

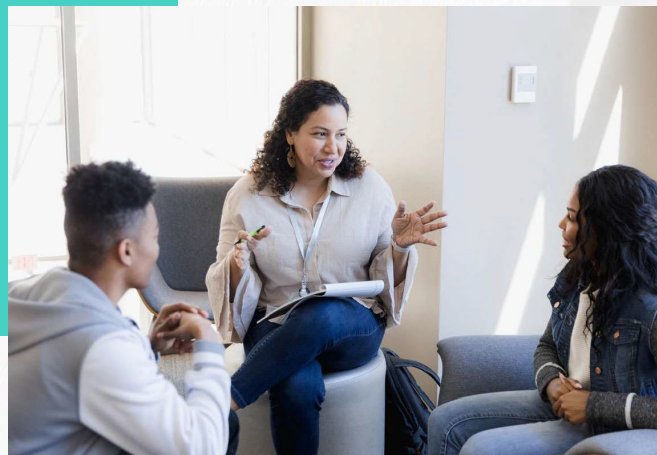


EAST COUNTY SELPA PRESENTS

KEEPING THE DAY SANE:

Mental Health 101 for Paraeducators

by Tim Halphine, M.A, L.M.F.T, School Psychologist
Diagnostic Center South, California Department of
Education



DESCRIPTION

Are your paraeducators prepared with little more than good intentions to handle the challenges of children identified with emotional behavioral disorders? Are you noticing a lot of turn around, injury and stress? Many adults inadvertently handle behavioral scenarios with tactics that actually escalate student emotions rather than improve them, resulting in a decrease in student readiness for participation and learning. This training will equip your staff with basic knowledge and easy-to-learn strategies that can help them be more successful and keep students safe and ready to learn. Let's get everyone on the same page

PARTICIPANTS WILL:

- Learn the basics of most frequently encountered mental health profiles.
- Learn how to side-step emotional triggers
- Learn basic learning supports and strategies to help develop student readiness and active participation.
- Learn how to collect proper data to support teachers, behaviorists, counselors, and school psychologists.
- Learn proactive strategies for reducing emotional responses from students

AUDIENCE:

Paraeducators, special education teachers, administrators, school psychologists, ERMHS staff or school counselors specifically designated to working with special needs students, behaviorists, other IEP team members who support IEP students are strongly advised to attend.

ADDRESS:

In Person Session At:
East County SELPA Office
924 East Main St
El Cajon, CA 92021

DATE & TIME:

January 25th, 2024

Check in:
7:45AM-8AM
Session:
8AM-12:15PM

REGISTRATION:

Register by January 11th, 2024

<http://sdcoe.k12oms.org/1035-239889>

FOR ADDITIONAL INFORMATION,
PLEASE CONTACT:

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