

# Medical Policy 2023/2024

## Aim

To promote and maintain the health and wellbeing of the students and wider school community at Mougins British International School (MBIS).

## First Aid

- Provide First Aid to all members of the School community.
- This will predominantly be provided by Alison Vibert RGN
- Several staff members on site are trained first aid providers

## Supporting students at school with medical conditions

- Ensure that all children with medical conditions, in terms of both physical and mental health, are properly supported in school so that they can play a full and active role in school life, remain healthy and achieve their academic potential.
- Parents' responsibility to inform the Health and Wellbeing Officer of any Medical Condition that a student has (including allergies).

## Health Education

- Support the school's PSHE programme by delivering lessons related to physical, sexual, mental and emotional health.
- Delivery of first aid training to students as per new UK curriculum guidelines.
- Deliver staff training on a variety of issues affecting the health of individuals and groups within the school community
- Deliver staff First Aid training to key members of staff to ensure adequate First Aid provision can be provided at all times both on and during Off Site visits.

## Social Care and Safeguarding Children

- Support the welfare of all students living with or affected by challenging circumstances.
- Provide a safe environment
- Implement the Child Protection/ Safeguarding Policy
- Work closely with safeguarding team

## Medical Centre

The School Medical Centre is run by a full time Registered Nurse Alison Vibert RGN. The medical room is open during school hours (including Thrive).

The medical centre is a fully equipped facility located in the Music/Drama building.

If the school nurse is not available in the medical center she can be contacted on

Tel: 06 75 52 74 67

email: [a.vibert@mougins-school.com](mailto:a.vibert@mougins-school.com)

## First Aid Equipment

The Medical Centre has overall responsibility for the provision and maintenance of all First Aid Equipment.

## First Aid Kits

There are First aid kits in the following locations:

School Office

Gymnasium

Transport First aid kit for any activities off site (Medical Centre)

## Automated Emergency Defibrillator (AED)

Mougins School has an AED on site, located in the Music and Drama building wall-mounted outside the medical Room. Instructions for use are kept with the machine. The Medical Centre staff and First Aiders are trained to use the AED in the event of a non-breathing casualty. However, anyone can, and are encouraged to use the AED by switching on the machine and following the voice prompts.

In the absence of a trained First Aider, non-trained people are encouraged to use the AED, as it is a time-critical procedure in the chain of survival. The Medical Centre staff are responsible for checking the battery life and condition of the defibrillator every month.

The School Nurse is responsible for ensuring the annual service contract is upheld.

## Emergency Medication

It is the parent/guardian responsibility to ensure that any student that may require emergency medication i.e Salbutamol Inhaler/ EpiPen. Must notify the Health and Well-being Officer A. Vibert RGN. This medication must be kept in the medical centre (as per medicines policy). Any secondary students may keep a second inhaler or Epi pen with them.

## Dental Care

- It is expected that all students see their family dentist for their six-monthly routine check-up during school holidays to minimise disruption to their studies.

## Optical Care

- It is expected that all students see their chosen optometrist for their annual routine check-up during school holidays to minimise disruption to their studies.

## Sexual Health / Wellbeing

- Students will be educated during PSHE lessons as per new UK curriculum guidelines.
- In primary schools students will be taught the key building blocks of healthy, respectful relationships, focusing on family and friendships, in all contexts, including online. This will sit alongside the essential understanding of how to be healthy.
- At Secondary, teaching will build on the knowledge acquired at Primary and develop further pupils' understanding of health, with an increased focus on risk areas such as drugs and alcohol, as well as introducing knowledge about intimate relationships and sex.

## Medical Consent and Questionnaire

- Information regarding past medical history, including vaccinations, allergies and current medical needs is required by completing the [Confidential Medical Questionnaire \(CMQ\)](#)
- Parental consent for receiving First Aid and delivery of basic over the counter medication is obtained via the CMQ on starting MBIS. This consent remains valid for the entire time the student remains at Mougins School. It is the responsibility of the parent to inform the school of any changes in a student's physical or mental health, medication or immunisation status, so that we may provide the best care possible.

## Confidentiality

In order to provide students with appropriate treatment, the School Medical Centre may need to share data with other medical professionals. We share data with other healthcare professionals such as, but not exclusively, GPs and Hospitals, in order to ensure continuity of care. The data is only ever shared on a 'need to know' basis which means that the data is shared only with those who need to see it in order to provide students with appropriate care.

In providing medical and nursing care for a student, it is recognised that on occasions the nurse may liaise with the Head Teacher, other teaching staff, and parents/guardians, and that information (with the student's prior consent) may be passed on as necessary. With all medical and nursing matters, the nurse will respect a student's confidence except on the very rare occasions when, having failed to persuade that student, or his or her authorised representative, to give consent to divulgence, the nurse considers that it is in the student's better interests or necessary for the protection of the wider school community, to breach confidence and pass information to a relevant person or body.

## Chaperones

Students are permitted to ask for a chaperone at any point during their visit to the School Medical Centre.

## Records and record keeping

- All medical records are kept securely on ISAMS. Access to these is bound by strict confidentiality rules.

## Procedure when a student/ staff member of visitor is unwell or injured during the school day

- Students who are unwell or injured during lessons will be sent to the Medical Centre.
- The school Nurse will assess whether the child should return home ill, or whether a period of rest in the Medical Centre would be appropriate.
- Parents of Students will be contacted to collect their child if they are considered unfit to return to class.
- If required, emergency services will be contacted. Parents will be notified immediately
- Staff can contact the School Medical Centre for advice or a request for medication such as paracetamol.
- Requests from parents/guardians for medication to be administered during the school day should be made directly to the School Medical Centre. A 'permission to administer medication at school' form must be completed and signed by the parent/guardian. (full details in Mougins School Medicines policy)
- Students who have been suffering from diarrhoea or vomiting must not return to school until 48 hours after the **last episode** of vomiting or diarrhoea.
- Covid-19, clear guidelines are included in the Mougins school Covid-19 policy
- All visits to the medical center are documented confidentially on the Medical Center Programme.
- A summary of the visit/treatment may be sent via email to parents/guardian if significant.
- All Medication administered at school is documented on the medication Register on ISAMS.

## Day trips, residential visits and sporting activities

- The school actively supports students with medical conditions or disability to participate in school trips and visits, or in sporting activities. Teachers and other trip Leaders should be aware of how a student's medical condition will impact on their participation, but there should be enough flexibility for all children to participate according to their own abilities and with any reasonable adjustments, unless evidence from a clinician such as a GP states that this is not possible.

- The Medical Centre is responsible for the collation of relevant Medical Information for students attending trips. Trip Leaders are responsible for collecting information from the Medical Centre, where any concerns and/or specific instructions can be addressed.
- A First Aider should accompany all trips where possible.
- For residential and overseas trips a trained 'First Aider' must attend. A First Aid kit must be taken and any medications documented if used.
- Teachers supervising sporting activities should be aware of relevant medical conditions and emergency procedures. Student's essential medical information is available from the School Health and Well-being Officer A. Vibert RGN. Students who need to take precautionary measures before or during exercise should be allowed immediate access to their medication, e.g. asthma inhalers, at all times.

## Complaints

Should parents or students be dissatisfied with the support provided they should discuss their concerns directly with the School Nurse Alison Vibert RGN. If for whatever reason this is not appropriate or does not resolve the issue, they may make a formal complaint via the school's complaints procedure.

**Alison vibert**

**Health and Well-being Officer**

**Mougins British International School**

**November 2023**

