

What's on the Menu?

Rochester Community Schools Secondary: Breakfast December 2023

A full student breakfast includes a choice of entrée supplying protein and grain, 1/2 cup fruit sides, and 1% chocolate or white milk.

A student must select a 1/2 cup fruit to make a complete meal or a la carte pricing will be applied.

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Breakfast Bagel Sandwich Fresh Fruit
4 No School	5 Mini Waffles Fresh Fruit	6 Breakfast Bagel Sandwich Fresh Fruit	7 Mini French Toast Fresh Fruit	8 Breakfast Bacon Pizza Fresh Fruit
11 Mini Pancakes Fruit Juice	12 Breakfast Bacon Pizza Fresh Fruit	13 Apple Frudel Cupped Fruit	14 Sausage and Cheese Croissant Cupped Fruit	15 Breakfast Bagel Sandwich Fresh Fruit
18 Cinnamon Toast Soft Pastry Bar Cupped Fruit	19 Mini Waffles Fresh Fruit	20 Breakfast Bagel Sandwich Fresh Fruit	21 Mini French Toast Fresh Fruit	22 Breakfast Bacon Pizza Fresh Fruit
25 No School Winter Holiday	26 No School Winter Holiday	27 No School Winter Holiday	28 No School Winter Holiday	29 No School Winter Holiday

Menu subject to change due product availability

Serving Daily: BeneFIT Bars, Yogurt Parfaits, Bagels and Cream Cheese, Pop Tarts, Cereal Bowls, Muffins and Cheese Stick or Yogurt Cup.

