



Eton Porny C of E First School

Newsletter 11 – Autumn Term 2

24th November 2023

*We are all created unique and special.
He made us all perfect having our own uniqueness.*

1 Peter 4:10-11 "God has given each of you a gift from his great variety of spiritual gifts. Use them well to serve one another."

Dear Parents/Carers,

I am delighted to share that Mrs Wiltshire has a new arrival to her family, Toby Wiltshire! Mum and baby are both doing well and looking forward to spending time together as a family. Thank you to all of our families who attended parents evening this week to find out about how your child is progressing at school and how this can be further supported at home. The PTA are pleased to report that we made a profit of £450.32 from The Eton Lights Switch On event and the subsequent cake sale the next day! This is a fantastic achievement. We are hoping to purchase some equipment for the playground and this money raised will go towards this! We also look forward to raising as much as possible from the Christmas raffle and don't forget whilst you are doing your Christmas shopping to use easy fundraising to raise further donations for the school. If you use the following link and earn £5 the school will get a £5 referral bonus too! https://www.easyfundraising.org.uk/support-a-good-cause/step-1/?char=325500&invite=mg3yub&referral-campaign=s2s&utm_campaign=refCROtest

Happy shopping, Emma Stanford-Smith (Headteacher)

LEARNING SNAPSHOTS

Year 1 enjoyed a Science workshop with Mad Science this week! The children explored different materials and their properties and learnt about how Velcro and magnets work. The children enjoyed prediction which materials would stick together.

Ask me: How does Velcro work?



Year 2 had the opportunity to participate in a very exciting science workshop. They learnt about different habitats and worked in groups to construct food webs. We also learnt that a blue whale is three times the length of our school hall! In literacy we have started a new text- Greta and the Giants, and have been learning about Greta Thunberg who the book is based upon. In maths we have started our new topic of shape and we have been learning the properties of 2D and 3D shapes.

Ask me: who is Greta Thunberg and why is she famous?



Year 3 have enjoyed reading 'James and the Giant Peach' by Roald Dahl this week, writing a character description about Aunt Sponge to writing a diary extract about an event from the class novel. We have also immersed ourselves in moulding and creating Bell Beaker pots in Art, focusing on rolling coils to joining clay carefully. Continuing our circuit training in PE, we worked hard to build our skills in balancing, understanding our centre of gravity (for stability) and coordinating our movements across the playground. In French, we matched French words to the different parts of the body, pronouncing these altogether.

Ask me: Why were Bell Beakers important in the prehistoric period (Bronze Age)?



Year 4 have been investigating which drinks cause most damage to their teeth. The children chose a range of different drinks and placed a piece of egg shell, which represented a tooth, into each liquid. They observed the change in the egg shell over a period of days. In PE the children's badminton skills are progressing nicely. In Circuit training, Year 4 enjoyed the team building warm up game. Finally, Year 4 had a road safety session on Monday. They were complimented on their excellent behaviour.

Ask me: What happened in the science investigation? Did the predictions match the results?



Reception have been building robots this week. We began by designing them and tried hard to label some body parts using our sounds. We then enjoyed building our robots with junk modelling materials and even thought of a name for them. We have been thinking about how a dinosaur might move during our PE lessons so far and today enjoyed sharing with the class some different dinosaur moves. In maths we have used the words 'more', 'most', 'least' and 'fewer' to compare groups of objects.

Ask me: How would a dinosaur move?



FORTHCOMING DATES

1st December	Christmas Jumper Day
8th December	Express Event– All Years at 8:50 Pantomime at school (Reception Children only) Pantomime at Theatre Royal Windsor (Years 1 to 4)
13th December	Christmas Lunch (All Years)
14th December	Christingle Service, Lower Chapel 2:15 for a 2:30 start
15th December	Last day of term– 1.10 Finish
3rd January	Children Return To School

Road Safety

Our Year 3 and 4 children had a Road Safety session this week. Children should always follow the green cross code.



THE GREEN CROSS CODE

A thorough knowledge of the Green Cross Code is vitally important to primary school children **over 7 years:**

1. First find a safe place to cross
2. Stop just before you get to the kerb
3. Look all around for traffic and listen
4. If traffic is coming, let it pass, look all around again and listen
5. When it is safe go straight across the road - do not run
6. Keep looking and listening for traffic while you cross

STOP - LOOK - LISTEN

PE Days

Reception: Friday

Years 1 and 2: Tuesday and Thursday

Years 3 and 4: Tuesday and Wednesday

Sparkly Green



CELEBRATION

The results of this week's celebration awards

ACHIEVEMENT AWARDS

Reception: Charlie and Maya

Year 1: Elisa and Roisin

Year 2: Essie and Jasmine

Year 3: Krisla and Zunnurain

Year 4: Mark and Gabriel

PUPIL OF THE WEEK

Reception: Nico

Year 1: Alan

Year 2: Jacob

Year 3: Rosie

Year 4: Noor Fatima

**A huge well done to all of these children.
We are really proud of you.**

Stay in control of your child's health

NHS

Rates of winter infections are rising rapidly amongst children. When your child is unwell, be sure to know what to look out for and when to seek help using the FREE Healthier Together app. Developed by paediatricians, trusted by parents.

"It's like a mini doctor for you at home."

Using an easy-to-follow traffic light system, you'll find clear information on common childhood illnesses, including advice on what signs to look out for, when and where to seek help if required, what you should do to keep your child comfortable and how long your child's symptoms are likely to last.



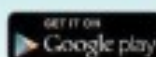
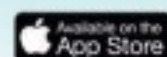
"Brilliant. Simple, reassuring and helpful. Thank you!"





Scan the QR code with a smart phone to visit **what0-18.nhs.uk**



Download the free 'Healthier Together' app



 @Health_2gether
 @Health2gether



Sheet Street Surgery
Community Health Initiative

THE CHOIR OF ST GEORGE'S CHAPEL, WINDSOR CASTLE



Girls and Boys

in Y2-3 are invited to apply to attend one of our

Chorister for a Day

events to be held on

Sunday 14 January & Sunday 21 January 2024

from 12.30pm to 6.30pm at St George's Chapel, Windsor Castle, Windsor SL4 1NJ

Advance booking is essential, with priority given to children in Year 3.

Closing date for applications: Wednesday 10 January 2024

Please contact Francesca Alden Email cfad@stgeorges-windsor.org

www.stgeorges-windsor.org/news/cfad2024

Chorister for a Day is a wonderful opportunity for girls and boys aged 6-8 (Yrs 2-3 at school) and their parents and carers to experience a day as a chorister in our world-famous choir of children and professional adult singers. New choristers typically join the choir at the start of Year 4 and this event is designed to help potential choristership applicants find out more about life as a chorister ahead of auditions in February. The programme of events will include various activities, ending with the Chorister for a Day participants taking part in Choral Evensong with the Choir of St George's Chapel, Windsor Castle.



Choristers at St George's rehearse every weekday morning and sing services on four weekdays and on a Sunday (Saturdays are mostly commitment free). This schedule develops not only their musical talents, but nurtures key skills such as leadership, team work, and time management. The Choristers are educated and board part-time at St George's School on generous scholarships, and limited means-tested bursaries may be available. The choristers all receive singing lessons from one of the UK's finest teachers of young voices, and receive instrumental and theory tuition. More information on all aspects of being a chorister will be available at *Chorister for a Day*.

The Choir was founded in 1348, and, whilst begun as a choir of boys and men, is now a choir of mixed girl and boy choristers and adult lay clerks (both male and female who provide the alto, tenor and bass parts). The choir sings regularly in the presence of His Majesty the King and other members of the Royal family, at annual events such as Garter Day and Easter Sunday Mattins, and at special events. In 2018, this included singing at both Royal Weddings in St George's Chapel: for The Duke and Duchess of Sussex in May, and for HRH Princess Eugenie and Mr Jack Brooksbank in October. In September 2022 the choir sang at the Committal Service for Her late Majesty Queen Elizabeth II in St George's Chapel. The choir released a CD of Christmas music in 2019 on the Hyperion label which was met with critical acclaim, and a new recording with the Band of the Household Cavalry is due out soon. The choir has also broadcast on radio, most recently in June 2022 with Sunday Worship (BBC Radio 4) and Choral Evensong (BBC Radio 3).



It is important to note that we are not looking for musical stars at this stage – we are looking for children between the ages of six and eight who have the potential to develop their fledgling musical talent, who would like to consider the opportunity of applying for a choristership, and above all who would enjoy this sort of event.

www.stgeorges-windsor.org

www.stgwindsor.co.uk

What Parents & Carers Need to Know about HOW TO COMBAT ONLINE BULLYING

OSCAR

Defined as "ongoing hurtful behaviour towards someone online", cyber-bullying makes its victims feel upset, uncomfortable and unsafe. In the digital world, it has numerous forms – such as hurtful comments on a person's posts or profile; deliberately leaving them out of group chats; sharing embarrassing images or videos of someone; or spreading gossip about them. Cyber-bullying can severely impact a young person's mental health – so, in support of Anti-Bullying Week, we've provided a list of tips to help trusted adults know what to look for and how to respond to it.

1. GET CONNECTED

Playing online games together with your child or connecting with them on social media (providing they're old enough) is not only fun but also an excellent way of establishing some common ground to discuss things you've both seen or done online – as well as keeping an eye on who your child is communicating with in the digital world.

2. KEEP TALKING

Regular chats with young people about their online lives are good practice in general, but they can also be an excellent refresher to help prevent cyber-bullying situations. Topics you might want to revisit include why it's important to only connect online with people we know and trust, and why passwords should always remain secret (even from our best friends).

3. STAY VIGILANT

Observe your child while they're using technology and just after they've used it. Are they acting normally, or out of character? Possible signs of a problem may include seeming quiet or withdrawn, jumpy or anxious, angry or repeatedly checking their phone. When you feel it's the right time, you may want to check in with them to see if everything is OK.

4. MAKE YOURSELF AVAILABLE

If an online bullying incident does occur, it may take a while before your child is ready to open up about what happened. Just gently remind them that they can always come to you with any problems – and that they won't be in trouble. You might also suggest a trusted family member they could turn to, in case they feel too embarrassed to tell you directly.

5. BE PREPARED TO LISTEN

When conversations about online bullying do take place, they're likely to be difficult, emotional and upsetting for both you and your child. Actively listen to your child while they're bringing you up to speed, and try not to show any judgement or criticism – even if they haven't dealt with the situation in exactly the way you would have hoped.

FURTHER SUPPORT AND ADVICE

If you or your child need additional help with an online bullying issue, here are some specialist organisations that you could reach out to.

Childline: talk to a trained counsellor on 0800 1111 or online at www.childline.org.uk/get-support/

National Bullying Helpline: counsellors are available on 0845 225 5787 or by visiting www.nationalbullyinghelpline.co.uk/cyberbullying.html

The NSPCC: the children's charity has a guide to the signs of bullying at www.nspcc.org.uk/what-is-child-abuse/types-of-abuse/bullying-and-cyberbullying/ and can be reached on 0800 800 5000

6. EMPOWER YOUR CHILD

Depending on their age, your child might not want a parent 'fighting their battles for them'. In that case, talk through their options with them (blocking the perpetrator, deleting the app and so on). By allowing your child to choose the path they take, you're putting them in control but are also demonstrating that you're there to support them along the way.

7. REPORT BULLIES ONLINE

Cyber-bullying often takes place through a particular app, social media platform or online game. If this is happening to your child, encourage them to report the offender to the app or game in question – ideally with screenshots to support their complaint. Most games and apps have reporting tools specifically to stamp out abusive behaviour and protect users.

8. ENCOURAGE EMPATHY

Protecting themselves online is the priority, of course, but young people should also feel empowered to help if they witness other people falling victim to cyberbullying. Even if they don't feel confident enough to call someone out on their abusive behaviour online, they can still confidentially report that person to the app or game where the bullying occurred.

9. SEEK EXPERT ADVICE

Victims of online bullying frequently experience feelings of isolation and anxiety, a loss of self-esteem and potentially even thoughts of self-harm or suicide. If you think that an incident of cyber-bullying has affected your child's mental wellbeing, then seek psychological support for them. There are some useful contact details in the central panel below.

10. INVOLVE THE AUTHORITIES

If the nature of any online bullying makes you suspect that your child is genuinely in imminent physical danger – or if there are any signs whatsoever of explicit images being shared as part of the bullying – then you should gather any relevant screenshots as evidence and report the incidents to your local police force.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



National
Online
Safety

#WakeUpWednesday



www.nationalonlinesafety.com



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/NationalOnlineSafety



@nationalonlinesafety



Royal Borough Mental Health Recovery service

**FREE parent
or staff
mental health
and wellbeing
workshop**

**Available January
& February**

Office: 01494 463364
info@bucksmind.org.uk
louisa.gold@bucksmind.org.uk
www.bucksmind.org.uk



Topics covered include:

- Mental health awareness
- Ways to maintain good mental health and wellbeing
- For example: mindfulness, coping strategies & treatment options

**Choice of 1-hour or
2-hour workshop**

 **mind**
in Berkshire