

Owatonna Elementary Schools

This institution is an equal opportunity provider

DECEMBER 2023

BREAKFAST MENU

FREE MEALS FOR ALL STUDENTS

All students are eligible for 1 breakfast meal and 1 lunch meal at no cost.

COMPLETE MEAL

Students must choose at least 3 items, including ½ c fruit or vegetable, as part a complete meal.

MILK

Milk Choices: Skim or 1% White
Single milk purchase is \$0.55 per carton.

EDUCATIONAL BENEFITS

Your student may qualify for additional Educational Benefits. For more information, please visit [Application for Educational Benefits](#) on the Nutrition Services webpage.

ADULT MEAL PRICES

Breakfast: \$2.25

ALLERGY INFORMATION

This menu contains one or more of the following ingredients: milk, eggs, soybeans, fish, shellfish, sesame, and/or wheat. Please contact 507-444-8629 with special diet related inquiries.

MONDAY

NOV 27

Cereal Bowl
Applesauce Cup
Dried Fruit

TUESDAY

NOV 28

Nature Valley Crisps
Yogurt Cup
Juice Cup
Fruit Bowl

WEDNESDAY

NOV 29

Waffle
Blended Fruit Cup
Fresh Fruit

THURSDAY

NOV 30

Breakfast Bar
Cheese Stick
Juice Cup
Fruit Bowl

FRIDAY

1

Banana Muffin
Applesauce Cup
Dried Fruit

4

Cereal Bowl
Applesauce Cup
Dried Fruit

5

Goldfish Grahams
Yogurt Cup
Juice Cup
Fruit Bowl

6

Mini Cinnis
Blended Fruit Cup
Fresh Fruit

7

Breakfast Round
Cheese Stick
Juice Cup
Fruit Bowl

8

Cinnamon Roll
Applesauce Cup
Dried Fruit

11

Cereal Bowl
Applesauce Cup
Dried Fruit

12

Annie's Bunny Grahams
Yogurt Cup
Juice Cup
Fruit Bowl

13

Frudel
Blended Fruit Cup
Fresh Fruit

14

Breakfast Bar
Cheese Stick
Juice Cup
Fruit Bowl

15

Blueberry Muffin
Applesauce Cup
Dried Fruit

18

Cereal Bowl
Applesauce Cup
Dried Fruit

19

Scooby Doo Crackers
Yogurt Cup
Juice Cup
Fruit Bowl

20

Mini Cinnis
Blended Fruit Cup
Fresh Fruit

21

Blueberry Lemon Bites
Cheese Stick
Juice Cup
Fruit Bowl

22

Cook's Choice
Applesauce Cup
Dried Fruit