

## **Brookline Bulletin**

November 17, 2023 Volume 4, Issue 4







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#### Dates to remember

Nov. 20 CSDA Staff and Student Turkey Trot Nov. 21 EARLY RELEASE RMMS at 12:45 pm CSDA at 12:55 pm

Nov. 22-24 NO SCHOOL Thanksgiving Break Nov. 29 School Board Meeting 6:00 p.m.

Dec. 14 CSDA Band and Chorus Concert 6:00 p.m.

Dec.25-Jan 1. NO SCHOOL Winter Break

#### Happy Thanksgiving

We wish everyone a Happy Thanksgiving. Please note this will be the last newsletter until December 1st.

#### **CSDA Happenings**

**Grade 4:** Fourth graders are beginning their reading unit on nonfiction texts. They are learning the differences between fiction and nonfiction texts and how to identify nonfiction text features. **Grade 5:** This week in reading, all 5th grade classes are wrapping up their class book club readings. After Thanksgiving break, all 5th grade students will be moving onto learning to read and analyze informational texts.

**Grade 6:** Sixth graders are excited to have just completed *Wonder by R.J. Palacio. This book is about a boy beginning middle school and the challenges he faces due to his differences. "Always be kinder than is necessary." We are also excited to welcome our guest speaker into the building next Monday for a presentation on Meteorology!* 

**CSDA Unified Arts:** All CSDA students have been learning about melodies: what they are and practicing writing them in Google Song Maker. The final product is a 16 bar composition with percussion, chords, and a melody.

Have a wonderful weekend! Mrs. Bouley

#### **RMMS Happenings**

**Pre-K:** Preschool will finish their discussions about turkeys and thankfulness!

**Grade K:** Kindergarteners will be learning how their illustrations in writing can help them remember their stories when they get stuck. Detailed drawings can anchor thinking to keep stories rich even when they may forget in the middle of writing.

**Grade 1:** First graders will continue with their opinion writing unit. After Thanksgiving, classes will begin their new science unit which focuses on the sun, moon, and stars.

**Grade 2:** Second graders will continue to write nonfiction mini books. They are learning how to add nonfiction text features to their writing. In math, they are continuing to work on a variety of strategies to add two digit numbers.

**Grade 3:** Third graders are continuing to learn about heritage and American symbols with an integrated writing and social studies unit. In math, they are working on division strategies and, in reading, they are exploring nonfiction texts.

**RMMS** Unified Arts: All RMMS students have been playing and singing about turkeys and giving thanks as they get closer to Thanksgiving next week!

Have a wonderful weekend! Mr. Molinari



#### CSDA & RMMS HEALTH OFFICE UPDATES Nov 17, 2023



Be safe this Thanksgiving, and enjoy your time with family and friends!

CIRCULATING NOW: Hand, Foot and Mouth Disease (coxsackievirus)The virus spreads when you touch an object with the virus on it and then touch your face. You also can catch the virus by breathing it in when someone who has the virus coughs or sneezes near you. Strep Throat, Stomach Illness, Croup & Pneumonia

WHEN TO STAY HOME: If your child has an unexplained Rash- contact MD; Uncontrolled Cough- contact MD; Fever, Vomiting or Diarrhea stay home until fever free without medication and/or symptom free for 24 hours.

COVID-19, influenza (FLU) and RSV

are circulating. FLU Influenza is a seasonal contagious respiratory illness caused by the influenza virus that changes every year. This is why it is important to get an influenza vaccine every year.. RSV is a seasonal virus that usually causes mild cold-like symptoms but can be dangerous for young children and older adults. It peaks during October–April and is a leading cause of acute lower respiratory tract infections in infants and young children. Common symptoms of RSV include runny nose, decrease in appetite, cough, sneezing, fever and wheezing. Most RSV infections resolve on their own in a week or two, but RSV can also cause more severe infections such as bronchiolitis (inflammation of the small airways in the lung) and pneumonia (infection of the lungs). Talk to your doctor. The symptoms can be similar. They can each be verified with rapid tests from a physician or urgent care.

To locate Flu and COVID vaccines near you https://www.vaccines.gov/



**COVID-19 - CORNER** 

What symptoms should I look for?
People with COVID-19 have a wide range of symptoms reported 2-14 days from exposure including:
Sore throat, Congestion or runny nose, Headache, Cough, Fatigue, Fever, Chills, Muscle or body aches, loss of taste or smell, Nausea or vomiting, Diarrhea. Rule out COVID with a Rapid Test. To order 4 free COVID rapid tests <a href="https://www.covid.gov/tests">https://www.covid.gov/tests</a>.

What should we do if we test positive for COVID? Contact the school nurse. Follow the CDC Guidelines for Isolation. Symptom start date or test positive date is Day Zero. Days 1 - 5 Isolate at home. If no fever and symptoms have improved wear a well-fitting mask on return to school from Days 6-10. The school nurse will provide you with the return to school date and recommendations at school.

What should we do if someone in the household tests positive? Contact the school nurse. Follow the CDC Guidelines for exposure to COVID Start wearing a well fitting mask for 10 days from exposure. If you have any symptoms, test for COVID right away. If no symptoms, do a home COVID test on Day 6. If negative, continue wearing a mask through day 10. If positive, follow the Isolation guidelines. The school nurse will provide you with the recommendations for school.

CSDA: Maureen Lorden, RN <u>maureen.lorden@sau41.org</u> Phone: 603-821-0439

RMMS-Covering/District Float Nurse:
Diana Zoltko, RN <u>diana.zoltko@sau41.org</u>
Phone: 603-673-4640

RMMS: Tena Ferenczhalmy, RN <u>tena.ferenczhalmy@sau41.org</u> Phone: 603-673-4640

# HAVE YOU HEARD ABOUT OUR BROOKLINE FOOD PANTRY?

Currently accepting donations and supporting families in Brookline and Hollis!

# HOW OUR SCHOOLS CAN HELP

Most needed items for November:

- Paper Towels
- Napkins
- Toilet Paper
- Tooth Paste
- Shampoo
- Conditioner
- Deodorant
- Laundry
   Detergent
- Dishwasher Detergent
- Liquid Dish Soap
- Kitchen Sponges

All families
welcome- please
spread the word
to community
friends
and neighbors.

Thanks to our PTO, you may purchase the most needed items through Amazon:



THANK YOU TO ALL WHO DONATED TO OUR THANKSGIVING FOOD DONATION EVENT - WE COLLECTED OVER 1,000 ITEMS!

## Corrected Date—November 20th





## Pajamas for Presents



RMMS will be collecting NEW unwrapped pajamas for infants and children (infants to size 16) and children's slippers which will be donated to the SHARE program to help those in need.

The collection will run from November 6<sup>th</sup> through December 8<sup>th</sup>.

A drop off bin will be located in the lobby of RMMS. Thank you for the gift of warmth!



Socks for SHARE

It's that time of year again! CSDA will be sponsoring a **Sock Drive** as our community service project this year. This is a wonderful project and SHARE counts on us. We will be collecting NEW warm and cozy socks for men, women and children which will be donated to the SHARE Program to help those in need. The collection will run from November 13th through December 8th. The socks can be of any size, color, or style; they just have to be never worn before. The holiday sales make this a perfect time to help others!

There will be a drop off box in the main foyer of the school.

The mission of the SHARE Program is to provide food, clothing, and emergency financial assistance to area families in need who do not qualify for government assistance or for whom that assistance is insufficient or delayed in coming. SHARE also collaborates with other organizations to provide access to services and information, with a goal to promote self-reliance while maint aining the dig nity of clients. It serves the towns of Milford, Amherst, Mont Vernon, and Brookline New Hampshire.



We have wonderful employment opportunities in the School Nutrition Department!

#### Advantages:

- · Nights, weekends, school vacations, holidays & summers off
- · On the job training
- Terrific dedicated staff to work alongside
- · Free professional training in food safety, nutrition, culinary skills & school meal program

#### Open Food Service Assistant Positions:

- HUES 4 to 5 hours a day
- RMMS 5 hours a day
- HBHS 4.5 hours a day

Don't want to work everyday? Still come be part of this great department – apply to be a food service sub! Work when it is best for you!

#### Please visit the website for most up to date position availability:

https://www.sau41.org/content/employment-opportunities

If you're interested or have questions, please contact Amy Cassidy, Director of School Nutrition, 603-324-5997 ext. 3061 or email at <a href="mailto:amy.cassidy@sau41.org">amy.cassidy@sau41.org</a>



### 2024 LEARN TO SKI & RIDE PROGRAM



#### PLUS: NH SKI & RIDE BONUS

FREE Full Day/All Lift ticket to THREE NH Mountains. Valid starting Monday, February 26, 2024 through the end of each mountain's respective ski season. Valid for students only.







We take great pride in holding the title, The Premier Teaching Mountain in New Hampshire. Our professional instructors gear every lesson toward the student's age and ability, while providing a fun learning environment.

#### LEARNING AND FUN, IT'S WHAT WE DO BEST!

#### WHAT IS THIS PROGRAM?

- Weekday 5-Week Learn to Ski & Ride Series
- Participants receive a 1-hour lesson (if signed up for lessons) from a Pats Peak instructor and free ski/ride time.
- Program Dates: 2/16, 2/23, 3/8, 3/15, 3/22

#### **HOW TO REGISTER**

- It is open to Anyone in Hollis and Brookline Grades 1-12
- Register online at www.patspeak.com/LTSR Access Code: BESKI2024
- To receive early pricing, registration must be paid in FULL on or before: Open
- Additional Registration info: Best Rates Register by 12/15/2023

#### CONTACT INFORMATION:

Miranda Terry - Coordinator mirandalynnterry@gmail.com/603-548-5505 or Jen Morrissey -Coordinator jsjen03033@gmail.com/978-758-2824

#### TRANSPORTATION INFORMATION:

Parents responsible for transportation, we can help with carpooling!

#### WHAT ABOUT EQUIPMENT?

- RENTALS: Full Rental Packages are available for the program, or for the season. Helmets are additional.
- BRING YOUR OWN: Mark equipment with NAME AND SCHOOL.
   Unsafe equipment will not be allowed on the mountain.

#### PEAK PERKS: (DISCOUNTED PRICING)

- CAFÉ CARDS
- PARENT/SIBLING FREQUENT USER CARD AND LIFT TICKETS
- HELMET, GOGGLES AND WATERPROOF MITTENS
- PRACTICE MAKES PERFECT SEASON PASS
   Unlimited Season Pass that is valid for the whole season-you don't have to wait until the program begins to use it! This discounted season pass is only available to the students of the Learn to Ski & Ride Program (must have minimum purchase of lessons. Non-transferable).

#### **IMPORTANT NOTES:**

Not a school-sponsored event







Purchase a 2024 camp registration before Dec. 31, 2023, and receive an entry for a chance to win one full camp registration refund! NO PURCHASE NECESSARY TO ENTER OR WIN. See Official Sweepstakes Rules for details.

#### SECURE YOUR SPOT TODAY

Register at INVENT.ORG/CAMP or 800-968-4332

Grades: K - 6th

Location: Hollis Brookline Middle School

25 Main St, Hollis, NH 03049 Date: June 24 - 28, 2024

Time & Cost: 9:00 AM to 3:30 PM | \$300 (before discount)

Camp Director: Bob Pooler | robert.pooler@sau41.org

Camp Invention is not a school-sponsored event.





## GINGERBREAD HOUSE

CONTEST & DISPLAY

SATURDAY, DECEMBER 9TH

LAWRENCE BARN

DROP OFF BETWEEN 1:00 -2:00 JUDGING AT 2:30 PICK UP 6:30

Sponsored by the Hollis Woman's Club For more info; HollisLuminaria.org

NOT A SCHOOL SPONSORED EVENT



#### Hollis Recreation and HBHS Wrestling

Hollis Recreation is excited to partner with Hollis Brookline HS 7 time State Champion wrestling team to offer a recreation program for boys and girls in grades 4-6. Our HBHS award winning coaching staff along with current State Champion high school wrestlers will teach basic foundational wrestling moves and rules to help introduce and prepare local kids for middle and high school wrestling.

Wrestling kicks off December 4<sup>th</sup> and will run through February 19<sup>th</sup> from 6:30-8:00pm on Tuesday and Thursdays in the high school gym. Cost is \$50.

Why should you consider wrestling for your kids? There is no more inclusive sport than wrestling, every MS and HS student that wants to wrestle makes the team. Girls wrestling is the fastest growing HS and collegiate sport in the country and NH has a girls only state tournament. Wrestling empowers young people to feel confident owning their physical space and it takes real courage to step onto a mat in front of your peers. Wrestling does not require your child wear a singlet, in fact many MS and HS wrestlers prefer wearing the shorts and t shirt uniform. If your child is serious about sports, wrestling teaches body control and leverage in ways that translate across all sports.

Understanding the basics of wrestling prior to HBMS provides an enormous advantage for your athlete. This program will be taught in such a way that focuses on keeping it fun while introducing the foundational basics and rules of the sport.

For information on HBHS Wrestling https://sites.google.com/sau41.org/hollis-brookline-wrestling/

Register at Recreation Programs | Hollis NH

This is not a school sponsored activity