



Alert



Calm



Confident



Smart



Strong

Meet the Moodies!



Happy

**This Month's Fruit and Vegetable Bar Featured Selections: Apples, Oranges, Celery and Carrots Available Every Day**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>November 1st-November 3</b>				
		Chilled Pineapple	Tossed Romaine Salad	Fresh Banana
		Chilled Mandarin Oranges	Chilled Peaches	Fresh Cut Seasonal Fruit
		Red Pepper Strips	Cucumber Coins	Tossed Romaine Salad
		Celery Sticks	Craisins	Fresh Baby Carrots
<b>November 6th-November 10th</b>				
Broccoli Florets		Chilled Pears	Tossed Romaine Salad	Fresh Cut Seasonal Fruit
Grape Juice		Red Pepper Strips	Chilled Pineapple	Chilled Mixed Fruit
Cinnamon Bananas		Chilled Applesauce	Chilled Peaches	Green Pepper Strips
Craisins		Green Pepper Strips	Cucumber Coins	Tossed Romaine Salad
<b>November 13th-November 17th</b>				
Orange Juice	Chilled Rosy Applesauce	Chilled Mixed Fruit	Tossed Romaine Salad	
Broccoli Florets	Salsa	Red Pepper Strips	Chilled Peaches	
Craisins	Raisins	Chilled Mandarin Oranges	Cucumber Coins	
Grape Tomatoes	Celery Sticks	Fresh Baby Carrots	Chilled Pineapple	
<b>November 20th-November 24th</b>				
Apple Juice	Salsa			
Craisins	Fresh Orange Wedges			
Broccoli Florets	Red Pepper Strips			
Grape Tomatoes	Chilled Peaches			
<b>November 27th-November 30th</b>				
Orange Juice	Fresh Baby Carrots	Chilled Pineapple	Tossed Romaine Salad	
Craisins	Chilled Applesauce	Chilled Mandarin Oranges	Chilled Peaches	
Broccoli Florets	Raisins	Red Pepper Strips	Cucumber Coins	
Grape Tomatoes	Salsa	Celery Sticks	Craisins	