

# ECFE Winter/Spring Catalog



## Class Descriptions



### School Year 23-24

#### ECFE 3-5 Year Olds

##### **ECFE Enrichment**

Do you have a 3 or 4 year old in one of the Early Learning Center's half-day preschool programs? Sign up for a weekly ECFE Enrichment class! Topics are flexible and will reflect the interest of the group. There is a one-time \$50 registration fee. The structure of the day will be as follows: 11:30-12pm - Children have lunch in the classroom (brought from home and nut-free). Parents/caregivers can come at any time, arriving by 12pm 12:00-12:30 - Parent/child activity in the classroom 12:30-1:30 - Parents/caregivers leave for discussion with a Licensed Parent Educator; children stay in the classroom with a teacher 1:30-2:00 - Parents/caregivers return to the classroom for a closing activity with the children

Wednesdays, 11:30am-2:00pm Sep 6-May 29  
35 sessions: \$200 Enrichment-2023  
Edina Community Center - ECC ELC Classroom - 120 No class 11/22, 12/27, 1/3, 3/20

##### **ECFE Family Literacy Preschool**

Our FREE Family Literacy Class offers a unique opportunity for families learning English to attend school with their child at the beginning and end of each class. While the students continue to play and enjoy preschool, caregivers will step away to Adult Basic Education and Parent Education classes. Both offer an opportunity to learn and practice developing language skills.

Tuesdays/Thursdays, 8:30-11:30am Sep 5-May 30  
68 sessions: \$0 ECFE Lit-1  
Edina Community Center - ECC ELC Classroom - 105 No class 10/19, 11/7, 11/23, 12/26, 12/28, 1/2, 1/4, 2/20, 3/19, 3/21

##### **ECFE Jumpstart to Kindergarten**

Do you have a child entering Kindergarten in the fall of 2024? Join us for a fun series that will be a combination of activities both with your child and separate. Each week will have a different focus: practicing riding a bus around the neighborhood, a Q&A with Edina Kindergarten teachers, and a discussion with a Licensed Parent Educator on how to manage the emotions involved with a big transition.

Thursdays, 4:30-5:30pm May 2-May 16  
3 sessions: \$90 KINDER-2024  
Edina Community Center - ECC ELC Classroom - 120

##### **ECFE for Preschoolers 3-5 Years**

Focusing on threes, fours and fives who may be new to preschool, this class covers a variety of parenting topics to offer you and your child a wonderful time together. Children's activities are designed to encourage personal, social, and physical development, pre-reading, pre-writing skills and language development. Parents stay in the classroom with their child for the first hour. The second hour, parents separate from their child to have time to connect with and learn from other parents while facilitated by a licensed Parent Educator. Child care for siblings is available. One-time \$50 registration fee.

Fridays, 12:30-2:30pm Sep 8-May 31  
31 sessions: \$215 ECFE35-1

**Register: <https://edina.ce.eleyo.com>**

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## Class Descriptions



Edina Community Center - ECC ELC Classroom - 105  
3/22, 4/19

No class 10/20, 11/24, 12/29, 1/ 5, 1/19, 3/ 8,

### ECFE Infants

#### **A Breath of Fresh Air**

Toddlers love to explore and a park is the perfect place! We'll have a picnic in the park to start and then spend some time playing while also chatting about the joys and concerns of raising a toddler.

Wednesdays, 12:45-1:45pm Sep 6-Oct 18  
7 sessions: \$86 FreshAir-1224  
Wooddale Park

#### **A Breath of Fresh Air**

Come spend time with other parents and a licensed Parent Educator for a picnic in the park. You bring your lunch and we'll bring the topics. Topics will include sleep habits, feeding, mom's mental health, and more.

Fridays, 12:15-1:15pm Sep 8-Oct 13  
6 sessions: \$86 FreshAir-0011  
Wooddale Park

#### **Baby and Me**

Congratulations on the beautiful addition to your family! This relaxing class is designed to be educational, yet allow you to slow down long enough to have some focused, uninterrupted time to enjoy your infant. You will also meet other parents, sharing questions on sleep, schedules, feeding and development. Sibling care is offered for this class. One-time \$50 registration fee.

Mondays, 9:00-10:00am Sep 11-May 20  
31 sessions: \$136 0006-1  
Edina Community Center - ECC ELC Classroom - 150

No class 9/25, 12/25, 1/ 1, 1/15, 2/19, 3/18

Fridays, 10:30-11:30am Sep 8-May 31  
31 sessions: \$136 0006-2  
Edina Community Center - ECC ELC Classroom - 150  
3/22, 4/19

No class 10/20, 11/24, 12/29, 1/ 5, 1/19, 3/ 8,

#### **Baby and Me Sampler**

Parents with young babies, this free introduction to Early Childhood Family Education (ECFE) is for you! We recognize the importance of getting off to a strong start with your baby and our classes offer a great way to strengthen the bond with your child. Meet other new parents and learn about infant growth and development. Free, but registration required. No sibling care is provided. Offered September through May on the second Monday of the month from 11:45-12:45 pm.

Mondays, 11:45am-12:45pm Apr 8  
1 session: \$0 BS-Apr  
Edina Community Center - ECC ELC Classroom - 150

**Register: <https://edina.ce.eleyo.com>**

# ECFE Winter/Spring Catalog



## Class Descriptions



Mondays, 11:45am-12:45pm Dec 11  
1 session: \$0 BS-Dec  
Edina Community Center - ECC ELC Classroom - 150

Mondays, 11:45am-12:45pm Feb 12  
1 session: \$0 BS-Feb  
Edina Community Center - ECC ELC Classroom - 150

Mondays, 11:45am-12:45pm Jan 8  
1 session: \$0 BS-Jan  
Edina Community Center - ECC ELC Classroom - 150

Mondays, 11:45am-12:45pm Mar 11  
1 session: \$0 BS-Mar  
Edina Community Center - ECC ELC Classroom - 150

Mondays, 11:45am-12:45pm May 13  
1 session: \$0 BS-May  
Edina Community Center - ECC ELC Classroom - 150

Mondays, 11:45am-12:45pm Nov 13  
1 session: \$0 BS-Nov  
Edina Community Center - ECC ELC Classroom - 150

Mondays, 11:45am-12:45pm Oct 9  
1 session: \$0 BS-Oct  
Edina Community Center - ECC ELC Classroom - 150

Mondays, 11:45am-12:45pm Sep 11  
1 session: \$0 BS-Sept  
Edina Community Center - ECC ELC Classroom - 150

### **Busy Babies**

Enjoy time with your baby/toddler exploring the classroom as you listen to music, create art projects, read books and play to learn. A licensed Parent Educator will lead the class as you interact with your child and discuss your child's social, emotional and physical development. Sibling care is available for this class. One-time \$50 registration fee.

Mondays, 10:30-11:30am Sep 11-May 20  
31 sessions: \$136 0711-1  
Edina Community Center - ECC ELC Classroom - 150 No class 9/25, 12/25, 1/ 1, 1/15, 2/19, 3/18

Fridays, 9:00-10:00am Sep 8-May 31  
31 sessions: \$136 0711-2  
Edina Community Center - ECC ELC Classroom - 150 No class 10/20, 11/24, 12/29, 1/ 5, 1/19, 3/ 8, 3/22, 4/19

### ECFE Mixed Ages

### **Baby/Toddler Playtime**

**Register: <https://edina.ce.eleyo.com>**

# ECFE Winter/Spring Catalog



## Class Descriptions



Join other caregivers and their children in an atmosphere created just for babies and toddlers. No registration is required. You can pay as you go (\$7 at the door) or purchase a pass online. Sibling care is not offered for this class. For ages 6-18 months.

Thursdays, 12:30-1:30pm Sep 7-Dec 21  
14 sessions: \$52 PlayPass-Thu-Fall  
Edina Community Center - ECC ELC Classroom - 150 No class 10/19, 11/23

Thursdays, 12:30-1:30pm Jan 11-May 30  
20 sessions: \$52 PlayPass-Thu-WinSpr  
Edina Community Center - ECC ELC Classroom - 150 No class 3/21

Tuesdays, 12:30-1:30pm Sep 5-Dec 19  
15 sessions: \$52 PlayPass-Tue-Fall  
Edina Community Center - ECC ELC Classroom - 150 No class 11/ 7

Tuesdays, 12:30-1:30pm Jan 9-May 28  
19 sessions: \$52 PlayPass-Tue-WinSpr  
Edina Community Center - ECC ELC Classroom - 150 No class 2/20, 3/19

### Me and My Dad

Enjoy an ECFE class with dad! Parents and children will spend quality playtime together for the first half. The second half of the class, the dads (or any caregiver) will attend parent education in a separate classroom space with a Parent Educator.

Wednesdays, 6:00-7:30pm Sep 6-Oct 18  
7 sessions: \$86 Dad-1  
Edina Community Center - ECC ELC Classroom - 117 Extended Learning

Wednesdays, 6:00-7:30pm Jan 10-Feb 14  
6 sessions: \$86 Dad-2  
Edina Community Center - ECC ELC Classroom - 117 Extended Learning

Wednesdays, 6:00-7:30pm Apr 17-May 22  
6 sessions: \$86 Dad-3  
Edina Community Center - ECC ELC Classroom - 117 Extended Learning

### Saturday Songs and Stories (Multi-Age)

Enjoy special time as a family. Learn and play in one of our preschool classrooms. Teachers will lead the group in songs and stories.

Saturdays, 10:30-11:30am Sep 9-Oct 14  
6 sessions: \$160 SFamily-1  
Edina Community Center - ECC ELC Classroom - 150

Saturdays, 10:30-11:30am Oct 28-Dec 9  
6 sessions: \$160 SFamily-2  
Edina Community Center - ECC ELC Classroom - 150 No class 11/25

Saturdays, 10:30-11:30am Jan 27-Mar 2

Register: <https://edina.ce.eleyo.com>

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## Class Descriptions



6 sessions: \$160 SFamily-3  
Edina Community Center - ECC ELC Classroom - 150

Saturdays, 10:30-11:30am Apr 6-May 11  
6 sessions: \$160 SFamily-4  
Edina Community Center - ECC ELC Classroom - 150

### Stay and Play with Grandparents

Join other grandparents and their grandchildren in an atmosphere created just for toddlers. No registration is required. You can pay as you go (\$7 at the door) or purchase a pass online. Sibling care is not offered for this class. For ages 12-36 months

Thursdays, 11:45am-12:45pm Sep 7-Dec 21  
14 sessions: \$52 GrptsThu-Fall  
Edina Community Center - ECC ELC Classroom - 152 No class 10/19, 11/23

Thursdays, 11:45am-12:45pm Jan 11-May 30  
20 sessions: \$52 GrptsThu-WinSpr  
Edina Community Center - ECC ELC Classroom - 152 No class 3/21

Tuesdays, 11:45am-12:45pm Sep 5-Dec 19  
15 sessions: \$52 GrptsTue-Fall  
Edina Community Center - ECC ELC Classroom - 152 No class 11/ 7

Tuesdays, 11:45am-12:45pm Jan 9-May 28  
19 sessions: \$52 GrptsTue-WinSpr  
Edina Community Center - ECC ELC Classroom - 152 No class 2/20, 3/19

### ECFE Parent Education

#### **Beyond ECFE: Parenting Elementary Students**

Come to class and learn new parenting skills as your child grows from Elementary through High School years. Beyond ECFE Classes are taught by Licensed Parent Educators, meeting once per month. Group discussion allows parents to share their challenges, experience and wisdom. Topics are determined based on the interests of the class. Classes offered are: Parenting Elementary Students, Parenting Middle School Students, and Parenting High School Students. Parenting Elementary Students: Topics may include working in partnership with teachers, identity, sleep, friendships, discipline, emotion coaching, sibling relationships, over-scheduling, home-school communication, beginning puberty, teaching personal and media safety, moral development, chores and allowance and other concerns common to this age and stage. Topics are flexible and will reflect the interests of the group. For the month of January, class will be the 3rd Thursday, January 18th 2024.

Thursdays, 12:00-1:30pm Sep 7-May 2  
9 sessions: \$225 BEYOND-K-5  
Edina Community Center - ECC ELC Classroom - 116 No class 9/14, 9/21, 9/28, 10/12, 10/19, 10/26, 11/ 9, 11/16, 11/23, 11/30, 12/14, 12/21, 12/28, 1/ 4, 1/11, 1/25, 2/ 8, 2/15, 2/22, 2/29, 3/14, 3/21, 3/28, 4/11, 4/18, 4/25

#### **Beyond ECFE: Parenting High School Students**

**Register: <https://edina.ce.eleyo.com>**

# ECFE Winter/Spring Catalog



## Class Descriptions



Come to class and learn new parenting skills as your child grows from Elementary through High School years. Beyond ECFE Classes are taught by Licensed Parent Educators, meeting once per month. Group discussion allows parents to share their challenges, experience and wisdom. Topics are determined based on the interests of the class. Classes offered are: Parenting Elementary Students, Parenting Middle School Students, and Parenting High School Students. Parenting High School Students: Topics may include adolescent brain development, friendships and social dynamics, health & wellness, dating, emerging independence, positive discipline, parties and dances, technology and social media, college planning, time & money management, and drugs & alcohol. Topics are flexible and reflect the interest of the group. For the month of January, class will be held on the 3rd Tuesday, January 16th 2024.

Tuesdays, 12:00-1:30pm Sep 12-May 14

9 sessions: \$225 BEYOND-9-12

Edina Community Center - ECC ELC Classroom - 116

No class 9/19, 9/26, 10/ 3, 10/17, 10/24,

10/31, 11/ 7, 11/21, 11/28, 12/ 5, 12/19, 12/26, 1/ 2, 1/ 9, 1/23, 1/30, 2/ 6, 2/20, 2/27, 3/ 5, 3/19, 3/26, 4/ 2, 4/16, 4/23, 4/30, 5/ 7

### **Beyond ECFE: Parenting Middle School Students**

Come to class and learn new parenting skills as your child grows from Elementary through High School years. Beyond ECFE Classes are taught by Licensed Parent Educators, meeting once per month. Group discussion allows parents to share their challenges, experience and wisdom. Topics are determined based on the interests of the class. Classes offered are: Parenting Elementary Students, Parenting Middle School Students, and Parenting High School Students. Parenting Middle School Students: Topics may include friendships and social dynamics, personality and independence, behavior and discipline, back talk and rude behavior, building resilience, developing responsibility, self-confidence, body image, emotion coaching, balancing homework and activities, puberty, adolescent brain development, and technology and social media. Topics are flexible and will reflect the interests of the group. For the month of November, class will be held October 31st 2023. For the month of January, class will be held the 2nd Tuesday, January 11th 2024.

Tuesdays/Thursdays, 12:00-1:30pm Sep 5-May 7

9 sessions: \$225 BEYOND-6-8

Edina Community Center - ECC ELC Classroom - 116

No class 9/12, 9/19, 9/26, 10/10, 10/17,

10/24, 11/ 7, 11/14, 11/21, 11/28, 12/12, 12/19, 12/26, 1/ 2, 1/ 9, 1/16, 1/23, 1/30, 2/13, 2/20, 2/27, 3/12, 3/19, 3/26, 4/ 9, 4/16, 4/23, 4/30

### **Culturally Competent Parenting**

Learn how to introduce culturally component skills into your parenting and family life. Students will examine their culture and influences through life as well as develop an awareness and appreciation for other cultures in our community.

Wednesdays, 6:00-7:00pm Sep 6-Jan 17

18 sessions: \$191 Competent-1

Edina Community Center - ECC ELC Classroom - 116

No class 11/22, 12/27

### **Mindful Parenting**

Mindfulness is about letting go of guilt and shame about the past and focusing on right now. Focus on purposeful attention to what's happening, instead of getting sidelined by your emotions. This class will help parents reflect on their parenting practices and make proactive plans for the highs and lows of parenting.

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Mondays, 6:00-7:00pm      Sep 11-Jan 8  
15 sessions: \$181      Mindful-1  
Edina Community Center - ECC ELC Classroom - 116      No class 9/25, 12/25, 1/ 1

### Parenting Boys

What can we do to raise healthy boys? How is parenting boys different from parenting girls? As societal views of gender are changing, how can you teach your son about masculinity, identity, appropriate behavior and expectations? This class will explore questions like these so that you can formulate a plan for helping your son grow into an adult you will like and admire. Potential discussion topics include teaching kindness & empathy, building resilience, positive discipline, anger and conflict, bullying, chores/responsibility, self-regulation/emotion management, social norms & expectations, friendships, time management, how the pandemic has impacted boys, changing bodies and navigating the bridge between little boys and big boys. The format of the class might include podcasts, reading and discussing articles on current topics related to parenting boys, and small group discussions based on the age of the boys of participants. Topics and format are flexible and will reflect the interest of the group. For the months of January, February and March, class will be the 4th Tuesday (January 23rd, February 27th and March 26th 2024).

Tuesdays, 12:00-1:30pm      Sep 19-May 21  
9 sessions: \$225      BOYS-1  
Edina Community Center - ECC ELC Classroom - 116      No class 9/26, 10/ 3, 10/10, 10/24, 10/31, 11/ 7, 11/14, 11/28, 12/ 5, 12/12, 12/26, 1/ 2, 1/ 9, 1/16, 1/30, 2/ 6, 2/13, 2/20, 3/ 5, 3/12, 3/19, 4/ 2, 4/ 9, 4/23, 4/30, 5/ 7, 5/14

### Parenting Girls

How do you help your daughters grow up to be happy, healthy and strong? How do we navigate the obstacles of growing up in a world that can seem so challenging for young girls? All girls are worthy of friendship, love, support, kindness, safety, well-being, and adults who will reinforce the best in them. This course is for parents and caregivers of girls who wish to support girl's healthy transition toward young adulthood. Potential discussion topics include supporting emotional growth while considering communication, changing bodies and healthy body image, friendships and social dynamics, common and typical bumps and pitfalls for girls (and ideas for how to anticipate and manage them), the challenges of effectively supporting girls as they become skilled in their world, and how the pandemic has impacted girls. The format of the class might include podcasts, reading and discussing articles on current topics related to parenting girls, and small group discussions based on the age of the girls of participants. Topics and format are flexible and will reflect the interest of the group.

Thursdays, 12:30-2:00pm      Sep 14-May 9  
9 sessions: \$225      GIRLS-1  
Edina Community Center - ECC Classroom - 110      No class 9/21, 9/28, 10/ 5, 10/19, 10/26, 11/ 2, 11/16, 11/23, 11/30, 12/ 7, 12/21, 12/28, 1/ 4, 1/18, 1/25, 2/ 1, 2/15, 2/22, 2/29, 3/ 7, 3/21, 3/28, 4/ 4, 4/18, 4/25, 5/ 2

### Parenting Podcast

Twenty-first century family life requires twenty-first century tools. If you are a parent with an interest in kids, grown-ups, and the world around us, you have to hear these podcasts. Whether you are new to podcasts, or have your earbuds permanently plugged in, you will hear something interesting in this brand-new class. Each class meeting will include time to check in with one another, as well as additional content and

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discussion of the week's theme. Our podcasts will include a variety of programs and episodes, of which you will listen to at least one prior to each session. This class will be a hybrid-model, participants can attend in person or virtually.

Tuesdays, 7:00-8:00pm Sep 12-Dec 12

4 sessions: \$75 PODCAST-Fall

Edina Community Center - ECC Classroom - 110 No class 9/19, 9/26, 10/ 3, 10/17, 10/24, 10/31, 11/ 7, 11/21, 11/28, 12/ 5

Tuesdays, 7:00-8:00pm Jan 9-Apr 9

4 sessions: \$75 PODCAST-Spring

Edina Community Center - ECC Classroom - 110 No class 1/16, 1/23, 1/30, 2/ 6, 2/20, 2/27, 3/ 5, 3/19, 3/26, 4/ 2

### Parenting for Resilience

Raising resilient kids can be challenging. Learn how to teach your child resilience and how to cope through difficult times.

Thursdays, 6:00-7:00pm Sep 7-Jan 18

16 sessions: \$181 Resilience-1

Edina Community Center - ECC ELC - 151 - Adult Learning Space No class 10/19, 11/23, 12/28, 1/ 4

### Parenting: Ages 3-5

A licensed Parent Educator facilitates parents of children 3-5 years who will gather to support and discuss topics key to child development. This class will look at developmental growth through play and the joys and challenges that this age can exhibit. Topics may include: Meals and Manners, Friendship Skills, Discipline, Power Struggles. Under the guidance of the Parent Educator, participants can help select future discussions. This class will meet on the third Tuesday of the month. For an additional cost (half the amount of class fee), childcare is available for children as young as 6 weeks and as old as 5 years. Children up to 4 months are welcome to attend with their parent.

Tuesdays, 8:45-9:45am Sep 19-May 21

9 sessions: \$98 Par3to5-1

Edina Community Center - ECC ELC Classroom - 116 No class 9/26, 10/ 3, 10/10, 10/24, 10/31, 11/ 7, 11/14, 11/28, 12/ 5, 12/12, 12/26, 1/ 2, 1/ 9, 1/23, 1/30, 2/ 6, 2/13, 2/20, 3/ 5, 3/12, 3/19, 4/ 2, 4/ 9, 4/23, 4/30, 5/ 7, 5/14

Tuesdays, 1:00-2:00pm Sep 19-May 21

9 sessions: \$98 Par3to5-2

Edina Community Center - ECC ELC Classroom - 116 No class 9/26, 10/ 3, 10/10, 10/24, 10/31, 11/ 7, 11/14, 11/28, 12/ 5, 12/12, 12/26, 1/ 2, 1/ 9, 1/23, 1/30, 2/ 6, 2/13, 2/20, 3/ 5, 3/12, 3/19, 4/ 2, 4/ 9, 4/23, 4/30, 5/ 7, 5/14

### Parenting: Been There, Done That

This class is for experienced parents that have already been through traditional ECFE. Class content will be based on the interests of the group, honoring their knowledge and experiences.

Tuesdays, 1:00-2:00pm Sep 5-May 7

8 sessions: \$98 Been There-1

Register: <https://edina.ce.eleyo.com>



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## Class Descriptions



Edina Community Center - ECC ELC Classroom - 116 No class 9/12, 9/19, 9/26, 10/10, 10/17, 10/24, 10/31, 11/ 7, 11/14, 11/21, 11/28, 12/12, 12/19, 12/26, 1/ 2, 1/16, 1/23, 1/30, 2/13, 2/20, 2/27, 3/12, 3/19, 3/26, 4/ 9, 4/16, 4/23, 4/30

### Supporting Your Little Worrier: Anxiety Is Real

This five-week virtual class will support parents and caregivers of young children experiencing anxiety. Parents and caregivers will learn helpful tools to manage and respond to their child's anxiety - both in the moment and long term. Instructional materials provided prior to the start of class.

Mondays, 7:00-8:00pm Sep 11-Oct 16  
5 sessions: \$78 ParentAnx-1  
Edina Community Center - ECC ELC Classroom - 116 No class 9/25

### Trending Topics in Parenting

Each month a Licensed Parent Educator will lead discussions around trending topics that are complex when applied to parenting. This hour will provide support through research-based information and community support. Potential topics may include identity, social media, discipline, mental health, and how the pandemic has impacted our children. The format of the class might include podcasts, reading and discussing articles on trending topics. Topics and format are flexible and will reflect the interest of the group.

Wednesdays, 1:00-2:00pm Sep 6-Feb 7  
6 sessions: \$158 TREND-1  
Edina Community Center - ECC Classroom - 110 No class 9/13, 9/20, 9/27, 10/11, 10/18, 10/25, 11/ 8, 11/15, 11/22, 11/29, 12/13, 12/20, 12/27, 1/ 3, 1/17, 1/24, 1/31

### Welcome to the Community: Parenting

This is a parent only class for families new to living in the United States to meet and share experiences with other new families.

Thursdays, 6:00-7:00pm Sep 7-Jan 18  
16 sessions: \$181 NewUSPar-1  
Edina Community Center - ECC ELC Classroom - 116 No class 10/19, 11/23, 12/28, 1/ 4

Thursdays, 6:00-7:00pm Jan 25-May 30  
18 sessions: \$181 NewUSPar-2  
Edina Community Center - ECC ELC Classroom - 116 No class 3/21

### ECFE Toddlers

#### Tender Tots

Enjoy time with your toddler exploring the classroom, singing songs, participating in art activities, reading books and playing to learn. Parents separate for a portion of the class into another classroom with a licensed Parent Educator to discuss their child's social, emotional and physical development while the children play with their teachers and classmates. Your child must be between 18 and 23 months on September 1, 2023, to join this class. Sibling care is available. One-time \$50 registration fee.

Register: <https://edina.ce.eleyo.com>

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## Class Descriptions



Tuesdays, 11:00am-12:15pm Sep 5-May 28

34 sessions: \$152 1823-1

Edina Community Center - ECC ELC Classroom - 150

No class 11/ 7, 12/26, 1/ 2, 2/20, 3/19

Wednesdays, 11:00am-12:15pm Sep 6-May 29

35 sessions: \$152 1823-2

Edina Community Center - ECC ELC Classroom - 150

No class 11/22, 12/27, 1/ 3, 3/20

Thursdays, 9:15-10:30am Sep 7-May 30

34 sessions: \$152 1823-3

Edina Community Center - ECC ELC Classroom - 150

No class 10/19, 11/23, 12/28, 1/ 4, 3/21

### Toddlin' Tykes

Your toddler will delight in songs, story time, and puppet shows all the while learning social skills by taking turns, exploring together and interacting with others. Parents separate for a portion of the class with a licensed Parent Educator to discuss their child's social, emotional and physical development while the children stay to play in the classroom. One-time \$50 registration fee.

Tuesdays, 9:15-10:30am Sep 5-May 28

34 sessions: \$152 1217-1

Edina Community Center - ECC ELC Classroom - 150

No class 11/ 7, 12/26, 1/ 2, 2/20, 3/19

Wednesdays, 9:15-10:30am Sep 6-May 29

35 sessions: \$152 1217-2

Edina Community Center - ECC ELC Classroom - 150

No class 11/22, 12/27, 1/ 3, 3/20

Thursdays, 11:00am-12:15pm Sep 7-May 30

34 sessions: \$152 1217-3

Edina Community Center - ECC ELC Classroom - 150

No class 10/19, 11/23, 12/28, 1/ 4, 3/21

### Toddlin' Tykes Saturdays: Non-Separating

Spend a Saturday morning with your toddler! You will participate in songs, story time, and puppet shows while learning social skills by taking turns, exploring together and interacting with others.

Saturdays, 9:00-10:00am Sep 9-Oct 14

6 sessions: \$120 S1224-1

Edina Community Center - ECC ELC Classroom - 152

Saturdays, 9:00-10:00am Oct 28-Dec 2

5 sessions: \$100 S1224-2

Edina Community Center - ECC ELC Classroom - 152

No class 11/25

Saturdays, 9:00-10:00am Jan 27-Mar 2

6 sessions: \$120 S1224-3

Edina Community Center - ECC ELC Classroom - 152

Saturdays, 9:00-10:00am Apr 6-May 11

6 sessions: \$120 S1224-4

Edina Community Center - ECC ELC Classroom - 152

Register: <https://edina.ce.eleyo.com>

# ECFE Winter/Spring Catalog



## Class Descriptions



### ECFE Twos

#### **A Taste of Preschool (One Day)**

Twos develop at high speed and thrive with guidance and limits as they set out to try everything in sight. Our classrooms are set up to allow children to engage all of their senses as they sing, dance, create, build, problem solve, communicate and socialize. Children gain confidence, trust, and independence as their parents separate for a facilitator led parenting time which focuses on parent generated topics including eating, toilet learning, separation anxiety, and language development as well as other relevant topics. Each class provides many opportunities for your child to develop social and problem solving skills while the two of you enjoy some uninterrupted high quality play and learning together time. You will also leave with new ideas and activities that reinforce the weekly classroom activities. Sibling care is available for this class on parenting days. One-time \$50 registration fee.

Mondays, 8:45-10:45am Sep 11-May 20

31 sessions: \$215 0002-1

Edina Community Center - ECC ELC Classroom - 152

No class 9/25, 12/25, 1/ 1, 1/15, 2/19, 3/18

Mondays, 11:15am-1:15pm Sep 11-May 20

31 sessions: \$0 0002-2

Edina Community Center - ECC ELC Classroom - 152

No class 9/25, 12/25, 1/ 1, 1/15, 2/19, 3/18

#### **A Taste of Preschool (Two Days)**

Twos develop at high speed and thrive with guidance and limits as they set out to try everything in sight. Our classrooms are set up to allow children to engage all of their senses as they sing, dance, create, build, problem solve, communicate and socialize. Children gain confidence, trust, and independence as their parents separate for a facilitator led parenting time which focuses on parent generated topics including eating, toilet learning, separation anxiety, and language development as well as other relevant topics. Each class provides many opportunities for your child to develop social and problem solving skills while the two of you enjoy some uninterrupted high quality play and learning together time. You will also leave with new ideas and activities that reinforce the weekly classroom activities. Sibling care is available for this class on parenting days. One-time \$50 registration fee. Parenting Day is Tuesday; Children only on Thursday

Tuesdays/Thursdays, 9:30-11:30am Sep 5-May 30

68 sessions: \$380 0002-3

Edina Community Center - ECC ELC Classroom - 152

No class 10/19, 11/ 7, 11/23, 12/26, 12/28, 1/ 2, 1/ 4, 2/20, 3/19, 3/21

#### **A Taste of Preschool for Older Two's**

Do you have a two year old with a birthday in the month of June, July or August? We recognize that children with summer birthdays may be ready for two days of independent learning. This class is similar to our Taste of Preschool but without a parent education component. One-time \$50 registration fee. Your child must be age 33 months by 9/1/2023.

Wednesdays/Fridays, 9:30-11:30am Sep 6-May 31

66 sessions: \$380 0002-Older2

Edina Community Center - ECC ELC Classroom - 152

No class 10/20, 11/22, 11/24, 12/27, 12/29, 1/ 3, 1/ 5, 1/19, 3/ 8, 3/20, 3/22, 4/19

**Register: <https://edina.ce.eleyo.com>**

# ECFE Winter/Spring Catalog



## Class Descriptions



### Taste of Preschool in Nature

Being outside allows busy twos to engage all of their senses as they move, create, communicate and socialize. This non-separating class will meet at an Edina park in the fall and spring, and at the Early Learning Center in the winter. Come meet new friends as you learn and enjoy the seasons of Minnesota.

Wednesdays, 12:00-1:00pm Sep 6-Oct 18  
7 sessions: \$140 0002-NatureFall  
Wooddale Park

Wednesdays, 12:00-1:00pm Apr 17-May 22  
6 sessions: \$140 0002-NatureSpr  
Wooddale Park

Wednesdays, 12:00-1:00pm Jan 10-Feb 14  
6 sessions: \$140 0002-NatureWin  
Edina Community Center - ECC ELC Classroom - 152

### Early Childhood Family Education (ECFE)

#### ECFE 3s Preschool

This class is similar to a traditional 3's Preschool class but with an added bonus! Mom or Dad or any caretaker gets to come to school with the child on Fridays! The first hour of class will be in the room with the students, then adults will transition to another space for adult learning. Discussions will be focused on current topics in parenting such as sleep habits, brain development, nutrition, or other topics of interest to the group. Adults will rejoin the class for the last 30 minutes to participate in the closing meeting and to celebrate the days learning. One-time \$50 registration fee.

Mondays/Wednesdays/Fridays, 8:30-11:30am Sep 6-May 31  
97 sessions: \$478 ECFE3-1  
Edina Community Center - ECC ELC Classroom - 105 No class 9/25, 10/20, 11/22, 11/24, 12/25, 12/27, 12/29, 1/ 1, 1/ 3, 1/ 5, 1/15, 1/19, 2/19, 3/ 8, 3/18, 3/20, 3/22, 4/19, 5/27

#### Parenting: Birth - Two Years

A licensed Parent Educator facilitates parents of children 0-2 years who will gather to support and discuss topics key to child development. This class will look at developmental growth through play and the joys and challenges that this age can exhibit. Topics may include: sleep habits, meal time, toilet training, discipline, social and emotional development, language development. Under the guidance of the Parent Educator, participants can help select future discussions. This class will meet on the second Tuesday of the month. For an additional cost (half the amount of class fee), childcare is available for children as young as 6 weeks and as old as 5 years. Children up to 4 months are welcome to attend with their parent.

, 8:45-9:45am Sep 12-May 14  
9 sessions: \$98 ParBirthtoTwo-1  
Edina Community Center - ECC ELC Classroom - 116 No class 9/19, 9/26, 10/ 3, 10/17, 10/24, 10/31, 11/ 7, 11/21, 11/28, 12/ 5, 12/19, 12/26, 1/ 2, 1/16, 1/23, 1/30, 2/ 6, 2/20, 2/27, 3/ 5, 3/19, 3/26, 4/ 2, 4/16, 4/23, 4/30, 5/ 7

, 1:00-2:00pm Sep 12-May 14

**Register: <https://edina.ce.eleyo.com>**

# ECFE Winter/Spring Catalog



## Class Descriptions



9 sessions: \$98

ParBirthtoTwo-2

Edina Community Center - ECC ELC Classroom - 116

No class 9/19, 9/26, 10/ 3, 10/17, 10/24,

10/31, 11/ 7, 11/21, 11/28, 12/ 5, 12/19, 12/26, 1/ 2, 1/16, 1/23, 1/30, 2/ 6, 2/20, 2/27, 3/ 5, 3/19, 3/26, 4/ 2, 4/16, 4/23, 4/30, 5/ 7

### Individual Parent Education

#### **Individual Parent Education**

Individual Parent Education is available if you would like to have a private session with a licensed Parent Educator from the ELC. You pick the discussion topic(s). Here are examples from previous registrants: Talking about race, pandemic parenting, child development, discipline, communication skills, nurturing self-esteem, tantrums, eating, sleeping or toilet training, sibling issues, parent/child relationships, school readiness, any other parenting concerns. Each session is 60 minutes. Once you register, contact the Early Learning Center @ 952-848-3908. Or email us at [Early.Learning@Edinaschools.org](mailto:Early.Learning@Edinaschools.org)

0 sessions: \$10

IPE-SY23

**Register: <https://edina.ce.eleyo.com>**