DECEMBER 2023

CENTRAL YORK HS/MS

BREAKFAST MENU

BREAKFAST PRICES Students - No Charge Adults -\$2.30 Milk - \$0.80

Milk is included with each meal: 1% Low Fat Chocolate, 1% Low Fat Vanilla, 1% Low Fat Strawberry, 1% Low Fat White or Fat Free White Milk. Alternative Milk Choice: Soy and Lactaid. Daily Cold Breakfast Offerings will include:

- Cereal,
- Cereal Bar
- Pop Tart w/ Yogurt or Cheese Stick

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|--|---|---|
| | | | | Assorted Breakfast Items Assorted Fruit Juice Milk |
| Assorted Breakfast Items Assorted Fruit Juice Milk | Assorted Breakfast Items Assorted Fruit Juice Milk | Assorted Breakfast Items Assorted Fruit Juice Milk | Assorted Breakfast Items Assorted Fruit Juice Milk | Assorted Breakfast Items Assorted Fruit Juice Milk |
| 4 | 5 | 6 | 7 | 18 |
| Assorted Breakfast Items Assorted Fruit Juice Milk | Assorted Breakfast Items Assorted Fruit Juice Milk | Assorted Breakfast Items Assorted Fruit Juice Milk | Assorted Breakfast Items Assorted Fruit Juice Milk | Assorted Breakfast Items Assorted Fruit Juice Milk |
| Assorted Breakfast Items Assorted Fruit Juice Milk | Assorted Breakfast Items Assorted Fruit Juice Milk | Assorted Breakfast Items Assorted Fruit Juice Milk | Assorted Breakfast Items Assorted Fruit Juice Milk | Assorted Breakfast Items Assorted Fruit Juice Milk |
| 18 | 19 | 20 | 21 | 22 |
| NO SCHOOL | NO SCHOOL | NO SCHOOL | NO SCHOOL | NO SCHOOL |
| 25 | 26 | 27 | 28 | 29 |