

**Feeling overwhelmed?
Are you at a crossroads in life?
Not sure what path to take?**

**Did you know that there are
behavioral health resources
available to you through your
State Health Benefit Plan?**



Blue Cross Blue Shield of Georgia

For life-threatening emergencies call 911.

For behavioral health concerns, dial 1-855-679-5722, option 2, and then follow the prompt.

Live Health Online Psychology

- Go to livehealthonline.com (to get started, employee must sign up first).
- Talk to a licensed therapist face-to-face through high-definition video on your smartphone, tablet, or computer with a webcam.
- Prior to the first virtual behavioral health appointment, the employee must call 844-784-8409.
- Members will need their Health Insurance ID card in order to register.
- To schedule an appointment with a LiveHealth Online Psychologist face-to-face, call 1-844-784-8409.

UnitedHealthcare

- Behavioral Health dial 1-800-888-2998. Follow the instructions.

Kaiser

- Behavioral Health dial 1-855-512-5997, option 2.
- To make an appointment dial 404-365-0966. Employee must say “behavior health assistance” to be connected to a representative.

