# PLEASANT VALLEY SCHOOL DISTRICT/CAMRILLO INDEPENDENT SPORTS LEAGUE STUDENT ATHLETE CODE OF CONDUCT AGREEMENT

This document presents PVSD's/CISL's expectations for student athletes.

## Commitment

*Your dedication to the team affects you and your team.*

- Abide by the schedules set by the coaches.
- Be fully prepared and on time for practices and games.
- Not make conflicting appointments during practice or game time.
- Go over the practice and game schedules with their parents.
- Use free time in school responsibly (to see teachers and get ahead on homework).

## Conduct

*Your behavior affects the entire team, school and district.*
*You owe it to yourself and your community to present your best, healthiest self.*

- Take care of your body – eat healthy meals, do not drink or abuse substances (illegal or legal), get proper rest, hydrate, warm up and cool down appropriately.
- Exercise proper sportsmanship. This includes refraining from the use of derogatory terms in relation to race, religion, sexual orientation, and/or gender expression.
- Refrain from any activity that could be considered as bullying, harassment, hazing, and/or intimidation.
- Be careful and respectful when using the Internet as a means of social networking. There will be no tolerance for any harmful or disparaging actions on social media toward teammates, coaches, or opposing teams.
- Be civil and courteous guests at other campuses – theft, vandalism, rude behavior and inappropriate language will not be tolerated.
- Keep yourself on the field/court – behave responsibly and stay out of trouble, both in and outside of school.

## Academics

*You are a student first and must maximize academic success as the first priority.*

- Student athletes must maintain a minimum 2.0 GPA at all times during the season to practice and play with the team.
- Student athletes are expected to meet all deadline dates for class assignments and are required to make arrangements with teachers when quizzes or tests to need to be made up or retaken.

## Consequences

*The choices you make can affect your playing time, playing eligibility, and discipline status.*

- Student athletes who do not follow the Code of Conduct are subject to suspension or removal from the team at the discretion of the school administration and/or league commissioner.

Signing this document affirms each individual's commitment to the ideals presented herein.

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| Athlete's Name | Signature |
| Parent Signature | Date |