

# *Roma Independent School District*

Home of the Mighty Gladiators

*Superintendent*  
Carlos Guzmán



## *Board of Trustees*

Clarissa B. Álvarez  
Dagoberto Salinas  
Juan Antonio Sáenz  
Leticia Garza-Galván  
Raúl P. Moreno, Jr.  
Ricardo A. Pérez  
Rey Rodríguez

## School Health Advisory Council Meeting

### Agenda

November 5, 2019

Manuel Guerra Building

8:30 a.m.

- I. Welcome and Introductions
- II. “Big Decisions” Curriculum Presentation
- III. Wellness Workshops
- IV. Child Nutrition Department Update
- V. Future Topics for Discussion
- VI. Starr County Texas A & M Agrilife Extension Presentation
- VII. Adjournment

“A healthy attitude is contagious but don't wait to catch it from others. Be a carrier.” –  
*Tom Stoppard, Czech playwright*

*“Leading the way into the 21<sup>st</sup> Century”*

# Roma Independent School District

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November 5, 2019  
Minutes

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The Roma ISD School Health Advisory Council held its first meeting for the 2019-2020 school on Tuesday, November 5 at 8:45 at the Manuel Guerra Auditorium. Member present were

*Parents:* None

*Community Members:* None

*District Employees:* Adabel Laurel, Lori Treviño, Leticia López, J. J. Treviño, Gabriela Rosa, Matilde Alaniz and Leticia Cadena

*Other:* Rene Gonzalez, Program Director of Big Decisions; Lupita Mata, Gabriela Rodriguez and Alberto Perez all from Texas Department of State Health Services

The meeting was called to order by Mrs. Leticia Cadena at 8:45 a.m. at the Manuel Guerra building. She extended a welcome to all members allowing time for each member to introduce themselves.

Mr. Trevino, the districts Food Service Director gave a brief overview of the program and informed the committee that dietary guidelines concerning wheat products changed this year.

Mrs. Lopez and Mrs. Alaniz gave a brief overview of the Employee Wellness after school program that they have initiated. Due to poor attendance, the sessions will be postponed until Spring of 2020.

The Texas A & M Agrilife Extension representative informed us that they will be adding 6 citrus tree variations to the R. T. Barrera Elementary garden.

Mr. Rene Gonzalez share a presentation and spoke to us about “Big Decisions”, a curriculum to help young people make healthy and informed decision about sex. This curriculum is free of charge to all Texas districts. In order to implement said curriculum, the SHAC has to vote for and then presented to the School Board where it also needs to be approved. The committee decided to discuss further at the next meeting.

Topics for the next meeting will be emailed to Mrs. Cadena.

With no other item on the agenda, the meeting was adjourned. The next meeting is scheduled for early January 2020.

*“Leading the way into the 21<sup>st</sup> Century”*