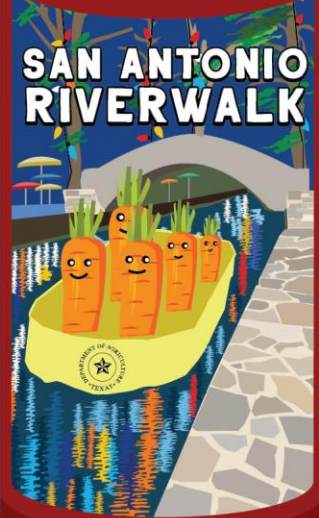


# Tomball Independent School District Elementary Breakfast Menu

# DEC

**MENU 2023**



**We are now hiring for kitchen jobs!**

- Part-time
  - Medical Benefits
  - Daytime Schedule
  - Holidays off
  - Weekends off
- Visit our website for more details!



**TOMBALL**  
INDEPENDENT SCHOOL DISTRICT  
Not just a district, a destination.



Updated 12/1/2022  
[www.SquareMeals.org](http://www.SquareMeals.org)

## MONDAY

Our unit breakfast consists of 3 or more components, at least one must be a fruit.

## TUESDAY

Food Components Required at Breakfast:  
Whole Grain Fruits & Milk

## WEDNESDAY

All breakfast cereals and pastries contain at least 51% whole grain.

## THURSDAY

1% White Milk and Fat-Free Chocolate Milk are offered daily.

## FRIDAY

1 Whole Grain Donut Cereal or Yogurt Meal Kit Fruits & Milk

4 Turkey Sausage Pancake on a Stick or Cereal or Mini Pancake Puffs Fruits & Milk

5 Biscuit & Sausage or Cereal or Mini Waffles Fruits & Milk

6 Beef & Cheese Kolache or Cereal or Mini Pancake Puffs Fruits & Milk

7 Chicken & Waffle or Cereal or Mini Waffles Fruits & Milk

8 Whole Grain Donut Cereal or Yogurt Meal Kit Fruits & Milk

11 Turkey Sausage Pancake on a Stick or Cereal or Mini Pancake Puffs Fruits & Milk

12 Biscuit & Sausage or Cereal or Mini Waffles Fruits & Milk

13 Beef & Cheese Kolache or Cereal or Mini Pancake Puffs Fruits & Milk

14 Chicken & Waffle or Cereal or Mini Waffles Fruits & Milk

15 Whole Grain Donut Cereal or Yogurt Meal Kit Fruits & Milk

18 Turkey Sausage Pancake on a Stick or Cereal or Mini Pancake Puffs Fruits & Milk

19 Biscuit & Sausage or Cereal or Mini Waffles Fruits & Milk

20 Beef & Cheese Kolache or Cereal or Mini Pancake Puffs Fruits & Milk

**No School !**

**No School !**

# Winter Break



Food and Nutrition Division  
National School Lunch Program

**Student Breakfast:**  
\$1.50  
**Adult Breakfast:**  
\$3.10



TEXAS DEPARTMENT OF AGRICULTURE  
**COMMISSIONER SID MILLER**

This product was funded by USDA.  
This institution is an equal opportunity provider.

Meals are Subject to  
Change due to  
Ongoing Supply Chain  
and Staffing Issues

# Tomball Independent School District Elementary Lunch Menu

# DEC

## MENU 2023

### SAN ANTONIO RIVERWALK



Peanut Butter & Jelly Sandwich and Grilled Cheese Sandwich are offered daily.

To add money to a student's account visit: [www.schoolcafe.com](http://www.schoolcafe.com)



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INDEPENDENT SCHOOL DISTRICT  
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Updated 12/1/2022  
[www.SquareMeals.org](http://www.SquareMeals.org)

## MONDAY

Our unit lunch consists of 3 or more components, at least one must be a fruit or vegetable

## TUESDAY

Food Components:  
Meat/Meat Alternate  
Whole Grain  
Fruits, Vegetables  
Milk

## WEDNESDAY

All lunch rolls, tortillas, rice, and bread items contain at least 51% whole grain

## THURSDAY

1% White Milk and Fat-Free Chocolate Milk offered daily.

## FRIDAY

1 Cheeseburger or Corndog or Chicken Popper Salad  
Vegetables, Fruits  
Milk  
Frozen Friday Fun Treat!

4 Pasta & Meatballs or Cheesy Breadsticks or Fruit & Yogurt Plate  
Vegetables, Fruits  
Milk

5 Taco Tuesday or Tamales or Chicken Popper Salad  
Vegetables, Fruits  
Milk

6 Steak Fingers or Chicken Drumsticks or Chicken Popper Salad  
Vegetables, Fruits  
Dinner Roll & Milk

7 Pizza Slice or Chicken Bites or Chicken Popper Salad  
Vegetables, Fruits  
Milk

8 Cheeseburger or Chicken Sandwich or Chicken Popper Salad  
Vegetables, Fruits  
Milk  
Frozen Friday Fun Treat!

11 Orange Chicken or Teriyaki Beef or Fruit & Yogurt Plate  
Vegetables, Fruits  
Brown Rice & Milk

12 Taco Tuesday or Cheese Enchiladas or Chicken Popper Salad  
Vegetables, Fruits  
Milk

13 **Holiday Meal!**  
**Turkey & Gravy**  
**Stuffing & Roll**  
**Green Beans, Fruit**  
**Milk**  
**and a Special Treat!**

14 Pizza Slice or Baja Fish Sticks or Chicken Popper Salad  
Vegetables, Fruits  
Milk

15 Cheeseburger or Corndog or Chicken Popper Salad  
Vegetables, Fruits  
Milk  
Frozen Friday Fun Treat!

18 Pasta & Meatballs or Cheesy Breadsticks or Fruit & Yogurt Plate  
Vegetables, Fruits  
Milk

19 Taco Tuesday or Tamales or Chicken Popper Salad  
Vegetables, Fruits  
Milk

20 Early Release !  
  
Pizza Pocket  
Vegetables, Fruits  
Milk

**No School !**

**No School !**

# Winter Break

Student Lunch:  
\$2.75  
Adult Lunch:  
\$4.60

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