

# Resources *and* SUPPORTS

## 9-8-8 Suicide and Crisis Lifeline

This is an easy to remember three-digit confidential dialing, texting, and chat code for anyone experiencing a suicidal, substance use, mental health crises or emotional distress.

## Hutton House

1-209-526-1441 (24/7)  
Temporary emergency shelter for runaway and youth in crisis, ages 13-17

## National Domestic Violence Hotline

1-800-799-7233  
Text LOVEIS to 22522  
Resources for teen dating abuse

## Stanislaus County Child Abuse Hotline

1-800-558-3665 (24/7)  
If you or a friend is being hurt or neglected

## Stanislaus County Warm Line

(209) 558-4600 available 24/7  
A non-emergency resource for anyone seeking emotional support

## Teen Line

Teen Line's highly trained teen listeners provide support, resources, and hope to any teen who is struggling. Call 800-852-8336 Nationwide (6 p.m. to 10 p.m. PST)  
Text TEEN to 839863 (6 p.m. to 9 p.m. PST)

## The Trevor Project

TrevorLifeline: 1-866-488-7386  
Text TREVOR to 1-202-304-1200  
TrevorChat: Via [thetrevorproject.org](http://thetrevorproject.org)

## Trans Lifeline

1-877-565-8860 (8 AM - 2 AM)  
Staffed by transgender people for transgender people in a crisis

