



# December 2023

Middle School Lunch Menu  
Attea and Springman



**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

|  |  |   |  |   |
|--|--|---|--|---|
| <p><b>Daily Cold Lunch:</b><br/>PB&amp;J Uncrustable<br/>Sandwiches &amp; Wraps</p> <p>Produce bar offered daily with a variety of fruits and vegetables.</p>  | <p>All lunch entrees offered with choice of fruit(s), vegetable(s), and milk</p> <p><b>Complete Lunch \$3.50</b></p>   |  <p>www.GetChoosi.com</p>  |  | <p><sup>1</sup><br/><b>Loaded Cheese &amp; Chili Potato Wedges</b> with Cornbread</p> <p><b>Bosco Sticks with Marinara Sauce</b></p> <p><b>Yogurt Parfait</b></p> <p>Sautéed Broccoli</p>                                     |
| <p><sup>4</sup><br/><b>Chicago Style Hot Dog</b></p> <p><b>Cheese or Pepperoni Pizza Slice</b></p> <p><b>Yogurt Parfait</b></p> <p>Waffle Fries</p>  | <p><sup>5</sup><br/><b>Alfredo Pasta with Cheesy Garlic Bread</b></p> <p><b>Spicy or Plain Crispy Chicken Sandwich</b></p> <p><b>Chicken Caesar Salad</b></p> <p>Parmesan Roasted Broccoli</p>   | <p><sup>6</sup><br/><b>Chicken Burrito Bowl with Cilantro Rice</b></p> <p><b>Cheese or Turkey Pepperoni Pizza Slice</b></p> <p><b>Orange Chicken Salad with Chow Mein</b></p> <p>Refried Beans<br/>Jalapeno Corn &amp; Bean Salsa</p> | <p><sup>7</sup><br/><b>Honey Sriracha Nuggets with Soft Pretzel</b></p> <p><b>Hamburger Cheeseburger or Black Bean Burger</b></p> <p><b>Southwest BBQ Chicken Salad</b></p> <p>Sweet Potato Fries</p>                                  | <p><sup>8</sup><br/><b>Sliced Turkey &amp; Gravy with Stuffing</b></p> <p><b>Bosco Sticks with Marinara Sauce</b></p> <p><b>Yogurt Parfait</b></p> <p>Mashed Potatoes &amp; Gravy<br/>Sweet Corn<br/>Apple Crisp</p>          |
| <p><sup>11</sup><br/><b>Chicken Tenders with Pumpkin Bread</b></p> <p><b>Vegan Nuggets with Pumpkin Bread</b></p> <p><b>Cheese or Turkey Pepperoni Pizza Slice</b></p> <p><b>Yogurt Parfait</b></p> <p>Spicy Seasoned Fries</p>        | <p><sup>12</sup><br/><b>Pasta with Italian Meat Sauce</b></p> <p><b>Pasta with Marinara Sauce and Cheese</b></p> <p><b>Spicy or Plain Crispy Chicken Sandwich</b></p> <p><b>Chicken Caesar Salad</b></p> <p>Roasted Veggies<br/>Garlic Bread</p> | <p><sup>13</sup><br/><b>Beef Nachos or Taco Salad</b></p> <p><b>Deep Dish Cheese Pizza or Buffalo Chicken Pizza Slice</b></p> <p><b>Chopped Chicken Salad</b></p> <p>Seasoned Black Beans<br/>Pico de Gallo</p>                       | <p><sup>14</sup><br/><b>Korean BBQ Chicken Drumsticks with Veggie Fried Rice</b></p> <p><b>Hamburger Cheeseburger or Black Bean Burger</b></p> <p><b>Southwest BBQ Chicken Salad</b></p> <p>Sautéed Green Beans</p>                    | <p><sup>15</sup><br/><b>General Tso Chicken, Rice, &amp; Fortune Cookie</b></p> <p><b>Vegan Orange Chicken, Rice, &amp; Fortune Cookie</b></p> <p><b>Bosco Sticks</b></p> <p><b>Yogurt Parfait</b></p> <p>Garlic Broccoli</p> |
| <p><sup>18</sup><br/><b>Brunch for Lunch: French Toast with Turkey Sausage</b></p> <p><b>French Toast with Veggie Sausage</b></p> <p><b>Cheese or Turkey Pepperoni Pizza Slice</b></p> <p><b>Yogurt Parfait</b></p> <p>Hash Browns</p> | <p><sup>19</sup><br/><b>Pasta with Meat Sauce or Baked Mostaccioli</b></p> <p><b>Spicy or Plain Crispy Chicken Sandwich</b></p> <p><b>Chicken Caesar Salad</b></p> <p>Roasted Veggies<br/>Garlic Bread</p>                                       | <p><sup>20</sup><br/><b>Beef or Bean Cheesy Nachos</b></p> <p><b>Cheese or BBQ Chicken Pizza Slice</b></p> <p><b>Sriracha Chicken Salad</b></p> <p>Refried Beans with Cheese</p>  | <p><sup>21</sup><br/><b>Turkey, Bacon, &amp; Provolone Panini</b></p> <p><b>All American Grilled Cheese</b></p> <p><b>Hamburger Cheeseburger or Black Bean Burger</b></p> <p><b>Southwest BBQ Chicken Salad</b></p> <p>Tomato Soup</p> | <p><sup>22</sup><br/><b>Loaded Chili &amp; Cheese Potato Wedges</b> with Cornbread</p> <p><b>Bosco Sticks with Marinara Sauce</b></p> <p><b>Yogurt Parfait</b></p> <p>Sautéed Broccoli</p>                                    |