

MNHS 2022-2023 RECAP

FALL

Band: The Tiger Marching Band braved the wind and rain to perform their 2022 program “A Star’s End” for the final time. Congratulations to all for their 3rd place finish in the Yankee Open Division of the Cavalcade of Bands State Championships!

Cheer: The cheerleading program added a JV team for the first time in a few years. Both are competitive this past weekend both teams took first place at WC East. Varsity has regionals early December and both teams will continue to compete and prepare for nationals and central leagues in February.

Girls soccer: The MNHS girls soccer team this year had a year of “firsts”. First time in four years with a winning record, 10-7-1. First time in four years beating Harriton and Ridley. First time since 2013 qualifying for district 1 playoffs. First time in program history winning an away playoff game. This was done against Upper Moreland, 2-1 in overtime. Kierstyn Finn was selected first team all central league. Lauren Gura and Sophia Foschi were selected honorable mention all central league.

Boys soccer: Briyan Aben (Sr.) 2nd Team All Central League

Marko Dimter (So.) All Central League Honorable Mention. Led team in goals as a sophomore.

Gerasimos Filipatos (Sr.) All Central League Honorable Mention. Selected to represent MN at the Southeastern PA High School All Star Showcase.

Field Hockey: Field Hockey made the playoffs for the first time since 2018. They finished with 8 wins.

Girls tennis: The girl’s tennis team ended their season with a 5-10 record with 4 of those wins coming in central league play. Grace Corner lead the team at number 1 singles with 9 wins on the season. The 2022 captains were Sophia Medori and Sydney Huynh. The girls worked hard and continued to improve throughout the season!

Cross Country: Boys: 5-6 Girls: 6-5

ALL CAL 2nd team: Ricky Lee, Honorable Mention: Matt DeAngelo

Madi Impriano, Lizzie Getz, Matt DeAngelo. Captains: Girls: Madi Impriano, Marissa Mounce

Boys: Ricky Lee, Dean Iyoun, Matt DeAngelo

Girls: First Time winning 2022 Sportsmanship Award

Volleyball:

Heidi Reller was named honorable mention for CAL. Coach Riley created Morgan's Message. The program hosted a fundraiser match for Lace up 4 pediatric cancer. The program continues to grow. We hosted a middle school clinic with about 36 middle school athletes.

Golf: 2022 Tiger Golf season consisted of 32 golfers including 5 girls, Sarah Koh and Aiden Hennelly made it to districts.

Football: Football finished the year 6-6. Lost 4 of the 6 games by a total of 8 points. We made the playoffs for the 8th straight year. We had the following kids be selected for ALL CAL.

- 1st Team DL: Jake McGowan
- 2nd team RB: Brian Box
- 2nd team WR: Paul Defruscio
- HM QB David Bertoline
- HM WR Bryan Bogan
- HM OL Andrew Kirlin
- HM OL Jake McGowan
- HM C Josh Tiger-Wesley
- HM OL Jason Bennett
- HM DL Jimmy Hally
- HM LB Jason Bennett
- HM DB Brian Box
- HM DB Paul Defruscio
- HM LB Lou Diluzio

Congrats to our All-State players:

Andrew Kirlin 1st team OL both writers and PA football news

Congrats to our All-Eastern PA players!

Kirlin OL 1st team, McGowan HM DL

Congrats to all of our All-Delco players!

Jake McGowan 1st team DL

HM: Andrew Kirlin OL, Josh Tiger- Wesley OL, Jake McGowan OL, Paul DeFrusco DB, Jimmy Hally DL, Lou Diluzio LB, Jason Bennett LB, Bryan Bogan WR, David Bertoline QB, Brian Box RB

Overall the winter activities GPA was a 3.52!
Girls swim and dive won the ROAR award with a 3.91 GPA!

WINTER

Cheerleading: The Cheerleaders had a great season. Top finishes at all local competitions. Varsity finished receiving a bid to PIAA states and UCA nationals. Finished top 5 in the central league and had strong performances at states and nationals.

Percussion: MNHS Indoor Percussion is developing their 2023 program, "In The Dark". The program will be starting their competition season soon, and the members are putting lots of preparation into their show. Wish them well with their first upcoming competition and the rest of the season! This past weekend we had a 5 point increase and got 5th overall.

Color Guard: The MNHS Winter Guard's 2023 program "Flora" is currently sitting at a high score of 66.97 with a 13 point increase in the MAIN Guards Scholastic Regional AA Division. Congratulations to all members on their hard work and dedication. Indoor Guard finished 3rd this past weekend!

Girls Indoor Track and Field: Just missed top 20 in the state for the 4x800. Just missed meet of champs for the 4x200 and 4x800. Justine Rimple broke the high jump record with a 4'7" jump. (Broke it twice). 4x800 of Margo Gebey, Allie Pavone, Marissa Mounce and Madi Impriano ran 10:22.29 which is 10 seconds faster than the previous record. (broke it twice). 4x200 of Justine Rimple, Jaylen Tyler, Mary Goldbeck and Sydney Huynh 1:54.7, Broke the record by 1.2 seconds. Largest team of girls ever with 80! Zeyan Lin just missed the school record in the 60 hurdles. First time competing at Ocean Breeze in New York. Broke two school records there. Medaled in the 4x800 at Alvernia. Medaled in the DMR, 4x800, 4x400 and 55 hurdles at Glen Mills

Boys Indoor Track and Field: The Boys Track and Field Team made The Meet of Champions in style qualifying for ten spots with Logan O'Donnell in High Jump, Matt DeAngelo in both the 800 and mile, Luke Moyer in both the 60 dash and the 200, Ricky Lee in both the mile and the 3,000 and Joel Zacharias with three qualifications in the 200, the 400 and Long Jump. Luke's mark is new MNHS School record in the 60 and Joel recorded two New MNHS School records in both the 200 and in Long Jump! Joel finished 16th in the state in the long jump!

Diving: Ethan D'Angelo repeated as Diving Central League Champion this year and finished 8th in the district which qualified him for states. Delaney Behl placed 7th place with a career high score at Central League Championships.

Girls and boys swimming: Swimming 2 boys (Pat Droesser and Kaden Bothma) qualified for districts

Ice Hockey: The hockey team had a great season again! We made the CAL playoffs for the first time in 10 years. We made the Flyers Cup for the first time since 2010. We beat WC Henderson in the first round and lost to Lower Dauphin in the quarter finals.

Bocce: MN Bocce team began practicing in November, our season games started in December. Our team continued to grow and improve as the season progressed. The group was split into two team, team orange and team black. Our opponents this season were Radnor, Archbishop Carroll, Upper Darby, and Unionville. Our season concluded in March, our teams finished in 4th place and 8th place in the Upper Delaware County division. Their teamwork and relationships they built were inspiring

Wrestling: The team is very young but still had a good year going 12-10 overall placing 5th in the Central League. Some of the standouts who had 20 or more wins are Damon Smith, Will Evans, Jimmy Hally and Louie DiLuzio. One of the teams leaders who stepped up even though he never wrestled before is Josh Tiger Wesley. Josh had a great senior year winning 16 matches.

Girls basketball: finished 12-11 this year as the 4th straight winning season and the 4th straight year in the playoffs! Mary O'Brien and Brooke Impriano were 4 year starters who led the team!

Boys basketball: won a playoff game again, First time in school history to win a playoff game in 3 straight years. 3 straight years of losing to the district champion, 1 game away from returning to states.

Spring 2023 summary:

Girls Track:

The 4x800 of Margo Gebey, Allie Pavone, Marissa Mounce and Madi Impriano took 3rd at league champs and Justine Rimple took second in the high jump at league champs. Marissa Mounce and Allie Pavone took 5th and 6th in the open 1600, Justine Rimple took 7th in the high jump, Cheyanne McCarthy took 7th in the 2 mile, and Tori Scali took 6th in the Javelin.

New team records came from the High Jump: Justine Rimple 5 feet 1 inch (district qualifier). Broke a record that has stood since 2012 and also the 4x1600: Allie Pavone, Marissa Mounce, Cheyanne McCarthy and Madi Impriano 22:50.14.

These girls will run in college: Sydney Huynh Track at Jefferson University, Sella Babaian Track at Ursinus College and Marissa Mounce Track and Cross Country at Millersville University.

1. Biggest team of girls in history with 103 girls

2. 4x800 of Margo Gebey, Allie Pavone, Marissa Mounce and Madi Impriano ran the 3rd fastest time in school history with a 9:55.90
3. Tori Scali is just 4 feet off the school Javelin Record
4. Margo Gebey Made finals in the open 800 at Delcos
5. Marissa Mounce medaled 5th at Delcos running a 5:23 1600
6. Allie Pavone medaled 6th at Delcos running a 5:27 1600
7. Tori Scali medaled 6th in Delcos in the Javelin
8. Justine Rimple District Qualifier in High Jump, 2nd at centrals league and school record
9. 4x1600: Allie Pavone, Marissa Mounce, Cheyanne McCarthy and Madi Impriano 22:50.14
10. Just missed records in triple jump, 4x200, SMR and 4x800
11. A great deal of medals and career bests!!!!

SPRING

Boys Track: Marple Newtown Boys Track and Field All-Central League All-Star Team selections:

First Team All-Central: Joel Zacharias – Multiple selections to All-Delco Team for both Indoor and Spring Track, Joel will attend Ursinus College. Currently ranked at the top of CAL in Long Jump. Joel Long Jumped and ran the Relays at Centrals & in Long Jump at Districts, Joel was a District Medalist! His Longest Jump this Season 22' 3.25, Joel has been selected to The CAL First Team All-Central League All Star Team

Honorable Mention Selections (6) Matt DeAngelo – Multiple selection to All-Delco Team for both Indoor and Spring Track. Will attend The Military Academy at West Point. Matt ran the 800 and relays at Centrals and the 800 at Districts: CAL HM

Stephen Hamson – Multi-medal winning High Jumper currently ranked 4th in Delco and 2nd in CAL. Member of The U.S. Army National Guard. Stephen medaled in High Jump at Centrals, Third highest jump in The CAL this season. He jumped 6' 0" five times. Season Best: 6' 0" selection: CAL HM

Xaun He – multi-medal winning thrower, Attending Penn State 2+2 program in accounting. Will throw Javelin at Centrals. Took First Place at Centrals – CAL CHAMP: Season's best 144' 1" selection: CAL HM

Logan O'Donnell – Multiple selection to All-Delco team for both Indoor and Spring Track. Will attend Villanova University. He High Jumped & Long Jumped at Centrals. Season Best 5' 10" MN Team Captain: CAL HM

Ricky Lee – MNHS Distance Leader 1600 and 3,200, At Districts: Ricky finished 16th his 1,600 SB = 4:23.35, CAL HM

Luke Moyer Set 2 MNHS School Records this year: 60 meters and 200 meters. Ran the 200m at Districts: CAL HM

Softball: The team finished the regular season 10-10. We lost in the playoffs to Interboro. We had several girls make ALL CAL and ALL Delco. We also had some girls make the Carpenter Cup All Star game.

Baseball: This year the team went 10-6 finishing 2nd in the CAL. We had a bye and lost in the playoffs. We had several ALL CAL players, ALL Delco as well as several Carpenter Cup All Star players.

Tennis: Jared Kaplan, Ivan Biju and Luke Regnier led the team this year! The team continues to grow. Jared, Ivan and Luke all competed at the ALL CAL match.

Girls lacrosse: The girls won 10 games this year which is 6 more than they won last year. They qualified for the playoffs and lost to district champ and a final 4 team in the state. Mary O'Brien won the PASLA breakout players of the year award for SEPA. Lizzie Getz in her sophomore season has already over 100 goals!

Boys lacrosse: The team won our first ever STATE championship!! They won multiple district and state playoff games again! They lost in the district final but then beat Rustin in the state semifinals! This is the first time ever we have reached the district final in back-back years as well as the first time ever to be in the state final in back-back years!) Brian Box (soph) and Joey Yukenavitch (JR) have over 100 goals. David Bertoline (JR) had over 100 caused turnovers.