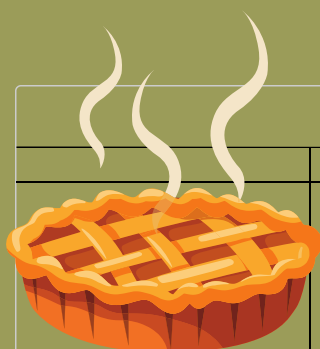


# STEAM and Horizon Lunch Menu



## NOVEMBER, 2023

		Wed 1	Thu 2	Fri 3
		Chicken & Veggie Pot Stickers*	Grilled Cheese on Sourdough (v)	Cheese Pizza (v)
		Veggie Spring Rolls (v)	Crispy Chicken Ranch Wrap	
Mon 6	Tue 7	Wed 8	Thu 9	Fri 10
Pasta with Marinara (v)	Cheese Quesadilla (v)	Teriyaki Tofu (v)	Chicken Nuggets	Veterans Day
Pasta with Meat Sauce	Beef Soft Tacos	Teriyaki Chicken	Morning Star Farms Soy Nuggets	Program closed
Mon 13	Tue 14	Wed 15	Thu 16	Fri 17
Israeli Couscous Salad (v)	Lemon Herb Tofu (v)	Spaghetti & Veggie Meatballs (v)	Jackfruit Chile Verde Soft Tacos (v)	Cheese Pizza (v)
Israeli Couscous & Chicken Salad	Lemon Herb Chicken Drumsticks	Spaghetti & Meatballs	Chicken Chile Verde Soft Tacos	
Mon 20	Tue 21	Wed 22	Thu 23	Fri 24
Pasta with Marinara (v)	Cheese Quesadilla (v)	Thanksgiving Holiday Program closed	Thanksgiving Holiday Program closed	Thanksgiving Holiday Program closed
Mon 27	Tue 28	Wed 29	Thu 30	Fri 1
Mediterranean Chicken & Couscous	Chinese Tofu Salad (v)	Baked Ziti with Meat Sauce	Grilled Cheese on Sourdough (v)	
Macaroni Salad (v)	Chinese Chicken Salad	Baked Vegetable Ziti (v)		



Every meal includes vegetables and a fruit.

