

# PRACTICE EXAM

## CIRCLE ONE

- T F 1. During play, the referee should be positioned on the ground near the net on the side of the defensive team, while the umpire should be positioned on an elevated platform.
- T F 2. The antennae shall be attached to extend directly above the outside edge of the sideline.
- T F 3. Anybody may come up to the referee and question a judgement.
- T F 4. It is a foul when a ball contacts a player's forearm and shoulder in one attempt to save a hard driven ball on the first ball over.
- T F 5. Illegal alignment is called if the CF on the receiving team is positioned closer to the endline than the CB, then moves closer to the net than CB before the serve.
- T F 6. A player may wear small stud earrings.
- T F 7. It is a line violation if a player slides on his/her knees across the center line.
- T F 8. It is illegal to block a served ball.
- T F 9. A substitution can be made any time after the official blows the whistle to serve the ball.
- T F 10. Contacting any part of the net, including net cables while the ball is in play, is prohibited except by a player's hair.
- T F 11. Decisions based on the judgement of the official(s) are final and not subject to review.
- T F 12. The playing captain on the floor and a coach can call for a time-out and have it charged to his/her team.
- T F 13. Coaches are required to circle the first server on the line up sheet.
- T F 14. The minimum depth for a serving area is 5 feet.
- T F 15. A game that has not started, which is forfeited, will be recorded as 2-0.

- T F 16. The referee may correct a confirmed error by a member of the officiating crew and cancel points when appropriate provided the correction is made before the ball is contacted for serve by the opposing team.
- T F 17. The referee may disqualify any player or coach for any flagrant offense.
- T F 18. A 10-minute grace period will be given to a team not ready at game time.
- T F 19. A point will be awarded to the receiving team when the serving team violates a rule.
- T F 20. The official in charge of a game is also in charge of crowd control.
- T F 21. A match is defined as when a team has won 2 games out of 3, or 3 games out of 5.
- T F 22. The visiting team will call the coin toss.
- T F 23. A coach must stand and signal to ask for a substitution.
- T F 24. At the end of the match, the signing of the score sheet by the referee makes the match official.
- T F 25. An official should call infractions whether or not he/she sees them.
- T F 26. The referee has the authority to handle any unexpected situation not covered in the rulebook.
- T F 27. When an official interferes with a player's legitimate effort to play the ball, the referee shall stop play and direct a replay.
- T F 28. The umpire has the responsibility to examine the game ball to see if it meets the rule specifications and make the final decision on the game ball to be used.
- T F 29. The pre-match conference must include the captain and coach from both teams.
- T F 30. It is a legal play when a back row player in front of the spiking line returns a ball from below the top of the net.

# *ANSWER KEY*

1. F

2. T

3. F

4. F

5. F

6. F

7. T

8. F

9. F

10. T

11. T

12. T

13. T

14. F

15. F

16. T

17. T

18. F

19. F

20. F

21. T

22. T

23. F

24. T

25. F

26. T

27. T

28. F

29. T

30. T

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**SOUTHERN CALIFORNIA MUNICIPAL ATHLETIC FEDERATION**  
**TEST I: 2005 FEDERATION VOLLEYBALL RULES**

**CIRCLE ONE**

- T F** 1 It is allowable for team benches to be placed on the end lines..
- T F** 2. Decisions based on the judgment of the official(s) are not final and are subject to review.
- T F** 3. A player may not use his/her head to hit the ball.
- T F** 4. The umpire is the head official and shall have the final say over all calls.
- T F** 5. Team A elects to receive to start the game. Its first serve will be by the player starting in the right front position.
- T F** 6. If an illegal substitute is discovered during that team's service in which 3 points were made, then the referee will remove their last point and award a side out to their opponents.
- T F** 7. Any coach may come up to the referee and question a judgment.
- T F** 8. Team A's second volley hits an obstruction which is over the opponent's court, but deflects back into Team A's playing area where the ball is played legally a third time. The referee allows the play to continue.
- T F** 9. It is legal for a coach or captain to request serving order info often during a game.
- T F** 10. It is a legal play when the CF and RF of a team make simultaneous contact with the ball on a block and then the CF next hits the ball with it going into the net and the RF returns it over the net.
- T F** 11. It is a replay if, after the server receives both the audio and visual signals for the serve from the referee, the server tosses the ball, deciding it is not a good toss, catches the ball.
- T F** 12. The minimum depth for serving area is 5 feet.
- T F** 13. A coach can request a substitution at the beginning of a time out. At the end of the same time out, the coach can again legally request another substitution.

## 2005 VOLLEYBALL CERTIFICATION TEST I

### PAGE 2

- T F 14. It is a foul when a ball contacts a player's forearm and shoulder in one attempt to save a hard driven ball on the first ball over.
- T F 15. A 10 minute grace period will be given to a team not ready at game time.
- T F 16. A game that has not started, and is forfeited, will be recorded as 2-0.
- T F 17. During play, the umpire shall maintain a position on the defensive side of the net.
- T F 18. Unsportsmanlike conduct by a player includes using any part of a teammate's body or any object to gain physical support for advantage in playing the ball.
- T F 19. It is the responsibility of the umpire to examine the game ball to see if it meets the rule specifications and make the final decision on the game ball to be used.
- T F 20. A team can NOT leave the court and sit on their bench during a time out.
- T F 21. The attacking line shall be drawn across each playing area 10 feet from the center line and parallel to it.
- T F 22. The home team will call the coin toss.
- T F 23. Failure to list a player/substitute on the roster results in a point/side-out to the opponent. The player may not enter the game after the roster is fixed.
- T F 24. Lines people should stand at the mid-point of their respective end lines during time-outs.
- T F 25. During the game, the referee notices that a player is wearing shoes with lights on them and should allow him/her to continue playing.
- T F 26. Objectionable body markings must be covered up.
- T F 27. A team may start a match with only five (5) players.
- T F 28. The playing captain on the floor and coach can call for a time-out and have it charged to his/her team.
- T F 29. Contacting any part of the net, including net cables while the ball is in play, is prohibited except by a player's hair.
- T F 30. For game 2 in a 3-game match, the teams may keep their same playing areas and benches.

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**SOUTHERN CALIFORNIA MUNICIPAL ATHLETIC FEDERATION  
TEST II: 2005 FEDERATION VOLLEYBALL RULES**

**CIRCLE ONE**

- T F** 1. Time between games shall be no more than one minute and starts as soon as the team passes by the net standard.
- T F** 2. The service area shall be in front of the end line from sideline to sideline.
- T F** 3. It's a line violation when a player slides on his/her knees across the centerline.
- T F** 4. It is legal to block a served ball.
- T F** 5. Each team will be given one additional time-out when both teams have scored 15 points.
- T F** 6. The umpire, during play, is positioned near the net on the side of the offensive team watching the play between the spiking lines.
- T F** 7. The ball remains in play if teammates contact the ball at the same instant for the first hit; either player may legally make the second hit.
- T F** 8. When a back line player in front of the spiking line returns a ball that is below the top of the net, the referee/umpire shall blow the whistle and signal back row attacker.
- T F** 9. Unnecessary delay is assessed when a substitute reports to the umpire wearing illegal equipment.
- T F** 10. The coach is required to circle his/her team's captain on the line up.
- T F** 11. A player may not wear small stud earrings.
- T F** 12. It is a legal play when the CF and RF of a team make simultaneous contact with the ball on a block and then the CF next hits the ball with it going into the net and the RF returns it over the net.
- T F** 13. If players of the serving team move into a group prior to the serve, it's legal as long as the served ball passes directly over a player in the group.
- T F** 14. If staff doesn't bring a volleyball (or if you think it isn't good), pick the best one available for the entire game.
- T F** 15. Vertical tape markers are required on the net.
- T F** 16. Any player may communicate with officials from the court or the bench.

**2005 VOLLEYBALL CERTIFICATION TEST II**  
**PAGE 2**

- T F** 17. The referee may correct a confirmed error by a member of the officiating crew and cancel points when appropriate provided the correction is made before the ball is contacted for serve by the opposing team.
- T F** 18. For a player displaying a minor act of unsportsmanlike conduct for a second time, point/side out is awarded the opponents.
- T F** 19. It is a net foul when a back row player reaches over the net to fake a hit.
- T F** 20. A match is defined as when a team has won 2 games out of 3 or the best 3 out of 5.
- T F** 21. The referee's equipment for volleyball officiating is a coin, penalty cards, flags, and a whistle.
- T F** 22. If a player or coach questions a call, the official should briefly and pleasantly indicate why he has called the infraction.
- T F** 23. Uniforms need only be numbered in front so the referee can see the player from his/her vantagepoint at the net.
- T F** 24. Hair adornment made of soft material and no more than two inches wide may not be worn.
- T F** 25. A side-out is awarded to the opponent each time a vacant position is in the right back position for a team playing with fewer than six players.
- T F** 26. An official should call all infractions whether he/she sees it or not.
- T F** 27. At the end of the match, the signing of the score sheet by the referee makes the match official.
- T F** 28. Failure by a team to play when directed by the referee will cause that team to forfeit the game.
- T F** 29. The coach must stand and signal to ask for a substitution.
- T F** 30. A substitute is not required to report his/her number and the number of the player being replaced to the umpire.

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**SOUTHERN CALIFORNIA MUNICIPAL ATHLETIC FEDERATION  
TEST III: 2005 FEDERATION VOLLEYBALL RULES**

**CIRCLE ONE**

- T F 1. Legal contact is a touch of the ball by a player's body above the knee.
- T F 2. Liquid and powder substances may not be taken onto the court during a time-out.
- T F 3. A substitute can be made any time after the official's whistle serves the ball.
- T F 4. A replay is when the ball contacts a hanging backboard in a vertical position over a playable area, if judged the ball would have remained in play.
- T F 5. The team that is charged with a time-out may not end it prior to 60 seconds expiring.
- T F 6. If a religious medal is worn, it must be taped to the body.
- T F 7. Any player or coach can ask the officials a question during a match.
- T F 8. If a player is injured during a play and the player wishes to stay in the game, then the player has 1 minute to get ready to play before that player's team is charged a time out.
- T F 9. When a server releases the ball for service, then catches it or drops it to the floor, the referee shall direct a second and last attempt to serve (re-serve).
- T F 10. Illegal alignment is called if the RF on the receiving team is positioned closer to the end line than the RB, and then moves closer to the net than RB before the contact of the serve.
- T F 11. Starting players shall line up on their respective end lines prior to the first game of the match.
- T F 12. A back line player may attempt to block a ball that is completely below the top of the net while in front of the spiking line.
- T F 13. The antennae shall be attached to extend directly above the inside edge of the sideline.
- T F 14. The umpire should be focusing on the net of the defensive side of the court along the sideline between the spiking lines to have the best vantage point for making a call.

**2005 VOLLEYBALL CERTIFICATION TEST III**

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- T F 15. Team benches shall not be on the same side of the court as the official table.
- T F 16. The referee may disqualify any player or coach for any flagrant offense.
- T F 17. A point will be awarded to the serving team when its opponent violates a rule.
- T F 18. The official in charge of the game is responsible for crowd control.
- T F 19. The pre-match conference must include the captain and coach from both teams.
- T F 20. To win a game, a team must have a two-point advantage over their opponent.
- T F 21. Each team will be granted an additional time out when the score reaches 14-14.
- T F 22. The referee shall, in the spirit of good sportsmanship, have the authority to handle any unexpected situation not covered by the rulebook.
- T F 23. When the serve is awarded to a team, that team shall rotate clockwise one position even on the first serve.
- T F 24. An official should call all infractions whether he/she sees it or not.
- T F 25. When a player's jersey number changes because of excessive blood, it is corrected on the roster and penalized one time.
- T F 26. When an official interferes with a player's legitimate effort to play the ball, the referee shall stop play and direct a replay.
- T F 27. If a team has fewer than 6 players after the start of a match, it shall not continue to play.
- T F 28. It's a line violation when a player slides on his/her knees across the centerline.
- T F 29. Only the referee will administer cards for unsportsmanlike conduct.
- T F 30. A team shall not play the ball more than 3 times before it crosses net, including when the first contact is a block.

**SOUTHERN CALIFORNIA MUNICIPAL ATHLETIC FEDERATION  
2005 VOLLEYBALL RULES TEST ANSWERS**

<u>TEST I</u>	<u>TEST II</u>	<u>TEST III</u>
1. FALSE	1. FASLE	1. FALSE
2. FALSE	2. FALSE	2. FALSE
3. FALSE	3. TRUE	3. FALSE
4. FALSE	4. FALSE	4. TRUE
5. TRUE	5. TRUE	5. FALSE
6. FALSE	6. FALSE	6. TRUE
7. FASLE	7. TRUE	7. FALSE
8. FALSE	8. FALSE	8. FALSE
9. FALSE	9. TRUE	9. TRUE
10. TRUE	10. FALSE	10. FALSE
11. TRUE	11. TRUE	11. TRUE
12. FALSE	12. TRUE	12. FASLE
13. FALSE	13. FALSE	13. FALSE
14. FALSE	14. TRUE	14. TRUE
15. FALSE	15. FASLE	15. FASLE
16. FALSE	16. FASLE	16. TRUE
17. TRUE	17. TRUE	17. TRUE
18. TRUE	18. TRUE	18. FASLE
19. FALSE	19. FALSE	19. TRUE
20. FALSE	20. TRUE	20. TRUE
21. TRUE	21. FALSE	21. TRUE
22. FALSE	22. FALSE	22. TRUE
23. FALSE	23. FALSE	23. FASLE
24. TRUE	24. FALSE	24. FASLE
25. FALSE	25. TRUE	25. FALSE
26. TRUE	26. FALSE	26. TRUE
27. FASLE	27. TRUE	27. FASLE
28. TRUE	28. TRUE	28. TRUE
29. TRUE	29. FASLE	29. TRUE
30. FASLE	30. TRUE	30. FALSE