




Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Seasonal Fresh Fruit Cup, Fresh Fruit Bowl, Assorted Fruit Juice and Milk Variety offered daily!				
October 2	October 3	October 4	October 5	October 6
Chicken w/ Waffles Assorted Cereals Muffins & Yogurt	Ham Slice w/ Biscuit Assorted Breakfast Breads	Breakfast Pizza Cinnamon Crunch Pastry Yogurt w/ Muffins	Hot Grits w/ Bacon Strips Yogurt w/ Muffins Blueberry PopTart	Distance Learning Day
October 9	October 10	October 11	October 12	October 13
Fall Break	Fall Break	Parent/ Teacher Conference	French Toast Sticks Breakfast Pizza Yogurt and Muffins	Pancakes w/ Ham Slice Yogurt and Muffins Assorted Cereal Bars
October 16	October 17	October 18	October 19	October 20
Chicken & Waffles Assorted Pop Tarts	Pancakes w/ Scramble Eggs Assorted Cereal Bars	Bacon Biscuit Yogurt and Muffins Assorted Cereal	Pancake on a Stick Assorted Muffin Loaves Assorted Cereal	Grilled Cheese Sandwich Confetti Pancakes Cinnamon Crunch Pastry
October 23	October 24	October 25	October 26	October 27
Sausage and Biscuit Assorted Cereal Assorted Cereal Bars	Pancake on a Stick Assorted Pop Tarts	Grilled Cheese Sandwich Yogurt and Muffins Yogurt Parfait	French Toast Sticks Assorted Breakfast Breads Yogurt Parfait	Sausage and Biscuit Assorted Cereal
October 30	October 31			
Chicken & Waffle Assorted Cereal Assorted Breakfast Breads	Pancake on a stick Assorted Cereal Blueberry Muffin Loaf			
Lunch Seasonal Fresh Fruit Cup, Fresh Fruit Bowl, Assorted Fruit Juice and Milk Variety offered daily!				
October 2	October 3	October 4	October 5	October 6
Steak fingers Southern Chicken Sandwich w/ Chips Tuna Salad w/ Crackers Mashed Potatoes Seasoned Green Beans Yeast Roll	Cheesy Chicken w/ Rice Glazed BBQ Meatballs on Hoagie w/ Tater Tots Tuna Salad w/ Crackers Glazed Carrots Whole Kernel Corn Yeast Roll	Assorted Pizza BBQ Pulled Pork Burger Chicken Salad w/ Crackers Sidewinder Potatoes Assorted Vegetable Juice Baked Beans	Seasoned Baked Chicken Turkey & Cheese Sandwich w/ Chips Chicken Salad w/ Crackers Southern Turnip Greens Black- Eyed Peas Cornbread	Distance Learning Day
October 9	October 10	October 12	October 13	October 14
National School Lunch Week October 9-13 th Fall Break		Parent/Teacher Conference	Hamburger Steak/w Gravy Korean BBQ Meatballs Chicken Patty Sandwich w/ Tater Tots Tuna Salad w/ Crackers Mashed Potatoes Glazed Carrots Yeast Roll	Chicken Ranch Parmesan Pasta American Sub w/ Chips Tuna Salad w/ Crackers Steamed Broccoli Whole Kernel Corn Yeast Roll Confetti Filled Cookie
October 16	October 17	October 18	October 19	October 20
Chicken Spaghetti Ham & Cheese w/ Ciabatta Bun w/ Chips Chicken Tender Salad w/ Crackers Assorted Vegetable Juice Cheesy Broccoli	Baked Pork Chop Southern Chicken Sandwich w/ Sweet Potato Fries Chicken Tenders Salad w/ Crackers Southern Turnip Greens Black-eyed Peas Cornbread	Assorted Pizza American Sub w/ Crinkle Cut Fries Chicken Tenders Salad w/ Crackers Glazed Carrots Seasoned Green Beans Snack Cookies	Hamburger Steak w/ Steamed Rice Hotdogs w/ Sweet Potato Fries Chicken Tenders Salad w/ Crackers Seasoned Lima Beans Sweet Potato Fries Yeast Roll	Walking Tacos Ham & Turkey Sandwich w/ Tater Tots Chicken Tenders Salad w/ Crackers Whole Kernel Corn Refried Beans
October 23	October 24	October 25	October 26	October 27

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<p>Chicken Nuggets Fish Melt w/ Sidewinder Potatoes Chicken Salad w/ Crackers Mixed Vegetables Mashed Potatoes w/ Cheese Yeast Roll</p>	<p>Steak Fingers Philly Cheese Steak w/ Chips Chicken Salad w/ Crackers Pinto Beans Baby Carrots w/ Ranch dressing Macaroni & Cheese Yeast Roll</p>	<p>Assorted Pizza Chicken Patty Sandwich w/ Ranch Fries Chicken Salad w/ Crackers Seasoned Green Beans Glazed Carrots</p>	<p>BBQ Chicken Turkey Sandwich w/ Chips Chicken Salad w/ Crackers Scalloped Potatoes Baked Beans Yeast Roll</p>	<p>Beef Taco w/ Crispy Shell Meatball Marinara w/ Hoagie Bun w/ Sweet Potato Fries Chicken Salad w/ Crackers Whole Kernel Corn Assorted Vegetable Juice Spanish Rice</p>
<p>October 30</p>	<p>October 31</p>			
<p>Chicken Spaghetti Bacon Cheeseburger w/ Straight French Fries Chef Salad w/ Crackers Seasoned Lima Beans Whole Kernel Corn Yeast Roll</p>	<p>Fish Nuggets American Sub w/ Chips Chef Salad w/ Crackers Southern Turnip Greens Glazed Carrots Cornbread</p>			