

Elementary

SCHOOL BREAKFAST & LUNCH MENU

December 2023

HARVEST OF THE MONTH

Beans & Lentils

First serving at no cost!

This institution is an equal opportunity provider. Menu is subject to change.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

For allergen & nutrition information, please visit:

<https://www.myschoolmenus.com/organizations/483>

1

NO SCHOOL

4

B: Cereal & Grahams
L: Chicken Tenders w/
WG Roll

5

B: Pancakes
L: Beef Nachos

6

B: Mini Bagel
L: French Toast &
Turkey Sausage

7

B: Cereal Bar & Yogurt
L: Hot Dog

8

B: Cereal & Grahams
L: Cheese Pizza

11

B: Cereal & Grahams
L: Cheeseburger Sliders

12

B: Breakfast Bread
L: Cheese Quesadilla

13

B: Benefit Bar
L: Fish Sticks

14

B: Breakfast Pocket
L: Beef Teriyaki Dippers
w/ Brown Rice

15

B: Cereal & Grahams
L: Mini Calzones

18

B: Cereal & Grahams
L: Popcorn Chicken w/
WW Roll

19

B: Mini Waffles
L: Bean & Cheese Burrito

20

B: Mini Cinni
L: Chicken Drumstick &
Waffle

21

B: Pancake on a Stick
L: French Bread Pizza

22

B: Cereal & Grahams
L: Cook's Choice

25

26

27

28

29

WINTER BREAK

REMINDER: Please complete the **Family Income Survey!** It is available at <https://www.rentonschools.us/departments/nutrition-services-warehouse/meal-applications>. Parents and guardians of students in CEP schools do not have to fill out the usual free and reduced lunch application, but are asked to complete an income survey in order to ensure their child's school qualifies for federal and state funding that is determined by parent income levels.



SECOND CHOICES AVAILABLE DAILY

MONDAY

Wheat Crackers,
Cheese Cubes, & Hard
Boiled Egg

TUESDAY

Yogurt, Granola &
String Cheese

WEDNESDAY

Blueberry Muffin,
String Cheese &
Sunflower Seeds

THURSDAY

Bagel & Cream Cheese,
String Cheese &
Sunflower Seeds

FRIDAY

Cook's Choice Pal Pak

- * Renton School District offers breakfast daily!
- * Remember to take at least a 1/2 cup of fruit at breakfast and at least a 1/2 cup of fruit or vegetable at lunch.
- * All breakfasts come with fruit and milk options daily.
- * All lunches come with the Fruit & Vegetable Garden Bar and milk options daily.
- * Milk options: 1% white, fat-free white, fat-free chocolate, and soy (upon request)