

What's on the Menu?

Rochester Community Schools Secondary: Breakfast December 2023

A full student breakfast includes a choice of entrée supplying protein and grain, 1/2 cup fruit sides, and 1% chocolate or white milk.

A student must select a 1/2 cup fruit to make a complete meal or a la carte pricing will be applied.

Monday	Tuesday	Wednesday	Thursday	Friday
				1 WG Muffin with Yogurt Cup Fresh Fruit
4 No School	5 WG Mini Waffles Fresh Fruit	6 Breakfast Egg and Bacon Pizza Canned Fruit	7 WG Mini French Toast Fresh Fruit	8 WG Muffin with Yogurt Cup Fresh Fruit
11 WG BeneFIT Bar 100% Fruit Juice	12 WG Mini Waffles Fresh Fruit	13 Breakfast Egg and Bacon Pizza Canned Fruit	14 WG Mini French Toast Fresh Fruit	15 WG Muffin with Yogurt Cup Fresh Fruit
18 WG BeneFIT Bar 100% Fruit Juice	19 WG Mini Waffles Fresh Fruit	20 Breakfast Egg and Bacon Pizza Canned Fruit	21 WG Mini French Toast Fresh Fruit	22 WG Muffin with Yogurt Cup Fresh Fruit
25 No School Winter Holiday	26 No School Winter Holiday	27 No School Winter Holiday	28 No School Winter Holiday	29 No School Winter Holiday

Menu subject to change due product availability

Serving Daily: BeneFIT Bars, Bagels and Cream Cheese, Cereal Bowls, Muffins and Cheese Stick or Yogurt Cup.

