



Special points of interest:

- **HOLIDAY FUNDRAISER**—runs 11/1-11/13
- **NO SCHOOL**, Veterans Day, Fri., 11/10
- **EARLY RELEASE**, Wed., 11/23 at 11:00 a.m.
- **NO SCHOOL**, Thanksgiving Break, Thurs. 11/23 & Fri. 11/24
- Summatives for Session 3, DUE Wed., 12/6
- Summative Workshops Thurs., 12/7 & Fri., 12/8

SESSION 3

Starts: November 8

Ends: December 8

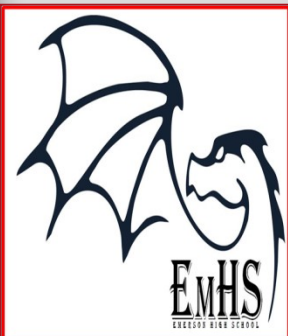
Emerson High School
10903 NE 53rd Street
Kirkland, WA 98033

Phone:
425-936-2300

Fax:
425-576-0567

Attendance Line:
425-936-2306

Website:
www.lwsd.org/EmHs



From the Principal

It's hard to believe we're a quarter of the way through the year. Most students ended Session 2 making good progress and earning credits and are starting to work hard on Session 3 classes.

Teachers continue to work on developing coursework that is engaging, challenging, and tied to clear and specific standards. If you have questions about student work and/or progress, please do not hesitate to contact teachers directly; they're here to help. The last page of the newsletter has all staff emails.

As always, if you have any questions or concerns, feel free to contact me directly.

Have a great Thanksgiving!

Well

SCHEDULE CHANGES FOR UPCOMING HOLIDAY WEEKS

SCHEDULE FOR WEEK OF VETERANS DAY NOVEMBER 6-10

Monday, Tuesday, Wednesday, and Thursday Nov. 6-9 regular schedule.
NO SCHOOL
Friday, November 10.

SCHEDULE FOR WEEK OF THANKSGIVING NOVEMBER 20-24

Monday and Tuesday, Nov. 20 and 21 regular schedule.

Wednesday, November 22

Early Release for students at 11:00

NO SCHOOL — Thursday & Friday, November 23 & 24.

DAILY SCHEDULE 2023-24

8:00-8:55	1st Period
9:00-9:50	2nd Period
9:55-10:40	3rd Period
10:45-11:35	4th Period
11:35-12:05	LUNCH
12:10-1:00	5th Period
1:05-1:55	6th Period
2:00-2:50	7th Period

Wednesday Schedule

8:00-8:45	1st Period
8:50-9:35	2nd Period
9:40-10:25	4th Period
10:30-11:15	5th Period
11:15-11:40	LUNCH
11:45-12:30	6th Period
12:35-1:20	7th Period

LEARNING CENTER

Morning Learning Center

8:00-9:55 AM Mon-Fri

Evening Learning Center

3:00-5:00 PM Mon., Tues & Thurs

See attachment for Early Release Schedule for Nov. 22



School News



**Purchase
your items
with a check
prior to
November
13!**

HOLIDAY WREATH FUNDRAISER

Emerson High School is once again holding our holiday fundraiser selling wreaths and other fresh holiday items. **The fundraiser runs Nov. 1 through Nov. 13.**

Check out the attached flyer to see what products are available and their cost. We have wreaths, swags, candle rings, and garland for sale! Could be a great pre-holiday gift.

Checks can be mailed or handed in to Mary in the main office (made payable to Emerson High School) by **NOON** November 13.

You also may order and pay online at:

<https://wa-lakewashington-lite.intouchrecepting.com/AlpineFarmsWreathFundraiser>

**If ordering online, MUST ORDER AND PAY PRIOR
TO MIDNIGHT NOVEMBER 12.**

The items should be ready for pick up the second or third week of December, prior to winter break. You will be called when they have arrived.

Proceeds from the fundraiser will go to future EMHS ASB activities.

Thank you for supporting EMHS ASB!!

STUDENT SNACK DISTRIBUTION

We have a limited amount of snacks in the main office for students who need them

Student snack distribution is limited to the following:

- **Passing period between 2nd & 3rd (9:50-9:55)**
- **First 15 minutes of lunch (11:35-11:50)**

Students will be limited to 2 snacks per day. Any snacks requiring preparation (cup of noodles, mac & cheese, hot chocolate, etc.) will only be distributed during the lunch time period.

It is the student's responsibility to pick up a snack and get to their next class on time.

IF YOU ARE INTERESTED IN DONATING SNACK ITEMS FOR STUDENTS, PLEASE DROP THEM OFF TO SALLY OR MARY IN THE MAIN OFFICE. Nutritious snacks are best!

Thank you

**Halloween
Fun at
Emerson!**



YEARBOOK YEARBOOK YEARBOOK YEAR YEAR

Yearbooks **CANNOT** be purchased directly on the TreeRing site. Only purchase through Office Manager.

The only medications that can be self-carried by students are epipens and emergency inhalers.

We must have proper documentation for students to self-carry these meds.



YEARBOOKS

2022-23 Yearbooks have arrived. Students may pick up their yearbooks before school, at lunch, or after school only in the main office.

If you did not purchase a 22-23 yearbook, you still can!! Cost for hardcover is \$28 and softcover is \$18 (includes tax & shipping). Please write check, to EMHS, and give to Mary in the main office.

COSTS FOR 2023-24 YEARBOOKS

Soft cover \$20.00

Hard cover \$27.00

MEDICATION AT SCHOOL

Students are **NOT** allowed to have medication at school, this includes non-prescription medication like Advil, Tylenol, etc. All medication must be cleared through the Emerson Office, contact Sally Jenkins, our Health Room Office Professional as soon as possible.

Parents/guardians are responsible for:

- ◆ Supplying all medications/transporting medication to and from school.
- ◆ Completing required medication authorization forms. **An authorization to administer medication form must be turned in for each medication - whether prescription or non-prescription. The form must be signed by the health care provider and parent and/or guardian. Medication cannot be given without the completed form.**
- ◆ All prescribed medication must be in the original, labeled prescription bottle, container or package.
- ◆ All non-prescription medication must be in original container and labeled by the parent, including: Student Name, Medication Name, Dosage, Date Issued, Name of Health Care Provider, and Time medication is to be given.

Scheduled medications are given between 11:00 AM - 1:00 PM only.

STUDENT COURSE FEES

Don't forget that If your child is taking an Art or Culinary Arts course, there are fees which are due each semester!

Please make checks payable to Emerson High School and turn in to Mary in the main office. You are also able to pay fees with a credit card online through Family Access for a small fee.

Art 1 or 2, Studio Art, & 2D Art 1 or 2 \$25.00 Art Independent Study \$25.00

Culinary Arts I or II \$10.00

Scholarships are available. Contact your child's teacher or Mary in the main office at mosness@lwsd.org

**Emerson
Attendance Line
425-936-2306**

ATTENDANCE LINE

Students and parents/guardians are responsible for school attendance. Within 48 hours of an absence, the parent or legal guardian of any student who is absent from school is expected to:

- 1) Leave a phone message on the EMHS Attendance Line at 425-936-2306;
- 2) Send an email to the Registrar/Attendance Secretary Sally Jenkins, at sjenkins@lwsd.org;
- 3) Supply a parent/guardian or physician note; or
- 4) Leave a note on an absence notification from ParentSquare for up to 4 days after the missed day.

The parent/guardian must report the absence for students living at home, even if over 18 years old. Please call or email Sally Jenkins to notify the school in advance of pre-planned absences. For vacation or extended absences, the student may pick up a form in the office for teachers and parent/guardian to sign prior to the absence.

The LWSB is using ParentSquare for automated attendance notifications. Families will receive the absence notification through email and text first, instead of a robocall. If the system indicates families did not receive, open, or read the message or email within a certain amount of time, the robocall will go out. Parent/guardians can also leave notes on an absence through ParentSquare.

EMERSON CAMPUS SAFETY COMMITTEE

The Emerson Campus Safety Committee is made up of staff from all three schools on campus – EMHS, Emerson K-12, and Northstar Middle School. We meet regularly to discuss school safety and security issues on campus.

We follow district protocols to set up emergency instructions for lockdowns, fires, earthquakes, and emergency situations which require Parent/Student Reunification. The campus safety committee also helps the campus prepare for a potential disaster by gathering and maintaining the campus emergency supplies. Most staff members hold a position in the campus Incident Command System to assist your child if an emergency occurs during school hours.

In the event of a campus emergency or area-wide disaster, the school district's automated phone system will deliver a recorded message letting parents know what to do, including instructions on early closing.

See our school website for more information at:

<https://emhs.lwsd.org/studentsfamilies/school-safety>

Thank you from the Emerson Campus Safety Committee



TOO SICK FOR SCHOOL?



Flu season is in full swing, accompanied by colds and other illnesses. If a student feels perfectly fine or totally awful, it's a pretty easy decision to make whether or not they should go to school on a given day.

However, on some days, it's more of a judgment call. Is that cough or runny nose a problem? Has your child recovered sufficiently from the flu to go back to school? Can they still spread their illness to other students?



You can reach
Wendy:

wsimmons@lwsd.org

**Mondays through
Fridays
7:45-4:15 pm**

Please feel free to
contact me to
schedule a meeting
to talk with you
and/or your
student at
(425) 936-2300 or
wsimmons@lwsd.org

You can reach
Crysta:

c-ccady@lwsd.org

**Mondays 9:30-2:45
Tuesdays 9:30-2:50
Thursdays 10:00-
2:30
Fridays 9:30-2:50**

I can be reached
at (425) 517-1375
where a message
can be left or
c-ccady@lwsd.org or
crystac@youtheastside.org



Words from Wendy & Crysta

Hello Emerson Students and Families! Happy November!

Here are some highlights of awareness weeks going on this month, resources for families to manage stress during the upcoming holiday season, as well as supporting your child with their mental health and for supporting adults in the home. As always we are happy to support in any way we can and highlight some resources.

Awareness Weeks coming up this month:

Anti-Bullying Awareness Week <https://www.stopbullying.gov/>

Hunger and Homelessness Awareness Week <https://hhweek.org/>

Information on taking care of mental health during the holiday season:

<https://www.mayoclinic.org/healthy-lifestyle/stress-management/in-depth/stress/art-20047544>

<https://mhanational.org/blog/5-things-do-when-holidays-arent-exactly-uplifting>

<https://www.nami.org/blogs/nami-blog/november-2015/tips-for-managing-the-holiday-blues>

Wonderful articles on supporting your child's mental health at home:

<https://www.mhanational.org/helping-home-tips-parents>

<https://www.seattlechildrens.org/health-safety/keeping-kids-healthy/development/mental-health-resources/>

<https://www.adolescenthealth.org/Resources/Clinical-Care-Resources/Mental-Health/Mental-Health-Resources-For-Parents-of-Adolescents.aspx>

Resource Highlight: Washington Weather, Daylight Savings, and Mental Health:

<https://www.washington.edu/counseling/the-winter-blues/>

Financial & Mixed/Multi-Support:

Catholic Community Services—"Catholic Community Services offers assistance to those in need who qualify when funds are available. Among these services are Eviction prevention and move-in assistance, Rental Assistance with case management and Utility assistance. To apply or receive more information please call for intake times. "

Washington Connection—One online form to fill out to determine what, if any, federal, state, and local benefits the family qualifies for. This may include cash, food, and medical benefits. The hard part about this process is providing verification documentation such as paystubs, lease agreements, etc. through the online portal

Financial Assistance through Hopelink is done via phone interviews: (425) 869-6000 (Hopelink Redmond Market and Service Center)

Muslim Community Resource Center— Provides multiple services including food, legal resources, and healthcare. You do not have to be a part of the Muslim community to receive assistance

Sound Generations Meals on Wheels—Delivering so much more than a meal!

Please don't hesitate to reach out to us for any more information. We love supporting your students and families. Also see the attached for more family resources.

Take Care,

Wendy & Crysta

WWW.NWGRAD.COM



Legal:

[Solid Ground](#)
[Tenants Union of Washington State](#)
[Eastside Legal Assistance \(ELAP\)](#)
[Team Child](#)
[Northwest Justice Project](#)

Immigration:

[NW Immigrant Rights Project](#)
[Washington New Americans](#)
[Refugee and Immigrant Services Northwest](#)

Protecting Immigrant Students' Rights to a Public Education

[Protecting Immigrant Students' Rights to a Public Education: A Resource for Parents and Advocates](#) The pamphlet that can be downloaded provides a summary of U.S. federal laws that protect students and their families. After reading, you will understand what services schools and school district *must provide* to students and families who are learning English, who are immigrants, who have disabilities, or who are experiences homelessness. You will also learn some ways to push back if a school or district is violating your rights.

Seattle Children's School Avoidance Group

Seattle Children's Hospital is offering an 8-week support group for parents and caregivers to address school avoidance in their youth. See the attached flyer for more information on costs and how to pursue entry into the group. There is also a link to other resources through Seattle Children's.

<https://www.seattlechildrens.org/clinics/psychiatry-and-behavioral-medicine/patient-family-resources/> - Other resources through Seattle Children's

Senior News

SENIOR MEETING

We will be having our 2023-24 senior meeting on **November 9**. Senior advisors Tracy and Dan K. will go over graduation deadlines and requirements to help seniors stay on track.

The Jostens rep will also be available to talk about preserving the memories of this milestone year for seniors. Students will learn about the products they offer including, caps & gowns, announcements, class rings, and much more. Students can take home order forms which can be returned to the main office or orders can be placed online at www.nwgrad.com.

ONLINE SENIOR WEEK AT JOSTENS

Jostens, our official graduation supplier, is setting aside a full week of savings for Emerson seniors. During **Senior Week**, there will be **free shipping on your entire order** and the best prices for your student's required cap and gown unit. Save \$20 on the cap and gown—**normally \$60, during Senior Week, \$40!**

Senior Week with Jostens **runs November 13-19**. Please check the attached flyer for more information and a barcode to scan for making your order.

SENIOR WEEK

Scholarships

JACK KENT COOKE
FOUNDATION

JACK KENT COOKE FOUNDATION SCHOLARSHIP \$220,000—40 Awards!!

The Cooke College Scholarship Program is an undergraduate scholarship program available to high-achieving high school seniors with financial need who seek to attend and graduate from the nation's best four-year colleges and universities.

Each award is intended to cover a significant share of the student's educational experience – including tuition, living expenses, books and required fees. Awards vary by individual, based on the cost of tuition as well as other grants or scholarships they may receive.

Eligibility Requirements: - Applicants must meet the following eligibility requirements:

- **Senior standing** – Plan to graduate from a U.S. high school in spring 2024.
- **Fall College Enrollment** – Intend to enroll in an accredited four-year college beginning in fall 2024.
- **GPA** – Earn a minimum, cumulative unweighted GPA of 3.5 or above.
- **Demonstrate Unmet Financial Need** – We will consider applicants with family annual gross income up to \$95,000. During the selection process, the Foundation will conduct a full financial review which will take into account all income and assets of the student and the student's parents.

If you have questions about the program, please direct them to scholarships@jkc.org

DUE DATE November 16, 2023 (at midnight)

MINDSCAPE BIG PICTURE SCHOLARSHIP

The universe is extraordinarily complex, but it is also understandable. It is crucially important that we support young people who are passionate about working to understand it better.

Sean Carroll is a physicist, philosopher, and host of the Mindscape podcast. Mindscape is dedicated to the idea that the quest to understand our world, from a wide variety of angles, is one of the most important of all human activities.

The Mindscape Big Picture Scholarship was created to provide financial support for those who are looking to pursue higher education to understand how the world works. One \$10,000 Award! For students who have a deep curiosity in studying the universe for its own sake, whether that be pursuing studies in physics, philosophy, biology, mathematics, literature, or any other field that seeks better understanding of our existence.

Application can be found by going to: <https://bold.org/scholarships/mindscape/>

DUE DATE: Dec. 15, 2023

SCALACUBE GAMING SCHOLARSHIP

Are you a high school or college student looking for some additional tuition funding? Are you a Minecraft connoisseur or previous youth ambassador? A hobbyist? Just someone who LOVES to play? We have an exciting opportunity for you...

At Scalacube, we know post-secondary is pricey. But we also know how important a strong education is. That's why we've created a \$2000 scholarship for students just like you to use towards post-secondary tuition!

We want to hear from you! We want you to tell us, in your own words, how this game can be used to facilitate learning. We welcome your opinions, experiences, and ideas on how this amazing game can be utilized for learning. What more can we do with Minecraft? Let us know and you could win \$2000 to further your own education.

More information about this scholarship can be found at: <https://studentscholarships.org/scholarship/23983/scalacube-gaming-scholarship>

DUE DATE: Dec. 31, 2023

Sean Carroll's
MINDSCAPE



FREE & REDUCED MEAL APPLICATIONS — UPCOMING EXPIRATION DATE**Annual Free & Reduced applications for 2023-24
(2022-23 eligibility expired on 10/16/2023):**

The Lake Washington School District highly encourages all families who think they may qualify for meal benefits to complete and submit a free and reduced application. Please go to [MySchoolApps](#) to fill out an application or visit our website [Nutrition Services](#) for more information.

A new free and reduced application must be submitted and renewed annually. Families that previously qualified for free or reduced-priced benefits in school year 2022-2023 will need to reapply for the current school year to continue receiving these benefits. Applications from the 2022-2023 school year are set to expired on **October 16, 2023**. A new application must be filled out for the 2023-2024 school year.

WASHINGTON STATE HEALTHY YOUTH SURVEY

Emerson participated in the Washington State Healthy Youth Survey on October 19th in Core. The survey was given to students in grades 10 and 12. The survey included questions related to physical activity and diet, unintentional and intentional injury, substance use, sexual behaviors, abuse, risk and protective factors, and access to school-based services.



Survey results are used by schools, communities, and state agencies to plan programs to support our youth and reduce their risks.

INCLEMENT WEATHER CLOSURE INFORMATION**Are you ready for inclement weather?****When there is inclement weather, you can learn about school closures or late start by 5:30 a.m.**

When emergency conditions such as snow and ice or windstorms result in school schedule changes, the district will notify families directly through ParentSquare.

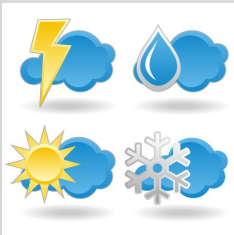
Here are some other ways to find out about school schedule changes:

Pop-up alert on <https://www.lwsd.org/> and school webpages.

[Flashalert.net](#) – This website allows you to sign up for text messages as well.

- Local TV/radio stations – They get a feed from Flashalert.net of all school schedule change decisions.

Curious how school schedule change decisions are made? You can learn how to be updated when school is delayed or canceled on the [School Closures and Late Starts page of the district website](#).



<p>Nell Ballard-Jones Principal nballard-jones@lwsd.org</p>	<p>Sally Jenkins Registrar/Secretary sjenkins@lwsd.org</p>	<p>Mary Osness Office Manager/Bookkeeper mosness@lwsd.org</p>
<p>Tracy Bumgarner CTE/Child Lab tbumgarner@lwsd.org</p>	<p>Dan Kaufman CTE/ASB Leadership dakaufman@lwsd.org</p>	<p>Courtney Rayburn Infant Daycare Specialist IA crayburn@lwsd.org</p>
<p>Crysta Cady (Prins) EMHS Behavioral Health Support Specialist c-ccady@lwsd.org</p>	<p>Timothy Lee Security tilee@lwsd.org</p>	<p>Chelstin Ross Art cross@lwsd.org</p>
<p>Annette Fechenbach School Nurse afechenbach@lwsd.org</p>	<p>Kelly Marth Psychologist kmarth@lwsd.org</p>	<p>Wendy Simmons School Counselor wsimmons@lwsd.org</p>
<p>Andrea Frankenfeld English/Social Studies/Morning LC afrankenfeld@lwsd.org</p>	<p>Emily Mitchell Social Studies/English/Night School emitchell@lwsd.org</p>	<p>Lorrie Thomas Infant Daycare Supervisor IA lthomas@lwsd.org</p>
<p>Michelle Fraley Math/Morning LC & Night School mfraley@lwsd.org</p>	<p>Stephanie Monaghan English /Social Studies/Psychology stmonaghan@lwsd.org</p>	<p>Daniel Weiss Science/CTE dweiss@lwsd.org</p>
<p>Will Gardner IEP & 504 Case Manager wgardner@lwsd.org</p>	<p>Andrew Nisargand Library IA/Webmaster anisargand@lwsd.org</p>	<p>Sarah Wiegand Associate Principal sawiegand@lwsd.org</p>
	<p>Justin Ochsner Math/CTE jochsner@lwsd.org</p>	

Emerson High School's main office number is: 425-936-2300 with office hours of 7:30 AM – 4:00 PM daily. If you are calling before or after office hours, you may leave a message for the main office by pressing 2.

Please communicate late arrivals and absences on the EMHS Attendance Line at: 425-936-2306



The Lake Washington School District does not discriminate on the basis of race, color, national origin, sex, disability, age, gender, marital status, creed, religion, honorably discharged veteran, military status, sexual orientation including gender expression or identity, the presence of any sensory, mental or physical disability, or the use of a trained guide dog or service animal by a person with a disability, in its programs and activities and provides equal access to the Boy Scouts and other designated youth groups. The following person has been designated to handle inquiries regarding the nondiscrimination policies: