Broker Asheville of Keller Williams

www.brokerasheville.com

828.337.8837

*Regional

Jo Chandler, Realtor/Broker  (SG-GH '81)

Preferred Properties of Asheville

www.preferredprop.com

828.231.5444

*Regional

Local Roots Realty  (Ada Dudenhoeffer '94)

Real Estate Brokerage for Buyers and Sellers in Buncombe County

www.localrootsrealty.com

828.450.7027

*Regional

Nesting Dolls Realty LLC  (Elena Kovrigin)

Real Estate Brokerage Firm

www.nestingdollsrealty.com

828.301.7781

*Regional

SHOPPING & RETAIL

C&Co.® Handcrafted Skincare  (Christi Apodaca)

Asheville-based local skincare brand founded in 2012

www.candconaturals.com

@candconaturals on Instagram and find them on [Facebook](#)

828.575.9144

*International


Eagles Nest Outfitters Inc (ENO)  (Pete and Jennifer Pinholster)


Outdoor Rec Gear Manufacturer

Eaglesnestoutfittersinc.com


404.918.5171

*International

Further Boutique  (Karen Fuhrman and Katina Turner)
Contemporary Fashion Boutique
Loveyoufurther.com
@shopfurtherboutique
828.5676.8064
*National

Hazelwood Soap Company  (Alyssa Rusnac)
Handcrafted Cosmetics and Home Fragrance Products
www.hazelwoodsoapcompany.com
@hazelwoodsoapco on Instagram
828.456.3385
*National

Pearl by Lela Rose  (Ann Goosmann)
Trunk Shows of Seasonal Collections of Women's Clothing
[Email](#)
@asheville_pearlgirls on Instagram
828.777.9967
*National

Togar Rugs  (Nancy Pomeroy Togar SGP '70)
Handmade Turkish, Persian, Afghanistan, Oriental Carpets
Togarrugs.com
@togarrugs on Instagram
828.687.1968
*National

Gulo Composites  (Sarah Watkins '11)

Composite Bicycle Wheel Sets for the Road, Gravel, and Mountain Bikes

Gulocomposites.com

@gulocomposites on Instagram

828.966.3351

KidCycle Club, LLC  (Emi Kubota '97)

Kids learn to ride for fun and appreciate outdoor adventure!

Developmental approach for coordination, confidence, & community connection.

www.kidcycleclub.com

@kidcycleclub on Instagram and find them on [Facebook](#)

844.454.3292

*Regional

The Little Gym  (Stephanie Corcoran)

Children's Gymnastics & Dance Classes. Venue Space, Camps, & Parent's Nights Out.

www.thelittlegym.com/ashevillenc

828.747.2239

*Local

For more information about CDS Family Owned Businesses or to inquire about listing your own business, nonprofit, or professional services please contact Becky Vlachoyannis, the Director of Alumni, Parent, and Community Engagement by calling (828) 210-9149 or email bvlachoyannis@carolinaday.org.



Don't forget to shop at the Wildcat Spirit Store!

The Spirit Store features branded CDS apparel, predecessor swag, hats, blankets, and so much more! Come in to shop on Wednesdays from 2pm -4pm, during special events and parent patios. Or you can schedule an appointment or order online by emailing spiritstore@carolinaday.org.



THANK YOU TO ALL OF OUR CDS COMMUNITY PARTNERS!

CDS Community Partners

2023-24

R O S E M A R Y
B E A C H®



BLACK ORTHODONTICS