



MARQUETTE



HILLTOPPERS

2024

SUMMER SPORT CAMP OPPORTUNITIES

BASKETBALL

FOOTBALL

RUNNING

SOCCER

STRENGTH/CONDITIONING

VOLLEYBALL

Program Cancellation/ Refund Policy

Marquette High reserves the right to close programs with maximum enrollment and to cancel programs that do not meet the minimum enrollment 14 days prior to the program starting date. In the event a program is cancelled by the school, participants will receive a full refund.

If a student voluntarily withdraws after the first day of the program start date, no refund will be issued.

There is a no pro-rated adjustment of the program fees based on the number of days attended.

2024 SUMMER CAMP OPPORTUNITIES

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MARQUETTE UNIVERSITY HIGH SCHOOL
3401 W. WISCONSIN AVE.
MILWAUKEE, WI 53208
(414) 933-7220
WWW.MUHS.EDU

BASKETBALL CAMPS

CAMP DATES, TIMES AND FEES

ENTERING 4TH & 5TH GRADE

Monday, June 17 — Thursday, June 20

8:00 a.m. - 8:30 a.m. Open Shooting (optional)

8:30 a.m. - 10:00 a.m. Camp

Cost: \$100

ENTERING 6TH GRADE

Monday, June 17 — Thursday, June 20

10:00 a.m. - 10:30 a.m. Open Shooting (optional)

10:30 a.m. - 12:00 p.m. Camp

Cost: \$100

ENTERING 7TH GRADE

Monday, June 17 — Thursday, June 20

12:15 p.m. - 12:45 p.m. Open Shooting (optional)

12:45 p.m. - 2:15 p.m. Camp

Cost: \$100

ENTERING 8TH GRADE

Monday, June 10 — Thursday, June 13

8:00 a.m. - 8:30 a.m. Open Shooting (optional)

8:30 a.m. - 10:15 a.m. Camp

Cost: \$115

CONTACT

Casey Kowalewski
kowalewski@muhs.edu

BASKETBALL CAMPS

CAMP DATES CONTINUED

ENTERING 9TH GRADE

Monday, June 10 — Thursday, June 13

11:45 a.m. - 12:15 p.m. Open Shooting (optional)

12:15 p.m. - 2:00 p.m. Camp

Cost: \$115

CAMP GOALS

Drills, games and instruction will be conducted to help students understand and develop the fundamentals skills of the game.

Teamwork, communication, ball handling, shooting, passing, defending, rebounding, and spacing. Having fun and making friends.

COACHING STAFF

Varsity Coach –
Casey Kowalewski

Current and Past MUHS
coaches and players

*The gym will be open at 7:30 a.m.
should you wish to drop your son
off early.*

*MUHS will provide high school
regulation balls to use at camp.*



CONTACT

Casey Kowalewski
kowalewski@muhs.edu

YOUTH FOOTBALL CAMP

CAMP DATES: Monday - Thursday, June 24 - June 27

CAMP TIMES: 5:30 p.m. - 7:30 p.m. at Takton Field

CAMP FEE: \$130

***Open to all boys entering 4th - 8th grade in Fall 2024
regardless of where they play youth football.***

OUR CONCEPT

Even if you have never played organized football, you can benefit from this camp. You will learn about the techniques and skills required to be a good football player. You will see how you compare to other young players your age. You may even make some new friends.

The camp will be held on Takton Field adjacent to the high school. We will provide the equipment you need.

This is a non-contact camp. The camp complies with WIAA and CYFL eligibility rules.

CAMP OBJECTIVES

- Develop important, **SAFE** techniques and position skills.
- Build **GREAT TEAMMATES** and **BELIEVE** in them.
- Learn the fundamentals of the position you want to play.
- Participate in individual, small group and large group team drills.
- Running form and dynamic warmup exercises emphasized daily.



This is a very popular camp. Please register early.

CONTACT

Coach Klestinski

klestinski@muhs.edu

YOUTH FOOTBALL CAMP

COACHING STAFF

The camp will be coordinated by Keith Klestinski, Head Football Coach. The entire, experienced Marquette University High School football staff (Varsity, Junior Varsity and Freshman coaches) will be coaching the camp.

PERSONAL EVALUATIONS

Each and every camper will receive their own personal evaluation. Coaches will convene to discuss individual campers and a detailed evaluation offering encouragement and suggestions for improvement will be provided to every camper.

AWARDS, AWARDS, AWARDS

Every camper is given a T-shirt on the last day. Additional gear AWARDS will be handed out at the end of each day to reward Effort, Participation and Performance.

GENERAL INFORMATION

- This is a non-contact camp. The WIAA does not allow the issuing of helmets. All campers will wear a mouth guard for safety.
 - Each camper should wear athletic shorts and a T-shirt. Football cleats recommended. Bring gym shoes. In the event of rain, the camp will move indoors.
 - We will again incorporate music into our fast-paced, very active, on-field scripted practice/instruction sessions.
- ** Campers, please arrive 30-40 minutes early on Monday for check-in and mouth guard fitting.
- ** Each camper should be covered by a parent or guardian's insurance policy.

WATER BREAKS GIVEN THROUGHOUT CAMP

CONTACT

Coach Klestinski
klestinski@muhs.edu

HILLTOPPER FOOTBALL MINI CAMP

This Starts Our Season

- CAMP DATES:** Sunday - Thursday, July 21 - July 25
- CAMP TIMES:** 4:00 p.m. - 7:45 p.m. at MUHS / Takton Field
- CAMP FEE:** \$150
- INCLUDES:** 2 Dri-Fit tees and 1 pair performance shorts
- WHY CAMP:** Prepare for fall camp & maximize season success
- **All MUHS incoming 9th, 10th, 11th & 12th graders****

** Each Camper should be covered by a parent or guardian's insurance policy.

CAMP GOALS

- Develop important, **SAFE** techniques and position skills.
- Install offensive, defensive and special teams schemes.
- Build **GREAT TEAMMATES** and **BELIEVE** in them.
- Learn the fundamentals of the position you want to play.
- Participate in individual, small group and large group team drills.
- Running form and dynamic warmup exercises emphasized daily.



WE EXPECT AND ENCOURAGE 100% ATTENDANCE

REGISTER ONLINE

WWW.MUHS.EDU/ATHLETICS

COACHING STAFF

The camp will be coordinated by Keith Klestinski, Head Football Coach. The entire, experienced Marquette University High School football staff (Varsity, Junior Varsity and Freshman coaches) will be coaching the camp.

CONTACT

Coach Klestinski
klestinski@muhs.edu

MINI CAMP

WATER BREAKS GIVEN FREQUENTLY - HYDRATION IS KEY
WIAA FALL ACCLIMATIZATION REQUIREMENTS WILL BE FOLLOWED
WIAA/WFCA CONTACT REGULATIONS WILL BE FOLLOWED AS INDICATED

EQUIPMENT FITTING/ISSUE & SPEED TESTING

SUNDAY, JULY 21

SENIORS / JUNIORS	2:30 p.m.
SOPHOMORES	3:00 p.m.
FRESHMEN	3:30 p.m.

**** PLEASE REPORT AT THE APPOINTED TIME ****
4:45 p.m. all team meeting

- We will be using white-board, video presentation sessions and film of practice.
- HUDL, JustPlay, and TeamBuildr accounts will be assigned.
- We will incorporate music into our fast-paced, active, on-field scripted practice sessions.
- We will begin to unlock the secrets to success on the field and off.
- All of the training, conditioning, and hard work that you put in to the summer will be brought into focus.



ATHLETIC TRAINER

Certified athletic trainers, under school contract with Midwest Orthopedic Specialty Hospital, will provide athletic training services for the camp.

CONTACT

Coach Klestinski
klestinski@muhs.edu

TRAINING FOR CURRENT PLAYERS

“RGC” - RISE AND GRIND CLUB

EARLY MORNING STRENGTH & SPEED TRAINING

(RECOMMENDED FOR 10TH -12TH GRADE CURRENT MUHS FOOTBALL PLAYERS)

CAMP DATES:	Mondays - Thursdays May 28 - July 25 (Begins Tuesday, May 28 after Memorial Day)
CAMP TIMES:	6:30 a.m. - 8:30 a.m.
Camp Fee:	\$100
CONTACT:	Coach Klestinski klestinski@muhs.edu



CONTACT

Coach Klestinski
klestinski@muhs.edu

2024 HILLTOPPER RUNNING CAMP

- CAMP DATES:** Tuesdays / Wednesdays / Thursdays
June 25 - July 25
(no camp Tuesday, July 4)
- CAMP TIMES:** 9:00 a.m. - 10:30 a.m.
- CAMP FEE:** \$130
- Where?** MUHS and Metro Area Parks & Trails
- WHO CAN REGISTER?** Boys and girls 8th grade - 12th grade

Successful distance runners train all year. The accumulation of mileage from season to season and year to year builds aerobic fitness, a muscular and skeletal foundation for injury-free running and healthy habits from nutrition to sleep. Motivation, however, can be difficult without a group of supportive friends, teammates and coaches. The Hilltopper Running Camp aims to prepare you for a successful fall CC season while providing a fun, healthy, and physiologically sound atmosphere for runners of all abilities.

What Do You Get?

- Merchandise: camp shirt.
- Guest Speakers: area coaches, physiologists, sports medicine experts, nutritionists.
- Personalized summer training plan.
- Strength and conditioning sessions.
- Expert instruction.
- The foundation for a successful fall.

DETAILS

- Camp is voluntary and open to anyone. Attendance, mileage and pace are determined by the camper, although a personalized training plan will be available for every individual based on age and experience.

Race Opportunities

- Additional registration fees apply.

TENTATIVE DAILY SCHEDULE

- Tuesdays* - Meet at MUHS - Takton Field. Guest speaker. Run.
- Wednesdays* - Meet at MUHS - Takton Field. Strength session. Run.
- Thursdays* - Meet at trails/parks within the Metro area. Run.

CONTACT

Daniel Cleary
cleary@muhs.edu

TOPPER SOCCER CAMP

HOME OF THE WIAA STATE CHAMPION MUHS HILLTOPPERS

CAMP DATES:	Monday - Friday, July 29 - August 2
CAMP TIMES:	8:00 a.m. - 10:30 a.m.
CAMP FEE:	\$185
LOCATION:	Quad Park - 37th & St. Paul Ave.
Grade:	6th-9th Grade
DEADLINE:	July 15
INCLUDES:	Camp T-shirt, quality training sessions, athletic training (present at every session)

****Applications will be accepted after July 15, if space is available,
for a fee of \$200 (grades 6 - 9)****

CAMP OBJECTIVES

Come experience the excellent tradition of MUHS soccer. Coach Lawrence has assembled an outstanding Coaching Staff of former MUHS players and current MUHS coaches whose soccer experience goes from high school to the professional level. See for yourself why MUHS has maintained such a high level of success year after year.

The Topper Soccer Camp (grades 6-9) is for the experienced pre-High School player. Our objective is to prepare boys to play soccer at a higher level through intense technical and tactical training sessions.

COACHING STAFF

MUHS Head Coach
Steve Lawrence

CONTACT

Coach Lawrence
lawrence@muhs.edu

ABOUT THE SOCCER STAFF

STEVE LAWRENCE

MUHS HEAD COACH

Coach Lawrence is entering his 19th season as Head Coach of the Marquette University High School soccer program. During this time his teams have accomplished the following:

Overall Record:	337-42-27
State Championship:	2008, 2010, 2011, 2012, 2014, 2015, 2016, 2017, 2018, 2020, 2021
State Runner-up:	2007, 2022, 2023
NSCAA National Rankings:	#7 (2008), #18 (2010) #4 (2011, 2015), #6 (2012, 2014) #13 (2016) #2 (2020)
Streaks:	54 games in a row without a loss (Oct 2010 - Oct 2012) 57 games in a row without a loss vs. WI opponents (Oct 2010 - Oct 2013) Conference unbeaten streak of 67 games in a row (64-0-3)

As a soccer player, Coach Lawrence played two years of Varsity soccer at MUHS winning state Championships in 1997 and 1998. He then moved on to Marquette University where he played four years and earned All Conference USA First Team and Defensive Player of the year as a Senior, and was invited to the MLS Combine. After college he finished his playing career playing professional outdoor soccer in the A-League for two years with the Milwaukee Wave United. Coach Lawrence currently holds his USSF D soccer license.

OTHER MUHS COACHES

Each year other MUHS coaches and former players will help out with the camp. It's important to Coach Lawrence to have coaches at the camp who have been a part of the MUHS soccer tradition and train players the "MUHS way."



CONTACT

Coach Lawrence
lawrence@muhs.edu

VOLLEYBALL CAMP

CAMP DATES, TIMES AND FEES

ENTERING 5TH - 8TH GRADE

Monday, July 15 - Thursday, July 18

Session I - 4:00 p.m. - 6:00 p.m.

Session II - 6:00 p.m. - 8:00 p.m.

Cost: \$125

ENTERING 9TH GRADE

Monday, July 22 - Thursday, July 25

4:00 p.m. - 6:00 p.m.

Cost: \$130

ENTERING 10TH - 12TH GRADE

Monday, July 22 - Thursday, July 25

6:00 p.m. - 8:00 p.m.

Cost: \$100



CAMP OBJECTIVES

This camp will allow participants to improve their basic volleyball skills through movement training and specific fundamentals in all areas of the game.

ADDITIONAL DETAILS

- Each athlete will receive a T-shirt.
- An athletic trainer will be on site.
- Limited to 45 athletes. Don't Wait!

CAMP ACTIVITIES

- Footwork
- Setting
- Passing
- Serving
- Hitting
- Blocking

COACHING STAFF

MUHS Varsity Coach
Jake Cosson

CONTACT

Jake Cosson
cosson@muhs.edu

NOACK STRENGTH & FITNESS CENTER

OPPORTUNITIES

ABOUT

The Noack Strength & Fitness Center offers several camps for performance enhancement and individual training. Camps will take place in the 4500 sq. ft. Noack Strength & Fitness Center, Humphrey Gymnasium, and Takton Field. All camps are led by qualified and certified coaches, utilizing safe and scientifically-based training methods. Additional information can be found through the school website under Noack Strength & Fitness Center.

Contact Mike Duehring - duehring@muhs.edu or 414-933-7220.

COACHING STAFF

MICHAEL DUEHRING

NSCA & NHSSCA Wisconsin High School Strength Coach of the Year. Education: Master of Science in Exercise Science – Human Performance, Master of Science in Sport Management, and Bachelor of Science in Exercise and Fitness Management. Certifications: NSCA Certified Strength & Conditioning Specialist*D, NSCA Registered Strength & Conditioning Coach*D, USA Weightlifting Club Coach, USA Track & Field Level I. Experience: Instructor at Marquette University, Director at No Limit Performance & Fitness, NHSSCA State Director. Coach Duehring has been the Director of Performance & Fitness at MUHS since 1999.

ANDREW KOSSOW

Education: Master of Science in Health & Wellness Management, Bachelor of Science in Exercise Science - Strength & Conditioning. Certifications: NSCA Certified Strength & Conditioning Specialist, NSCA Registered Strength & Conditioning Coach. Experience: SPS Sports Performance, Marquette University Sports Performance, and UW-Milwaukee Strength & Conditioning. Instructor in Exercise Science at Lakeland University. Published researcher in human performance at state, national and international symposiums. Coach Kossow has been the Performance & Fitness Coordinator at MUHS since 2017.

OTHER COLLEGE AND HIGH SCHOOL COACHES WILL ASSIST.

CONTACT

Mike Duehring
duehring@muhs.edu

NOACK STRENGTH & FITNESS CENTER

RECOMMENDED FOR INCOMING FRESHMAN ATHLETES

Any freshman who intends to participate in athletics at Marquette High, any sport, should be in these two camps.

STRENGTH TRAINING

CAMP DATES: Mondays/Wednesdays

June 10 - July 3

CAMP TIMES: 12:00 p.m. - 1:00 p.m.

CAMP FEE: Prior to 5/31 - \$125

After 5/31 - \$145

(Combined W/Frosh Speed & Agility - prior to 5/31 - \$185 After 5/31 - \$225)

This camp is recommended by the Athletic Department for any ninth grader who intends to participate in any sport at Marquette High. Strength and conditioning camp focuses on maximizing strength and improving performance for athletics. Students will learn safety guidelines, proper technique, use of technology in the weight room, and follow a structured program. Space is limited and consistent attendance required. Any disjointed program interrupts positive results.

SPEED & AGILITY

CAMP DATES: Tuesdays/Thursdays

June 11 - July 2

CAMP TIMES: 12:00 p.m. - 1:00 p.m.

CAMP FEE: Prior to 5/31 - \$125

After 5/31 - \$145

(Combined W/Frosh Strength Training - prior to 5/31 - \$185 After 5/31 - \$225)

Participants will learn techniques and perform drills to improve both speed and agility, with an emphasis on becoming more explosive. The skills learned in camp will benefit athletes of all sports. The focus will be on sports speed - acceleration, deceleration, and change of direction ability. Sessions will include the use of various speed training tools. Enrollment is limited.

After completion of Strength Training or Speed & Agility, freshman athletes will have the opportunity to and are encouraged to participate in HSPA Strength Training and Speed & Agility Sessions. These sessions will continue throughout July and into August. (No additional fee)

CONTACT

Mike Duehring
duehring@muhs.edu

NOACK STRENGTH & FITNESS CENTER

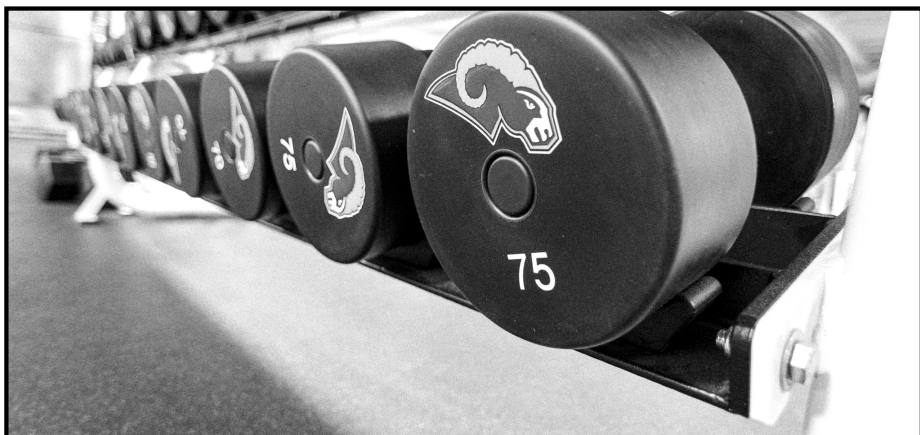
LAST CHANCE OPPORTUNITY FOR INCOMING FRESHMAN ATHLETES

If a ninth grade athlete was unable to participate in the strength and speed camps, then he should participate in the fall athlete orientation.

FRESHMAN ATHLETE ORIENTATION

CAMP DATES:	Monday - Thursday July 22 - July 25
CAMP TIMES:	12:00 p.m. - 1:00 p.m.
CAMP FEE:	Prior to 5/31 - \$30 After 5/31 - \$40

Freshmen who plan to participate in any sport and who are not involved in the summer workouts, are expected to attend the Athlete Orientation. This camp will provide students instruction on safety and proper technique in the weight room. In addition, students will be instructed on the following topics: in-season and off-season workouts, expectations of athletes, opportunities through the fitness center, how to correctly perform workouts, use of Teambuildr and VBT. This camp is necessary for effective and efficient use of the fitness center when the fall season begins.



CONTACT

Mike Duehring
duehring@muhs.edu

NOACK STRENGTH & FITNESS CENTER

OPPORTUNITIES FOR INCOMING 10TH-12TH GRADE

HILLTOPPER SPORTS PERFORMANCE ACADEMY

WORKOUT SESSION: May 28 - July 26

MEMBERSHIP FEE: Prior to 5/10 - \$30
After 5/10 - \$40

*Summer membership required to use fitness center over summer.

*Registration is required for specific sessions.

*Space is limited, register early.

STRENGTH WORKOUTS:

Choose one session in each category:

Monday and Wednesday:

Session I - 9:00 a.m. to 10:30 a.m.

Session II - 10:30 a.m. to 12:00 p.m.

Friday:

Session I - 8:30 a.m. to 10:00 a.m.

*Sessions may be combined based on number of registrations.

*A make-up lifting session will be available Tu/Th 11:00a.m. to 12:00 p.m.

PERFORMANCE WORKOUTS:

Tuesdays/Thursdays

Session I - 9:30 a.m. to 11:00 a.m.

***Strength and Speed sessions will continue following July 26, schedule TBD.**

Summer workout sessions are off-season workouts for current athletes and designed to improve overall athleticism. The emphasis is placed on strength, explosiveness, and sport-specific speed to maximize performance in the multi-sport athlete. Each session is open to all athletes. Register for the session which best fits your schedule.



CONTACT

Mike Duehring
duehring@muhs.edu



ATHLETE PERFORMANCE AND PERSONAL TRAINING FOR THE MUHS COMMUNITY

The Hilltopper Sports Performance Academy (HSPA) is our signature athlete training system, unifying Hilltopper athletes in one direction - maximal athleticism, positive culture, year-round training.

ABOUT

Small group, team, or personal training sessions are available to individuals in the MUHS community. Sessions can take place at MUHS or off-site. Prospective students, current students, alumni, and their immediate family have the opportunity to train individually or in small group with a certified staff member. Training is designed to meet your goal. Whether you are looking for fitness consulting, personal training, athletic performance development, or guidance with any other health and wellness component – we will provide you all the tools necessary to reach your goal. More information can be found at the school's website under Noack Strength & Fitness Center.

Contact Mike Duehring with questions or for additional information.



CONTACT

Mike Duehring
duehring@muhs.edu

JUNIOR HILLTOPPERS PROGRAMS



PROGRAM OVERVIEW

The Junior Hilltoppers Youth Sports programs are for boys from all schools in grades 4-8. Information and registrations for each sport will be available on the MUHS website:

www.muhs.edu/athletics/jr-hilltopper-sports

The Junior Hilltoppers Program embodies the mission of Marquette High athletics forming “men for others.” With an emphasis on growth and development, players will learn fundamentals in each sport and life skills including work ethic, fair play, sportsmanship, morals, and leadership. Respect, empathy, and excellence are integral.

2024-2025 Basketball Program

The Junior Hilltoppers Basketball program is a complement to (not a replacement for) Parochial grade school basketball teams. Games will be played at local high schools and other venues in southeastern Wisconsin. The program includes practices, skills clinics, scrimmages, Wisconsin Youth Basketball League games, round robin play-ins, and/or tournaments with other high school Junior Basketball Programs. Exact opportunities and costs may vary from team to team in each grade depending on the volume of boys and numbers of teams in each grade.

Who: 4th – 8th Grade Boys (in fall 2024)

When: Fall/Winter of 2024-2025 Season
(with optional summer league at an additional cost).
Evaluations to happen late summer 2024.

Cost: \$300-\$400/player depending on whether a uniform is needed and the volume of game opportunities available for each team.

Contact: jrhilltoppersbasketball@gmail.com

JUNIOR HILLTOPPERS PROGRAMS

2024 Football Program

The Junior Hilltoppers Football Club introduces boys to the MUHS championship tradition. Coaches emphasize sportsmanship, safety and spiritual development, and hold required USA Football and Safeguarding certifications. Teams play a seven-game schedule in the Classic Youth Football League, offering full 11-Man football for 7th and 8th grades, and 8-Man “Rookie Tackle” with age- and size-appropriate team and field sizes for our 5th and 6th grade teams. At the 3rd and 4th grade level we offer a Flag football program held at Marquette High on Sundays throughout the fall season.

Who: 3rd – 8th Grade Boys (in fall 2024)

Grade: 7th & 8th - 11-Man Tackle
5th & 6th - Rookie Tackle
3th & 4th - Flag (\$45)

When: Fall of 2024

Cost: Approx. \$300/player plus fees for equipment

Contact: michaelbark92@gmail.com

2024 Volleyball Program

The Junior Hilltoppers Boys Volleyball program will provide boys the opportunity to play in a competitive and fun environment through Marquette High and the Greater MKE Power League. Learn to play volleyball in the MUHS system, experience MUHS coaching and foundational skill training, and meet future MUHS classmates.

Who: 6th – 8th Grade Boys (in fall 2024); space is limited

When: Fall of 2024

Cost: Approx. \$300/player

Contact: cosson@muhs.edu

(Prices of Junior Hilltoppers Programs are approximate and might change depending on league and/or practice costs. Financial assistance may be available, upon request, for all three programs)

REGISTRATION FORM

PLEASE USE THIS REGISTRATION FORM FOR ALL MUHS SUMMER SPORT CAMPS

One form per athlete - Complete both sides of form

Student Name: _____

Address: _____

City: _____ Zip: _____

Phone : (____) _____ Emergency: (____) _____

School fall of 2024:

Grade fall of 2024:_____ Date of Birth:_____ Age:_____

Youth T-shirt size (circle one): S M L XL

Adult T-shirt size (circle one): S M L XL

Short size (**Football Mini Camp Only** - circle one): S M L XL

Parent / Guardian Name: _____

Home Phone: _____ Mobile: _____

Email: _____

Parent / Guardian Name: _____

Home Phone:_____ Mobile:_____

Email: _____

EACH ATHLETE MUST BE COVERED BY THEIR OWN PERSONAL HEALTH INSURANCE

Health Insurance Carrier:

Policy Number: _____

Please list any health concerns/allergies of which we should be aware:

FOOTBALL CAMP ONLY: Offense Position: _____

Defense Position: _____

SOCCER CAMP ONLY (CIRCLE ONE): Field or Goalie

****COMPLETE BOTH SIDES OF FORM****

Camp	Session	Amount
Total Amount Due		\$

MAKE CHECKS PAYABLE AND MAIL BACK TO:

MARQUETTE UNIVERSITY HIGH SCHOOL
ATTN: ATHLETICS DEPT.
3401 W WISCONSIN AVE. MILWAUKEE, WI 53208

CAMP WAIVER AND RELEASE OF LIABILITY

By signing this, as the parent or legal guardian, I give permission for my son to participate in the camps offered by Marquette University High School and understand that some of these activities are designed to increase the workload on the musculoskeletal system and cardiovascular system and thereby improve the function. There exists the possibility of certain changes or risks occurring during any physical activity. They include muscle soreness, fatigue, abnormal blood pressure, fainting, irregular heart rhythm and in rare instances, heart attack, stroke or death. While these changes in addition to injury are rare, they are possible and cannot be predicted with complete accuracy. As the parent, it is my responsibility to provide any medical information which may affect my son's full participation in the camp and report any adverse reactions or injury resulting from participation. A physical completed in the last year does not provide any reason why my son should not participate in camp activities. If an emergency should occur, I give the camp staff permission to seek medical attention and provide care. I also understand that if behavior is inappropriate my son may be asked to sit out the session with continued misbehavior being just cause for termination of camp participation. I have read and understand the above and release the camp staff and Marquette University High School from any liability incurred through its camps.

Signature of Parent/Guardian

Date

MEDIA RELEASE

By signing this, as the parent or legal guardian, I give permission for my child to be included in photographs, videos or articles generated by Marquette University High School for official school use.

Signature of Parent/Guardian

Date

****COMPLETE BOTH SIDES OF FORM****

Marquette University High School invites You to Attend Any
2023-24 Student Activity
FREE

The activity must be an event hosted by MUHS
Catch exciting Hilltopper athletics, theatrical productions, music
and other student activities in action!

* Simply cut out the Pass and show it at the door.

* You May Attend One Home Activity for FREE (The pass is Not
valid for WIAA Tournaments.)

DID YOU KNOW?

- That Marquette High Students Stage Three Dramatic
Presentations Each Year
- That Over 60% of Marquette High Students are on a Sport Team
 - That Marquette High Fields 42 Athletic Teams in
14 different sports
- That Marquette High has a four-sport intramural program
 - That Marquette High offers 48 different student clubs
and organizations
- That Marquette High has an incredible fine arts building

Marquette University High School
Official Grade School Guest Pass

ADMIT ONE

This pass entitles the bearer admission to one (1) Marquette
University High School HOME student activity
during the 2023-24 school year.

Student Name: _____
(Non Transferable)

Grade School: _____



MARQUETTE UNIVERSITY HIGH SCHOOL

For Faith, Scholarship and Community





SUMMER SPORT CAMP OPPORTUNITIES

**Sponsored by the MUHS Athletics Department
Held at MUHS Facilities**

**Registration/Permission form available online,
at the end of this booklet, and through the Athletics
Department
www.muhs.edu**

**MARQUETTE UNIVERSITY HIGH SCHOOL
3401 W. WISCONSIN AVE.
MILWAUKEE, WI 53208
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