

## MENTAL HEALTH & WELLNESS RESOURCE LIST

[www.mhadutchess.org](http://www.mhadutchess.org)

Mental Health America of Dutchess County, 845-473-2500; Addiction services, Adult & Children's Care Management, support groups, Peer Services, Vet2Vet services, Mobile Crisis Team, Family Support, Advocacy, Parenting Classes, Respite, Teen Challenge, Supportive Housing, Compeer, CASA, Family Visitation, Beacon PROS, and Mel's Place (Living Room).

[www.dutchessny.gov/Departments/DBCH](http://www.dutchessny.gov/Departments/DBCH)

Dutchess County Dept. of Behavioral & Community Health  
For Mental Health or Substance use crisis CALL or TEXT HELPLINE  
845-485-9700 (24/7/365)  
Suicide & Crisis Lifeline: Call or text **988**  
Walk-in Stabilization Center, 230 North Road, Poughkeepsie: 845-486-2849  
For 1:1 recovery coach, group meetings and community activities  
Empowerment Center ([www.empowermentcenter.org](http://www.empowermentcenter.org)) 845-486-2893

[www.astorservices.org](http://www.astorservices.org)

Astor Services for children and families: 845-871-1000

[www.lexingtonctr.org](http://www.lexingtonctr.org)

Lexington Center for Recovery; 845-486-2950

[www.capedc.org](http://www.capedc.org)

Council on Addiction, Prevention & Education (Alcohol, Tobacco and Other Drug prevention and education services in Dutchess)  
845-765-8301

<https://people-usa.org>

People USA is a peer run, not-for-profit that advocates with and provides recovery-oriented services for people living with mental health issues: 845-452-2728

[www.taconicresources.org](http://www.taconicresources.org)

Taconic Resources for Independence (Benefits Counseling, Special Education Advocacy, Interpreter Service, Housing Advocacy, Employment Readiness Training) 845-452-3913

[www.midhudsonregional.org](http://www.midhudsonregional.org)

Mid-Hudson Regional Hospital - Emergency Psychiatric Care: 845-431-8892; Outpatient Mental Health Clinic (children, adolescents, adults): 845-431-8287; Inpatient Adult Unit: 845-431-8752; The Turning Point (Admissions) 845-483-5511

[www.namimidhudson.org](http://www.namimidhudson.org)

National Alliance on Mental Illness - Mid Hudson Chapter (Support, Education, Advocacy) 845-206-9892

[www.lgbtcenters.org](http://www.lgbtcenters.org)

Hudson Valley LGBTQ Community Center: 845-331-5300

[www.dutchessAA.org](http://www.dutchessAA.org)

Alcoholics Anonymous: 845-452-1111 (24/7)

[www.sober.com/meetings](http://www.sober.com/meetings)

Narcotics Anonymous: 845-431-9011

[www.familyservicesny.org](http://www.familyservicesny.org)

Family Services: 845-452-1110; Battered Women's Services - 845-485-5550 (24/7 domestic violence hotline); Crime Victims Assistance Program - 845-452-7272 (24/7); Anger management classes. Behavioral Health Centers: Poughkeepsie, Beacon, Millbrook, Rhinebeck, Dover Plains---Intake: 845-276-4600

[www.gracesmithhouse.org](http://www.gracesmithhouse.org)

Grace Smith House: 24/7; 845-471-3033; Offers services to women/children who are experiencing domestic violence. Services include shelter, safety, information and referral, crisis hotline, supportive counseling and advocacy.

[www.hudsonriverhousing.org](http://www.hudsonriverhousing.org)

Hudson River Housing: 845-454-5176; River Haven Shelter - 845-454-3600; River Haven Transitional Living & Independent Living Programs - 845-452-0019; After Hours Emergency Placement - 845-471-8454; Supportive Services for Veteran Families - 845-232-5754; Permanent Housing Programs - 845-452-5197

[www.plannedparenthood.org](http://www.plannedparenthood.org)

Planned Parenthood of the Mid-Hudson Valley: 845-562-7800

[www.lshv.org](http://www.lshv.org)

Legal Services of the Hudson Valley: 1-877-574-8529

[www.literacyconnections.org](http://www.literacyconnections.org)

Literacy Connections of the Hudson Valley: 845-452-8670

[www.acces.nysed.gov/vr](http://www.acces.nysed.gov/vr)

Adult Career & Continuing Education Services-Vocational Rehabilitation (ACCES-VR) 845-452-5425

<https://catholiccharities-dutchesscounty.org>

Catholic Charities: 845-452-1400; Programs include: Feeding Our Neighbors; Strengthening Families & Resolving Crisis; Welcoming & Integrating Migrants & Refugees

<https://dutchessmediation.org>

Mediation Center of Dutchess County; Alternative Dispute Resolution in Dutchess County: 845-471-7213

## Dutchess County All Abilities Program & ThinkDIFFERENTLY

**Dana Hopkins, LCSWR**  
**All Abilities Program Director**  
845-486-3434  
[dhopkins@dutchessny.gov](mailto:dhopkins@dutchessny.gov)

**Janine Fitzmaurice, LCSW**  
**Early Intervention Official and Director of Preschool Special Education Programs**  
**Coordinator of Children with Special Needs Services**  
**(Ages 0-3- Early Intervention; ages 3-5 Pre School)**  
845-486-2759; TTY: (845) 486-3417  
[jfitzmaurice@dutchessny.gov](mailto:jfitzmaurice@dutchessny.gov)

**Olivia Clark**  
**Coordinator of IDD Services**  
845-486-2825  
[oclark@dutchessny.gov](mailto:oclark@dutchessny.gov)

**Lorie Drum, RN, BSN**  
**Children & Youth Special Health Care Needs Program**  
845-486-3542  
[ldrum@dutchessny.gov](mailto:ldrum@dutchessny.gov)

**Deborah Disanza, LCSWR**  
**Coordinator of Children & Adolescent Services/CSPOA Coordinator**  
**(Ages 5-18/21, depending on the service)**  
845-486-2768  
[ddisanza@dutchessny.gov](mailto:ddisanza@dutchessny.gov)

## ThinkDIFFERENTLY

1. [www.thinkdifferently.net](http://www.thinkdifferently.net)
2. Acronym list <https://www.thinkdifferently.net/acronym-directory/>
3. Planning based on age <https://www.thinkdifferently.net/important-milestones/>
4. ThinkDIFFERENTLY is a Call to Action to provide welcoming, inclusive, and accepting environments to individuals of all abilities and ages, whether it be in school, work, and/or play.
5. Check out the list of events/activities on the home page by scrolling down to the calendar.
6. Check out what we have participated in/hosted here <https://www.thinkdifferently.net/about-us/>

## Eligibility for State Programs (OPWDD, Children's Consolidated Waiver, NY Connect)

### OPWDD (Office for People with Developmental Disabilities) eligibility via the Front Door

Seeking eligibility for OPWDD is better done sooner than later.

1. **Start with calling the local Front Door Office number at 518-388-0398**
  - a. OPWDD Front Door is the entry point for services provided by the NYS Office for People with Developmental Disabilities (OPWDD) <https://opwdd.ny.gov/get-started>
2. Then connect with a Care Coordination Organization that will help with the eligibility process. They will help collect the documents needed for eligibility.
  - a. The 3 CCOs that serve Dutchess County are:  
**TRICOUNTY CARE CCO:** 844-504-8400; [www.tricountycare.org](http://www.tricountycare.org) 829 E. 15<sup>th</sup> St., Brooklyn, NY 11230; or email [intake@tricountycare.org](mailto:intake@tricountycare.org)  
**LIFEPlan CCO:** 1-855-LIFEPLN (1-855-543 3756); <http://lifeplancony.com> 258 Genessee St., Suite 601; Utica, NY 13502  
**CARE DESIGN:** 518-235-1888; [www.caredesignny.org](http://www.caredesignny.org) 8 Southwoods Blvd., Suite 110, Albany, NY 12211; Locally you may contact Jean Dabenigno-Kelly at [jdabenigno-kelly@caredesignny.org](mailto:jdabenigno-kelly@caredesignny.org) or at 845-253-1201 x 6426
3. You'll be asked to attend a Front Door information session. They are available on the internet, and are needed: find a session here: <https://opwdd.ny.gov/get-started/information-sessions>
4. If someone is older, and retrieving such documents seems "impossible", reach out to the Front Door local office to gain information on what can be done to help support the eligibility process.

#### What services can OPWDD provide for you and/or your family member?

- Comm hab; where a worker comes to your home and provides support around daily living skills, socialization, etc.
- Respite; where a worker comes to your home, or when the individual is brought to specified location to receive supports while the primary caretaker/parent/guardian receives a break (respite).
- Vocational support; where an individual receives support while learning vocational skills
- CSIDD (Crisis Services for Intellectual and/or Developmental Disabilities); where clinical professionals assist individuals, families, and/or other providers support in helping an individual with complex needs. They can help create support plans to aide an individual during a trying time.
- Day Hab; an adult day program service, where an individual can engage in site based skill building, or community based skill building in areas such as learning, social skills, minimal vocational skills, and other daily living skills.
- Recreation clubs through a few providers.

**Children's Home & Community Based Consolidated (HCBS) Waiver**, also known as Children's Waiver Services, [https://www.health.ny.gov/health\\_care/medicaid/redesign/behavioral\\_health/children/overview.htm](https://www.health.ny.gov/health_care/medicaid/redesign/behavioral_health/children/overview.htm) At times, this program is a better option for youth with complex medical needs/are medically frail in place of OPWDD services until adulthood.

**Contact- CYES (Child Youth Evaluation Services)** for assessment for eligibility for the Consolidated Children's Waiver Services at **833-333-2937**.

- Children's Consolidated Waiver is only available until age 21.
- Can have both the Children's Consolidated Waiver and OPWDD eligibility, however only 1 can be active. If/When found eligible for OPWDD they would basically need to choose which programs/services they want.

## Dutchess County All Abilities Program Information- 9/27/2023

- Merger of all Children's Waiver Services included Bridges to Health
- Many youths transition to OPWDD eligibility when they hit age 21 after receiving Consolidated Children's Waiver Services. (OPWDD eligibility process still needs to be sought, it is not automatic)

### Children and Youth with Special Health Care Needs (CYSHCN) for ages 0-21

CYSHCN is a statewide public health program that provides information and referral services for health and related resources to families of CYSHCN.

CYSHCNHSS (Children & Youth Special Health Care Needs Support Services) also offers financial assistance for medically and financially eligible children between the ages of 0-21. The youth/family must have inadequate private insurance, or no health insurance. (*"Funded by the New York State Department of Health using federal Health Resources and Services Administration Title V funding. The opinions, results, findings and/or interpretations of content contained therein are the responsibility of the Contractor and do not necessarily represent the opinions, interpretations, or policy of the State or Federal funding agency."*)

Contact the Dutchess County DBCH Public Health Nursing office for more information at 845-486-3419.

**NYConnects** <https://www.nyconnects.ny.gov/> serves older individuals and individuals of all ages with disabilities (an alternative if someone is not found eligible for OPWDD and needs minimal support services). Cannot be combined with OPWDD services. They can help individuals, families, caregivers, and professionals connect to such services that include everyday activities (cooking, cleaning, bathing, bill pay, etc.), care giving, social life, health needs.

1. **Dutchess County NY Connects;** <https://www.dutchessny.gov/Departments/Aging/OFA-NY-Connects.htm>  
Email: [ofa@dutchessny.gov](mailto:ofa@dutchessny.gov) ; 114 Delafield Street, Poughkeepsie, NY 12601; (845)-475-3511

## Early Intervention and Preschool Special Education Services

### Early Intervention (EI) for ages 0-3

The Early Intervention Program provides supports to families to help their child grow and develop, and to help them support and promote their child's development. Children are referred to Dutchess County EIP services due to suspected or diagnosed developmental delay or disability. Please call 845-486-3518 for more information, or visit <https://www.dutchessny.gov/Departments/DBCH/Early-Intervention-Program.htm>

### Preschool Special Education for ages 3-5

Children can be referred to Preschool Special Education (PSE) through the child's school district of residence. Eligibility is determined by the school district CPSE (Committee for Preschool Special Education) which would include children with known or suspected developmental delay or diagnosed disability.

[Preschool Special Education Forms \(dutchessny.gov\)](#)

Please contact your local school district CPSE for more information.

Dutchess County Early Intervention Official is Janine Fitzmaurice, LCSW

Dutchess County Department of Behavioral and Community Health, 85 Civic Center Plaza, Suite 106, Poughkeepsie, NY 12601; Phone: (845) 486-2759; Fax: (845) 486-3554; TTY: (845) 486-3417

[jfitzmaurice@dutchessny.gov](mailto:jfitzmaurice@dutchessny.gov)

### ***NYS Family Guide to Early Childhood Services (prenatal to 5 years old) Cheat Sheet***

[https://www.ccf.ny.gov/files/9116/1184/7090/Family Guide to NYS Early Childhood Service Birth-5.pdf](https://www.ccf.ny.gov/files/9116/1184/7090/Family%20Guide%20to%20NYS%20Early%20Childhood%20Service%20Birth-5.pdf)

## Children & Youth Services Coordinator (Mental Health) CSPOA (Children's Single Point of Access)

### Coordinator of Children and Youth Services, Debbie Disanza, LCSWR

We help make connections to behavioral health resources in Dutchess County for youth ages 5-21. If you have questions about services in the community and/or accessing the most appropriate resource for your family and/or child, we can help with guidance and navigation. [ddisanza@dutchessny.gov](mailto:ddisanza@dutchessny.gov) or calling 845-486-2768

### Children's Single Point of Access (CSPOA), Debbie Disanza, LCSWR

We receive CSPOA (Children's Single Point of Access) applications when a child's mental health has impacted their daily functioning abilities. Applications are reviewed and processed; referrals and recommendations are made to partner agencies, such as Astor. By accessing the most appropriate supports and services we can reduce hospitalizations/and RTF (residential) placements. Our goal is to strengthen and empower children and families so they can lead safe and productive lives in their home communities. [ddisanza@dutchessny.gov](mailto:ddisanza@dutchessny.gov) or calling 845-486-2768

Applications for CSPOA can be found here <https://www.dutchessny.gov/Departments/DBCH/Mental-Health-Services.htm>

## Educational/Vocational/Transitional Services

### Transition Coordinator - Community Based Services <https://commbasedservices.org/>

CBS is an OPWDD approved (along with some non-certified OPWDD programs) agency that has a grant from Dutchess County for a Transitions Coordinator (individuals must have an intellectual or developmental disability, but do not have to be OPWDD eligible for this, however they will be encouraged to apply for eligibility if they meet criteria).

The Transition Coordinator will help individuals and their families navigate the transitional school age years (15-21) for appropriate programs and services through school and for transition into adulthood.

**Jennifer Havrilla; Transition Coordinator**, Community Based Services; 3 Fields Lane, North Salem, NY 10560; (914) 236-1128; [jhavrilla@commbasedservices.org](mailto:jhavrilla@commbasedservices.org)

### Special Education Advocacy <https://taconicresources.org/>

1. **Taconic Resources for Independence, Special Education Advocates** <https://taconicresources.org/special-education-advocacy/>-This service is free to all Dutchess County students and families.

The link to register for a SEA <https://hipaa.jotform.com/211714608854155>

2. **Open Doors Educational Advocates** [www.opendoors-sped.com](http://www.opendoors-sped.com) 845-978-7970 or email [treishaopendoors@gmail.com](mailto:treishaopendoors@gmail.com) or [pattyopendoors@gmail.com](mailto:pattyopendoors@gmail.com)

**School Transitional Services:** Contact the school CSE (Chair for Special Education) or the child's guidance counselor to discuss.

1. A request to discuss an IEP/504 plan or to review their IEP for an extension for them to remain in High School until 21-if slated to graduate before age 21 and can benefit remaining in school.
  2. Consider a request for a school to work program in the additional year(s). (ask your district if they have this program)
  3. Request a referral to **NYS ACCES-VR** <http://www.acces.nysed.gov/vr> for vocational support- see more information below.
- If your child does not have an IEP or 504 Plan you may request, in writing to the school's CSE, a review to see if your child is eligible for either an IEP or 504 plan.

## Dutchess County All Abilities Program Information- 9/27/2023

**ThinkAhead** <https://www.sunydutchess.edu/around-campus/student-services/opportunity-programs/think-ahead.html>

Join Dutchess Community College's Think Ahead program to develop job skills and life skills while enjoying a college experience! Classes are held on Poughkeepsie campus. Each year, late Winter/Early Spring applications for the following Fall Semester are posted. 8-10 individuals are chosen to participate in ThinkAHEAD each year.

### What you need before you apply:

- Willing to engage in work experiences or audit credit-bearing classes, in addition to attending 9 hours of Think Ahead classes a week.
- Seeking skills to prepare for gainful employment.
- Living at home, independently or in a certified setting.
- Able to arrange transportation to DCC's Poughkeepsie campus.
- Able to cover basic expenses including:
  - Books/supplies
  - Optional commuter meal plan is available at extra cost.
- You're at least 18 years old and a resident of Dutchess County.
- You have OPWDD eligibility and will be enrolled in the Home & Community Based Services Medicaid (HCBS) waiver at the time of application.
- You have a life plan or an Individual Services Plan (ISP) that supports program course/goals.
- You've had a vocational evaluation, like a school to work program or pre-vocational assessment.
- You have achieved a minimum of 1 hour of unsupervised time.
- You've graduated or have been separated from a secondary school program.

Questions? [thinkahead@sunydutchess.edu](mailto:thinkahead@sunydutchess.edu)

### ACCES VR <http://www.acces.nysed.gov/vr> for vocational support

1. If the individual is in school, the school district can complete the ACCES VR referral.
2. There is a youth and student transitional services section on their website;  
<http://www.acces.nysed.gov/vr/student-and-youth-transition-services>
3. For individuals out of school, contact ACCES VR directly. [Adult Career and Continuing Education Services | NYS Education Department](#)
  - a. ACCES VR also provides Adult Education services.

**Vocational Programming outside of ACCES VR-** please note that students in school may receive minimal, if any, vocational support during the school year unless they are in a school to work program. This is because the vocational supports do not want to take away from education.

1. **Dutchess One Stop (soon changing name to Dutchess Works):** <https://www.dutchessonestop.org/>
  - a. **Youth One Stop** <https://www.chamberfdn.org/leadership-programs/youth-one-stop-job-training/> this is through the Dutchess County Workforce Investment Board <https://www.dcwib.org/node/25>
  - b. Local businesses seeking more information about the County's "Think Jobs" efforts, including the benefits of hiring the disabled and other resources, can contact Dutchess One Stop Career Center at [info@dutchessonestop.org](mailto:info@dutchessonestop.org) or (845) 349-4634
2. **Smart Staffing Group** <https://www.smartstaffinggroup.com/>
  - a. They have a Pre-Employment Transition Services Program. Contact Tracy Jones at [tracy@smartstaffinggroup.com](mailto:tracy@smartstaffinggroup.com)  
<https://www.smartstaffinggroup.com/services/workforce-development-services/>
  - b. They also now work closely with Youth One Stop (see above). Contact Leo Ramirez at [leonardo@smartstaffinggroup.com](mailto:leonardo@smartstaffinggroup.com)
3. **ARC of Greater Hudson Valley**, aka ARC GHV (formerly ARC of Dutchess)- is connected to a number of local high schools conducting a school to work program. <https://arcghvny.org/programs/school-to-work-and-transition->

## Dutchess County All Abilities Program Information- 9/27/2023

[service.html](#) ; Contact Joan Sczerba at [jsczerba@arcghvny.org](mailto:jsczerba@arcghvny.org) or at (845) 635-8084 X 21149; also connected to ThinkJOBS

4. **Astor Services- Vocational Case Management (VCM) Program-** ages 18-26- Must be a Dutchess County resident and interested in learning skills to obtain a job. [Vocational Case Management | Astor Services | ...Because every child deserves a childhood. | ...Because every child deserves a childhood.](#) Contact Stephanie Hilerio Tel: (845) 489-4667 or email [shilerio@astorservices.org](mailto:shilerio@astorservices.org)

### **National programs for employment and education**

5. **Employment First/US Department of Labor** <https://www.dol.gov/agencies/odep/initiatives/employment-first>  
Employment First is a national systems-change framework centered on the premise that all individuals, including those individuals with the most significant disabilities, are capable of full participation in Competitive Integrated Employment (CIE) and community life. Under this approach, publicly-financed systems are urged to align policies, regulatory guidance, and reimbursement structures to commit to CIE as the priority option with respect to the use of publicly-financed day and employment services for youth and adults with significant disabilities.
6. **Workforce Recruitment Program** <https://www.dol.gov/agencies/odep/program-areas/employers/workforce-recruitment-program> Every year, the WRP connects federal and select private-sector employers nationwide with highly motivated college students and recent graduates with disabilities eager to demonstrate their skills and abilities in the workplace through internships and permanent jobs.
7. **Entry Point!** American Association for the Advancement of Science [Entry Point! | American Association for the Advancement of Science \(aaas.org\)](#) The objective of the program is to encourage and develop talent among undergraduate and graduate students with disabilities who have demonstrated an interest in pursuing a STEM career.
8. **JAN- Job Accommodation Network** [www.askjan.org](http://www.askjan.org) *The Job Accommodation Network (JAN) is the leading source of free, expert, and confidential guidance on workplace accommodations and disability employment issues.*

### **Driver's License Assistance:**

1. There is a drivers evaluation section with **ACCES VR-** <http://www.acces.nysed.gov/vr/44000-driver-evaluation-and-training-policy>
2. **Driving with Autism** <https://autismdriving.com/about/> "Driving with Autism: Driver Readiness Webinars." This 8-part webinar series is taught by a live, virtual expert instructor and focuses on the very specific training needs of autistic individuals. The series focuses on one topic per week and teaches it in a way that is easy to digest and gives students the space to process the information before we move on. Our goal is to help individuals know the expectations of learning to drive and going over concepts that most driver schools do not cover like sensory needs. We want them to obtain their license! - Please note this is not a driving class, but a prep class for what to expect when one gets behind the wheel
3. **Andrew Arboe- Autistic Self Advocate and Speaker-** <https://andrewarboe.weebly.com/> Andrew conducts presentations on his experience related to his autism and learning to drive. He has also begun creating a list of driving schools and other resources by state. You can find it here <https://andrewarboe.weebly.com/autismblog/autism-and-driving-resource-database>



## Guardianship and Financial Supports/Services

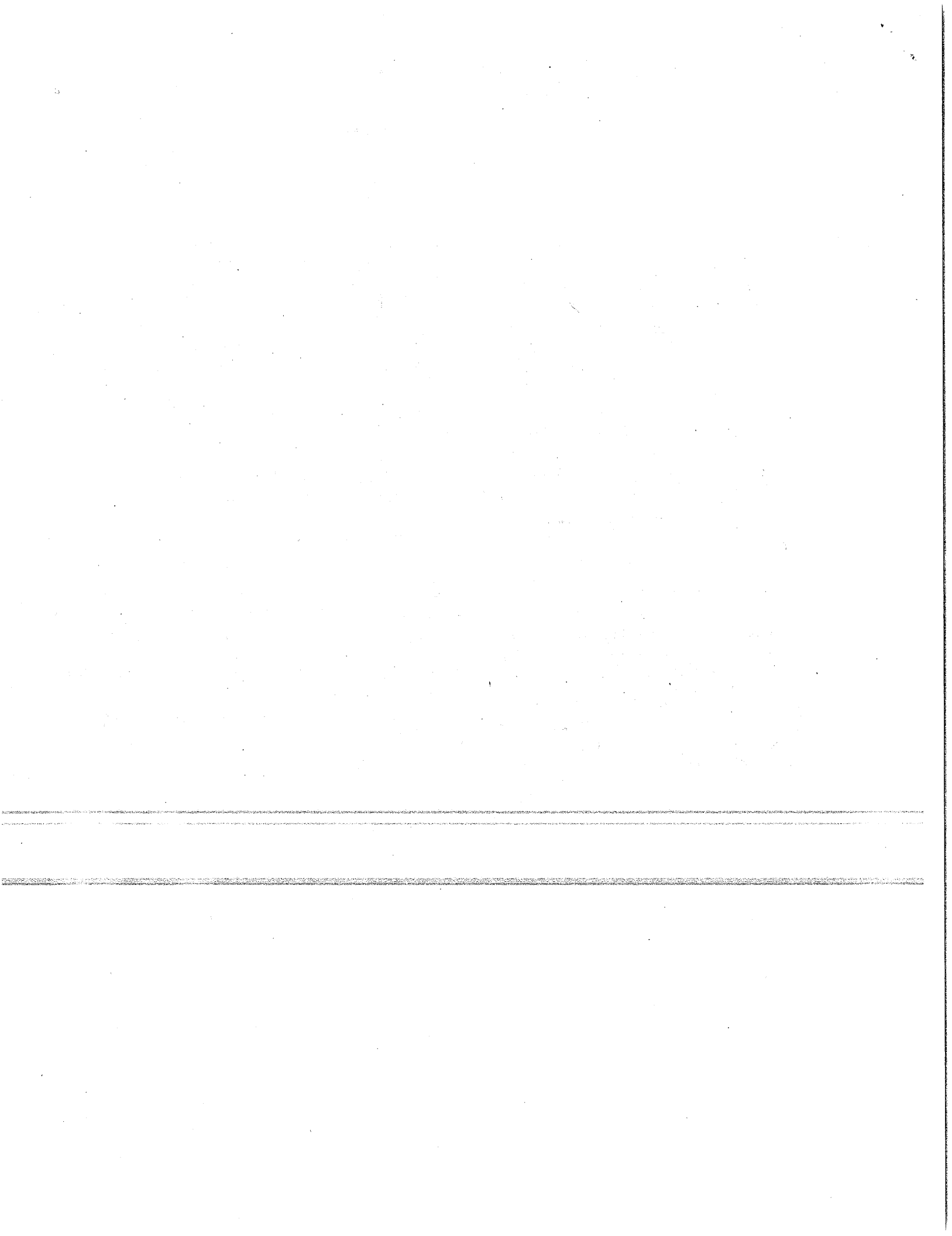
**Guardianship** In New York State, when a person turns 18 years old, they are assumed to be legally able to make decisions for themselves. This means that no other person is allowed to make personal, medical, or financial decisions for them.

If you are concerned about the well-being of an intellectually or developmentally disabled person who is 18 or over (or about to turn 18), you may be considering a court appointed guardian. There are 2 types of guardianship in NYS.

- **An Article 17-A Guardian** is someone who is appointed by a Surrogate Court judge to help protect the interests of an intellectually or developmentally disabled adult and make decisions for them, when they are unable to do so for themselves. For more information please visit: <https://nycourts.gov/courthelp/Guardianship/17A.shtml>
  - Please note that Dutchess County Surrogate's Court may appointment a Guardian Ad Litem Attorney for your child during the Article 17A guardianship process. There could be fees associated with this Ad Litem Attorney.  
Requesting a financial hardship waiver is not inappropriate, however paperwork does need to be submitted to the Guardian Ad Litem for them to formulate the fee.
- **Article 81 Guardianship.** A more specific guardianship <https://nycourts.gov/courthelp/Guardianship/AIP.shtml>
- **Supported Decision Making** <https://sdmny.org/> *Supported decision-making (SDM) is a now well recognized practice by which people with intellectual and developmental disabilities (I/DD) are able to make their own decisions with the support of trusted persons in their lives and retain all their legal and civil rights.*
  - NYS is moving more in the direction of Supported Decision Making over guardianships.

### Financial Supports/Services














1. **Taconic Resources for Independence: Mobile Benefits Counselor** to aid families and individuals with understanding and obtaining benefits they are entitled to. <https://taconicresources.org/mobile-disability-benefits-counseling/> (for individuals 18 and older).
  - Taconic Resources holds workshops on SSI and Medicaid throughout the year. Check out their calendar here <https://taconicresources.org/events/>
2. **NY ABLE Accounts:** <https://www.mynyable.org/> These allow someone to earn money and keep their benefits without penalties. P
3. **Special Needs Trusts- SNT:** <https://futureplanning.thearc.org/pages/learn/where-to-start/financing-the-future/special-needs-trusts>





# Programs & Services

Program/Service	Description	Counties Served
Head Start/Early Head Start Lawrence F. Hickey Center (LRS) Universal Pre-K <b>Early Childhood Programs</b>	Promotes school readiness of children from zero to age five from low-income families by enhancing their cognitive, social, and emotional development. These services include center-based classrooms, special education, and home visiting.	Bronx, Dutchess
Mental Health Outpatient Treatment and Rehabilitative Services <b>Mental Health Outpatient Treatment and Rehabilitative Services</b>	Provide evidence based, trauma-informed individual and family therapy to help children manage emotional and behavioral difficulties in their local community.	Bronx, Dutchess, Ulster
Astor Learning Center (ALC) <b>School Based Programs</b>	Provides services to students ages 5 through 14 who are experiencing emotional and educational challenges. Students reside at home while attending a more structured educational program. All students receive support to help them return successfully to their local districts.	Dutchess, Orange, Putnam, Rockland, Sullivan, Ulster, Westchester
Day Treatment <b>School Based Programs</b>	Provides long-term clinical treatment and education to youth with serious behavioral difficulties in a school setting.	Bronx, Dutchess, Ulster
School Based Behavioral Health & Training (SBBHT) <b>School Based Programs</b>	Provides skill building, treatment, case management and other support services for children and their families in their local school.	Bronx, Dutchess, Ulster
Care Management <b>Home &amp; Community Based Programs</b>	Provides care coordination to Health Home eligible children. A care manager links, supports, and oversees access to services/systems a child and family may need to improve overall health.	Dutchess, Orange, Putnam, Rockland, Sullivan, Ulster, Westchester
Enhanced Coordinated Children Services Initiative (ECCSI) <b>Home &amp; Community Based Programs</b>	A multi-agency process that seeks to prevent out-of-home placement and coordinate services to meet the family's complex needs in Dutchess County.	Dutchess
High Fidelity Wrap Around <b>Home &amp; Community Based Programs</b>	Evidence-based care coordination that uses a highly structured, team-based, family-centered approach to offer children & adolescents a positive outcome. The process involves intensive, individualized planning and managing for children and youth (ages 12-21) with serious social, emotional, or behavioral concerns.	Bronx, Dutchess, Orange, Ulster, Columbia
Home Based Crisis Intervention (HBCI) <b>Home &amp; Community Based Programs</b>	Provides short-term crisis support and treatment for children and their families to avoid a higher level of care.	Dutchess, Ulster
Partial Hospitalization <b>Home &amp; Community Based Programs</b>	Provides short-term clinical services to adolescents in danger of needing a higher level of care or transitioning from a higher level of care.	Dutchess, Ulster, Orange, Rockland
Prevention <b>Home &amp; Community Based Programs</b>	Helps to keep families together and children safe through provision of home-based skill building and crisis intervention services.	Bronx, Dutchess, Orange
Serving Youth in their Community (SYNC) <b>Home &amp; Community Based Programs</b>	Offers a wide array of home, school, and community-based services tailored to meet the behavioral and emotional health needs of each child with their family's voice and wishes at the forefront of service delivery.	Bronx, Dutchess
Therapeutic Foster Boarding Home <b>Residential Program</b>	Combines the best of traditional foster care with a progressive model that creates a supportive therapeutic environment for the child. This is an ideal step-down program for a child in residential care.	Hudson Valley
Trauma Recovery Center <b>Home &amp; Community Based Programs</b>	Serves as a community hub to support victims of violent crime, with clear referral pathways from local hospitals, legal defense services, law enforcement, and other community pathways.	Bronx

Line of Service/Program	Locations	Who pays for service?	Contact
 <b>Outpatient Clinics</b>	Dutchess & Ulster	Insurance/Medicaid	Megan York (845) 392-2295 HudsonValleyReferrals@astorservices.org
	Bronx	Insurance/Medicaid	Stephanie Roscoe Rogers (845) 516-7823 BronxReferrals@astorservices.org
 <b>SYNC</b>	Dutchess, Orange, Putnam, Rockland, Sullivan, Ulster, Westchester	Managed Medicaid	Trish Luchnick (845) 546-3862 tluchnic@astorservices.org
	Bronx	Managed Medicaid	Jurine Walker-Franklin (646) 851-6033 jwalker@astorservices.org
 <b>Head Start &amp; Early Childhood</b>	Dutchess	Free to Eligible Children	Kim Tsoubris (845) 452-4167 ktsoubris@astorservices.org
 <b>School-Based Mental Health</b>	Dutchess & Ulster	Based on contract	Lynn Gillard (845) 702-0000 lgillard@astorservices.org
	Bronx	Based on contract	Emily Casa (718) 751-5407 ecasa@astorservices.org
 <b>Prevention</b>	Dutchess	Free to Eligible Children	Loren Seauers (845) 235-3540 lseauers@astorservices.org
	Bronx	Free to Eligible Children	Sarai Manuel (646) 581-8184 smanuel@astorservices.org
 <b>High Fidelity Wraparound</b>	Dutchess & Ulster	Based on contract	Kimberly Connolly (845) 417-4517 kconnolly@astorservices.org
	Bronx	Based on contract	Lanika Laster (917) 891-0684 llaster@astorservices.org
 <b>Care Management</b>	Bronx, Dutchess, Orange, Putnam, Rockland, Delaware, Sullivan, Ulster, Westchester	Free to Eligible Children	Denise Brown (845) 605-4462 dbrown@astorservices.org
 <b>Home-Based Crisis Intervention</b>	Dutchess & Ulster	Free/Insurance/Medicaid	Michael Harris (845) 309-8452 mharris@astorservices.org
 <b>Day Treatment</b>	Dutchess & Ulster	Free to Eligible Children	Salena Gray (845) 663-7699 sgray@astorservices.org
	Bronx	Medicaid	Theresa Venticini (347) 949-0268 tventici@astorservices.org
 <b>Partial Hospitalization</b>	Dutchess	Insurance/Medicaid	Samantha Kroener (845) 337-1834 SKroener@astorservices.org
	Rockland	Insurance/Medicaid	Merrill McGarity RocklandPHP@astorservices.org
 <b>Therapeutic Foster Care</b>	Dutchess, Orange, Putnam, Rockland, Sullivan, Ulster, Westchester	Free to Eligible Foster Children	Gene Cavanaugh (845) 453-7090 gcavanaugh@astorservices.org
 <b>Astor Learning Center</b>	Dutchess	Free to Eligible Children	Stephanie Buckman (845) 871-1031 sbuckman@astorservices.org
 <b>Trauma Recovery Center</b>	Bronx	Free/Insurance/Medicaid	Michele Conner-Shepard (845) 464-3337 BronxReferral@astorservices.org