

CAROLINA DAY SCHOOL ALUMNI & FAMILY BUSINESS DIRECTORY Highlighting CDS family-owned businesses, private practices, and professional services

. . . . . . . . . . . . . .

The CDS Family-Owned Business Directory was created to support and highlight our current Carolina Day School families and alumni who own small businesses, have private practices, or offer professional services. Our CDS community touts many talented entrepreneurs, business owners, and practitioners, and most members of our community are eager to know where they can patronize other families for goods and professional services. We encourage you to support our affiliated business owners, practitioners, and professionals by checking this list to see if they can serve your needs!

#### **CATEGORIES**

.....

	ARTS & CRAFTSMANSHIP	3
<b>(</b>	AUTOMOTIVE	3
	BUSINESS AND PROFESSIONAL SERVICES	4-7
	CONSTRUCTION AND HOME IMPROVEMENT	7-9
AGG.	ENRICHMENT & EDUCATION	9
7	FOOD & BEVERAGE	10-11
*	HEALTH & WELLNESS	11-15
<b>↑</b>	HOSPITALITY AND LODGING	15-16
	MEDIA & ENTERTAINMENT	16
	REAL ESTATE	17-18
	SHOPPING & RETAIL	18-19
A B	SPORTS & RECREATION	20
	ALUMNI-OWNED	
	FAMILY-OWNED	
	Businesses will be listed as International, National, Regional, or Local.	



# Jesse Kitt Photography

**Professional Photography** 

www.photokitt.com

@jessekittphotography on Instagram and find her on <u>Facebook</u>

828.582.4190 or Email

\*National

#### Mark Leet Photography

Commercial Photography

www.markleet.com

415.378.4436

\*National

# Open Hearts Art Center (Jessie Francis)

Non-Profit Arts Program and Agency for Artists with Disabilities www.openheartsartcenter.org

828.505.8428

\*Local



Harry's on the Hill (Patricia Grimes SGP '70, Anna Stanfield Grimes '04)

Carolina Day School Community Partner

Buick/GMC Franchise. Pre-Owned Automotive Sales & Service and Collision Repair.

www.harrysonthehill.com

828.252.3821

\*Regional



Carolina Day School Community Partner

Subaru Franchise and Pre-Owned Automotive Sales and Service.

www.huntersubaru.com

828.786.3291

## A. Arthur & Company, LLC (Lexi Morgan Arthur CDS '08)

Lobbying and government relations consulting

www.aarthurco.com

828.674.6116

\*National

Baley Law Firm PLLC (James Baley '00)

**Legal Services** 

www.baleylawfirm.com

828.552.4008

\*Regional

Bailey & Ciochina, LLP (Derrick Bailey GH/ACDS '75)

Legal Services

828.257.2777

\*Regional

Cloud for Good (Tal Frankfurt)

Consultation firm helping nonprofit organizations and higher education institutions create and accelerate their transformational value with technology.

www.cloud4good.com

855.536.1251

\*National

# Communication Mark (Mark Goldstein, CFRE)

**Grant Writing** 

www.communicationmark.com

828.650.0902

\*National

# Conservation Ecology LLC (Christopher Wilson)

Ecological inventory, analysis, planning & expert testimony for private land conservation

www.conservationecologyllc.com

828.772.9007

# Custer Melnyk LLP (Rich Melnyk)

Legal Services focused on adoption, assisted reproduction, and real estate law <a href="https://www.custermelnyk.com">www.custermelnyk.com</a>

828.348.6156

\*National

**DealCloud** (Ben Harrison CDS '03)

All Inclusive Financial Services Software

www.dealcloud.com

919.452.6901

\*International

Forvis LLP (Dennis Theodossis)

Certified Public Accountant Firm

www.forvis.com

828.236.5732

\*National

Fox Rothschild LLP (Catherine Mitchell)

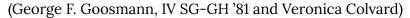
Legal Services - Commercial Real Estate

www.foxrothschild.com/catherine-b-mitchell

704.384.2675

\*National

# Goosman Rose Colvard & Cramer, P.A



Carolina Day School Community Partner

Attorneys at Law - Biltmore Park Office

www.grcclaw.com

828.258.0150

\*Regional

#### Groce Funeral Home & Cremation (Scott Groce '95)

Complete Range of Quality Services from Funerals to Cremation (3 Locations)

www.grocefuneralhome.com

828.687.3530

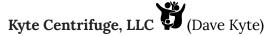
\*Regional

# InsightMed Communications, LLC (DeLene Beeland)

Professional Medical Writing and Communications

www.insightmed-comms.com

828.575.4435



Industrial Centrifuge Sales, Repairs and Parts

www.kytecentrifuge.com

832-368-2667

\*International

# McKinney Insurance Services (Chad McKinney CDS '00)

Carolina Day School Community Partner

Serving all Insurance Needs

www.McKinneyAgency.com

@mckinney\_insurance on Instagram and find them on Facebook

828.684.5020

\*Regional

# Melrose Law, PLLC (Mark Melrose)

Personal Injury and Civil Litigation Law Firm

www.mountainverdict.com

800.222.2430

\*Regional

## Mindful Career and Life Transitions (Michelle Baker)

Career and Life Transition Support and Coaching

505.690.2540

\*National

# Mindset Coaching (Jennifer Hall)

Executive coaching and leadership development services

www.drjenhall.com

727.501.5854

\*International

#### Rescue Connect Animal Rescue (Ava Whalen Werstlein '97)

Non-Profit Dedicated to Saving Lives of Homeless Dogs and Cats in Eastern NC

RescueConnectNC.com

704.560.9517

\*Regional - Wilmington, NC



Salon and Spa Services (2 locations - Downtown and South Asheville)

www.solasalons.com

@sola\_asheville & @sola\_southavl on Instagram 828.708.7652

\*Regional

#### White Oak Financial Management, Inc.



(Priestley Cummings Ford ACDS '79 & Laura McCue ACDS '77)

Registered Investment Advisor for Individuals and Small Businesses

www.WhiteOakFinancialManagement.com

828.274.784

\*National



### Blinds and Design (Jamie Hartzog)



**Custom Window Coverings** www.blindsanddesignsnc.com 828.687.7882 \*Local



**BUILD Carolina** (Jay Howard)

Complete Construction Management Company - Asheville, NC & Naples, FL www.build-gh.com

239.571.1677

\*National

# Compact Cottages (Barry Bialik)



Homebuilder Specializing in Small Footprint Homes

www.compactcottages.com

828.712.3781

\*Regional

**CWG Design** (Cate Walker Gutter '05)

Interior Design

@cwg.design on Instagram

617.794.2142

#### **Energy Home Inspection** (Jonathan Gach '05)

Building Science Consulting & Real Estate Inspections

www.energyhomeinspection.com

@energyinspection on Instagram

828.222.0620

\*Regional

# Glennwood Custom Builders (Bret Hartzog)

Luxury Custom Home Builder

www.glennwoodcustombuildersnc.com

828.692.8191

\*Local

## Grateful Dad (Christian Davis)

Handyman and Home Renovation

845.274.2130

\*Regional

#### French Broad Craftsman (Josh Carter '05)



Residential Construction

www.frenchbroadcraftsman.com

828.230.5085

\*Regional

## South Slope Builders (Luke Miller)



Handcrafted Homes, Renovations, Restorations, and Additions 828.230.8910

\*Regional

#### Triskele Construction (John Bowen)

Construction, Remodeling, Handyman, and Estate Management 828.551.3859

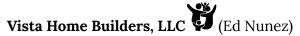
\*Regional

# Viridien Luxury Outdoor Furniture (Grant W. Henegan)



Premier Destination for High End Patio Furniture and Luxury Fireplace Design www.viridien.com

954.610.6815



New Home Construction

www.vistahomebuilders.com

828.698.2400

\*Regional



Camp Arrowhead (Max and Alli King)

Summer Camp for Boys

www.camparrowhead.com

@camparrowheadforboys on Instagram

828.435.0591

\*National

Habits of Discourse (Alan Yarborough '09)

Civil Discourse and Political Engagement Training & Consultation

www.habitsofdiscourse.com

 $@ habits of discourse \ on \ Instagram \ and \ find \ him \ on \underline{Facebook}$ 

828.776.2536

\*National

## Rockbrook Camp for Girls (Dr. Jeff Carter)

Overnight Summer Camp for Girls Ages 6-16

www.rockbrookcamp.com

828.884.6151

\*National

Southwings (Meredith Dowling)

Conservation Through Aviation

www.southwings.org

828.225.5949

\*Regional

Tom Daley, Writing Coach (Tom Daley GH '67)

Workshops in Poetry and Creative Prose

Find him on Facebook

617.256.8242



# **Bridge and Tunnel Coffee Co.** (Greg Fulcher)

Single-Estate, Directly-Traded Coffee, Espresso, Nitro & Teas

www.bridgetunnel.coffee

828.222.0831

\*Regional

Posana Inc (Peter Pollay)

Casual/Fine Dining Farm-to-Table Restaurant

www.posanaavl.com

@posanarestaurant on Instagram

828.505.3969

\*Regional

Root Down (Dano Holcomb)

Local Food Truck Service Featuring Creole, Southern, Soul Food.

www.rootdownfoodtruck.com

@eatrootdown on Instagram

828.808.5312

\*Local

# Royal Food Import Corporation (Collin Tuthill)

Importer and National Food Distributor

www.royalfoodimport.com

917.213.6517

\*National

## Shannie Mitrovich Cakes (Shannie Mitrovich)

Custom cakes, designed and made to order; wedding and event cakes www.shanniemitrovich.com

917.409.7614

# TendWell Farm (Steven Beltram and Becca Nestler)

Organic Produce Distributor

www.tendwell-farm.com

@tendwellfarm on Instagram

828.713.0450

\*Regional

Terra Nova Beer Co. (Julie and Ed Ransdell)

Craft Beer Taproom & Eatery @terranovabeerco on Instagram 828.301.3337

\*Local

Thirsty Monk (Barry Bialik)

Local Brewery and Pub (2 Locations - Downtown & Biltmore Park)

www.monkpub.com

828.712.3781

\*Regional

Weinhaus - Cork & Keg Wine Bar (Hunt Mallet ACDS '73)

Retail sales for Wine and Beer. Wine Bar and Event Venue.

www.weinhaus.com

@wienhausavl on Instagram and Find them on <u>Facebook</u> 828.254.6453

\*Local



# Advanced Dermatology and Skin Surgery, PA (Dr. Daniel Zivony)

General Dermatology, Mohs Surgery, Aesthetic Dermatology

www.advancedskindoctor.com

828.779.7790

\*Regional

Aeroflow Health (Casey Hite)

Consumer Healthcare Products and Services

www.aeroflowinc.com

888-345-1789

\*International

# Aesthetic Dermatology Center (Dr. Daniel Zivony)

Plastic Surgery and General Dermatology

aestheticdermatologycenter.com

828.779.7790

\*Regional

# Alchemy Coaching & Counseling (Joanna Cross)

Individual, couples, and family counseling and coaching

www.alchemycoachingllc.com

404.276.1736

\*Regional

## Asheville Alternative Wellness Center (Dr. Tatianna Sanabria and Dr. Zachari Cahn)

Integrative Medical Practice

www.ashevillealternativewellnesscenter.com

828.242.0990

\*Regional

## Asheville Lactation Consulting (Julie Holcomb)

Experienced Consulting for your Lactation Needs

www.ashevillelactation.com

828.373.3345

\*Local

# Asheville Pediatric Associates, P.A. (Dr. Eleanor Martin)

Comprehensive Pediatric Care for Children Aged Birth to Twenty-One www.ashevillepediatrics.com

828.254.5326

\*Regional

# Carolina Hand and Sports Medicine (Adam Starr, MD)

Asheville's premier Orthopedic Surgery group

www.carolinahand.com

828.253.7521

\*Regional

## Coastal Behavioral Health (Dr. Toni Richardi)

Psychological and Psychoeducational Evaluations

www.cbhflorida.com

954.271.3397

#### **Evergreen Veterinary Hospital** (Audrey Ulke '01)

Family Owned Veterinary Hospital serving Small Animals in WNC www.evergreenvetavl.com

@evergreenvetavl on Instagram and Find them on Facebook 828.220.5720

\*Regional

#### Fleeman Services LLC (Edie Plimpton Fleeman ACDS '70)

Private Duty In-Home Senior Care 919.389.9710

\*Regional - Raleigh/Durham Area

# Goodlife Relationship and Life Coaching (Shaneka Haynes)

Relationship and Life Coaching

www.shanekascoaching.com

828.571.0437

\*Regional

**Grace Counseling** (Lisa Lavelle Bowen ACDS '87)

Counseling for Children, Adults, and Families

Psychology Today Link

828.551.8144

\*Regional

# Jacqueline Schatz, MA EdM LMFT: Asheville Relationship Center



Concierge Psychotherapy and Dating Coaching

www.jacquelineschatz.com

212.579.6531

\*Regional

# Landon A. Poteat DDS PA



General Dentistry

www.poteatdentistry.net

828.274.2265

\*Local

# Marks Family Dentistry (Jennifer and Jason Marks)

General Dentistry

www.northashevilledentist.com

828.255.8447

\*Local

## Milkweed Mental Health (Teresa Fisher, Ph.D.)

Individual Psychotherapy and Consultation for Adults.

828.276.2290

\*Regional (NC and MA)

# Restor Metabolix of Asheville (Adam Starr, MD)

Exciting, novel treatment for metabolic disorders such as Diabetes www.restormetabolix.com

828.767.9022

\*Regional

# Rockcliff Oral and Facial Surgery (Jenny Lane)

Oral and Maxillofacial Surgery

www.Rockclifforalsurgery.com

828.505.1960

\*Regional

#### Senior Oral Health Services (Kelly (West) Flanders '06)

Oral Care Services for Elderly in Residence Facilities

www.sosavl.com

828.775.2180

\*Regional

# Southeastern Sports Medicine & Orthopedics (Erik Olsson, MD)

Specializing in Disorders of the Cervical, Thoracic, and Lumbar Spine www.southeasternsportsmedicine.com

828.274.4555

\*Regional

## The Islands Massage (Steven Reid ACDS '75)

Healing Massage

336.529.1177

\*Regional - Wilkesboro, NC

## Transform with Maggi (Maggi Carroll '90)

Health Coach

**Health Assessment Form** 

828.989.9426

## Waynesville Pilates (Erin Owen '95)

Pilates and Gyrotonic Instruction www.waynesvillepilates.com
Email

\*Local - Waynesville, NC

## **★**HOSPITALITY AND LODGING

Black Mountain Lake House (Ariel Haas)

Luxury Vacation Rental

Www.BlackMountainLakeHouse.com

858.775.7821

\*International

Glassy Stays (Ariel Haas)

Luxury Vacation Rental (Mars Hill) @glassystays on Instagram

858.775.7821

\*International

Golden Day Travel LLC (Alycia Petrone)

Unique Vacation Experiences

www.goldendaytravel.com

865.247.3627

\*National

Gracing the Globe Travels (Charlene Lowery '07)

Customized Trips Bringing Dreams to Life

Gracingtheglobe.com

@gracingtheglobe on Instagram and find them on <u>Facebook</u> 828.423.9628 or <u>Email</u>

\*Regional

The Huntly Estate (Zoe Spalding)

Luxury Vacation Rental Property @thehuntlyestate on Instagram

914.229.1505



Hospitality Development and Events Venue Bordering Pisgah National Forest <a href="https://www.pilotcove.com">www.pilotcove.com</a>

866.758.2683

\*National

Virtelle Hospitality (Swati Patel '92 and Himanshu Karvir)

Hotels with Banquet and Catering

www.virtelle.com

828.713.7180

\*International



Artisan Studios (Tim Mitrovich)

Digital Innovation Consultancy

www.artisan-studios.com

828.276.2440

\*National

Electronic Office (Kemper W. Brown, Jr. '04)

IT Services and Consulting

www.electronicoffice.net

828.274.1196

\*Regional

I Think Studios (Chris Irving)

Marketing, Media & Video Production

www.ithinkstudios.com

305.924.0716

\*National

Stephen Nadeau Color (Stephen Nadeau '10)

Digital Intermediate Colorists for Commercials and Films

www.stephennadeaucolor.com

323.310.2644



AccuAppraisal of NC, LLC (Laura Gourlay ACDS/CDS '88)

Commercial Appraisal Services 828.712.8517

\*Regional

# Altamont Property Group (Collin O'Berry)

Real Estate Brokerage - Residential, Land Tract, Commercial, and Investment www.altamontpropertygroup.com

828.772.1667

\*Regional

# Dave Cash, Realtor/Broker

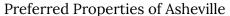
Broker Asheville

www.brokerasheville.com

704.840.4865 or **Email** 

\*Regional

#### Grady Bradshaw, Realtor/Broker (13)



Find him online

@gradybradshaw\_realtor on Instagram and find him on Facebook

828.455.9630 or Email

\*Regional

#### Grimsley Development (Bob Grimsley ACDS '75)

Commercial Real Estate

215.378.7744

\*Regional - Southeastern US

# Holly Martin, Realtor/Broker (ACDS '92)

Premier Sotheby's International Realty

Find her online

828.768.3282

\*Regional

17





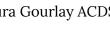




































#### Jeff Stewart, Realtor/Broker ('94)

Broker Asheville of Keller Williams

www.brokerasheville.com

828.337.8837

\*Regional

#### Jo Chandler, Realtor/Broker (SG-GH '81)

Preferred Properties of Asheville

www.preferredprop.com

828.231.5444

\*Regional

Local Roots Realty (Ada Dudenhoeffer '94)

Real Estate Brokerage for Buyers and Sellers in Buncombe County

www.localrootsrealty.com

828.450.7027

\*Regional

# Nesting Dolls Realty LLC (Elena Kovrigin)

Real Estate Brokerage Firm

www.nestingdollsrealty.com

828.301.7781

\*Regional



# C&Co.® Handcrafted Skincare (Christi Apodaca)

Asheville-based local skincare brand founded in 2012

www.candconaturals.com

@candconaturals on Instagram and find them on <u>Facebook</u>

828.575.9144

\*International

# **Eagles Nest Outfitters Inc (ENO)** (Pete and Jennifer Pinholster)

Outdoor Rec Gear Manufacturer

Eaglesnestoutfittersinc.com

404.918.5171

\*International

# Further Boutique (Karen Fuhrman and Katina Turner)

Contemporary Fashion Boutique

#### Loveyoufurther.com

@shopfurtherboutique

828.5676.8064

\*National

# Hazelwood Soap Company (Alyssa Rusnac)

Handcrafted Cosmetics and Home Fragrance Products

www.hazelwoodsoapcompany.com

@hazelwoodsoapco on Instagram

828.456.3385

\*National

## Pearl by Lela Rose (Ann Goosmann)

Trunk Shows of Seasonal Collections of Women's Clothing

<u>Email</u>

@asheville\_pearlgirls on Instagram

828.777.9967

\*National

Togar Rugs (Nancy Pomeroy Togar SGP '70)

Handmade Turkish, Persian, Afghanistan, Oriental Carpets

Togarrugs.com

@togarrugs on Instagram

828.687.1968





Composite Bicycle Wheel Sets for the Road, Gravel, and Mountain Bikes <u>Gulocomposites.com</u>

@gulocomposites on Instagram

828.966.3351

KidCycle Club, LLC (Emi Kubota '97)

Kids learn to ride for fun and appreciate outdoor adventure!

Developmental approach for coordination, confidence, & community connection.

www.kidcycleclub.com

@kidcycleclub on Instagram and find them on Facebook

844.454.3292

\*Regional

The Little Gym (Stephanie Corcoran)

Children's Gymnastics & Dance Classes. Venue Space, Camps, & Parent's Nights Out. www.thelittlegym.com/ashevillenc

828.747.2239

\*Local

For more information about CDS Family Owned Businesses or to inquire about listing your own business, nonprofit, or professional services please contact Becky Vlachoyannis, the

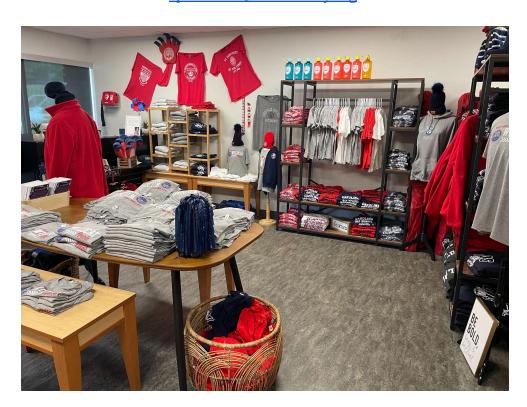
Director of Alumni, Parent, and Community Engagement by calling (828) 210-9149 or email

bvlachoyannis@carolinaday.org.



Don't forget to shop at the Wildcat Spirit Store!

The Spirit Store features branded CDS apparel, predecessor swag, hats, blankets, and so much more! Come in to shop on Wednesdays from 2pm -4pm, during special events and parent patios. Or you can schedule an appointment or order online by emailing <a href="mailto:spiritstore@carolinaday.org">spiritstore@carolinaday.org</a>.



# CDS Community Partners 2023-24

ROSEMAR<sub>Y</sub>
BEACH®





















#### **BLACK ORTHODONTICS**