

NOVEMBER 26 • 2023

# CHRIST THE KING SUNDAY



## Our Lady of Good Counsel Catholic Church

8601 Wolftrap Rd., Vienna, VA 22182-5026

P: 703.938.2828 • F: 703.938.2829

[www.olgcva.org](http://www.olgcva.org) • [www.olgcschool.org](http://www.olgcschool.org)

Administered by the Oblates of  
St. Francis de Sales

## Mass Schedule

Mon-Sat - 8:30am; 9am on holidays

Saturday Vigil 4pm

Sunday 8am, 10am (online),

12pm (en español), 5pm

## View Mass Online

[www.youtube.com/c/StreamingOLGC](http://www.youtube.com/c/StreamingOLGC)

## Chapel open for prayer

Mon - Fri, 9am - 5pm

**Confessions** Saturdays 9:00am

or by appointment

## Office Hours

Mon - Fri 9am - 4:30pm,

Closed 12-12:30pm for lunch

*"All creation is unique and  
diverse, unique along with  
diversity and diversity  
along with unity."*

- St. Francis de Sales

*"Toda la creación es única  
y diversa, única junto a la  
diversidad y la diversidad  
junto con la unidad."*

- San Francisco de Sales

## Happy Thanksgiving!

**S**aint Paul has the earliest writings in the New Testament. His first writing is his First Letter to the Thessalonians. In this letter, Paul initiates a greeting that he continues to all of the churches to whom he writes: "We give thanks to God always for all of you, remembering you in our prayers unceasingly..."

In the United States, we dedicate one day each year to giving thanks. It is a wonderful tradition, and so important. However, Paul reminds us that we need to give thanks always. In his letters, he tells us to dedicate ourselves to gratitude, cultivate gratitude. It is a reminder that we can lose sight of that so important virtue.

OLGC, our celebration of Thanksgiving is an annual one-day event. Our Christian faith tells us that gratitude is a daily calling. Saint Paul reminds us to dedicate ourselves to gratitude to cultivate gratitude. Each day, our first prayer should be thank you Lord for this day and reminders throughout the day to thank the Lord for the day, for our family, for our friends, and for all who love us.

A prayer to end this reflection:

*Lord,  
you have given us so much:  
please give us just one more thing,  
a grateful heart.*

Live Jesus!

Fr. Matt





## Mass Intentions/ Intenciones de la Misa

Presider schedule available at:  
[bit.ly/OLGC-Presider-Schedule](http://bit.ly/OLGC-Presider-Schedule)

**Sat. Nov 25/Sun. Nov 26, 2023**

+ Joseph R. Pellegrino  
+ Dorothy Owens  
+ Dolores & Joseph Lawler  
+ Ramon Luis Santiago  
+ Carlos Ernesto and Francisco Funes

**Monday, November 27, 2023**

8:30am + John C. Roxbrough

**Tuesday, November 28, 2023**

8:30am + Joe McKeon

**Wednesday, November 29, 2023**

8:30am + Frank & Marge Gadell

**Thursday, November 30, 2023**

8:30am + The Orzech Family

**Friday, December 1, 2023**

8:30am The OLGC Community

**Saturday, December 2, 2023**

8:30am Friends & family of the  
Besore-Trigo family

**Sat. Dec 2, 2023, / Sun. Dec 3, 2023**

+ Richard Calder  
+ James Kennedy  
+ Christopher Spagnoli  
+ Bill Horan  
+ Taddeo Barchitta

**Please keep those listed in the prayer  
intention book and the recently  
deceased in your prayers.**

+ Bradley S. Loomis

### SANCTUARY CANDLES

Sanctuary Candles are available on a weekly basis starting on a Sunday. To "light a candle for someone" indicates one's intention to say a prayer for another person, and the candle symbolizes that prayer.

For a donation of \$25, you have the opportunity to have the candle burn for a week in memory of a deceased loved one, for a celebration or for a special intention.

Visit [olgcv.org/liturgy-worship/devotions/candle](http://olgcv.org/liturgy-worship/devotions/candle) to light a candle.

## Welcome to Our Lady of Good Counsel

**W**e, as members of Our Lady of Good Counsel Parish, strive to witness to the Good News of Jesus Christ by proclaiming our faith, educating ourselves and our children, sharing our persons, resources and gifts in the care and service of one another. We are called to foster an environment of hospitality in accordance with the Spirituality of St. Francis de Sales.

Please be in contact with our staff if you have questions about any matter related to the life of the church. Below is a list of the many people here to help.

**Pastor** Rev. Matthew Hillyard, OSFS..... [frhillyard@olgcv.org](mailto:frhillyard@olgcv.org)  
**Parochial Vicar** Rev. Mathias Kumar, OSFS..... [mkumar@olgcv.org](mailto:mkumar@olgcv.org)  
**Retired** Rev. William Metzger, OSFS..... [william.metzger@olgcv.org](mailto:william.metzger@olgcv.org)  
**Retired** Rev. Lewis Fiorelli, OSFS..... [lfiorelli@oblates.org](mailto:lfiorelli@oblates.org)  
**Deacon** Christopher Moore ..... [cgmoores@olgcv.org](mailto:cgmoores@olgcv.org)  
**School Principal** Robin Williams 703.938.3600 ..... [rwilliams@olgcv.org](mailto:rwilliams@olgcv.org)  
**School Admissions & Testing** Valerie Taylor 703.938.3600 ..... [vtaylor@olgcv.org](mailto:vtaylor@olgcv.org)  
**Liturgy/Music/Funerals** 703.896.7411 ..... [liturgy@olgcv.org](mailto:liturgy@olgcv.org)  
**Children's Faith Formation** Amy MacKinnon 703.896.7426 .. [amackinnon@olgcv.org](mailto:amackinnon@olgcv.org)  
**Faith Formation Office** Jackie Madden 703.896.7415..... [jmadden@olgcv.org](mailto:jmadden@olgcv.org)  
**Dir. of Faith Formation/Youth** Derek Rogers 703.896.7409 ..... [youth@olgcv.org](mailto:youth@olgcv.org)  
**Communications/Bulletin** Maude Hales 703.896.7412 .. [communications@olgcv.org](mailto:communications@olgcv.org)  
**Director of Finance** Emilynda Clomera 703.896.7402 ..... [eclomera@olgcv.org](mailto:eclomera@olgcv.org)  
**Records Manager** John League 703.896.7413 ..... [records@olgcv.org](mailto:records@olgcv.org)  
**Child Protection Liaison** Christine Moan 703.896.7423 ..... [cmoan@olgcv.org](mailto:cmoan@olgcv.org)  
**Advancement/Annual Giving** Alison McKee & JoAnne Kinyon . [advancement@olgcv.org](mailto:advancement@olgcv.org)  
**Events Manager** Frank Fletcher 703.896.7418 ..... [events@olgcv.org](mailto:events@olgcv.org)  
**Events & Fellowship Coordinator** Pam Trimble 703.896.7457 .. [ptrimble@olgcv.org](mailto:ptrimble@olgcv.org)  
**Parish Office Manager** Maria Romero 703.896.7419..... [welcome@olgcv.org](mailto:welcome@olgcv.org)  
**Intentions/Ministry of Care** Maria Romero 703.896.7419..... [welcome@olgcv.org](mailto:welcome@olgcv.org)  
**RCIA/Adult Sacraments** Barb Steele ..... [rcia@olgcv.org](mailto:rcia@olgcv.org)  
**Información en español** Maria Romero 703.896.7419 ..... [welcome@olgcv.org](mailto:welcome@olgcv.org)  
**Pastoral Council** (Tina Wickham) ..... [PastoralCouncil@olgcv.org](mailto:PastoralCouncil@olgcv.org)  
**Finance Council** (Regina Stranix) ..... [FinanceCouncil@olgcv.org](mailto:FinanceCouncil@olgcv.org)  
**Society of St. Vincent DePaul** (Linea de Ayuda) 703.938.3210..... [svdp@olgcv.org](mailto:svdp@olgcv.org)  
**Respect Life/Gabriel Project** Betsy Argauer 703.255.3744 ..... [betstim@gmail.com](mailto:betstim@gmail.com)  
**Knight of Columbus Santa Maria Council #4654**..... [www.knightsvienna.org](http://www.knightsvienna.org)  
**Counseling** Catholic Charities **Consejería** Caridades Catolica ..... 703.425.0109

Our website, [OLGCVA.org](http://OLGCVA.org), is a source of lots of information about our parish life. There are a number of ways you can communicate with staff for specific needs through the site. The links below provide first steps to various things you may need.

OLGC Funerals: [www.olgcv.org/liturgy-worship/funerals](http://www.olgcv.org/liturgy-worship/funerals)

Devotional Candles: [www.olgcv.org/liturgy-worship](http://www.olgcv.org/liturgy-worship)

Join the Parish: [olgcv.org/register](http://olgcv.org/register)

Schedule an Event: [olgcv.org/about-us/facilities](http://olgcv.org/about-us/facilities)

Add Item to Bulletin/Media: [olgcv.org/about-us/communications](http://olgcv.org/about-us/communications)

Mass Intention Request: [olgcv.org/liturgy-worship/devotions/mass](http://olgcv.org/liturgy-worship/devotions/mass)





# THE CORNERSTONE PROJECT

## THE TIME IS NOW

We have **\$2M** to raise by December 31 in order to fund The Cornerstone Project.

Giving Tuesday is November 28th, a generosity movement that unleashes the power of people to transform their community.

Each one of you is a cornerstone of OLGC, and your actions make our community of faith stronger. Together, we can do extraordinary things for our spiritual home.

As you consider Giving Tuesday and your year-end giving, we ask you to direct your support to The Cornerstone Project with a gift over and above your typical offertory.

### Completed Projects (FY21-23)

Phase 1 & 2 School HVAC  
Campus security system  
School flooring  
Bell Tower crack repair  
Church sound system  
Church walls crack repair

### Upcoming Projects (FY24-27)

Phase 3 HVAC system & rooftop units  
Campus roofing  
Narthex flooring  
Narthex bathrooms  
Church flooring  
Parking lot resurfacing  
Church pew refurbishing  
*and more*



## THE CORNERSTONE PROJECT

### PLEDGE COMMITMENT

Date: \_\_\_\_\_  
Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
Phone: \_\_\_\_\_  
E-mail: \_\_\_\_\_

In support of The Cornerstone Project, I/We pledge the following:

☐ \$100,000 ☐ \$75,000 ☐ \$50,000 ☐ \$25,000 ☐ \$15,000 ☐ \$10,000 ☐ \$5,000  
☐ Other: \$ \_\_\_\_\_

Payable as follows:

☐ Annually ☐ Quarterly ☐ Monthly

Timeframe:

☐ 5 yrs ☐ 4 yrs ☐ 3 yrs ☐ 2 yrs ☐ 1 yr

Payment Method:

☐ Faith Direct ☐ Check ☐ Electronic Funds Transfer ☐ Check this box and the Office of Advancement will contact you to establish your gift.



**Scan  
QR Code  
to donate  
now**



## The Feast of St. Francis De Sales



Wednesday, January 24th, 2024  
7 PM Mass and Reception

JOIN US SATURDAY, JANUARY 27



## Sweets with Santa!

Please join us for OLGC Sweets with Santa on December 9<sup>th</sup> from 1 – 4 pm, before the 4 pm Mass. Skip the mall, save money, savor sweets and see Santa with your OLGC community!

This event is for adults and children and the \$20 per ticket cost is for children only. Accompanying adults are no charge. Ticket cost includes a visit with the OLGC Santa as well as a printed 5x7 picture with Santa in a personalized event frame. You will also receive an electronic version of your photo.

This will also be an opportunity to hear from one of the beneficiaries of our Joy of Christmas Giving Program—St. Vincent de Paul Society, drop off your previously-wrapped gifts chosen from the Giving Tree, or select a gift from the Giving Tree. St. Vincent de Paul Society will be at the event to share their mission.

At 3:15, before mass, the children will receive a “J is for Jesus” Candy Cane lesson. Please join us for 4 pm Mass after the event.



We encourage you to purchase tickets in advance but they will also be sold at the door.

## Merry Christmas!

Order your tickets now at [olgcva.org/fellowship/sweets-with-santa](http://olgcva.org/fellowship/sweets-with-santa).

Schedule your photo with Santa at [bit.ly/OLGC-Santa-photo](http://bit.ly/OLGC-Santa-photo)

Sign up to help out at [bit.ly/OLGC-Santas-helper](http://bit.ly/OLGC-Santas-helper)

## Support OLGC This Holiday Season

The OLGC Parish Office is selling the 2023 official White House Christmas ornament (\$25). Last year's White House Christmas ornaments are also available (\$20), as well as a limited number of other

ornaments and candles. Check, cash & credit card accepted. Stop by parish office M-F 9am - 4:30pm.





## **"Give thanks to the Lord, for he is good."**

—Psalm 118

*Gospel: Luke 17: 11-19*

As Jesus continued his journey to Jerusalem,  
he traveled through Samaria and Galilee.  
As he was entering a village, ten lepers met him.  
They stood at a distance from him and raised their voice, saying,  
"Jesus, Master! Have pity on us!"  
And when he saw them, he said,  
"Go show yourselves to the priests."  
As they were going, they were cleansed.  
And one of them, realizing he had been healed,  
returned, glorifying God in a loud voice;  
and he fell at the feet of Jesus and thanked him.  
He was a Samaritan.  
Jesus said in reply,  
"Ten were cleansed, were they not?  
Where are the other nine?  
Has none but this foreigner returned to give thanks to God?"  
Then he said to him, "Stand up and go;  
your faith has saved you."

"Where are the other nine?"

No other story better illustrates human ingratitude than this Gospel.

Jesus heals ten lepers at no cost to them, yet only one returns to thank him. The other nine move on with their lives.

All the Lord wanted was a word of thanks.

How often do we show our gratitude for others?

Consider the elderly.

For at least the first decade of our lives, we were totally dependent upon our parents and grandparents for food, shelter, clothing, security, and above all, for love. How do we thank them? And how might we support them as they age?

Or our veterans.

As the saying goes, "All gave some. Some gave all." How might we thank those who willingly sacrificed so much for us?

Or consider any other person in our lives—our spouse, our children, our co-workers, a teacher, a doctor, a benefactor, a friend.

Think of one person who's made a difference.

How might we thank them today?

Rev. Mathias Kumar, OSFS

## **OLGC's Joy of Christmas Giving**

Add a family in need to your gift giving this year. Families are referred to the program by the Society of St. Vincent de Paul, Vienna public schools, and OLGC families. If you would like to sponsor a family on your own, or team up with friends, co-workers, or parish groups, contact Fran Davenport at 703.867.3278, Maria Madocks at 703.319.0010 or via email at [olgchristmasgiving@gmail.com](mailto:olgchristmasgiving@gmail.com) to be matched with a family.



## **Giving Tree**

Bring a smile to someone's face this season by choosing a tag from the Christmas Giving Tree in the Narthex and purchasing a gift. The Giving Tree supports individuals through charitable organizations in our community. For those wishing to participate online, visit [bit.ly/online-giving-tree](http://bit.ly/online-giving-tree).

Questions? Contact Theresa Caputy at [ctlc26@aol.com](mailto:ctlc26@aol.com) or Chris Desmarais at [chrisdesmarais526@gmail.com](mailto:chrisdesmarais526@gmail.com).

## **VOLUNTEER OPPORTUNITIES**

If you'd like to do more, help is needed as we collect, organize, hand out and deliver Christmas gifts. Sign up at [bit.ly/giving-tree-volunteers](http://bit.ly/giving-tree-volunteers).



## Readings for the Week/ Lecturas de la Semana

Week of November 26- December 3, 2023

**SUNDAY** The Solemnity of Our Lord Jesus Christ, King of the Universe

Ez 34:11-12, 15-17; Ps 23:1-2, 2-3, 5-6;  
1 Cor 15:20-26, 28; Mt 25:31-46

### MONDAY

Dn 1:1-6, 8-20; Dn 3:52, 53, 54, 55, 56; Lk 21:1-4

### TUESDAY

Dn 2:31-45; Dn 3:57, 58, 59, 60, 61; Lk 21:5-11

### WEDNESDAY

Dn 5:1-6, 13-14, 16-17, 23-28; Dn 3:62, 63, 64, 65, 66, 67; Lk 21:12-19

### THURSDAY

Feast of Saint Andrew, Apostle

Rom 10:9-18; Ps 19:8, 9, 10, 11; Mt 4:18-22

### FRIDAY

Dn 7:2-14; Dn 3:75, 76, 77, 78, 79, 80, 81; Lk 21:29-33

### SATURDAY

Dn 7:15-27; Dn 3:82, 83, 84, 95, 86, 87;  
Lk 21:34-36

### SUNDAY

First Sunday of Advent  
Is 63:16b-17, 19b, 64:2-7; Ps 80:2-3, 15-16, 18-19;  
1 Cor 1:3-9; Mk 13:33-37

## Monthly Collections

Fiscal Year July 2023—June 2024

	Sep 2023	Oct 2023
Offertory	167,288	194,571
<b>Total Budgeted</b>	<b>168,507</b>	<b>206,494</b>
Variance	<b>(1,219)</b>	<b>(11,923)</b>
YTD Received	453,665	648,236
<b>Budget YTD</b>	<b>528,747</b>	<b>735,241</b>
Variance	<b>(75,082)</b>	<b>(87,005)</b>

## Weekly & Second Collections

You may give with checks or cash via envelopes, give online at [membership.faithdirect.net/VA875](https://membership.faithdirect.net/VA875), or text amount to 703.810.7674. Thank you.

## December Collections

- 3 Christmas Flowers
- 10 Catholic Charities
- 25 Christmas Journey

## Calendar (Subject to change, updates at [www.olgcva.org/about-us/calendar](http://www.olgcva.org/about-us/calendar))

### MONDAY

27

No Afterschool Clubs or Sports  
No School for Students—Teacher Workday  
Little Rock Scripture Study 10 - 11:30 AM Zoom  
Quilters 11 AM - 3 PM SJC-Brisson Rm

### TUESDAY

28

Tuesday Bible Study 9:45 - 11:45 AM Zoom  
House League/CYO 4:30 - 9 PM Fr. Brisson Gym

### WEDNESDAY

29

House League/CYO 4:30 - 8 PM Fr. Brisson Gym  
BSA Troop 976 Adult Mtg 6:30 - 8:30 PM School  
BSA Troop 976 meeting 7 - 8:30 PM Counsel Rm  
RCIA Catechumenate 7:30 - 9 PM SJC-Brisson Rm  
Men's Basketball 8 - 10 PM Fr. Brisson Gym

### THURSDAY

30

Prayer Shawl Ministry 9:30 - 11 AM SJC-Brisson Rm  
House League/CYO 4:30 - 8:30 PM Fr. Brisson Gym  
Men's Basketball 8:30 - 10 PM Fr. Brisson Gym

### FRIDAY

DECEMBER 1

Adoration 9 AM - 3 PM Church  
Coffee Social 9 - 10:30 AM DeSales Hall  
House League/CYO 4 - 9 PM Fr. Brisson Gym

### SATURDAY

2

Elementary CCF 8:30 - 10 AM School  
Confessions 9 - 9:30 AM Reconciliation Room  
Elementary CCF 10:30 AM - 12 PM School

### SUNDAY

3

Donut Social 8 AM - 2 PM DeSales Hall  
Children's Liturgy of the Word 10 - 10:30 AM Chapel  
Breaking Open the Word 10:30 - 11 AM Chapel  
Grief Support Group 1:30 - 3 PM SJC-Brisson Rm  
Nightlife 6 - 8 PM DeSales Hall  
Jr. High CCF 6:15 - 7:45 PM School

## Coffee Social Friday, December 1

Please join us following the 8:30 Mass for our monthly Coffee Social in DeSales Hall



## ADORATION OF THE BLESSED SACRAMENT



December 1 9am - 3pm

Sign up at [bit.ly/Adoration-Dec2023](https://bit.ly/Adoration-Dec2023)



## Informacion Parroquial en español

Preguntas o sugerencias, ofrecer misas, pedir oración durante la misa por recién fallecidos, funerals, comuníquese con Maria 703.896.7419, [mromero@olgcv.org](mailto:mromero@olgcv.org)



### SACRAMENTO DEL BAUTISMO DE NIÑOS MENORES DE 6 AÑOS:

Comuníquese con Maria Romero 703.896.7419 [welcome@olgcv.org](mailto:welcome@olgcv.org)  
Sacramento del bautismo: para Charlas de padres y padrinos deben inscribirse de antemano, una vez completada esta y entregado los documentos requeridos le confirmaremos su fecha del bautizo. [olgcv.org/sacraments/baptism](http://olgcv.org/sacraments/baptism)

### CATEQUESIS

¡Inscríbase AHORA para la Catequesis! [bit.ly/CCF-in-person-2023-24](http://bit.ly/CCF-in-person-2023-24) o comuníquese con Amy MacKinnon, 703.896.7426, [amackinnon@olgcv.org](mailto:amackinnon@olgcv.org).

### CONFESIONES

Confesiones en español durante el mes de noviembre son el sábado 11 y 18 de 9 - 9:30 a.m. o de lunes a jueves únicamente con cita. Puede llamar para hacer una cita con el Padre Mateo al 703.938.2828 o envíe un correo electrónico a [frhillyard@olgcv.org](mailto:frhillyard@olgcv.org). No se escuchan confesiones los domingos antes o después de la misa.

### CORNERSTONE

El mes de junio lanzamos nuestro Proyecto Cornerstone; Pueden encontrar información adicional en nuestro correo electrónico semanal, en el mostrador de bienvenida o en nuestra página web. Nuestro Párroco P. Hillyard les pide como comunidad en espíritu de oración, consideren donar y ayuden a recaudar 12 millones de dólares. La parroquia tiene urgencia de hacer reparaciones de nuestra

instalaciones de la iglesia y la escuela. Recuerde no importa la cantidad solo le pedimos que cada familia se comprometa apoyarle.

### REZAR EL ROSARIO

Acompañemos en el jardín de Ntra. Sra. del Buen Consejo, los domingos a las 11:15am y los lunes a las 7:30pm vía Zoom. Comuníquese con Carlos Berrios [berrioscg@gmail.com](mailto:berrioscg@gmail.com).

### VOLUNTARIOS

"La oportunidad de hacer grandes cosas no llega a menudo, pero en todo momento, podemos hacer pequeños actos con gran amor."

- San Francisco de Sales

Como seguidores de Cristo, somos llamados por medio de nuestro Bautismo a servir a nuestros hermanos en nuestra parroquia, comunidad, país y el mundo entero. Es nuestra esperanza que todos los feligreses tengan la oportunidad de descubrir y desarrollar sus dones dados por Dios. Si desea participar como Sacristán, Ministro Extraordinario de La Sagrada Comunión, Lector, Portero/Ujier, Ministerio de La Bienvenida o Monaguillo por favor pase por el mostrador de Bienvenida o llame al 703.896.7419 o visite nuestra página web de la parroquia para ver la variedad de formas en que puede ayudar en [olgcv.org/outreach/serve](http://olgcv.org/outreach/serve).

TUESDAY, NOVEMBER 28TH

# GIVING TUESDAY



Giving Tuesday is a global generosity movement  
unleashing the power of people to  
transform their community.

Every act of generosity, big or small, makes an impact.

Together, we can do extraordinary things  
for our OLGC community.

[WWW.OLGCVA.ORG/SUPPORT/THE-CORNERSTONE-PROJECT](http://WWW.OLGCVA.ORG/SUPPORT/THE-CORNERSTONE-PROJECT)



# Senior Moments

Marge Van Lierde  
Gitkagirl@gmail.com  
571.831.3951



## SEASONED CITIZENS' LUNCHEON

December's calendar is going to fill up quickly, so please make note of the date of the next luncheon on Thursday, December 14 at 12 noon in De Sales Hall. "A Most Wonderful Time" will be the theme, evoking memories of so many Christmases past, traditions, special foods, and family gatherings. This event for OLGC seniors is very popular, so try to make your reservations early. Easy to do: e-mail [seasonedcitizens@olgcvva.com](mailto:seasonedcitizens@olgcvva.com), call Dagny at 703.281.5525, or RSVP at [bit.ly/Seasoned-Citizens-Dec](http://bit.ly/Seasoned-Citizens-Dec). Please note that take-home meals are only available for homebound OLGC parishioners. Contact Heidi to make arrangements: [heidilinksnyder@gmail.com](mailto:heidilinksnyder@gmail.com).

The Book Swap Table will again be available. Thank you for your donations of books and jigsaw puzzles (nothing else, please). Look for more details in next week's column.

## SHEPHERD'S CENTER NEWS

This winter, Adventures in Learning will be taking a break. Be on the lookout for new life enrichment opportunities in 2024.

The Center will be closed December 25-January 1. If you use their transportation program, please arrange your trips accordingly.

**Ho Ho Ho Holiday Bingo** will take place at Foster's Grille, 138A Maple Ave. W. Vienna on December 4 from 4-6 pm. \$10 for 10 Bingo games. There'll be prizes and good food, so come on out for this family-

friendly activity and support the Shepherd's Center.

There'll be a **Holiday Tea & Sweets Celebration** at St. Mark Catholic Church, 9970 Vale Road, in Vienna on December 12 from 1-3 pm. This is a great opportunity to mix and mingle with friends and enjoy tea and delicious holiday treats. Register at [scnova.org/event/holiday-tea-sweets-2](http://scnova.org/event/holiday-tea-sweets-2).

## DON'T BE AFRAID TO ASK FOR HELP

Many family caregivers are reluctant to ask for help. They know and understand their family members—their likes, dislikes, and medical and financial information. They may think to themselves, "No one can do it better than me," which can be an accurate statement. However, without help, a family caregiver may experience burnout. Burnout is a state of emotional, mental, and physical exhaustion that can lead to feelings of depression, isolation, and stress. When this happens to a caregiver, they are no longer able to provide the best care to their loved ones or to themselves.

If you find it difficult to ask for help with caregiving tasks, take a moment to reflect on the long-term impacts of caring for someone alone and the positive benefit that might come from accepting support. Consider writing out caregiving tasks and to whom you could delegate some of them. It's helpful to remember that there are lots of ways to safely and accurately complete caregiving tasks, even if they are done differently than the way you usually do them.

Asking for support is not a sign of weakness or selfishness. It's an act of selflessness to make sure you and your loved one are getting the best care possible. If you wish to learn more about caregiving resources, call the Aging, Disabilities, and

Caregiver Resources line at 703.324.7948 or visit [FairfaxCounty.gov/OlderAdults](http://FairfaxCounty.gov/OlderAdults). (Thanks to Allegra Jaffe of the Area Agency on Aging.)

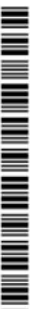
## ENJOY THE SEASON AT A CRAFT SHOW

The holiday season is here! During this time of year, many of us look forward to attending holiday craft shows. These events are a great place to shop for unique handcrafted holiday gifts and decorations while supporting local artists. Fortunately, we have plenty to choose from in our community. For starters, consider attending one of these: McLean Holiday art & Crafts Festival on December 1, 2 and 3 in the McLean Community Center, 1234 Ingleside Ave., McLean. ([McLeanCenter.org/events/mclean-holiday-art-crafts-festival/](http://McLeanCenter.org/events/mclean-holiday-art-crafts-festival/)); City of Fairfax Holiday Market on December 1, 2, 3, 8, 9 and 10 in Old Town Square, 10415 North St., Fairfax ([FairfaxVa.government/parks-recreation/special-events/holiday-market/](http://FairfaxVa.government/parks-recreation/special-events/holiday-market/)). Winter Capital Art and Craft Festival at the Dulles Expo Center, North and South Hall, 4320 Chantilly Shopping Center, Chantilly on December 8, 9 and 10 ([DullesExpo.com/event/winter-capital-art-and-craft-festival-2](http://DullesExpo.com/event/winter-capital-art-and-craft-festival-2)). Please note that dates and times of these events are subject to change. Check the websites for details and to confirm before you head out the door, as things may change.

## Elder Wisdom

I never think of the future;  
it comes soon enough!

—Albert Einstein





## GOOD THINGS HAPPENING @ OLGC SCHOOL

### Congratulations 2023 Aviat Award Winners!

Congratulations to Mrs. Terri Francese and Mrs. Julianne Bourne! We are pleased to announce these two dedicated teachers are the winners of the 2023-2024 Aviat Award. Thank you to all who submitted nominations for our staff members; we are blessed to have so many wonderful teachers and staff here at OLGC! Please see what our community shared about our award winners on their nomination forms:

#### **Julianne Bourne:**

"Mrs. Bourne guides her students to show kindness, learn responsibility, to persevere, and to show respect every day. Mrs. Bourne is an amazing educator! She is honest, caring, supportive, and nurturing. She shows faith and hope in her classroom daily. She

tells her students to trust in themselves and trust that God will give them and show them what they need. She makes learning fun and builds connections with her students."

#### **Terri Francese:**

Mrs. Francese is the embodiment of the little virtue of Gentleness. She is caring, calm, and humble. She truly sees the children she teaches as God sees them: as gifts and blessings. Mrs. Francese encourages her students to try hard things and give their best effort. She wants her students to be their best selves and by doing so, showing a love of God and all that He has given us.

Read about the Aviat Award at [olgschool.org/support/aviat-award](https://olgschool.org/support/aviat-award)





**Mrs.  
Julianne  
Bourne**





**Mrs.  
Terri  
Francese**

## DIOCESAN & COMMUNITY NEWS



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### Upcoming Diocesan Events

Visit [arlingtondiocese.org/all-events](https://arlingtondiocese.org/all-events) for details

**The Significance and Science of Our Lady of Guadalupe**  
Monday, November 27 | 7:30pm

**Finding Peace and Joy with Jesus & Mary in Advent**  
Friday, December 1 | 5:00pm

**Novena to Our Lady of Guadalupe for Couples Struggling with Infertility, Miscarriage or Infant Loss led by Bishop Burbidge**  
Monday, December 4 | 7:30pm





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