



Lockhart ISD
School Health Advisory
Council
2023-2024

Overview of SHAC

- ▶ State Law requires each school district in Texas to have a SHAC
- ▶ The SHAC is an advisory body and shall serve to provide guidance, recommendations, and other assistance to the Board of Trustees
- ▶ The SHAC has no power to expend public funds or enter into contracts
- ▶ The SHAC will assist the district in ensuring that local community values are reflected in health education instruction
- ▶ The SHAC shall conduct at least 4 regular meetings per year
- ▶ Review components of a comprehensive school health program and make recommendations to the District and the Board of Trustees

Components of a Comprehensive School Health Program

- ▶ Health Instruction
- ▶ Safe and Healthy School Environment
- ▶ Health Services
- ▶ Physical Education
- ▶ School counseling, guidance and mental health
- ▶ School Food and Nutrition Services
- ▶ Health Promotion for Faculty and Staff

2023-2024 Membership

- ▶ 30 members total
- ▶ 18 parents of current LISD students, 16 parents not employed by LISD
- ▶ Membership representation from each school in the district
- ▶ 7 Board-appointed members
- ▶ LISD staff representing the following areas: Curriculum & Instruction, Health Services, Food & Nutritional Services, Physical Education, Athletics, Deputy Superintendent
- ▶ Community organization members: Texas A&M Extension Agent representing the Family & Community Health division, Methodist Wesley Nurse
- ▶ Parent Co-Chair - Marissa Mendez
- ▶ District Co-Chair - Shelly Weber

Goals for 2023-2024 School Year

- ▶ Review and Update SHAC By-laws
- ▶ Review and Update District Wellness Plan
- ▶ Review and Recommend a Curriculum for Instruction for Opioid/Fentanyl awareness and prevention - HB 3908, known as Tucker's Law

Questions?

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SHAC By-Laws

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SHAC By-Laws

Why do we need to update?

- ▶ Updates in the law have added to SHAC duties
- ▶ Updates in the law have changed the communication requirements of the SHAC
- ▶ The SHAC leadership model has changed, as voted on by the membership
- ▶ Review of Vision Statement and Mission Statement

Current LISD SHAC Vision Statement

- ▶ Our vision is to create a healthier community by positively influencing staff, students and families to make healthy life choices.

Current LISD SHAC Mission Statement

- ▶ Our mission is to promote and nourish health and wellness within a safe school environment emphasizing the physical, social, emotional and spiritual needs of the Lockhart ISD educational community.