



# COVID-19 FLOWCHART FOR EMPLOYEES

## Do You Have COVID-19 SYMPTOMS?

- Fever
- Sore Throat
- Chills
- Cough
- Fatigue
- Difficulty Breathing/ Shortness of Breath
- Muscle Aches
- Headache
- Nausea or vomiting
- Congestion or runny nose
- Diarrhea
- Loss of Taste and/or Smell

## Testing Site Information

MV, PV, SM, TCMS, CVHS, WSHS, and DO

Monday - Friday

8:00am-10:00am and 2:00pm-4:00pm

[Primary Health Testing Registration Link](#)

## Helpful Links

[Riverside County Public Health - Guidance for Staff](#)

[Cal/OSHA - Non Emergency Regulations](#)

[Centers for Disease Control and Prevention](#)

**I HAVE TESTED POSITIVE**

## Complete the Google Form for Positive Staff Staff (Positive) - Google Form

- After submitting result you will be contacted via email and given further instruction for your return to work.
- Positive staff member to remain in home isolation for at least 5 days from symptom onset or positive test date

**I HAVE SYMPTOMS**

## Stay Home and Isolate

- Test at the onset of symptoms and testing recommended on Day 3 - 5
  - Isolate for at least 5 days
  - While test is pending continue home isolation
- If staff does not have a known exposure, test is negative, and symptoms are resolving or resolved: Staff may return to work and recommended to mask for 10 days from symptom onset.
- If there is a known exposure: follow '*I WAS A CLOSE CONTACT*'  
If Positive: follow '*I HAVE TESTED POSITIVE*'

**I WAS A CLOSE CONTACT**

## Complete the Google Form for Close Contacts Close Contact - Google Form

- Required to test on Day 3 - 5 following exposure\* **AND**
  - Required to wear a well fitted mask when sharing indoor air space for 10 days following exposure\*
- \*Requirements are per Cal/OSHA*

If you develop symptoms, follow '*I HAVE SYMPTOMS*'  
If results are positive, follow '*I HAVE TESTED POSITIVE*'

**Return To Work**

## Steps to follow:

- You may return after completing 5-Days of isolation
- If symptoms are not present or are resolving and fever-free for 24 hours without the use of fever reducing medications.
- You will be required to wear a well fitted mask when sharing indoor airspace for a total of 10 days (per Cal/OSHA).
- If symptoms are not resolving, continue to isolate until symptoms are resolving or until after Day 10 (from symptom onset).

For any questions contact CVUSD Contact Tracing Team  
[Contact\\_Tracing@cvusd.us](mailto:Contact_Tracing@cvusd.us)  
(760) 848-1223

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