

Owatonna Elementary Schools

This institution is an equal opportunity provider

DECEMBER 2023

LUNCH MENU

FREE MEALS FOR ALL STUDENTS

All students are eligible for 1 breakfast meal and 1 lunch meal at no cost.

COMPLETE MEAL

Students must choose at least 3 components, including ½ c fruit or vegetable, as part a complete meal.

MILK

Milk Choices: Skim or 1% White, or Skim Chocolate
Single milk purchase is \$0.55 per carton.

EDUCATIONAL BENEFITS

Your student may qualify for additional Educational Benefits. For more information, please visit [Application for Educational Benefits](#) on the Nutrition Services webpage.

ADULT MEAL PRICES

Lunch: \$5.00

ALLERGY INFORMATION

This menu contains one or more of the following ingredients: milk, eggs, soybeans, fish, shellfish, sesame, and/or wheat. Please contact 507-444-8629 with special diet related inquiries.

MONDAY

NOV 27

Cheese Filled Breadstick Bites w/ Marinara Sauce
Ham Sandwich
Steamed Mixed Veggies
Pineapple Tidbits
Fresh Veggies
Fresh Fruit

TUESDAY

NOV 28

Walking Tacos
Pizza Power Pack
Cheesy Refried Beans
Chilled Peaches
Fresh Veggies
Fresh Fruit

WEDNESDAY

NOV 29

Boneless Chicken Wings
All-American Sub Sandwich
Mashed Potatoes & Gravy
Orange Strawberry Mix
Fresh Veggies
Fresh Fruit

THURSDAY

NOV 30

White Chili
w/ Garlic Breadstick
Southwest Chickpea Salad
w/ Garlic Breadstick
Glazed Carrots
Applesauce
Fresh Veggies
Fresh Fruit

FRIDAY

1

Original or Spicy Breaded Chicken Sandwich
Creamy Chickpea & Jelly Sandwich w/ Cheese Stick
Curly Fries
Chilled Pears
Fresh Veggies
Fresh Fruit

4

French Toast Sticks
w/ Cheesy Omelet
Turkey Sandwich
Smiley Potatoes
Mandarin Oranges
Fresh Veggies
Fresh Fruit

5

Penne Pasta w/ Chicken Alfredo & Garlic Breadstick
Banana Rollup
w/ Yogurt Cup
Steamed Broccoli
Chilled Peaches
Italian Lettuce Salad
Fresh Fruit

6

Chana Masala
w/ Brown Rice Pilaf
All-American Sub Sandwich
Steamed Edamame
Mixed Berries
Fresh Veggies
Fresh Fruit

7

Beef Chili
w/ Garlic Breadstick
Breaded Chicken Salad
w/ Garlic Breadstick
Buttery Steamed Corn
Baked Cinnamon Apples
Fresh Veggies
Fresh Fruit

8

Fish Sticks
Yogurt Parfait
Seasoned Fries
Chilled Pears
Coleslaw
Fresh Fruit

11

Garlic Cheese Bread
w/ Marinara Sauce
Ham Sandwich
Steamed Peas
Pineapple Tidbits
Fresh Veggies
Fresh Fruit

12

Beef Nachos
Pizza Power Pack
Cheesy Refried Beans
Chilled Peaches
Fresh Veggies
Fresh Fruit

13

Mini Corn Dogs
All-American Sub Sandwich
Roasted Sweet Potatoes
Orange Strawberry Mix
Fresh Veggies
Fresh Fruit

14

Chicken & Biscuits
Chef Salad
w/ Garlic Breadstick
Roasted Brussels Sprouts
Applesauce
Fresh Veggies
Fresh Fruit

15

Pizza Grilled Cheese
Creamy Chickpea & Jelly Sandwich w/ Cheese Stick
Tomato Soup
Chilled Pears
Fresh Veggies
Fresh Fruit

18

Pizza
Turkey Sandwich
Steamed Green Beans
Mandarin Oranges
Fresh Veggies
Fresh Fruit

19

Rotini Pasta w/ Meat Sauce & Garlic Toast
Bagel Power Pack
Buttery Steamed Corn
Chilled Peaches
Caesar Salad
Fresh Fruit

20

Orange Chicken
w/ Brown Rice Pilaf
All-American Sub Sandwich
Steamed Broccoli
Pineapple Orange Mix
Fresh Veggies
Fresh Fruit

21

Turkey & Gravy over Mashed Potatoes
w/ Dinner Roll
Grilled Chicken Salad
w/ Garlic Breadstick
Applesauce
Fresh Veggies
Fresh Fruit

22

Cheeseburger or Hamburger or Veggie Burger
Yogurt Parfait
Baked Beans
Chilled Pears
Potato Salad
Fresh Fruit