## Curriculum and Instruction Subcommittee Meeting Minutes 11/13/23

Attendees: Maureen Sattan, Melissa Finnigan, Tracy Cloyd, Glenn Gazdik (arrived at 5:52), Assistant Superintendent Michelle Zawawi, Justin Drago and Todd Zenczak

Call to order: 5:34 pm

Assistant Superintendent Zawawi and Health and Physical Education teacher Justin Drago led a discussion regarding the newly presented CT state health standards for Pre-K to 12. The standards were grouped by content area and had wide variability by grade level.

The reviewed standards include topics in alcohol and drug awareness, healthy relationships, violence prevention, healthy eating and physical activity, sexual health, wellness and disease prevention, sexual abuse prevention, mental and emotional health, and safety and injury prevention. Discussions included the state of the current health curriculum, and the suitability of the proposed standards for different grade levels. With the sheer number of standards being so high, the Board will plan to revisit these health standards going forward. Teacher training will likely be necessary.

The Board thanked the district representatives for their presentation.

Adjournment: 7:00 pm