

### Individual Counseling Referral Resources

Therapist/Agency	Location	Pay Method	Specialties
<b>Affiliated Psychologists of Michigan, PC</b>	74 West Long Lake, Suite 104 Bloomfield Hills, MI 48304 248-642-6066	Insurances (Varies based on Clinician) and Private Pay	Child, Adolescent & Adults
			Varying General Psychotherapy  Dr. Greenwood does testing
<b>Pamela Minelli, LMSW</b>	1935 Southfield Road Birmingham, MI 48009  248-797-0304 <a href="mailto:info@pminellitherapist.com">info@pminellitherapist.com</a>  <a href="https://pminellitherapist.com/about/">https://pminellitherapist.com/about/</a>	Private Pay	Adolescent & Adult
			Depression Anxiety Family Counseling Parenting Support Addiction & Recovery DBT/Mindfulness
<b>Perspectives of Troy</b>	888 W Big Beaver Rd #1450 Troy, Michigan 48084 Phone: (248) 244-8644  <a href="https://perspectivesoftroy.com/">https://perspectivesoftroy.com/</a>	Insurance and Private Pay  Some therapist have a sliding pay	Child, Adolescent & Adult
			Individual & Group Therapy Family Depression Anxiety Bullying Divorce Anger Management
<b>Catholic Charities of Southeast Michigan</b>	Locations in Royal Oak, Lake Orion, Waterford and Auburn Hills  Call to Schedule an Appointment: 855-882-2736	Insurance, Private Pay, Sliding Scale, Reduced Rate with Graduate Student Interns	Child, Adolescent and Adult
			Employee Assistance Program Child Mental Health Services Adjunctive Psychiatric Services Parent Education Family Counseling and Step or Blended Family Counseling Group Counseling Educational Services on Marital Therapy Substance Abuse
<b>Helping Hearts Heal Deborah Bogle, MA LLP</b>	2508 Pembroke Birmingham, MI 48009	Private Pay (receipt for insurance)	Child, Adolescent & Adult
			Trauma EMDR Anxiety OCD Panic Attacks Relationships Family Therapy Animal Services

<b>Institute for Hope and Human Flourishing</b>  Gigi Colombini, LMSW <a href="https://www.iforhope.com/">https://www.iforhope.com/</a>	630 N. Old Woodward Ave. #303 Birmingham MI 48009  248-872-7772	Blue Cross/Blue Shield  Private Pay	Child, Adolescent & Adult Suicide Prevention Trauma Individual, Family and Couple Anxiety Depression Greif Counseling
<b>Dr. Kevin Barber, Psychologist</b>	26206 W. 12 Mile Rd, Southfield MI 48304  248-419-6050	Private pay	African-American male therapist
<b>Focus Therapy Clinic, LLC</b>  Siedah Spencer-Ardis, MA, LLMFT	1000 S. Old Woodward Ste 108 Birmingham, Michigan 48009 Phone: (248) 470-4989	Private Pay and Insurances	Adolescent & Adult  Specializes in working with African American teens and families
<b>Jennifer Elliott, MA LPC</b>	300 E. Maple Suite 318 Birmingham, MI 48009  (248) 439-1415	Private Pay	Children, Adolescent & Adults General Anxiety, Depression Grief Family
<b>Jennifer Forche PhD</b>	2477 Kingsbury Dr. Troy, MI 48098	Insurance (No United Health Care)  Private Pay	Adolescents & Adults Eclectic Patient Centered Works with Teachers LGBT/Transgender Anxiety Depression Family Issues Divorce No Substance Abuse
	38800 Van Dyke Ave Sterling Heights, MI 48312  248-643-7227		
<b>Napoleon Harrington, LPC, NCC</b>  <b>Ambassador Counseling &amp; Resource Group</b>	29556 Southfield Rd Suite 200, Southfield, MI 48063 888-618-6226  <a href="http://www.ambassadorcounseling.com">www.ambassadorcounseling.com</a>	Private Pay, some insurance	Group & Individual Anxiety, depression, substance abuse, grief, PTSD, Addiction Psychological testing African-American male therapist
<b>Natasha Kendal and Associates</b>  Natasha Kendal PhD, LMFT	10 West Square Lake Rd. Suite 103 Bloomfield Hills, Mi 48302  248-5358072	Private Pay  Some associates Blue Cross/Blue Shield	Child, Adolescent & Adult Parent Coaching Specialist Home Based Therapy Family Therapy Traditional Individual Couple and Family

<b>Birmingham Maple Clinic</b>  Carrie Krawiec, LMFT Kelly Watson Lori Edelson, Clinic Director and does referrals to clinicians	2075 W. Big Beaver Suite 520 Troy, MI  248-646-6659  <a href="https://www.birmingharmnmaple.com/">https://www.birmingharmnmaple.com/</a>	Insurance and Private Pay	Child, Adolescent & Adult General Psychological Issues
	26111 W 14 Mile Rd Ste LL2 Franklin, MI 48025 248-766-0260 <a href="mailto:gmmarsh@mac.com">gmmarsh@mac.com</a> drmoranmarsh.com		Private Pay
<b>Rochester Hills Counseling, LLC</b>  Tobi Russell, LLP LPC Kalynn Potter, MA, LLPC, MBA Mark Wells	945 S. Rochester Road Suite 101 Rochester Hills, MI 48307  248-266-6166  <a href="http://rochesterareacounselingservices.com/index.php">http://rochesterareacounselingservices.com/index.php</a>	Insurance and Private Pay	Individual & Group Counseling for Adolescents Substance abuse Social Skills Self-Injury Depression and Anxiety Career Assessments
	1750 South Telegraph Rd. Suite, 101 Bloomfield Hills, MI  248-451-9085  <a href="http://www.dennisandmoyeandassociates.com/index.html">http://www.dennisandmoyeandassociates.com/index.html</a>		Insurance/ Some Sliding Scale
<b>Thriveworks</b>  Karen Waldrop, LPC Herman Da'din, PH.D. Carin Goodrich, MA LPC Marcy Adams Sznewajcs, MA, LPC, NCC Steve Whitmore, LMSW	Thriveworks Counseling 31815 Southfield Road Suite 27 Beverly Hills, MI 48025  Tel: (248) 686-3347  <a href="http://Thriveworks.com">Thriveworks.com</a>	Insurance and Private Pay	Child, Adolescent & Adult ADHD/Time Management Coaching Psychological Testing Coping with divorce <b>LGBTQ Issues</b> Anxiety Depression
	<b>Sollars and Associates</b> Troy MI Office Sollars and Associates 1777 Axtell Drive, #100 Troy, Michigan 48084 248-613-5377		Insurance, private pay, sliding scale, Depends on Clinician

	Birmingham MI Office Sollars and Associates 725 S Adams Rd #235 Birmingham, Michigan 48009 248-646-5377 <a href="https://sollarsassociates.com">https://sollarsassociates.com</a>		
<b>New Oakland Family Center</b>	Farmington Hills Center 32961 Middlebelt Road Farmington Hills, MI 48334 (248) 855-1540  Various Locations  <a href="http://www.dennisandmo yeandassociates.com/index.html">http://www.dennisandmo yeandassociates.com/index.html</a>	Insurance, Private Pay, Sliding Scale	Child, Adolescent & Adult Various Clinicians Partial Hospitalization Program Intensive Outpatient Intensive Crisis Stabilization ADD/ADHD Assessments Psychological Testing Trauma Assessment
<b>New Day Counseling</b>	2265 Livernois Rd, Suite 701, Troy, MI 48083 248-649-8050  <a href="http://www.newdaycounseling.org">http://www.newdaycounseling.org</a>	Private Pay, Insurance, Sliding Scale	Individual & Group Counseling Parenting Classes Anger Management Girls Empowerment Group
<b>Judith Margerum Michigan Family Institute</b>	30161 Southfield Rd Suite 312 Southfield, MI 48076 248-593-4784  <a href="http://www.mifamilytherapy.com">www.mifamilytherapy.com</a>	Private Pay  Insurance	Adolescent & Adult Family Therapy Brief, solution-focused School consultation Parenting skills for difficult adolescents
<b>John Maakron, MA LLP</b>	36150 Dequindre Suite 530 Sterling Heights, Michigan 48310 (586) 697-3290	Insurance, Private Pay, Sliding Scale	Child, Adolescent and Adults Certified Trauma Specialist ADHD ODD School Issues Anxiety/Depression
<b>Jessica Sherman, MA LPC Southfield Mental Health Assoc</b>	17320 W 12 Mile Rd Southfield, MI 48076 248-496-8908 Jessicashermanlpc. Com  Morgan Blair – openings for Medicaid, pro bono, uninsured	Insurance	Adolescent & Adult Anxiety Depression Family Counseling Grief/Loss Trauma Skype available

<b>Troy Psychotherapy</b>	575 E. Big Beaver Rd, Suite 210, Troy, MI 48083	Private Pay and Blue Cross Blue Shield, McLaren, Medicare, and Aetna.	Adolescents & Adult
<b>Anton Babushkin, PhD</b>	<a href="https://www.troypsychotherapy.com/">https://www.troypsychotherapy.com/</a>		
<b>The Mindful Self, LLC</b>	28303 Dequindre Suite 200 Madison Heights, Michigan 48071	Private Scale, Insurances, Sliding Scale	Child, Adolescents & Adults Mood Disorders Women's Issues
Alisa M Hilewsky, PsyD, LP, LPC	(248) 213-8518		
<b>Debbie Lewis, PsyD, LP</b>	328 Livernois Road STE 1020 Troy, Michigan 48083	Insurance, Private Pay, and Sliding Scale	Adolescents & Adults Substance Abuse Divorce PTSD/Trauma Grief/Loss Family Conflict
	(248) 202-3779   <a href="mailto:Dr.DL125@sbcglobal.net">Dr.DL125@sbcglobal.net</a> <a href="http://www.drlewistherapy.com/home.html">http://www.drlewistherapy.com/home.html</a>		
<b>Lindsey Lewis, MA, LPC</b>	74 W Long Lake Rd Suite 100 Bloomfield Hills, Michigan 48304	Private Pay, Sliding Scale, Insurance	Adolescent & Adults Depression Self-Esteem Anxiety
	(248) 230-4658		
<b>Oakland University School of Education and Human Services Counseling Center</b>	Pawley Hall Room 250A 456 Pioneer Dr. Rochester, MI 48309-4482	Free	Child, Adolescent & Adult General Counseling performed by Master and PhD students in the Counseling program.
	(248) 370-26333		Group, Family, Child and Adolescents

### Psychiatric/Medical Evaluations

<b>Howard Belkin, MD</b>	1137 Holland Street Birmingham, MI 48009	Insurance and Private Practice	Child and Adolescent Psychiatry
<b>Barbara Belkin, MD</b>	(248) 644-3605 <a href="http://www.birminghamcounselingcenter.com/">http://www.birminghamcounselingcenter.com/</a>		

<b>Dr. Erin Fallucca, MD</b>	29500 Southfield Rd, Southfield, MI 48076  248-765-1795  <a href="http://vwww.murraycenter.com">http://vwww.murraycenter.com</a>	Blue Cross	Child and Adolescent
			Psychiatry ADHD
<b>Dr. Seema Kumar</b>	5640 W Maple Rd # 306, West Bloomfield Township, MI 48322  248-932-2828	Private Pay	Child and Adolescent
			Psychiatry 120 minute initial appointments
<b>Dr. Jeffery London, MD</b>	Birmingham Maple Clinic 2075 West Big Beaver Road Suite 520 Somerset Corridor Troy Michigan 48084  (248) 646-6659	Aetna Blue Cross Blue Shield Cigna First Health (Coventry Health Care) HAP Insurance MultiPlan Priority Health	General and Child/Adolescent
			Psychiatry
<b>Dr. Preeti Venkataraman, MD</b>	1750 S Telegraph Rd Ste 100 Bloomfield, MI 48302	Insurance	Child and Adolescent
			Psychiatry

### 24 Hour Crisis

<b>Common Ground (Oakland County)</b>	1200 N. Telegraph Rd, Bldg #32E, Pontiac, MI 48341  General Information: 1-248-451-2600  Crisis Line: 1.800.231.1127  The Sanctuary (Ages 10-17) 751 Hendrie Blvd, Royal Oak, MI 48067	Free	Resource Center 24/7 Crisis Line  Shelter for At Risk Youth  Suicide Risk Assessment (Uninsured or persons on Medicaid)
<b>Child Abuse and Neglect  Protective Services</b>	855-444-3911	Free	Child abuse and neglect Reporting

<b>Easter Seals</b>	2399 E. Walton Blvd. Auburn Hills, MI 48326 248-475-6400 (voice) 1-800-75-SEALS (toll-free)  Crisis Line: 248-475-6300	Major Insurance and Medicaid HMO's	Crisis Hotline  Individual Counseling  Outpatient Services Community Programs
<b>Suicide Prevention Hotline</b>	1-800-273-8255 <a href="https://suicidepreventionlifeline.org/">https://suicidepreventionlifeline.org/</a>	Free	Suicide Hotline

### Sexual Assault and Trauma Services

<b>The Haven</b>	Mailing Address:  801 Vanguard Drive Pontiac, MI 4834  24-HR CRISIS & SUPPORT 248-334-1274  TOLL-FREE CRISIS LINE 877-922-1274  TTY LINE 248-972-2540	Free	Shelter  Counseling  Court Advocacy  Support Groups  Personal Protection Orders  Forensic Exams
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### Substance and Alcohol Abuse Referrals

<b>Alanon/Alateen Family Groups</b>	(248) 706-1020 <a href="http://oaklandafco.org/">http://oaklandafco.org/</a>	Free	Support Group for Friends and Family of Substance Alcohol Abusers
<b>Alcoholics Anonymous</b>	248-332-3521	Free	Support Group for Substance and Alcohol Abuser
<b>Ascension Brighton Center for Recovery</b>	12851 East Grand River Brighton, MI, 48116  810-225-2538	Most Insurances	Adults (18 and Up Only) Acute Detox Rehab Residential Treatment Day Treatment
<b>Pathways Family Center</b>	23100 Providence Dr. Suite 300 Southfield, MI 48075 248-443-0105	Insurance and Private Pay	Adolescent Substance Abuse

<b>Rivers Bend PC</b>	850 Stephenson Hwy #210 Troy, MI 48083 248-585-3239	Some insurance	Adult and adolescent substance abuse treatment
<b>Eastwood Clinic- Royal Oak St. John's</b>	30701 Woodward Ave. Royal Oak, MI 248-288-9333	Insurance	Adolescent and Adult Outpatient Substance Abuse and Chemical Dependency Therapy
<b>Henry Ford Behavioral Health, Troy, MI</b>	2825 Livernois Troy, MI 48083  (248) 680-6000	Insurance	Adolescent and Adult Addiction Medicine Outpatients
<b>Henry Ford Maple Grove Center</b>	6773 W Maple Rd West Bloomfield, MI 48322  (248) 661-6100	Insurance	Adolescent & Adult  Inpatient Treatment Group Family Counseling
<b>Narcotics Anonymous</b>	877-338-1188 248-543-7200 Various Locations  <a href="http://michigan-na.org/">http://michigan-na.org/</a>  Link has listing	Free	Open and Closed Meetings for People Struggling with Narcotics  Support Group/Resources
<b>PACE- Prior Authorization and Central Evaluation</b>	1200 N. Telegraph Road, Building 32 East Pontiac, MI	Medicaid	Adolescent & Adult Substance Abuse Treatment Services Oakland County Residents Only.
<b>Recovery Consultants, Inc.</b>	Berkley Office 2710 West 12 Mile Rd. Berkley, MI, 48072 248-543-1090  Waterford Office 3139W Huron St, Waterford Twp, MI 48328 (248) 738-8400	Insurance Private Pay Sliding Scale (County Grant Funding)	Adolescent & Adult Groups Outpatient Substance Abuse Drug and Alcohol Testing- Lab and Quick



<b>Beaumont Children's Hospital Hough Center for Adolescent Health</b>	Troy Medical Plaza, 1777 Axtell Or, Troy, MI 48084	Insurance Scholarships	Adolescent Eating Disorders
	248-594-3142		
	<a href="https://www.beaumont.org/conditions/teen-eating-disorders">https://www.beaumont.org/conditions/teen-eating-disorders</a>		
<b>Harbor Oaks Hospital</b>	35031 23 Miles Rd New Baltimore, MI 48047	Most Insurance	Child, Adolescent & Adult
	(586)-725-5777		Residential Partial Hospitalization Intensive
<b>Havenwyck Hospital</b>	1525 University Drive Auburn Hills, MI 48326	Most Insurance	Child, Adolescent & Adult
	(248) 373-9200		Inpatient Psychiatric Treatment
<b>Henry Ford Kingswood</b>	10300 West Eight Mile Road Ferndale, MI 48220	Most Insurances	Child, Adolescent & Adult
	(248) 398-3200		Inpatient Psychiatric Treatment Day
<b>Midcourse Correction Camp</b>	833 E. Grand River Ave. Howell, MI, 48843	Private Pay	Child & Adolescent
	(810) 227-0243		Programs
	<a href="http://www.midcoursecorrection.org">http://www.midcoursecorrection.org</a>		48-hour boot camp Incorrigible Adolescent
<b>National Guard Military Camp</b>		Private Pay	Adolescents
	<a href="https://www.jointservicesupport.org/ncwcp">https://www.jointservicesupport.org/ncwcp</a>		Academics, GEDs, Intensive Boot camp
<b>University of Michigan- Michigan Medicine</b>	1540 E Hospital Dr, Ann Arbor, MI 48109	Insurance	Child, Adolescent & Adult
	734-764-0231 1-800-525-5188		Inpatient and Outpatient Services
	<a href="https://medicine.umich.edu/dept/psychiatry/patient-">https://medicine.umich.edu/dept/psychiatry/patient-</a>		Eating disorders

### Resources for Families in Need

<b>Community Housing Network</b>	570 Kirts Blvd. Ste 231 Troy, MI 48084  Troy Phone: 248-928-0111  Housing Hotline: 248-261-1335	Free  Affordable/Low Income Rentals For Families in Need	Foreclosure Prevention Counseling Help Homeless Families Find Housing
<b>Food Assistance Program</b>	1-855-275-6424	Free	MI Bridge Program
<b>Gilda's Club</b>	3517 Rochester Rd. Royal Oak, MI 48073 248-577-0800 ext 12  <a href="https://www.gildasclubdetroit.org">https://www.gildasclubdetroit.org</a> gl	Free	Support for Families coping with cancer
			Support Groups Educational workshops and lectures Bereavement
<b>Lighthouse Emergency Services</b>	46156 Woodward Pontiac, MI 48342  (248)-920-6100	Free	Crisis Resolution- Short Term Housing, Food
			Assistance, Long- Term Planning, Family Stabilization Lighthouse PATH- 2-year Transitional Housing and Empowerment program for Homeless Women and their Children.
<b>Love, Inc.</b>	<a href="http://loveincfnoc.org">http://loveincfnoc.org</a> 248-693-4357	Free	Community Meals, a Clothes Closet, Little Luxuries, Bed Blessings & Beyond and a Laundry Ministry
<b>Oakland County Community and Home Improvement Division</b>	250 Elizabeth Lake Road Suite 1900 Pontiac, MI 48341  Department Phone Number: 888-350-0900 ext. 80493 Advisor: 248-858-0493	Free	Home Improvement Loans Qualification Services to Assist in Home Improvement Process Counseling for Homeowner Issues
<b>Oakland County Family Services</b>	114 Orchard Lake Rd., Pontiac, MI 48341 Phone: 248.858.7766	Mental Health Services: Most insurances	Parenting Resources Counseling Specialized Services for youth

	<a href="https://www.oaklandfamilyservices.org/">https://www.oaklandfamilyservices.org/</a>	Specialized Services for youth: Medicaid and Medicare Recipients, No-Insurance, underinsured	Oakland County Residents Only
<b>Oakland Livingston Human Services Agency</b>	196 Cesar E. Chavez Pontiac, Mi 48343 <a href="http://www.olhsa.org/oakland-county">http://www.olhsa.org/oakland-county</a>  (248) 209-2600 or (248) 542-5860	Free	Financial Crisis (Hunger, Housing, Health) Financial Planning Help for Children and Families Saving Energy and Building Neighborhood Health Concerns Veterans and Families
<b>Oakland Schools Homeless Student Education Program</b>	211 Pontiac Lake Rd. Waterford, MI 48328 (888)795-5437/248-209-2414  <a href="https://oakland.k12.mi.us/families-community/youth-family/homelessness/Pages/Homeless%20Student%20Education%20Program.aspx">https://oakland.k12.mi.us/families-community/youth-family/homelessness/Pages/Homeless%20Student%20Education%20Program.aspx</a>	Free	Clothing, Supplies, Free and Reduced School Lunches
<b>Salvation Army</b>	469 Martin Luther King, Jr. Blvd Pontiac, MI 248-334-2407  Various Locations	Free or sliding scale	Emergency Food and Clothing  Shelters
<b>Sandcastles</b>	1 Ford Place, Suite 4A Detroit, MI 48202 1-313-874-6881  Locations at: Rochester Detroit Clinton Township Southfield Livonia West Bloomfield  <a href="https://aboutsandcastles.org/about/">https://aboutsandcastles.org/about/</a>	Free	Bereavement Groups Supportive Services and Resources for Families, Teens and Children grieving.
<b>United Way</b>	United Way for Southeastern Michigan 660 Woodward Avenue, Ste. 300 Detroit, MI 48226	Free	Referral services, connects people with services/resources related to food, shelter, medical assistance, parenting classes and utility payment

	1-800-552-1183 <a href="https://unitedwaysem.org/2-1-1/">https://unitedwaysem.org/2-1-1/</a>		
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### Medical Assistance for Families in Need

<b>Donated Dental Services</b>	3657 Okemos Road., Ste. 200 Okemos, MI 48864 Ph: 800-589-2632 & 517-372-9070	Free/Medicaid	Dental Care to Approved Applicants who are Disabled, Elderly, or Medically Compromised
<b>Oakland County Health Division</b>	1200 N Telegraph, Bldg. 34 East Pontiac, MI 48341 Phone: 248-858-1280  <a href="https://www.oakgov.com/health">https://www.oakgov.com/health</a>	Free/Sliding Scale/Private Pay	Oakland County Residences  Immunizations(Sliding Scale) HIV/AIDs (Free) Nutrition Services HearingNision Screenings Dental Services Nurse on Ca11:1-800-848-5533
<b>McLaren Children's Clinic</b>	73 Martin Luther King Jr. Blvd Pontiac, MI 248-334-0024  <a href="http://www.mclaren.org/oakland/pediatric-services.aspx">http://www.mclaren.org/oakland/pediatric-services.aspx</a>	Free and Sliding Scale	\$5 Sports Physicals  Free health care to uninsured (Including well exams, immunization, and acute and chronic illness)
<b>MIChild/Healthy Kids</b>	517-373-3740 <a href="https://www.michigan.gov/mdhhs">https://www.michigan.gov/mdhhs</a> /	Free Low Cost	Health Insurance for 19 and under and pregnant woman of any age
<b>Oakland Community College Dental Services</b>	7350 Cooley Lake Rd. Waterford, MI - 48327  248-942-3260	\$30 for 14 and older (including X- Rays)  \$20 For 14 and under (Inducing X-Rays)	Appointments take a minimum of 3 hours  Cleaning and X-Ray
<b>Partnership for Prescription Assistance</b>	Various Locations  <a href="https://www.pparx.org/">https://www.pparx.org/</a>	Free/Low Cost	Prescription Help and Free Clinic locator.

<b>Prescription Assistance</b>	Meijer Kroger Sams Club Walmart Target	Low Cost or Free	Free Antibiotics (Meijer Only) \$4.00 to \$10.00 Prescriptions
<b>St. Joseph Outpatient Clinic</b>	248-858-3069	Sliding Scale	Medical Clinic

