

School Health Advisory Council Meeting: April 17, 2023

The meeting was called to order at 5:37 pm

Members Present

Shelly Weber, Shalaina Walker, Jaclyn Keller, Sheri Moebes, Nicole Burnett, Ethan Peters, Stephaine Camarillo

Meeting Minutes

A motion was made by Sheri Moebes to accept the minutes of the February 13, 2023 meeting as written, seconded by Jaclyn Keller. All in Favor. Motion passed.

A motion was made by Jaclyn Keller to accept the minutes of the March 20, 2023 meeting as written, seconded by Nicole Burnett. All in favor. Motion passed.

SHAC Health Education Recommendations

The historical legislative mandates for Texas SHACs was reviewed, from 1995 to the present, including health education topics in which the SHAC is required to provide recommendations to the district and/or the Board of Trustees. There was a discussion about implementing a health class at the Jr. High or High School level. There was an idea that was mentioned to use the Jr. High advisory period for health instruction, however it was mentioned that this time is used for required tutoring that is required by law. It was mentioned that there are required health TEKS at the junior high level and the health TEKS at the high school level are optional. There was concern that by adding a health class at the high school level there would be less room for other electives. There was interest from the members present to possibly add health class to the junior high level, although there was concern about having room in the schedule.

Membership and Officers

There was discussion about ways to communicate information about the SHAC to recruit new members. Members were reminded that the SHAC must have the majority of members as parents who are not employed by the district. Per the current SHAC by-laws, the SHAC shall have between 10 and 30 members. The SHAC secretary, Shalaina Walker, is unsure if she will be returning next year as secretary, so there may be an opening for the secretary position.

Review of SHAC Accomplishments for this School Year

Agenda item not discussed

Topics for Next Year

It was mentioned that the SHAC By-laws need to be reviewed and updated. Also, the district Wellness Plan needs to be reviewed and updated. A member mentioned possibly looking a recess practices. A member mentioned possibly looking at pregnancy related services and resources and support provided to pregnant students.

Proposed Meeting Dates for Next Year

October 16, 2023

November 13, 2023

January 8, 2024

February 12, 2024

April 15, 2024

Meeting Adjourned at 6:30 pm

