

LEAGUE FORMAT AND DIVISIONS

Girls Volleyball & Boys Football & Basketball

<u>Eastern</u>	<u>Central</u>	<u>Western</u>	<u>Northern</u>
Berkshire	Stine	BV	Reagan
Whitley	Castle	Laurelglen	Stockdale
Loudon	Sandrini	Lum	Van Horn
Panama	Miller	Old River	McA
Seibert	Williams	Hart	Highgate

Volleyball

1. 6 league games, no play-offs; elementary girls only, mix of 5th & 6th graders.
2. Junior High has 8-10 game season, 7th grade boys/ 7th grade girls / 8th grade boys/ 8th grade girls)
3. Must have a minimum of 12 players on the bench at each game, (can have more on rosters). **All players on bench required to play a meaningful amount of game time** (rally scoring) in either of the 1st two games of a match.
4. First 2 games to 21, cap score at 23, if 3rd game necessary play to 15, cap score at 17 (rally for all games).
5. Junior High officiating for elementary games. Adult officiating for junior high.... official or coaches if no official available. One adult supervisor for both elementary & junior high games to supervise student officials at the score table. One time out/game

Elementary Football

1. 6 league games, no play-offs. **Boys or coed**, mix of 5th & 6th graders.
2. Suggested 14 to 16 players on roster, everyone must play a meaningful amount of time. Teams carry more than 16, no limit, however all players should have a meaningful amount of play time at a game. Girls may compete. Mix of 5th & 6th graders.
3. Two 16 minute halves. Two timeouts/half. No kick offs...start halves or after score on 30 yd line. Punts have no rush.
4. Running clock, last 2 minutes of game regulation One adult referee assisted by junior high referees. Clock stoppage at discretion of referee following score and penalty enforcement. IF no official, coaches officiate
5. No tie breaker, no overtime

Basketball

1. Elementary 6 league games, no play-offs.
2. Junior High has 8-10 game season, 7th grade boys/ 7th grade girls / 8th grade boys/ 8th grade girls) Elementary teams must be a mix of 5th & 6th graders.
3. All teams must have 10 players on the bench at every game (more on roster-suggested 12 to 15) or face forfeit. Games with less than 10 players on a team to be played, since there are parents & players who invariably are present & PBVUSD is a recreation league.
4. Elementary - Minimum play rule in effect, **everyone on bench playing 4 consecutive minutes in each half.**
5. Elementary - Maximum play rule – Every player on the team must substitute out of the game for at least 4 consecutive minutes at some point in the game.
6. Junior high no minimum or maximum play rule. **All players expected to get meaningful game time.**
7. 16 minute running clock/ half. Last 2 minutes regulation clock, 2 timeouts/ half.
8. Host junior high school supplies score clock operator and score keepers (sports officiating class) one adult supervisor at the score table. Elementary has one adult referee, junior high games 2 adult officials.... if available, otherwise coaches referee games.
9. Elementary, a tie game will be counted as such. Junior high, one 2 minute overtime, regulation clock, one extra time outs. If still tied after OT, game recorded as tie

Elementary and Junior High Track and Field

1. One track and field coach for every elementary school site.
2. A charge will be levied at the gate for the district meet to recover track meet expenses.
3. Coaches & district school site administration are expected to help with the administration & officiating of the district meet track prelims and district track meet. Elementary and junior high coaches expected to staff track and field prelims at Thompson and to coach all qualifying athletes through prelims, district meet, county meet and valley meets.
4. Teams and track teams abide by the time table for submitting team registration. Organization and registration based upon athletes age. 4th graders may compete if old enough as beginners.