

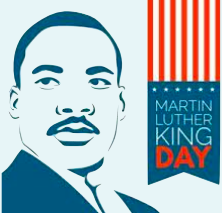

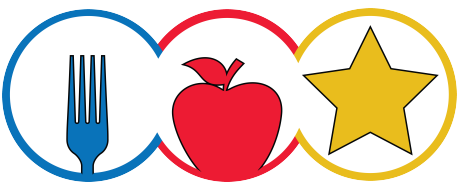


# January 2024 Middle & High Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>BREAKFAST</b> 		Each breakfast entree is served with fruit, 100% juice, and milk. Served Daily: Cereal choices, muffins, pastry variety, or yogurt.		
Pancake Sausage Stick	Chicken Biscuit	Breakfast Pizza	Sunrise Breakfast Sandwich	Snack 'n Waffles
<b>LUNCH</b> 		Lunch includes a choice of protein, bread or grain, fruit, veggies, and skim or 1% milk. Students must choose at least 3, but up to 5, components for a complete school lunch meal.		
<i>Daily Trends</i> Monday: Burger Line Tuesday: Nacho & Burrito Line Wednesday: Chicken Mini Line Thursday: Pizza Line Friday: Chicken Sandwich Line		3 Mexican Wrap Taco With Beef or Chicken Black Beans Ranch Dip Fiesta Corn Orange Wedges Rice Krispie Treat	4 Scrambled Eggs Breakfast Chicken Snack'n Waffles Hash Brown Salsa Cup Chilled Juice	5 Fish Strips Mac N Cheese Cole Slaw Great Northern Beans Cornbread Square Sidekick Fruit Slushie
8 Boneless Chicken Wings Waffle Fries Zesty Toast Carrots & Celery Pear Half	9 Teriyaki Dippers Mashed Potatoes Cool Spot Salad Peas & Carrots Freshly Baked Roll Orange Smiles	10 BBQ Beef Rib Sandwich Fresh Broccoli Baked Beans Apple Wedges Baked Cheetos <i>Grandma's</i> Chocolate Chip Cookie	11 General Tso Chicken Mini Egg Roll Fluffy Rice Stir Fry Veggies Fresh Fruit	12 Double Bosco Sticks Marinara Cup Salad Italiano Mandarin Oranges Rice Krispie Treat
15 	16 <b>PRIMETIME</b> Chicken Sandwich Lettuce & Tomato Potato Smiles Broccoli Sidekick Fruit Slushie	17 Corn Dog Sidewinder Fries Veggie Cup Ranch Dip Strawberry Cup Snickerdoodle	18 Popcorn Chicken Scalloped Potatoes Garden Salad Carrot Sticks Freshly Baked Roll Fruit Selections	19 Cheesy Nachos or Beefy Nachos Pinto Beans Shredded Lettuce Salsa Cup Pineapple Chunks
22 Turkey Burger Waffle Fries Baked Beans Broccoli Peach Cup	23 Boneless Wings Baby Carrots & Celery Ranch Dip Tossed Salad Garlic Knot Fresh Fruit Cookie	24 Cheesy Bread Sticks with Marinara Sauce Peas Shades of Green Salad Fruit Cup	25 Orange Chicken Mini Egg Roll Fluffy Rice Stir Fry Veggies Fresh Fruit	26 Personal Pan Pizza Seasoned Corn Tossed Salad Applesauce Snickerdoodle
29 Gold Creek Chicken Tenders White Country Gravy Potato Wedges Festive Romaine Baby Carrots & Celery Whole Grain Biscuit Fresh Fruit	30 Corn Dog Baby Carrots Doritos Apple Slices  Oatmeal Bar	31 Scrambled Eggs Breakfast Chicken Snack'n Waffles Hash Brown Salsa Cup Chilled Juice		

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