Glen Cove City School District



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www.glencoveschools.org

October 11, 2023

Dear Glen Cove Families,

We are profoundly dismayed and saddened by the tragic attacks that have occurred in Israel. Many members of our community have loved ones in the region and are understandably worried about their safety and well-being.

As these events continue to unfold, our children can be affected by the news and discussions they encounter. During such challenging times, they seek reassurance and understanding. It becomes essential for us to come together as one school community, assisting our students in comprehending these difficult events, supporting those affected, and demonstrating how to extend a helping hand to those in need, beyond themselves.

Please be aware that our counselors and mental health teams are here to provide support for any students and families facing challenges during this trying period. Feel free to contact your principal or a member of your school's mental health team directly.

The below resources from the <u>National Child Traumatic Stress Network</u> may be helpful in having conversations with your children:

- <u>Talking to Children about War</u>
- Talking to Children: When Scary Things Happen
- Talking to Teens: When Scary Things Happen
- Creating Supportive Environments: When Scary Things Happen
- Assisting Parents/Caregivers in Coping with Collective Trauma

Furthermore, I strongly urge you to monitor your child's social media usage. In this digital age, extremely violent and graphic images and videos often find their way onto popular platforms like Snapchat, Tiktok, Twitter (X), and Instagram.

As a resilient and compassionate community, we will come together to offer support and aid to those in need.

Sincerely,

Dr. Maria L. Rianna

Superintendent of Schools