



# Hale Early Education Center

# December 2023

### Meal Prices

Student Lunch	\$3.00
Reduced Price Lunch	FREE
Student Breakfast	FREE
Reduced Price Bfast	FREE
Milk only	\$0.75
Adult Lunch	\$4.75
Adult Breakfast	\$2.50

All Meals include a choice of Skim or 1% White Milk or Skim Flavored Milk

All breads & grains are whole grain rich for better health!

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

# Happy Holidays!

Like us on Facebook! [@CoventryAndoverSchoolFoodService](https://www.facebook.com/CoventryAndoverSchoolFoodService)

Follow us on Twitter! [@CPS\\_AES\\_SchFood](https://twitter.com/CPS_AES_SchFood)

**Come Join Us For Breakfast! It's Free All Year for All Students!**

<b>Early Release</b>	<b>1</b>
<u>Choose one</u>	
1. Cheese Pizza Slice	
Cucumber Coins	
2. Yogurt Plate with Bagel & String Cheese	
Cucumber Coins	
<b>Fruit &amp; Milk included in all Meals</b>	

<u>Choose one</u>	<b>4</b>
1. Cheese Calzone with Marinara	
Seasoned Broccoli	
2. Yogurt Plate with Bagel & String Cheese	
Raw Broccoli Trees	
<b>Fruit &amp; Milk included in all Meals</b>	

<u>Choose one</u>	<b>5</b>
1. Soft Chicken Fajita Taco	
Corn Niblets	
2. Yogurt Plate with Bagel & String Cheese	
Cucumber Coins	
<b>Fruit &amp; Milk included in all Meals</b>	

<u>Choose one</u>	<b>6</b>
1. Crispy Popcorn Chicken	
Mashed Potatoes and Gravy	
2. Yogurt Plate with Bagel & String Cheese	
Fresh Vegetable Sticks	
<b>Fruit &amp; Milk included in all Meals</b>	

<u>Choose one</u>	<b>7</b>
1. Cheese Pizza Slice	
Fresh Vegetable Sticks	
2. Yogurt Plate with Bagel & String Cheese	
Fresh Vegetable Sticks	
<b>Fruit &amp; Milk included in all Meals</b>	



<b>Pajama Day!</b>	<b>8</b>
<u>Choose one</u>	
1. Pancakes and Syrup	
Sausage Patty	
Baked Tater Tots	
2. Yogurt Plate with Bagel & String Cheese	
Baked Tater Tots	
<b>Fruit &amp; Milk included in all Meals</b>	

<u>Choose one</u>	<b>11</b>
1. Chicken Tenders	
Seasoned Noodles	
Seasoned Broccoli	
2. Yogurt Plate with Bagel & String Cheese	
Raw Broccoli Trees	
<b>Fruit &amp; Milk included in all Meals</b>	

<u>Choose one</u>	<b>12</b>
1. Cheeseburger on a Bun	
Butternut Squash	
2. Yogurt Plate with Bagel & String Cheese	
Cucumber Coins	
<b>Fruit &amp; Milk included in all Meals</b>	

<u>Choose one</u>	<b>13</b>
1. Chicken Nuggets	
Macaroni and Cheese	
Baked Beans	
2. Yogurt Plate with Bagel & String Cheese	
Fresh Vegetable Sticks	
<b>Fruit &amp; Milk included in all Meals</b>	

<u>Choose one</u>	<b>14</b>
1. French Toast Sticks	
Sausage Patty	
Hash Brown Potato	
2. Yogurt Plate with Bagel & String Cheese	
Hash Brown Potato	
<b>Fruit &amp; Milk included in all Meals</b>	

<u>Choose one</u>	<b>15</b>
1. Cheese Pizza Slice	
Fresh Vegetable Sticks	
2. Yogurt Plate with Bagel & String Cheese	
Fresh Vegetable Sticks	
<b>Fruit &amp; Milk included in all Meals</b>	

<u>Choose one</u>	<b>18</b>
1. Chicken Patty on a Bun	
Baked Beans	
2. Yogurt Plate with Bagel & String Cheese	
Cucumber Coins	
<b>Fruit &amp; Milk included in all Meals</b>	

<u>Choose one</u>	<b>19</b>
1. Holiday Chicken Nuggets	
Macaroni & Cheese	
Seasoned Broccoli	
2. Yogurt Plate with Bagel & String Cheese	
Raw Broccoli Trees	
<b>Fruit &amp; Milk included in all Meals</b>	

<u>Choose one</u>	<b>20</b>
1. Pizza Bites with Marinara	
Fresh Vegetable Sticks	
2. Yogurt Plate with Bagel & String Cheese	
Fresh Vegetable Sticks	
<b>Fruit &amp; Milk included in all Meals</b>	

<u>Choose one</u>	<b>21</b>
1. Waffles & Syrup	
Sausage Patty	
Baked Tater Tots	
2. Yogurt Plate with Bagel & String Cheese	
Baked Tater Tots	
<b>Fruit &amp; Milk included in all Meals</b>	

<b>Early Release</b>	<b>22</b>
<u>Choose one</u>	
1. Cheese Pizza Slice	
Cucumber Coins	
2. Yogurt Plate with Bagel & String Cheese	
Cucumber Coins	
<b>Fruit &amp; Milk included in all Meals</b>	



**Winter Vacation**  
**December 23 - January 1**










**Come join us for Breakfast! It's FREE for All Students!**

Choices include: Assorted Muffins & Pastries and Cereal  
All come with Fruit, Juice & Milk

**Don't skip the most important Meal of the Day!**



- 1 = 
- 2 = 
- 3 = 
- 4 = 
- 5 = 

Name \_\_\_\_\_

# Color By Number Gingerbread Man



Parents – View your student's account balance and make payments at [www.myschoolaccount.com](http://www.myschoolaccount.com).  
For information about your school nutrition program, visit <http://www.coventrypublicschools.org/district/food-services>.

Want to be involved in school wellness?

Visit <https://www.coventrypublicschools.org/district/wellness-committee>.

Questions or comments about your student's meals? We'd love to hear from you!

Call or email the Food Service Office at 860-742-4535 or [bpratt@coventryct.org](mailto:bpratt@coventryct.org).

**Please inform your school nurse if your child has a food allergy.**

*This institution is an equal opportunity provider.*