#84

COMPLETE

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Page 1: Type of Public School Unit

Q1

On behalf of which type of school/district are you providing information?

Local Education Agency (LEA)

Page 3: School Health Advisory Council (SHAC) Information

Q2

Select the name of your LEA from the drop-down list.

Craven

Q3

Please indicate the LEA SHAC contact person as appointed by the Superintendent.

First Name	**William**
Last Name	**Swain**
Title	**Director of Student Services**
Address	[redacted]
City	[redacted]
Zip Code	[redacted]
Email Address	**mike.swain@cravenk12.org**
Phone Number	**252-514-6341**

Q4

Please list the names and titles of your SHAC members.

Mike Swain -Director of Student Services
Amy Heflin -Lead Nurse
Julie Wathen -School Nutrition
Billi Mathes -Craven County Sheriff's Dept
Debi Grzeslo -Oral Health, Dept of public health
Janzen Jones - Craven County Health Dept
Valerie Nasser - School Counselor/Military Liaison
Sandra Kutkuhn - Social Worker
Lauren Weyard, School Nutrition Director
Jordan Alsbrook - School Counselor
Jean Keneflict - Community Person
Susan Hall - Trillium
Genevieve Hunter - Craven County Health Dept.
Megan Davis - Physical Education
Amber Tabarrini - Craven County Health Dept.
Jasmine Canady - Opioid Task Force
Jennifer Schnorenberg - School Nurse over CPR

Q5

Please indicate the number of members on your SHAC.

17

Q6

Regarding the composition of your SHAC, please check the boxes if you have members that represent each of the coordinated school health components of the Whole School, Whole Community, Whole Child (WSCC) model listed below. (Select all that apply.)

Health Education,

Physical Education & Physical Activity,

Nutrition Environment & Services,

Health Services,

Counseling, Psychological, & Social Services,

Social & Emotional Climate,

Employee Wellness,

Community Involvement

Q7

How often did your SHAC meet in the past year, including virtual meetings?

1

Q8

Did your SHAC meet virtually this school year due to COVID-19?

Yes

Q9

Does your SHAC provide reports to any of the following? (Select all that apply.)

LEA Superintendent,

Local Board of Education

Q10

Policy is defined as a definite course or method of action developed to guide and determine present and future decisions that will produce a specific outcome. Please list below the key Policy successes your SHAC achieved during the 2020-2021 school year.

The key policy successes were the protocols and procedures developed for students, staff, and athletics to prevent the spread of COVID.

Q11

Program and practice is defined as the way(s) that a plan or system is implemented in order to reach a specific goal. Please list below the key Program and Practice successes your SHAC achieved during the 2020-2021 school year.

The key program successes were safety protocols and procedures were implemented in order to prevent the spread of COVID. Training courses provided through CANVAS for all staff on health and safety issues. SEL programs in the elementary and middle schools.

Q12

Has your SHAC used any of the following assessment tools for your LEA? (Select all that apply.)

None of the above

Q13

Which of the following does your SHAC use to inform their work? (Select all that apply.)

Youth Risk Behavior Survey (YRBS)

Q14

Please click and drag to arrange the following list of focus areas to indicate the priorities of your SHAC's work over the course of the past year. (Your SHAC's highest priority should be #1 and the lowest priority should be #13.) Areas of focus include: Alcohol and Other Drugs; Family and Community Involvement; Health Education; Health Services; HIV/STD/Teen Pregnancy Prevention; Injury and Violence Prevention; Mental Health, Counseling, Social Work; Nutrition; Physical Activity; Physical Education; Safe School Environment; Staff Wellness; Tobacco

Alcohol and Other Drugs	**8**
Family and Community Involvement	**11**
Health Education	**7**
Health Services	**1**
HIV/STD/Teen Pregnancy Prevention	**12**
Injury and Violence Prevention	**5**
Mental Health, Counseling, Social Work	**3**
Nutrition	**4**
Physical Activity	**9**
Physical Education	**10**
Safe School Environment	**2**
Staff Wellness	**6**
Tobacco	**13**

Q15 **No**

Does your SHAC use an Action Plan to guide their work?

Q16 **Needs Assessment**

In what areas do you need additional resources and/or assistance? (Select all that apply.)

Q17

Based on your experience with COVID-19, what are your current needs for additional supports. (i.e. professional development, technical assistance, school safety guidance, etc.)

No additional supports needed

Page 4: Local Wellness Policy

Q18

In order to promote student health and reduce childhood obesity, does your Local Wellness Policy include:

Appropriate, evidence-based goals for nutrition education.	**Yes**
Appropriate, evidence-based goals for nutrition promotion.	**Yes**
Appropriate, evidence-based goals for physical activity.	**Yes**
Appropriate, evidence-based goals for other school-based activities designed to promote student wellness, reduce childhood obesity and address child hunger.	**Yes**
Nutrition guidelines for all foods and beverages sold on each school campus during the school day that are consistent with Federal regulations for school meal nutrition standards and the Smart Snacks in School nutrition standards.	**Yes**
Nutrition guidelines for all foods and beverages provided but not sold on the school campus during the school day, such as foods and beverages brought into the classroom for parties and events.	**Yes**
Policies for food and beverage marketing that restrict marketing and advertising to only those foods and beverages that meet Federal regulations for school meals nutrition standards and Smart Snacks in Schools nutrition standards.	**Yes**
Involvement of families, students, representatives of the school nutrition program, teachers of Physical Education, school health professionals, the school board, school administrators and the public in the development, implementation and periodic review and update of the Local Wellness Policy.	**Yes**
Communication to the public about the content and implementation of the Local Wellness Policy.	**No**
A plan for measuring implementation of the Local Wellness Policy, including designation of an LEA official to maintain responsibility for Local Wellness Policy implementation, compliance and reporting to the public.	**No**
Periodic measurement and assessment, available to the public on Local Wellness Policy implementation, including the extent to which schools are in compliance with the Local Wellness Policy, the extent to which the Local Wellness Policy compares to statutory requirements, and a description of the progress made in attaining the goals of the Local Wellness Policy.	**No**

Q19

Please estimate the percentage of schools in your LEA that provide staff wellness programs.

10

Q20

Please describe the types of staff wellness activities that are offered in your LEA.

There were few this year due to COVID and being remote for part of the school year.

Page 5: Healthful Living (Physical Education & Health Education)

Q21 **0**

Please estimate the percentage of elementary students in your LEA that currently receive 150 minutes per week of Physical Education taught by a licensed Physical Education teacher.

Q22

Please describe any challenges/barriers to providing all of your elementary students with 150 minutes of Physical Education per week.

Lack of certified staff to teach PE and the time in the schedule to do 150 minutes

Q23 **0**

Please estimate the percentage of middle school students in your LEA that currently receive 225 minutes per week of Healthful Living taught by licensed Health and Physical Education teachers.

Q24

Please describe any challenges/barriers to providing all of your middle school students with 225 minutes of Healthful Living per week.

Lack of staff and time during support. Also, with remote learning this year, teaching helpful living was difficult.

Q25 **0**

Please estimate the percentage of middle school Healthful Living courses in your district that are divided into 50% Physical Education and 50% Health Education?

Q26

Does your LEA require daily:

Physical Education classes for students in all elementary schools in your district?	**No**
Healthful Living classes for students in all middle schools in your district?	**No**

Q27

Within your LEA, did any teacher(s) withhold recess, intramurals, physical education, or other physical activity as a punishment? (This includes withholding physical activity to make up work or to do extra work.)

No, there have been no teachers that have withheld any physical activity as punishment.

Page 6: Compliance Regarding Withholding Physical Education

Q28

You indicated that one or more teachers in your LEA withheld physical activity (including physical education, recess, intramurals) as punishment, please indicate how you plan to bring such teachers into compliance with the Healthy Active Children Policy. Include barriers and successful strategies for compliance.

Respondent skipped this question

Page 7: Physical Activity

Q29

ALL elementary schools in our LEA currently provide 30 minutes of daily moderate to vigorous physical activity.

Yes

Q30

Which of the following resources are used in your LEA to meet the physical activity requirement at the elementary school level? (Select all that apply.)

Physical Education,

Recess,

Classroom Energizers

Q31

ALL middle schools in our LEA currently provide 30 minutes of daily moderate to vigorous physical activity.

No

Q32

Which of the following resources are used in your LEA to meet the physical activity requirement at the middle school level? (select all that apply)

Physical Education,

Classroom Energizers,

Recess

Q33

Which of the following is the Healthy Active Children Policy incorporated into in your LEA? (Select all that apply.)

Local Wellness Plan

Page 8: Nutrition Environment & Services

Q34

Please indicate whether your LEA provides the following:

Offer a variety of healthful, appealing food and beverage options for students.	**Yes**
Demonstrate a commitment to utilizing non-food related strategies to recognize and reward students.	**Yes**
Offer nutrition education that aligns with national dietary guidelines.	**Yes**
Offer nutrition education that adheres to state academic standards.	**Yes**
Offer nutrition education that utilizes integrated instruction.	**Yes**
Offer nutrition education that is grade-specific.	**Yes**
Offer nutrition education that is sequential in building skills for students to choose, prepare and consume healthy foods and beverages.	**Yes**
Offer nutrition education that connects the classroom, cafeteria and community with involvement from teachers, school staff, School Nutrition professionals, families, students and the community.	**No**

Q35

What impact has COVID-19 had on food insecurity/hunger for children in your local education agency (LEA) and your community?

The loss of jobs and the depletion of work hours may have led to fewer families being able to provide adequately for their children.

Q36

How has the need for nutritious meals been addressed for children in your LEA and your community during school closures?

Meals have been provided at sites during remote instruction and delivered to families. Students who remained on remote instruction were able to pick up meals from the school.

Page 9: Coordinated School Health Programs (CSHP)

Q37

Does your LEA have a written community use of facilities policy that allows use of school athletic facilities or other school facilities by community members outside of school hours or when school is in not in session?

Yes, we have a written community use of facilities policy.

Page 10: Community Use of Facilities Policy Publicity

Q38

You indicated that your LEA does have a written community use of facilities policy. Please select all of the methods that are used to publicize the policy.

Website

Page 11: Technical Assistance

Q39

Please check the ways in which your LEA has received technical assistance in addressing the Whole School, Whole Community, Whole Child (WSCC) Model, the School Health Advisory Councils, and the Local Wellness Policy. (Select all that apply.)

Attending professional development events provided by DPI	**WSCC Model, School Health Advisory Councils, Local Wellness Policy**
Website/Google site for NC Healthy Schools (nchealthyschools.org)	**WSCC Model, School Health Advisory Councils, Local Wellness Policy**

Page 12: Program Challenges and Overall Successes

Q40

Please share any barriers that your LEA has encountered implementing the Healthy Active Children Policy during the 2020-2021 school year.

This year was extremely difficult with COVID and remote instruction for much of the year. COVID took top priority and it was difficult to focus on the other aspects of healthy schools.

Q41

Please take this time to highlight any other successes regarding the Healthy Active Children Policy in your LEA that were not mentioned before. Additionally, please share any success stories addressing the Whole School, Whole Community, Whole Child model during COVID-19. (We look forward to sharing these with the State Board of Education.)

Nothing at this time.

Page 13: Healthy Youth Act

Q42

Do you have a local policy that reflects the Healthy Youth Act (Reproductive Health and Safety Education)?

Yes

Page 14: Policy Update: Healthy Youth Act

Q43

You indicated that your LEA has a local policy that reflects the Healthy Youth Act (Reproductive Health and Safety Education), when was the policy last updated?

Date **10/25/2018**

Page 15: School Violence Prevention Act

Q44

Do you have a local policy that reflects the School Violence Prevention Act (Bullying and Harassment)?

Yes

Page 16: Policy Update: School Violence Prevention Act

Q45

You indicated that your LEA has a local policy that reflects the School Violence Prevention Act (Bullying and Harassment), when was the policy last updated?

Date **10/15/2020**

Page 18: School Mental Health Policy Report (Non-LEA Public School Units)

Q46

Please provide the name of your Public School Unit (PSU).

Respondent skipped this question

Q47

Please provide your contact information.

Respondent skipped this question

Page 19: School Mental Health Policy Report

Q48

Upload a copy of the school-based mental health plan adopted in the unit, including the mental health training program and suicide risk referral protocol.

CCS Mental health plan 2021:2022.pdf (284.3KB)

Q49

What data sources did you use to help identify priorities? (Choose all that apply.)

PowerSchool Data,

Say Something App Data,

FAM-S (Facilitated Assessment of MTSS - School Level),

Other (please specify):

Threat assessment data, Educator's Handbook data

Q50

Yes

Does your plan address universal promotion of mental and social-emotional wellness and prevention through core instruction, curriculum, and school environment?

Q51

Does your plan include a mental health training program provided to school employees addressing the topics listed below, including at least six hours of content for initial training occurring within first six months of employment and annual subsequent training of at least two hours?

Youth Mental Health	**Yes**
Suicide Prevention	**Yes**
Substance Abuse	**Yes**
Teenage Dating Violence	**Yes**
Child Sexual Abuse Prevention	**Yes**
Sex Trafficking Prevention	**Yes**
Adult Social Emotional Learning/Mental Wellness	**No**

Q52

Does your plan address early intervention for mental and social-emotional health, including:

Processes for identifying students who are experiencing and/or are at risk of developing SEL and/or mental health issues at school	**Yes**
Annual review of the PSU's policies, procedures, and/or practices for crisis intervention	**Yes**
Identification of methods for strengthening the PSU's response to mental and social-emotional health and substance use concerns in the school setting, including the role of crisis intervention teams	**Yes**
Annual review of the PSU's discipline policies and practices	**Yes**
Identification of strategies to avoid over-reliance on suspension or expulsion in the discipline of students with identified mental and social-emotional health or substance use concerns	**Yes**
Inclusion of PSU in the local community emergency preparedness plan	**Yes**

Q53

Does your plan address how students in need will access and transition within and between school and community-based mental health and substance use services, including:

Strategies to improve access to school and community-based services for students and their families, e.g., by establishing arrangements for students to have access to licensed mental health professionals at school	**Yes**
Strategies to improve transitions between and within school and community-based services, e.g., through the creation of multi-disciplinary teams to provide referral and follow-up services to individual students	**Yes**
Formalized protocols for transitioning students to school following acute/residential mental health treatment	**Yes**

Q54

Does your plan address improving staffing ratios for licensed specialized instructional support personnel such as school counselors, school nurses, school psychologists, school social workers, and school occupational therapists?

No

Q55

What is the total number of licensed school social workers in your PSU?

0

Q56

How many of the licensed school social workers in your PSU have a MSW degree or higher?

NA

Q57

With what mental health and substance use providers does your PSU have a Memorandum of Understanding (MOU) regarding respective roles and relationships on coordination of referral, treatment, and follow-up for individual students in need of services?

Local Mental Health Service Provider

Q58

In addition to school personnel, which of the following stakeholders are engaged in your goal of building school, family, and community partnerships to create and sustain coordinated mental and social-emotional health and substance use supports and services for students.

Students,

Families,

Community Service Providers,

County/City Agencies