

# LADDER SAFETY

## A safety reminder when decorating for Back-to-School:

- ❖ **DO NOT use countertops, tables, and chairs as ladders**
- ❖ Choose the right ladder for the job
- ❖ Know the weight capacity of the ladder
- ❖ Inspect the ladder before use
- ❖ Set up the ladder with care
- ❖ Never carry an object or a load that could cause you to lose your balance
- ❖ Always face the ladder when ascending or descending
- ❖ Maintain a 3-Point Contact at all times
- ❖ Avoid overreaching while on a ladder
- ❖ Do not move or shift a ladder while in use



### Ladder Types



Step stool



Step ladder



Step ladder



Platform ladder