



# Scope and Sequence

## PATHS® Program Unit 1

	PK/K	Grade 1	Grade 2	Grade 3	Grade 4	Grade 5
Unit 1, Lesson 1	Circle Rules	Classroom Rules: Mrs. Otter's Class	Classroom Rules: Mr. Jones and His Class	Formulating Classroom Rules	Formulating Classroom Rules	PATHS Review: Family Fun
Unit 1, Lesson 2	PATHS Animals	PATHS Readiness Lesson: Animal Guessing Games	PATHS Kid for Today: Complimenting	PATHS Review & PATHS Kid (Complimenting)	PATHS Kid (Complimenting)	All About Us
Unit 1, Lesson 3	PATHS Kid for Today	PATHS Kid for Today: Complimenting	Review of PATHS Concepts	Cooperative Learning Skills	PATHS Q&A Game and Concept Review	Problem Solving I: Meetings and the Golden Rule
Unit 1, Lesson 4	Compliments I	Practice Giving and Receiving Compliments	Listening to Others	The Golden Rule	Cooperative Learning Skills	Ways to Calm Down
Unit 1, Lesson 5	X	X	Fair Play Rules	Listening to Others	The Golden Rule	Calm or Relaxed, Tense
Unit 1, Lesson 6	X	X	Manners	X	Problem Solving and the Golden Rule	Ways to Cope with Stress
Unit 1, Lesson 7	X	X	X	X	X	Problem Solving II: Dear Problem Solvers

## PATHS® Program Unit 2

	PK/K	Grade 1	Grade 2	Grade 3	Grade 4	Grade 5
Unit 2, Lesson 5	We All Have Feelings	Good Teamwork	X	X	X	X
Unit 2, Lesson 6	Happy	Listening to Others	X	Self-Control I: Control Signals Poster	X	X
Unit 2, Lesson 7	Sad	Sharing	Self-Control I: Steps for Calming Down	Self-Control II: Solving Problems in Groups	Feelings Review	X



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	PK/K	Grade 1	Grade 2	Grade 3	Grade 4	Grade 5
Unit 2, Lesson 8	<i>Twiggle Makes Friends</i>	Fair Play Rules	Self-Control II: Learning Self-Control	Self-Control III: Thinking Ahead	Recognizing and Controlling Anger	Introduction to Feelings
Unit 2, Lesson 9	Compliments II	X	Control Signals Poster I: Anger Management	Problem-Solving Meeting	Calm or Relaxed, Tense	Feelings Thesaurus I
Unit 2, Lesson 10	X	X	Control Signals Poster II: Using the Poster	X	Feelings Dictionary	Feelings Thesaurus II
Unit 2, Lesson 11	X	X	X	X	My Own Feelings Story	Linking Feelings and Literature
Unit 2, Lesson 12	X	X	X	X	Feelings Review: Feelings and Your Brain	Linking Feelings and Social Studies

## PATHS® Program Unit 3

	PK/K	Grade 1	Grade 2	Grade 3	Grade 4	Grade 5
Unit 3, Lesson 9	X	<i>The Turtle Story</i> and Role-Plays	X	X	X	X
Unit 3, Lesson 10	Mad or Angry I	Appropriate Use of Turtle Response	X	Introduction to Feelings	X	X
Unit 3, Lesson 11	Scared or Afraid	Three Steps for Calming Down: Review and Practice	Introduction to Feelings: Happy, Sad, Private	Recognizing and Controlling Anger	X	X
Unit 3, Lesson 12	My Feelings	Inappropriate Turtles	Fine, Excited, Tired	Calm or Relaxed, Tense	X	X
Unit 3, Lesson 13	Mad II	Appropriate vs. Inappropriate Turtles	Scared or Afraid, Safe	Guilty	Treasure Hunt: Problem Solving Review	Study Skills



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	PK/K	Grade 1	Grade 2	Grade 3	Grade 4	Grade 5
Unit 3, Lesson 14	X	X	Mad or Angry I	Jealous	Making Good Decisions: <i>At the Mall</i>	HEY
Unit 3, Lesson 15	X	X	Mad or Angry II: Recognizing Anger	Feelings Dictionary	Identifying Problems, Feelings, Goals and Solutions	<i>Triple T: Part I</i>
Unit 3, Lesson 16	X	X	Calm or Relaxed, Worried	My Own Feelings Story	Consequences: What Might Happen Next	Positive Motivation
Unit 3, Lesson 17	X	X	PATHS Review Lesson I	Feelings Intensity	Making a Good Plan	<i>Triple T: Part 2 - SET</i>
Unit 3, Lesson 18	X	X	X	X	Trying Your Plan and Evaluating What Happens	Being Organized
Unit 3, Lesson 19	X	X	X	X	Trying Your Plan: Refusal Skills	Planning Ahead: A Project to Improve Our School
Unit 3, Lesson 20	X	X	X	X	Trying Again: Obstacles	X
Unit 3, Lesson 21	X	X	X	X	Solving Problems: Dear Problem Solvers	X

## PATHS® Program Unit 4

	PK/K	Grade 1	Grade 2	Grade 3	Grade 4	Grade 5
Unit 4, Lesson 14	<i>Twiggle Learns to do Turtle, Part I</i>	Introduction to Feelings	X	X	X	X
Unit 4, Lesson 15	<i>Twiggle Learns to do Turtle, Part II</i>	Happy, Sad, Private	X	X	X	X
Unit 4, Lesson 16	Turtle Technique Review	Fine, Excited, Tired	X	X	X	X
Unit 4, Lesson 17	Appropriate Turtles I	Scared or Afraid, Safe	X	X	X	X



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	PK/K	Grade 1	Grade 2	Grade 3	Grade 4	Grade 5
Unit 4, Lesson 18	Appropriate Turtles II	X	Mad or Angry III: <i>Baxter &amp; His Temper</i>	Best Friends I	X	X
Unit 4, Lesson 19	Calm or Relaxed	X	Making Good Choices	Best Friends II	X	X
Unit 4, Lesson 20	X	X	Problem-Solving Meeting I	Best Friends III	X	<i>Mr. Nelson and the Test: Part 1</i>
Unit 4, Lesson 21	X	X	Problem-Solving Meeting II: Transitions	Best Friends IV	X	<i>Mr. Nelson and the Test: Part 2</i>
Unit 4, Lesson 22	X	X	X	Best Friends V: Resolution/Making Up	Setting and Reaching Goals: Harriet Tubman	Making Good Choices
Unit 4, Lesson 23	X	X	X	X	Setting a Goal: A Class Project to Improve the School	Problem Solving: How to Respond to Bullying
Unit 4, Lesson 24	X	X	X	X	Setting and Goal and Making a Plan	Problem Solving: Helping Others in Bullying Situations
Unit 4, Lesson 25	X	X	X	X	Goals for our World-Global Understanding	X

## PATHS® Program Unit 5

	PK/K	Grade 1	Grade 2	Grade 3	Grade 4	Grade 5
Unit 5, Lesson 18	X	Mad or Angry I	X	X	X	X
Unit 5, Lesson 19	X	Mad or Angry II: Feelings vs Behaviors	X	X	X	X
Unit 5, Lesson 20	Sharing and Caring I	Calm or Relaxed, Worried	X	X	X	X

	PK/K	Grade 1	Grade 2	Grade 3	Grade 4	Grade 5
Unit 5, Lesson 21	Sharing and Caring II	Sharing Feelings: Generic Activity	X	X	X	X
Unit 5, Lesson 22	<i>Twiggle's Special Day</i>	X	Shy, Lonely	X	X	X
Unit 5, Lesson 23	Advanced Compliments	X	Making Friends: <i>Baxter Makes a New Friend</i>	Manners: Why are They Important?	X	X
Unit 5, Lesson 24	Feelings Review	X	Frustrated	Playing by the Rules	X	X
Unit 5, Lesson 25	X	X	Being a Good Winner/Loser	Avoiding Gossip	X	Respecting Others When You Disagree
Unit 5, Lesson 26	X	X	Problem-Solving Meeting III: Friendships/ Recess	We Are All Unique	Making New Friends	What is Conflict?
Unit 5, Lesson 27	X	X	X	Respecting Others	Joining Other Kids	Solving Conflicts with the Golden Rule
Unit 5, Lesson 28	X	X	X	X	<i>The Eagles and the Playoffs: Part 1</i>	Stating the Problem: I-Statements
Unit 5, Lesson 29	X	X	X	X	<i>The Eagles and the Playoffs: Part 2</i>	When Others Are Angry
Unit 5, Lesson 30	X	X	X	X	<i>The Eagles and the Playoffs: Part 3</i>	X
Unit 5, Lesson 31	X	X	X	X	Managing our Feelings	X
Unit 5, Lesson 31	X	X	X	X	Forgiving, Resentful	X



# Scope and Sequence

## PATHS® Program Unit 6

	PK/K	Grade 1	Grade 2	Grade 3	Grade 4	Grade 5
Unit 6, Lesson 22	X	Self-Control I: Reviewing the Three Steps for Calming Down	X	X	X	X
Unit 6, Lesson 23	X	Self-Control II: Red Light (Control Signals Posters)	X	X	X	X
Unit 6, Lesson 24	X	Self-Control III: Yellow and Green Lights (Control Signals Poster)	X	X	X	X
Unit 6, Lesson 25	Making Choices	Problem-Solving Meeting I	X	X	X	X
Unit 6, Lesson 26	Solving Problems	Problem-Solving Meeting II	X	X	X	X
Unit 6, Lesson 27	Solving Problems with Friends	X	Jealous, Content or Satisfied	X	X	X
Unit 6, Lesson 28	X	X	Like/Dislike, Love /Hate, Tolerance	Problem Identification I	X	X
Unit 6, Lesson 29	X	X	Different Points of View	Problem Identification II	X	X
Unit 6, Lesson 30	X	X	Guilty	Problem Identification III: Why Things Happen	X	<i>The Guilt Demon</i>
Unit 6, Lesson 31	X	X	Proud, Ashamed	Goals	X	Sorry: Feelings vs. Behaviors
Unit 6, Lesson 32	X	X	PATHS Review II: Guessing Feelings	Setting Positive Goals	X	Managing Anxiety
Unit 6, Lesson 33	X	X	X	Reaching Our Goals: Completing Homework	Being Responsible & Creating Change: A Biography of Dr. Martin Luther King Jr.	Emotional Cues in Other People
Unit 6, Lesson 34	X	X	X	X	Rejected, Excluded	Emotional Cues in Ourselves



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	PK/K	Grade 1	Grade 2	Grade 3	Grade 4	Grade 5
Unit 6, Lesson 35	X	X	X	X	Stereotypes and Discrimination	Keeping Our Feelings Private
Unit 6, Lesson 36	X	X	X	X	Dealing with Gossip	PATHS Closing Lesson: Reactions and Review
Unit 6, Lesson 37	X	X	X	X	Bullying: How to Respond	X
Unit 6, Lesson 38	X	X	X	X	Being Responsible: Helping Others in Bullying Situations	X
Unit 6, Lesson 39	X	X	X	X	Being Responsible: A Class Project of Commemoration	X
Unit 6, Lesson 40	X	X	X	X	PATHS Closing Lesson: Reactions and Review	X

## PATHS® Program Unit 7

	PK/K	Grade 1	Grade 2	Grade 3	Grade 4	Grade 5
Unit 7, Lesson 27	X	Accident, On Purpose	X	X	X	X
Unit 7, Lesson 28	Comfortable and Uncomfortable	Introduction to Manners: Why Are They Important?	X	X	X	X
Unit 7, Lesson 29	Different Types of Feelings	Mandy and Her Manners	X	X	X	X
Unit 7, Lesson 30	Excited	Manners: Role-plays	X	X	X	X
Unit 7, Lesson 31	Tired	X	X	X	X	X
Unit 7, Lesson 32	Frustrated	X	X	X	X	X



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	PK/K	Grade 1	Grade 2	Grade 3	Grade 4	Grade 5
Unit 7, Lesson 33	Proud	X	Keeping a Friend: <i>Baxter's Challenge</i>	X	X	X
Unit 7, Lesson 34	X	X	Making Up With Friends	Generating Solutions I	X	X
Unit 7, Lesson 35	X	X	Greedy, Selfish, Generous	Generating Solutions II	X	X
Unit 7, Lesson 36	X	X	Practicing Generosity: A Community Project	Generating Solutions III: Thinking Takes Time	X	X
Unit 7, Lesson 37	X	X	X	Coping with Difficult Problems	X	X

## PATHS® Program Unit 8

	PK/K	Grade 1	Grade 2	Grade 3	Grade 4	Grade 5
Unit 8, Lesson 31	X	Surprised, Expect	X	X	X	X
Unit 8, Lesson 32	X	Confused, Sure	X	X	X	X
Unit 8, Lesson 33	X	Embarrassed	X	X	X	X
Unit 8, Lesson 34	Love	Curious or Interested, Bored	X	X	X	X
Unit 8, Lesson 35	Worried	Frustrated	X	X	X	X
Unit 8, Lesson 36	Disappointed	Disappointed, Hopeful	X	X	X	X
Unit 8, Lesson 37	Jealous	Handling Frustration and Disappointment	Surprised, Delighted, Disgusted	X	X	X
Unit 8, Lesson 38	Furious	Feelings Review: Guessing Feelings	Accident, On Purpose	Being Responsible	X	X





# Scope and Sequence

	PK/K	Grade 1	Grade 2	Grade 3	Grade 4	Grade 5
Unit 8, Lesson 39	Guilty	X	Disappointed, Hopeful	Creating Change: Biography of Malala Yousafzai	X	X
Unit 8, Lesson 40	Generous	X	Embarrassed, Humiliated	Social Responsibility: Project to Improve Our School	X	X

## PATHS® Program Unit 9

	PK/K	Grade 1	Grade 2	Grade 3	Grade 4	Grade 5
Unit 9, Lesson 39	X	What is a Friend?	X	X	Being Responsible	X
Unit 9, Lesson 40	X	Hip-Hop's New Friend	X	X	PATHS Closing Lesson	X
Unit 9, Lesson 41	PATHS Preschool/ Kindergarten Review	Lonely	Fair/Not Fair	Reactions and Review	X	X
Unit 9, Lesson 42	Saying Goodbye	Making Friends	Curious or Interested, Bored, Confused, Confident	Planning a PATHS Party	X	X
Unit 9, Lesson 43	Ending and Transitioning	Shy	Trying Harder: Attributes of Success	X	X	X
Unit 9, Lesson 44	PATHS Party	Repairing Friendships	Overcoming Obstacles: Perseverance	X	X	X



# Scope and Sequence

## PATHS® Program Unit 10

	PK/K	Grade 1	Grade 2	Grade 3	Grade 4	Grade 5
Unit 10, Lesson 45	X	Like/Love, Dislike/Hate, Disgusted	Malicious/Kind	X	X	X
Unit 10, Lesson 46	X	Jealous, Content or Satisfied	Rejected, Included	X	X	X
Unit 10, Lesson 47	X	Proud, Ashamed	Teasing	X	X	X
Unit 10, Lesson 48	X	Guilty	Problem Solving Meeting IV: Bullying	X	X	X
Unit 10, Lesson 49	X	Malicious, Kind	X	X	X	X
Unit 10, Lesson 50	X	Privacy and Sharing Your Feelings	X	X	X	X



# Scope and Sequence

## PATHS® Program Unit 11

	PK/K	Grade 1	Grade 2	Grade 3	Grade 4	Grade 5
Unit 11, Lesson 49	X	X	PATHS Reactions and Review	X	X	X
Unit 11, Lesson 50	X	X	Planning a PATHS Party	X	X	X
Unit 11, Lesson 51	X	Reactions and Review	X	X	X	X
Unit 11, Lesson 52	X	Planning a PATHS Party	X	X	X	X



# Scope and Sequence

## PATHS® Program Novel Studies Lessons

<b>Grade 4</b>	<i>Drita My Homegirl</i> by Jenny Lombard	<i>The Hundred Dresses</i> by Eleanor Estes	<i>Shiloh</i> by Phyllis Reynold Naylor	<i>The Year of the Boar and Jackie Robinson</i> by Bette Bao Lord
<b>Grade 5</b>	<i>Bridge to Terabithia</i> by Katherine Paterson	<i>Maniac Magee</i> by Jerry Spinelli	<i>Number the Stars</i> by Lois Lowry	<i>Hatchet</i> by Gary Paulsen

## PATHS® Program JumpStart Lessons (Optional)\*

\*For Students in Grade 3-5 who have not previously had PATHS® Program lessons.

Lesson 1	Classroom Rules
Lesson 2	PATHS Kid for Today: Complimenting
Lesson 3	Introduction to Feelings: Happy, Sad, Private
Lesson 4	Fine, Excited, Tired
Lesson 5	Scared or Afraid, Safe
Lesson 6	Mad or Angry
Lesson 7	Calm or Relaxed, Worried
Lesson 8	Shy, Lonely
Lesson 9	Surprised, Delighted, Disgusted
Lesson 10	Accident. On Purpose
Lesson 11	Disappointed, Hopeful

## PATHS® Program Optional Lessons

	PK/K	Grade 1	Grade 2	Grade 3	Grade 4	Grade 5
Optional Lesson 1	X	Feelings Card Games	Feelings Card Games	Language Arts Activities	X	Formulating Classroom Rules
Optional Lesson 2	X	What's That Feeling?	What's That Feeling?	Feeling Intensity, I (Angry)	X	Feelings Review: Feelings and Your Brain
Optional Lesson 3	X	Feelings Sequences	Feelings Sequences	Feeling Intensity, II (Afraid)	X	Fair/Not Fair I
Optional Lesson 4	X	Musical Feelings	Musical Feelings	Feeling Intensity, III (Sad)	X	Fair/Not Fair 2
Optional Lesson 5	X	Language Arts Activities	Language Arts Activities	Feelings and Your Brain	X	Fair/Not Fair 3
Optional Lesson 6	X	Waiting in Line	Waiting in Line	Nothing to Do (Lonely, Bored)	X	Fair/Not Fair 4
Optional Lesson 7	X	Nothing to Do (Lonely, Bored)	Nothing to Do (Lonely, Bored)	Tattling I	X	Fair/Not Fair 5
Optional Lesson 8	X	Tattling I	Tattling I	Tattling II	X	Fair/Not Fair 6
Optional Lesson 9	X	Tattling II	Tattling II	Doing Your Own Work	X	X
Optional Lesson 10	X	Post-Vacation Review I	Post-Vacation Review I	Post-Vacation Review I	X	X
Optional Lesson 11	X	Post-Vacation Review II	Post-Vacation Review II	Post-Vacation Review II	X	X