



ORRHS Guidance Newsletter

Current Guidance Happenings

Happy Thanksgiving to our Bulldog Families! We are grateful for all of you. This newsletter will be for the weeks of November 20th & November 27th.

Attention Seniors

Report cards were issued on Thursday, 11/16. If you have already applied to a college and would like your term 1 grades sent, please reach out to your counselor.

Updated Scholarship Information

Updated scholarship information can be found on our ORRHS Guidance Website. Visit this link for quick access to current scholarship information (found on the right hand side of the page): [ORRHS Guidance](#)

Spring SAT information

SATs will be digital this spring. To learn more, visit: <https://satsuite.collegeboard.org/digital>

- The deadline for registering for the **March 9th** test is **February 23rd**.
- The deadline for registering for the **May 4th** test is **April 19th**.
- The deadline for registering for the **June 1st** test is **May 16th**.

Juniors, it is recommended that you test in the Spring if you are electing to take the SAT.

Get Involved

ORRHS offers a variety of clubs and activities for student participation. Check out our Clubs and Activities list by visiting: [clubs and activities](#). Athletics information is available [here](#).

Financial Aid Information for Seniors

Over 200 private colleges require the CSS Profile. The CSS Profile is available now and can be found at <https://cssprofile.collegeboard.org/>. Colleges have deadlines for financial aid applications, including the CSS Profile. Please check your schools to see if they require the CSS Profile and the timeline for submission.

Upcoming ON THE SPOT ACCEPTANCE event for Seniors



A representative from Southern New Hampshire University will be here on Tuesday, November 28, during Bulldog Block for an “On the Spot Acceptance” event. Students will fill out a short paper application, have a 15-minute meeting with the representative, have their transcript reviewed, and may be offered same-day acceptance. To take advantage of this one time opportunity, you must contact your guidance counselor to sign up by November 22nd.

SAVE THE DATE: FAFSA Night, January 9th at 6 pm

The ORRHS Guidance Department will be hosting a FAFSA night on January 9th at 6 pm in the library. Beth Connelly-Silvia, Director of the Educational Opportunity Center, a program of Seven Hills, will work with families to complete their FAFSA. More details to come...

Save the Date - RISD Pre-College Program Application Open



This summer, follow a college-level curriculum in the format that works for you with Pre-Collegiate Programs at Rhode Island School of Design. Rhode Island School of Design is excited to announce that applications are now open for RISD Pre-College, their residential summer immersive. Pre-College isn't just an education—it's an experience. This summer, live like a RISD student and work alongside hundreds of other creative, highly motivated students who will inspire you to push your limits and produce your best work. June 29–August 3, 2024

Rhode Island College - Calling All Music Majors



Rhode Island College Audition dates: January 20, February 3, February 17, March 9, May 10

Auditions are required for music, theater and dance majors at Rhode Island College.

Please Note: You don't need to wait to be admitted to RIC in order to audition, but RIC recommends that you at least have your Admissions application completed by your audition date. Register for an audition at [RIC.edu/auditions](https://ric.edu/auditions)

Employment Opportunities - 16 +

A representative from the Massachusetts Department of Conservation and Recreation's Bureau of Pool and Waterfront Safety will be here during Bulldog Block on **Friday, December 1**, to discuss lifeguard training and employment opportunities available this summer at local pools and beaches. Anyone (16 and over by June 11) interested in hearing more, [please sign up with your mentor](#). Click [here](#) for more information.

Johnson & Wales LEAP Program


Hosted at Johnson & Wales University Providence Campus, [the Wildcat Learning Effectiveness in Action Program \(LEAP\)](#) is a fee-based educational program designed to help students discover how they learn and to develop specific strategies to enhance their learning. The program includes one-on-one support, small group instruction, and a 3-credit course available only to LEAP participants. LEAP focuses on supporting students with challenges in the area of executive functioning. Those with ADHD, generalized anxiety, and/or specific learning disabilities may particularly benefit from the program. Wildcat LEAP is a 10-month program, operating August through May. The JWU experience begins with a 10-day intensive summer component designed to support students through the transition from high school to college. Participants explore the many supports and resources available to them at JWU, begin to learn about themselves and their learning characteristics, and develop peer supports within their LEAP cohort. Throughout the fall semester, LEAP participants benefit from biweekly individualized support from their LEAP Learning Advisor. In addition to one-on-one support, the cohort is enrolled in a 3-credit course designed specifically for and available only to LEAP participants. The program continues through the spring semester with biweekly one-on-one meetings with their LEAP Advisor, as well as group activities and workshops on topics selected by the LEAP cohort. The program concludes with the development of a Wildcat LEAP Learning Portfolio that demonstrates comprehensive evidence of applied learning strategies.

SEL Tip of the Week



As the holiday season approaches, this week's SEL tip centers around **fostering emotional well-being** during gatherings. The holidays can bring stress and being intentional with your interactions during gatherings can help your emotional wellness. Take the opportunity to set aside technology and create meaningful connections with your loved ones. Designate moments for intentional conversations where family members can share their thoughts, feelings, and experiences. Practice active listening and empathy to help everyone feel heard and understood. Sharing what you are thankful for before your meal can be a great way to practice gratitude and spread positive emotions. Say yes to engaging in collaborative activities, like cooking together or playing games. This is a great way to strengthen the sense of togetherness.

Career of the Week

CAREER OF THE WEEK		ACTUARIES
		 https://www.bls.gov/ooh/
WHAT DO THEY DO?	HOW TO BECOME ONE	JOB OUTLOOK & SALARY
<ul style="list-style-type: none">• Compile and analyze statistical data and other information• Estimate the probability and likely economic cost of an event such as death, sickness, an accident, or a natural disaster• Design and test insurance policies, investments, and other business strategies to minimize risk and maximize profitability• Calculate cash reserves needed, based on existing policies and liabilities, in case of payout or claims• Produce charts, tables, and reports that explain calculations and proposals	BACHELORS DEGREE	<p>Projected job growth 23% between 2021-2031</p> <p>Median salary \$113,990</p>