

23-24 Bridgepoint Additional Learning Options for PE(revised 11/17/23)

*This document is also explained in English and Spanish on our YouTube channel, **Alt Ed NUSD**.*

The following options are available to Bridgepoint students to earn PE credits for the 2023-2024 school year. **If enrolled in a PE class, students must be passing to complete options other than the visual aids.**

- Nike Run Club app: Students download the application onto their smartphones. They can email a screenshot of the app on their phone to their PE teacher or principal. Students must provide a screenshot of their activity log from the app that shows date, total time and/or miles logged by the day before the quarter ends. This cannot be Nike Training Club or similar apps. It must be the Nike Run Club. **12 hours are equivalent to 1 academic credit. This is for a maximum of 2 credits total.**
- Visual Aid Projects: These projects are each worth a half credit and can be submitted for **a maximum of 2 credits total**. Guidelines are available on our website.
- Gym membership: Proof of membership and hours attended must be provided by the gym before the end of the quarter. 12 hours are equivalent to 1 academic credit. **This is for a maximum of 2 credits total.**
- Intramural sports: Students who consistently play basketball or organized sports during brunch and lunch can earn productive days. Please refer to the productive days chart in the PE classroom and in the school website. **This is for a maximum of 2 credits per school year.**
- Sports packets: These packets are available by request from the Principal. Students read the chapter and complete the written questions. **The 8 completed packets are equal to a half credit.**
- Leadership sports tournaments count for a half credit of PE or electives.
- Additional projects: These must be discussed with, approved and graded by the PE teacher.