

LUNCHPAD

National
Cookie Day 12/5/23 –
Purchase a Delicious
Chocolate Chip
Cookie!



DECEMBER 2023

Daily Breakfast Selections: Assorted Cereals, Pop Tarts, & Breakfast Bars
Daily Fruit Selections: Fresh Whole Fruit and Assorted Fruit Cups
Juice is available daily @ Breakfast/Juice is available on Tuesday & Thursday for Lunch
Daily Rotation of Assorted Fresh Cut Vegetables: Red/Green Peppers, Cucumber Slices, Tomatoes, Carrots, & Broccoli
Daily Milk Selections: Skim Chocolate Milk, 1% White Milk

NOTES

STUDENT MEAL PRICES:
BREAKFAST: FREE
PAID LUNCH: \$2.70

MONDAY

TUESDAY

WEDNESDAY

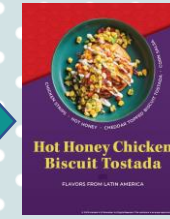
THURSDAY

FRIDAY

Trojan Favorites (Offered Daily): Cheese Pizza, Pepperoni Pizza, Smucker's Uncrustable Lunch Pack

Breakfast Meal Includes: One Entrée, Two Fruit Selections, & Milk Selection
Lunch Meal Includes: One Entrée, One Fruit Selection, Two Vegetable Selections, & Milk Selection
Online Menus are available @ www.mtsd.org or www.nutrislice.com
Free lunch meals for eligible students – Apply online @ www.mtsd.org
Menu Items are subject to change daily without notice due to global supply chain shortages

Limited Time Entrée:
**Hot Honey Chicken
Biscuit Tostada**
Give it a try!
December 12th & 14th



BKFST: Vanilla Glazed Donut **1**
Grill: Spicy Chicken Sandwich
Entree: Chicken Sliders
Fresh Baked Breadstick
Hot Vegetable: Mixed Vegetables
Salad: Ranch Chicken Salad
Test Kitchen: Chicken Parmesan Sub

BKFST: Cinnamon Chip Scone **4**
Grill: Spicy Chicken Sandwich
Entree: Beef Soft Tacos
Hot Vegetable: Buttered Corn
Salad: Ham Chef
Test Kitchen: Chicken Tenders
Freshly Baked Dinner Roll

BKFST: Egg & Cheese Muffin **5**
Grill: Cheeseburger
Entree: Mozzarella Pizza Crunchers
Hot Vegetable: Seasoned Green Beans
Deli: Turkey & Cheese Sub
Test Kitchen: Boneless Chicken Wings
Goldfish Crackers

BKFST: Glazed Cinnamon Roll **6**
Grill: Chicken Patty Sandwich
Entree: Pancake Bites w/
Turkey Sausage
Hot Vegetable: Tater Tots
Salad: Turkey Chef
Test Kitchen: Chicken Patty Sliders

BKFST: Sausage, Egg, & Cheese Biscuit **7**
Grill: Cheeseburger
Entree: Pulled Pork Sandwich
Hot Vegetable: Baked Beans
Deli: Ham & Cheese Sub
Test Kitchen: Popcorn Chicken
Freshly Baked Dinner Roll

BKFST: Vanilla Glazed Donut **8**
Grill: Spicy Chicken Sandwich
Entree: Cheese Dippers w/ Sauce
Hot Vegetable: Mixed Vegetables
Salad: Egg Chef
Test Kitchen: Chicken Parmesan FB

BKFST: Breakfast Oatmeal Round **11**
Grill: Spicy Chicken Patty
Entree: Popcorn Chicken
Freshly Baked Dinner Roll
Hot Vegetable: Steamed Broccoli
Salad: Italian Ham
Test Kitchen: Mac-n-Cheese
Freshly Baked Dinner Roll

BKFST: Egg & Cheese Muffin **12**
Grill: Cheeseburger
Entree: "Chick-fil-a" Style Sandwich
Hot Vegetable: French Fries
Deli: Ham & Cheese Sub
Test Kitchen: **Hot Honey Chicken
Biscuit Tostada**

BKFST: Glazed Cinnamon Roll **13**
Grill: Chicken Patty Sandwich
Entree: Italian Meatball Sub
Hot Vegetable: Seasoned Green Beans
Salad: Egg Chef
Test Kitchen: Pasta & Meatballs

BKFST: Sausage, Egg, & Cheese Biscuit **14**
Grill: Cheeseburger
Entree: French Toast Sticks w/
Chicken Sausage
Hot Vegetable: Hashbrown
Deli: Turkey & Cheese Sub
Test Kitchen: **Hot Honey Chicken
Biscuit Tostada**

BKFST: Vanilla Glazed Donut **15**
Grill: Spicy Chicken Sandwich
Entree: Chicken Nuggets
Freshly Baked Dinner Roll
Hot Vegetable: Baked Beans
Salad: Turkey Chef
Test Kitchen: Chicken & Noodles

BKFST: Chocolate Chip Muffin Top **18**
Grill: Spicy Chicken Sandwich
Entree: Mozzarella Pizza Crunchers
Hot Vegetable: Seasoned Green Beans
Salad: Egg Chef
Test Kitchen: Beef Soft Tacos

BKFST: Egg & Cheese Muffin **19**
Grill: Cheeseburger
Entree: Cheese Dippers w/ Sauce
Hot Vegetable: Curly Fries
Deli: Pretzel, Yogurt, & Cheese Pack
Test Kitchen: Beef Nachos w/ Cheese

BKFST: Strawberry Apple Smoothie **20**
Glazed Cinnamon Roll
Grill: Chicken Patty Sandwich
Entree: Chicken Nuggets
Freshly Baked Dinner Roll
Hot Vegetable: Buttered Corn
Salad: Turkey Chef Salad
Test Kitchen: Beef Soft Tacos



BKFST: Sausage, Egg, & Cheese Biscuit **21**
Grill: Cheeseburger
Entree: Bacon Cheeseburger
Hot Vegetable: Baked Beans
Deli: Ham & Cheese Sub
Test Kitchen: Beef Nachos w/ Cheese

BKFST: Chocolate Glazed **22**
Cocoa Puff Donut
Grill: Spicy Chicken Sandwich
Entree: Chicken Quesadilla
Hot Vegetable:
Steamed Broccoli
Salad: Italian Ham
Test Kitchen: Beef Soft Tacos



NO SCHOOL **25**



NO SCHOOL **26**

NO SCHOOL **27**

NO SCHOOL **28**



NO SCHOOL **29**

ENJOY YOUR WINTER BREAK!